

Organizator: Ośrodek Sportu i Rekreacji w Sławnie
Data: 2016-07-02
Miejsce: Sławno
Dystans: 7.5 km



Klasyfikacja: K-Powiat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	SZCZYGIELSKA Edyta	316	KS OLSZEWSKI I SYNOWIE SŁAWSKO	K-40	1	00:36:09.00	00:36:09.00		4:49	12.4 (100%)
2	KULCZYK Katarzyna	135	KB BRYZA POSTOMINO	K-30	7	00:37:15.00	00:37:15.00	+00:01:06 (3.0%)	4:58	12.1 (97.6%)
3	LASKA Agnieszka	147	MKS ŚWIĘC SŁAWNO	K-40	3	00:38:15.30	00:38:15.30	+00:02:06 (5.5%)	5:06	11.8 (95.2%)
4	ANTOSIK Grażyna	1	KS OLSZEWSKI I SYNOWIE SŁAWSKO	K-30	9	00:39:37.15	00:39:37.15	+00:03:28 (8.8%)	5:16	11.4 (91.9%)
5	MIKINKA Magdalena	178		K-30	11	00:39:57.05	00:39:57.05	+00:03:48 (9.5%)	5:19	11.3 (91.1%)
6	ROMAN Sylwia	241	MKS ŚWIĘC SŁAWNO	K-30	12	00:40:09.65	00:40:09.65	+00:04:00 (10.0%)	5:21	11.2 (90.3%)
7	KONKEL Joanna	108	MKS ŚWIĘC SŁAWNO	K-50	1	00:41:12.85	00:41:12.85	+00:05:03 (12.3%)	5:29	10.9 (87.9%)
8	KAWECKA Katarzyna	98		K-30	16	00:41:43.85	00:41:43.85	+00:05:34 (13.4%)	5:33	10.8 (87.1%)
9	TARNIOŃEK Katarzyna	291		K-30	17	00:43:34.35	00:43:34.35	+00:07:25 (17.0%)	5:48	10.3 (83.1%)
10	MIECZKOWSKA Małgorzata	175	ŻYJ Z ENERGIA	K-30	18	00:44:00.20	00:44:00.20	+00:07:51 (17.8%)	5:52	10.2 (82.3%)
11	DZIUBKOWSKA Anna	48	ŻYJ Z ENERGIA	K-40	9	00:44:04.10	00:44:04.10	+00:07:55 (18.0%)	5:52	10.2 (82.3%)
12	ZIELENIEWICZ Weronika	331		K-17	1	00:44:13.60	00:44:13.60	+00:08:04 (18.3%)	5:53	10.2 (82.3%)
13	NIECKARZ Monika	195		K-30	19	00:44:16.35	00:44:16.35	+00:08:07 (18.3%)	5:54	10.2 (82.3%)
14	BUZE Małgorzata	339	KS OLSZEWSKI I SYNOWIE SŁAWSKO	K-40	10	00:44:19.90	00:44:19.90	+00:08:10 (18.5%)	5:54	10.2 (82.3%)
15	DYRCZ Marika	47	MKS ŚWIĘC SŁAWNO	K-30	20	00:44:26.35	00:44:26.35	+00:08:17 (18.7%)	5:55	10.1 (81.5%)
16	KURCZYK Elżbieta	139	MKS ŚWIĘC SŁAWNO	K-40	12	00:45:32.15	00:45:32.15	+00:09:23 (20.6%)	6:04	9.9 (79.8%)
17	PIASECKA Karolina	219		K-30	21	00:47:00.15	00:47:00.15	+00:10:51 (23.1%)	6:16	9.6 (77.4%)
18	KOROLCZUK Karolina	114		K-30	22	00:47:04.05	00:47:04.05	+00:10:55 (23.2%)	6:16	9.6 (77.4%)
19	STĘPIEŃ Karolina	266	BK	K-30	24	00:48:13.30	00:48:13.30	+00:12:04 (25.0%)	6:25	9.3 (75.0%)
20	WITKOWSKA Ilona	312	ŻYJ Z ENERGIA	K-30	25	00:48:18.45	00:48:18.45	+00:12:09 (25.2%)	6:26	9.3 (75.0%)
21	OLSZEWSKA Renata	206		K-40	14	00:49:06.70	00:49:06.70	+00:12:57 (26.4%)	6:32	9.2 (74.2%)
22	ZDUNEK Katarzyna	326		K-50	5	00:49:29.50	00:49:29.50	+00:13:20 (27.0%)	6:35	9.1 (73.4%)
23	KRAWCZUK-KIEŁB Anna	123	ŻYJ Z ENERGIA	K-40	15	00:49:32.90	00:49:32.90	+00:13:23 (27.0%)	6:36	9.1 (73.4%)
24	MIKLASIŃSKA-KAMELSKA Monika	179	KS OLSZEWSKI I SYNOWIE SŁAWSKO	K-30	27	00:52:18.55	00:52:18.55	+00:16:09 (30.9%)	6:58	8.6 (69.4%)