



## XIV BIEG WENEDÓW - 10KM

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2016-05-22  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ZBLEWSKI Tadeusz	502	4RUN TEAM BYTÓW	M-30	1	00:02:29	00:18:46	00:35:25.00	00:37:54.55		3:32	16.9 (100%)
2	WITKOWSKI Mateusz	457	KL ISKRA BIAŁOGARD	M-18	1	00:02:30	00:18:46	00:35:30.00	00:38:00.05	+00:00:05 (0.2%)	3:33	16.9 (100%)
3	WOJTKIEWICZ Mateusz	461	KB 'DZIESIĄTKA BIAŁOGARD'	M-18	2	00:02:30	00:18:45	00:36:49.90	00:39:20.25	+00:01:24 (3.8%)	3:41	16.3 (96.4%)
4	POLAK Szymon	407		M-40	1	00:02:31	00:19:21	00:39:08.90	00:41:40.45	+00:03:43 (9.5%)	3:54	15.3 (90.5%)
5	GAWRON Piotr	490	TALEX BORZYTUCHOM	M-18	3	00:02:29	00:19:17	00:39:21.40	00:41:50.95	+00:03:56 (10.0%)	3:56	15.2 (89.9%)
6	STENCEL Maciej	433		M-30	2	00:02:31	00:20:37	00:40:23.65	00:42:55.35	+00:04:58 (12.3%)	4:02	14.9 (88.2%)
7	RYŚKIEWICZ Rafał	421		M-40	2	00:02:29	00:19:15	00:40:25.90	00:42:55.45	+00:05:00 (12.4%)	4:02	14.8 (87.6%)
8	OSMULSKI Marcin	399	JW1223	M-30	3	00:02:34	00:19:54	00:40:29.15	00:43:03.90	+00:05:04 (12.5%)	4:02	14.8 (87.6%)
9	BURMEISTER Burkhardt	475	TSV BLAU WEISS 65 SCHWEDT E,V.SCHWEDTER HASEN	M-50	1	00:02:31	00:19:35	00:40:38.35	00:43:09.45	+00:05:13 (12.9%)	4:03	14.8 (87.6%)
10	BRZOZOWSKI Piotr	312	BIEGAJĄCY TCZEW	M-30	4	00:02:30	00:20:06	00:40:59.80	00:43:30.50	+00:05:34 (13.6%)	4:06	14.6 (86.4%)
11	BAJGERT Robert	302	KB WYGAN/VOLTAIX.PL	M-40	3	00:02:33	00:20:41	00:41:44.30	00:44:17.60	+00:06:19 (15.1%)	4:10	14.4 (85.2%)
12	WITKIEWICZ Magda	456	KB 10 BIAŁOGARD	K-30	1	00:02:30	00:20:38	00:41:51.80	00:44:21.95	+00:06:26 (15.4%)	4:11	14.3 (84.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
13	<b>ZELEK Jan</b>	<b>466</b>	TKKF KOSZALIN	M-50	2	00:02:30	00:20:31	<b>00:42:06.40</b>	<b>00:44:37.05</b>	+00:06:41 (15.9%)	4:12	14.2 (84.0%)
14	<b>WOJCIECHOWICZ Jacek</b>	<b>459</b>	WWW.STUDIOTANCAPASJA.PL	M-30	5	00:02:30	00:19:51	<b>00:42:58.30</b>	<b>00:45:29.15</b>	+00:07:33 (17.6%)	4:17	14 (82.8%)
15	<b>WIDONIAK Rafał</b>	<b>506</b>	BIEGNIJMY.PL	M-40	4	00:02:34	00:20:26	<b>00:42:54.60</b>	<b>00:45:29.45</b>	+00:07:29 (17.5%)	4:17	14 (82.8%)
16	<b>GÓRNY Norbert</b>	<b>334</b>	FORMA ROSNOWO	M-40	5	00:02:40	00:20:28	<b>00:42:57.45</b>	<b>00:45:38.30</b>	+00:07:32 (17.6%)	4:17	14 (82.8%)
17	<b>TUTUS Michał</b>	<b>425</b>	JW1223	M-30	6	00:02:33	00:21:40	<b>00:43:39.00</b>	<b>00:46:12.60</b>	+00:08:14 (18.9%)	4:21	13.7 (81.1%)
18	<b>NOWAKOWSKI Rafał</b>	<b>398</b>		M-30	7	00:02:31	00:21:48	<b>00:43:49.00</b>	<b>00:46:20.55</b>	+00:08:24 (19.2%)	4:22	13.7 (81.1%)
19	<b>ZWOLIŃSKI Jan</b>	<b>473</b>	TKKF KOSZALIN	M-40	6	00:02:31	00:21:09	<b>00:43:50.15</b>	<b>00:46:21.50</b>	+00:08:25 (19.2%)	4:23	13.7 (81.1%)
20	<b>SMAGOWSKI Wojtek</b>	<b>426</b>	K.B.SPRINT SWIDWIN	M-30	8	00:02:34	00:21:45	<b>00:43:56.75</b>	<b>00:46:31.05</b>	+00:08:31 (19.4%)	4:23	13.7 (81.1%)
21	<b>SROKA Sylwester</b>	<b>474</b>		M-30	9	00:02:33	00:22:09	<b>00:44:02.35</b>	<b>00:46:35.60</b>	+00:08:37 (19.6%)	4:24	13.6 (80.5%)
22	<b>MICKIEWICZ Adam</b>	<b>391</b>	JW3937 MRZEŻYNO	M-18	4	00:02:37	00:22:50	<b>00:44:22.65</b>	<b>00:47:00.35</b>	+00:08:57 (20.2%)	4:26	13.5 (79.9%)
23	<b>CIUPA Marcin</b>	<b>499</b>		M-30	10	00:02:40	00:22:18	<b>00:44:30.50</b>	<b>00:47:11.00</b>	+00:09:05 (20.4%)	4:27	13.5 (79.9%)
24	<b>WYSZKOWSKI Marcin</b>	<b>464</b>	KB WYGAN	M-40	7	00:02:39	00:21:54	<b>00:44:46.35</b>	<b>00:47:25.45</b>	+00:09:21 (20.9%)	4:28	13.4 (79.3%)
25	<b>RACZYŃSKI Grzegorz</b>	<b>488</b>	I LO DUBOUIS	M-18	5	00:02:34	00:22:02	<b>00:44:55.55</b>	<b>00:47:29.60</b>	+00:09:30 (21.2%)	4:29	13.4 (79.3%)
26	<b>JASICZEK Dariusz</b>	<b>342</b>	CSSP KOSZALIN	M-40	8	00:02:41	00:22:17	<b>00:44:49.80</b>	<b>00:47:30.85</b>	+00:09:24 (21.0%)	4:28	13.4 (79.3%)
27	<b>PŁAŻALSKI Przemysław</b>	<b>508</b>	RUN GRYF GRYFICE	M-30	11	00:02:30	00:22:34	<b>00:45:19.30</b>	<b>00:47:49.35</b>	+00:09:54 (21.9%)	4:31	13.2 (78.1%)
28	<b>STENDERA Maik</b>	<b>479</b>	TSV BLAU WEISS 65 SCHWEDT E,V.SCHWEDTER HASEN	M-40	9	00:02:36	00:22:12	<b>00:45:14.05</b>	<b>00:47:50.50</b>	+00:09:49 (21.7%)	4:31	13.3 (78.7%)
29	<b>DZIUBA Leszek</b>	<b>323</b>	KB DZIESIĄTKA BIAŁOGARD	M-60	1	00:02:30	00:22:04	<b>00:45:21.70</b>	<b>00:47:52.40</b>	+00:09:56 (21.9%)	4:32	13.2 (78.1%)
30	<b>STEFANOWICZ Paweł</b>	<b>484</b>		M-40	10	00:02:31	00:21:47	<b>00:45:28.90</b>	<b>00:48:00.15</b>	+00:10:03 (22.1%)	4:32	13.2 (78.1%)
31	<b>ŚNIEŻKO Marcin</b>	<b>501</b>	TKKF KOSZALIN	M-30	12	00:02:41	00:22:30	<b>00:45:20.65</b>	<b>00:48:02.15</b>	+00:09:55 (21.9%)	4:32	13.2 (78.1%)
32	<b>KASPROWICZ Małgorzata</b>	<b>352</b>	STOPA SŁUPSK	K-30	2	00:02:30	00:22:34	<b>00:45:47.55</b>	<b>00:48:18.20</b>	+00:10:22 (22.7%)	4:34	13.1 (77.5%)
32	<b>KOWALSKI Łukasz</b>	<b>367</b>		M-30	13	00:02:32	00:23:27	<b>00:45:47.55</b>	<b>00:48:19.85</b>	+00:10:22 (22.7%)	4:34	13.1 (77.5%)
34	<b>LUBLEWSKI Dawid</b>	<b>381</b>		M-18	6	00:02:35	00:22:58	<b>00:46:48.90</b>	<b>00:49:24.65</b>	+00:11:23 (24.3%)	4:40	12.8 (75.7%)
35	<b>LESZCZYŃSKI Tomasz</b>	<b>380</b>		M-30	14	00:02:47	00:23:15	<b>00:46:55.95</b>	<b>00:49:43.50</b>	+00:11:30 (24.5%)	4:41	12.8 (75.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
36	<b>KRAWCZUK Szymon</b>	<b>371</b>	GEPARD GLEŻNOWO	M-30	15	00:02:42	00:23:54	<b>00:47:01.20</b>	<b>00:49:43.60</b>	+00:11:36 (24.7%)	4:42	12.8 (75.7%)
37	<b>KAMELSKI Piotr</b>	<b>350</b>	B/K	M-40	11	00:02:30	00:23:19	<b>00:47:18.05</b>	<b>00:49:49.00</b>	+00:11:53 (25.1%)	4:43	12.7 (75.1%)
38	<b>NAGRABECKI Hubert</b>	<b>395</b>		M-30	16	00:02:32	00:23:27	<b>00:47:26.40</b>	<b>00:49:58.90</b>	+00:12:01 (25.3%)	4:44	12.6 (74.6%)
39	<b>KSZCZANOWICZ Jacek</b>	<b>374</b>		M-40	12	00:02:38	00:23:03	<b>00:47:32.75</b>	<b>00:50:11.05</b>	+00:12:07 (25.5%)	4:45	12.6 (74.6%)
40	<b>SZABLA Ewelina</b>	<b>435</b>	MTS HAMER MIASTKO	K-30	3	00:02:32	00:23:22	<b>00:47:39.40</b>	<b>00:50:12.20</b>	+00:12:14 (25.7%)	4:46	12.6 (74.6%)
41	<b>FIŁONOWICZ Monika</b>	<b>328</b>		K-30	4	00:02:34	00:23:30	<b>00:47:41.30</b>	<b>00:50:15.35</b>	+00:12:16 (25.7%)	4:46	12.6 (74.6%)
42	<b>KRZEWIŃSKA Małgorzata</b>	<b>319</b>	TKKF KOSZALIN	K-50	1	00:02:37	00:23:39	<b>00:47:44.65</b>	<b>00:50:22.15</b>	+00:12:19 (25.8%)	4:46	12.6 (74.6%)
43	<b>SZYMCZAK Michał</b>	<b>469</b>		M-30	17	00:02:30	00:22:45	<b>00:48:02.85</b>	<b>00:50:32.90</b>	+00:12:37 (26.3%)	4:48	12.5 (74.0%)
44	<b>KRASKA Włodzimierz</b>	<b>370</b>	NIEZRZESZONY	M-70+	1	00:02:30	00:23:16	<b>00:48:05.20</b>	<b>00:50:35.55</b>	+00:12:40 (26.3%)	4:48	12.5 (74.0%)
45	<b>ATAŁAP Artur</b>	<b>301</b>		M-40	13	00:02:34	00:23:29	<b>00:48:11.70</b>	<b>00:50:45.90</b>	+00:12:46 (26.5%)	4:49	12.5 (74.0%)
46	<b>ŁABEJSZA Łukasz</b>	<b>382</b>	WOJOWNICY WÓDY	M-30	18	00:02:40	00:23:32	<b>00:48:23.65</b>	<b>00:51:03.70</b>	+00:12:58 (26.8%)	4:50	12.4 (73.4%)
47	<b>IWANIEC Dariusz</b>	<b>470</b>	TKKF KOSZALIN	M-40	14	00:02:36	00:23:39	<b>00:48:28.75</b>	<b>00:51:05.40</b>	+00:13:03 (26.9%)	4:50	12.4 (73.4%)
48	<b>KORZEC Artur</b>	<b>364</b>		M-30	19	00:02:34	00:23:41	<b>00:48:31.40</b>	<b>00:51:06.35</b>	+00:13:06 (27.0%)	4:51	12.4 (73.4%)
49	<b>KAŻMIERCZAK Robert</b>	<b>494</b>		M-40	15	00:02:39	00:23:55	<b>00:48:44.05</b>	<b>00:51:23.45</b>	+00:13:19 (27.3%)	4:52	12.3 (72.8%)
50	<b>WYSOCKI Łukasz</b>	<b>463</b>		M-30	20	00:02:47	00:24:20	<b>00:48:47.50</b>	<b>00:51:34.80</b>	+00:13:22 (27.4%)	4:52	12.3 (72.8%)
51	<b>WYGANOWSKI Andrzej</b>	<b>496</b>	KB WYGAN	M-70+	2	00:02:32	00:24:05	<b>00:48:50.70</b>	<b>00:51:23.00</b>	+00:13:25 (27.5%)	4:53	12.3 (72.8%)
52	<b>JASIENIECKI Piotr</b>	<b>343</b>		M-40	16	00:02:32	00:24:42	<b>00:49:03.45</b>	<b>00:51:35.50</b>	+00:13:38 (27.8%)	4:54	12.2 (72.2%)
53	<b>FRYDRYCH Wojciech</b>	<b>329</b>		M-18	7	00:02:39	00:22:58	<b>00:49:14.70</b>	<b>00:51:53.90</b>	+00:13:49 (28.1%)	4:55	12.2 (72.2%)
54	<b>ŚWIĘTOŃ Rafał</b>	<b>443</b>		M-30	21	00:02:43	00:23:44	<b>00:49:18.10</b>	<b>00:52:01.35</b>	+00:13:53 (28.2%)	4:55	12.2 (72.2%)
55	<b>WOJCIECHOWSKA-HRYCYK Agata</b>	<b>460</b>		K-40	1	00:02:32	00:24:10	<b>00:49:35.25</b>	<b>00:52:07.90</b>	+00:14:10 (28.6%)	4:57	12.1 (71.6%)
56	<b>WYKA Marcin</b>	<b>462</b>	JW 1223	M-18	8	00:02:41	00:23:32	<b>00:49:50.45</b>	<b>00:52:32.25</b>	+00:14:25 (28.9%)	4:59	12 (71.0%)
57	<b>KURŁOWICZ Robert</b>	<b>297</b>	ROBIN HOOD TEAM	M-18	9	00:02:37	00:25:25	<b>00:49:50.50</b>	<b>00:52:27.65</b>	+00:14:25 (28.9%)	4:59	12 (71.0%)
58	<b>KRASIŃSKI Witold</b>	<b>369</b>		M-40	17	00:02:35	00:23:51	<b>00:49:56.40</b>	<b>00:52:32.00</b>	+00:14:31 (29.1%)	4:59	12 (71.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
59	<b>MACHELSKA Sylwia</b>	<b>507</b>	PGB SPORTOWA PACZKA	K-30	5	00:02:34	00:23:59	<b>00:50:08.90</b>	<b>00:52:43.85</b>	+00:14:43 (29.4%)	5:00	12 (71.0%)
60	<b>LAS Mateusz</b>	<b>377</b>		M-18	10	00:02:47	00:24:54	<b>00:50:56.70</b>	<b>00:53:44.05</b>	+00:15:31 (30.5%)	5:05	11.8 (69.8%)
61	<b>HESSEL Lars</b>	<b>477</b>	SV TURBINE NEUBRANDENBURG	M-40	18	00:02:31	00:24:24	<b>00:51:02.40</b>	<b>00:53:34.30</b>	+00:15:37 (30.6%)	5:06	11.8 (69.8%)
62	<b>NACHYŁA Paweł</b>	<b>394</b>	DZIKI KOSZALIN	M-18	11	00:02:44	00:23:57	<b>00:51:13.25</b>	<b>00:53:57.35</b>	+00:15:48 (30.9%)	5:07	11.7 (69.2%)
63	<b>JÓŹWIAK Mariusz</b>	<b>344</b>		M-30	22	00:02:35	00:24:54	<b>00:51:14.10</b>	<b>00:53:49.15</b>	+00:15:49 (30.9%)	5:07	11.7 (69.2%)
64	<b>JURKIEWICZ Andrzej</b>	<b>345</b>	JW 1223	M-30	23	00:02:41	00:25:33	<b>00:51:16.50</b>	<b>00:53:58.15</b>	+00:15:51 (30.9%)	5:07	11.7 (69.2%)
65	<b>FRONTCZAK Izabela</b>	<b>509</b>	TKKF KOSZALIN	K-18	1	00:02:37	00:23:53	<b>00:51:22.25</b>	<b>00:53:59.65</b>	+00:15:57 (31.1%)	5:08	11.7 (69.2%)
66	<b>WICHER Krzysztof</b>	<b>454</b>	ADWOKATURA/ZHP	M-30	24	00:02:38	00:24:08	<b>00:51:22.50</b>	<b>00:54:01.00</b>	+00:15:57 (31.1%)	5:08	11.7 (69.2%)
67	<b>WAWRZYN Grzegorz</b>	<b>450</b>	COPY-SERWIS	M-40	19	00:02:32	00:23:59	<b>00:51:25.05</b>	<b>00:53:57.05</b>	+00:16:00 (31.1%)	5:08	11.7 (69.2%)
68	<b>LINDOW Margitta</b>	<b>478</b>	SV TURBINE NEUBRANDENBURG	K-50	2	00:02:36	00:25:11	<b>00:51:25.50</b>	<b>00:54:01.65</b>	+00:16:00 (31.1%)	5:08	11.7 (69.2%)
69	<b>KISIEL Michał</b>	<b>353</b>	TEAM BIEGOWY SZCZECINEK	M-30	25	00:02:39	00:24:46	<b>00:51:30.50</b>	<b>00:54:10.35</b>	+00:16:05 (31.2%)	5:09	11.6 (68.6%)
70	<b>KOPACZ Rafał</b>	<b>360</b>	RAFALKOPACZ.PL	M-30	26	00:02:36	00:23:53	<b>00:51:34.40</b>	<b>00:54:10.85</b>	+00:16:09 (31.3%)	5:09	11.6 (68.6%)
71	<b>KOPCZEWSKI Dariusz</b>	<b>361</b>		M-50	3	00:02:40	00:24:58	<b>00:51:39.15</b>	<b>00:54:19.60</b>	+00:16:14 (31.4%)	5:09	11.6 (68.6%)
72	<b>BOGACKI Tomasz</b>	<b>308</b>	TKKF KOSZALIN	M-50	4	00:02:35	00:25:05	<b>00:51:53.10</b>	<b>00:54:28.40</b>	+00:16:28 (31.7%)	5:11	11.6 (68.6%)
73	<b>KACZMAREK Łukasz</b>	<b>348</b>	WOJOWNICY WÓDY	M-30	27	00:02:40	00:24:22	<b>00:51:55.85</b>	<b>00:54:36.05</b>	+00:16:30 (31.8%)	5:11	11.6 (68.6%)
74	<b>KISIELINSKI Igor</b>	<b>354</b>		M-50	5	00:02:40	00:24:58	<b>00:51:59.85</b>	<b>00:54:40.40</b>	+00:16:34 (31.9%)	5:12	11.5 (68.0%)
75	<b>MAJKOWICZ Mirosław</b>	<b>489</b>		M-30	28	00:02:41	00:25:30	<b>00:52:05.70</b>	<b>00:54:47.25</b>	+00:16:40 (32.0%)	5:12	11.5 (68.0%)
76	<b>WALTER Joanna</b>	<b>448</b>	KB 10 BIAŁOGARD	K-40	2	00:02:33	00:25:17	<b>00:52:08.05</b>	<b>00:54:41.35</b>	+00:16:43 (32.1%)	5:12	11.5 (68.0%)
77	<b>NOWAKOWSKA Małgorzata</b>	<b>397</b>		K-18	2	00:02:35	00:25:03	<b>00:52:08.30</b>	<b>00:54:44.15</b>	+00:16:43 (32.1%)	5:12	11.5 (68.0%)
78	<b>STEBELSKI Jasiek</b>	<b>431</b>		M-18	12	00:02:31	00:24:11	<b>00:52:10.60</b>	<b>00:54:41.75</b>	+00:16:45 (32.1%)	5:13	11.5 (68.0%)
79	<b>RUTKOWSKI Ryszard</b>	<b>419</b>	RUTKOWSCY TEAM	M-50	6	00:02:31	00:24:55	<b>00:52:31.00</b>	<b>00:55:02.40</b>	+00:17:06 (32.6%)	5:15	11.4 (67.5%)
80	<b>SZAFIRSKI Sebastian</b>	<b>437</b>		M-30	29	00:02:40	00:25:10	<b>00:52:39.75</b>	<b>00:55:20.50</b>	+00:17:14 (32.7%)	5:16	11.4 (67.5%)
81	<b>ĆWIKLIŃSKI Jakub</b>	<b>317</b>		M-30	30	00:02:41	00:25:56	<b>00:52:41.95</b>	<b>00:55:23.30</b>	+00:17:16 (32.8%)	5:16	11.4 (67.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
82	<b>DROZDZ Mariusz</b>	<b>321</b>		M-40	20	00:02:41	00:25:04	<b>00:52:46.50</b>	<b>00:55:28.15</b>	+00:17:21 (32.9%)	5:16	11.4 (67.5%)
83	<b>WENCLAWSKI Michał</b>	<b>453</b>	ARAGORTEAM	M-18	13	00:02:38	00:25:27	<b>00:52:49.75</b>	<b>00:55:28.70</b>	+00:17:24 (33.0%)	5:17	11.4 (67.5%)
84	<b>RATAJCZYK Robert</b>	<b>414</b>		M-18	14	00:02:47	00:25:20	<b>00:52:56.95</b>	<b>00:55:44.10</b>	+00:17:31 (33.1%)	5:17	11.3 (66.9%)
85	<b>STAWISZYŃSKI Jarosław</b>	<b>430</b>	FORUM ROZWOJU KOSZALINA	M-30	31	00:02:46	00:26:38	<b>00:53:06.20</b>	<b>00:55:52.90</b>	+00:17:41 (33.3%)	5:18	11.3 (66.9%)
86	<b>TESKA Bartosz</b>	<b>491</b>		M-30	32	00:02:32	00:25:52	<b>00:53:20.95</b>	<b>00:55:53.15</b>	+00:17:55 (33.6%)	5:20	11.2 (66.3%)
87	<b>KOWALCZYK Stanislaw</b>	<b>365</b>	NIEZRZESZONY	M-60	2	00:02:34	00:25:53	<b>00:53:23.10</b>	<b>00:55:57.85</b>	+00:17:58 (33.7%)	5:20	11.2 (66.3%)
88	<b>KOWALSKA Magdalena</b>	<b>366</b>		K-18	3	00:02:44	00:26:31	<b>00:53:23.80</b>	<b>00:56:08.10</b>	+00:17:58 (33.7%)	5:20	11.2 (66.3%)
89	<b>RUDZIŃSKI Bronisław</b>	<b>417</b>		M-60	3	00:02:38	00:25:33	<b>00:53:38.15</b>	<b>00:56:16.65</b>	+00:18:13 (34.0%)	5:21	11.2 (66.3%)
90	<b>PIETRZYCKI Andrzej</b>	<b>498</b>		M-60	4	00:02:37	00:26:40	<b>00:53:51.30</b>	<b>00:56:28.80</b>	+00:18:26 (34.2%)	5:23	11.1 (65.7%)
91	<b>KAJKOWSKI Rafał</b>	<b>349</b>	CSSP KOSZALIN	M-40	21	00:02:50	00:27:03	<b>00:54:07.95</b>	<b>00:56:58.55</b>	+00:18:42 (34.6%)	5:24	11.1 (65.7%)
92	<b>ENGELMANN Ivo</b>	<b>476</b>	TSV BLAU WEISS 65 SCHWEDT E,V.SCHWEDTER HASEN	M-50	7	00:02:35	00:25:57	<b>00:54:10.40</b>	<b>00:56:46.00</b>	+00:18:45 (34.6%)	5:25	11.1 (65.7%)
93	<b>SZARY Szymon</b>	<b>438</b>		M-30	33	00:02:46	00:27:07	<b>00:54:11.55</b>	<b>00:56:58.30</b>	+00:18:46 (34.6%)	5:25	11.1 (65.7%)
94	<b>IGNATOWICZ Hubert</b>	<b>340</b>		M-18	15	00:02:44	00:25:18	<b>00:54:14.70</b>	<b>00:56:58.80</b>	+00:18:49 (34.7%)	5:25	11.1 (65.7%)
95	<b>BEDNARCZYK Tomasz</b>	<b>304</b>	AWBUD S.A.	M-18	16	00:02:44	00:25:18	<b>00:54:14.85</b>	<b>00:56:59.15</b>	+00:18:49 (34.7%)	5:25	11.1 (65.7%)
96	<b>KUPREWICZ Grzegorz</b>	<b>375</b>	ROZBIEGANY KOSZALIN	M-30	34	00:02:34	00:25:59	<b>00:54:16.15</b>	<b>00:56:50.85</b>	+00:18:51 (34.7%)	5:25	11.1 (65.7%)
97	<b>PUDŁO Paweł</b>	<b>492</b>	NIGHT RUNNERS SŁUPSK	M-40	22	00:02:38	00:25:15	<b>00:54:19.55</b>	<b>00:56:58.05</b>	+00:18:54 (34.8%)	5:26	11 (65.1%)
98	<b>BUTOWICZ Adam</b>	<b>315</b>		M-50	8	00:02:39	00:26:09	<b>00:54:27.65</b>	<b>00:57:07.15</b>	+00:19:02 (35.0%)	5:26	11 (65.1%)
99	<b>MARKOWSKI Andrzej</b>	<b>471</b>	TKKF KOSZALIN	M-60	5	00:02:30	00:25:55	<b>00:54:28.35</b>	<b>00:56:58.50</b>	+00:19:03 (35.0%)	5:26	11 (65.1%)
100	<b>BORKOWSKA-KOWALCZYK Daria</b>	<b>309</b>	WOMENS FIGHT CLUB KOSZALIN	K-30	6	00:02:43	00:26:06	<b>00:54:29.55</b>	<b>00:57:13.05</b>	+00:19:04 (35.0%)	5:27	11 (65.1%)
101	<b>DĄBROWSKI Grzegorz</b>	<b>320</b>		M-40	23	00:02:32	00:25:52	<b>00:54:29.85</b>	<b>00:57:02.45</b>	+00:19:04 (35.0%)	5:27	11 (65.1%)
102	<b>SOBIERAJ Magdalena</b>	<b>427</b>	K. B. SPRINT ŚWIDWIN	K-30	7	00:02:46	00:26:53	<b>00:54:32.35</b>	<b>00:57:18.40</b>	+00:19:07 (35.1%)	5:27	11 (65.1%)
103	<b>PIĘTKO Joanna</b>	<b>403</b>		K-40	3	00:02:31	00:26:14	<b>00:54:36.10</b>	<b>00:57:07.65</b>	+00:19:11 (35.1%)	5:27	11 (65.1%)
104	<b>MLAZGA Jacek</b>	<b>392</b>		M-40	24	00:02:44	00:27:08	<b>00:54:44.10</b>	<b>00:57:28.65</b>	+00:19:19 (35.3%)	5:28	11 (65.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						startu	5km	10km	10km			
105	KUCHARCZYK Jacek	485	BIAŁY ZĄBEK	M-30	35	00:02:38	00:25:35	<b>00:54:49.85</b>	<b>00:57:28.20</b>	+00:19:24 (35.4%)	5:29	10.9 (64.5%)
106	BARAN Grzegorz	303		M-30	36	00:02:35	00:26:37	<b>00:55:01.80</b>	<b>00:57:37.65</b>	+00:19:36 (35.6%)	5:30	10.9 (64.5%)
107	CZEPIEL Iwona	316	KORZYBSKIE REKINY	K-30	8	00:02:33	00:27:11	<b>00:55:12.65</b>	<b>00:57:46.05</b>	+00:19:47 (35.9%)	5:31	10.9 (64.5%)
108	MAŁETKA Piotr	505	COLBERG TEAM	M-40	25	00:02:42	00:27:01	<b>00:55:14.75</b>	<b>00:57:57.65</b>	+00:19:49 (35.9%)	5:31	10.9 (64.5%)
109	ROGALSKI Roberto	472	TKKF KOSZALIN	M-30	37	00:02:34	00:25:19	<b>00:55:17.00</b>	<b>00:57:51.50</b>	+00:19:52 (35.9%)	5:31	10.9 (64.5%)
110	GŁOWACKI Włodzimierz	423		M-70+	3	00:02:31	00:25:37	<b>00:55:17.10</b>	<b>00:57:48.15</b>	+00:19:52 (35.9%)	5:31	10.9 (64.5%)
111	ŚLUSZRZ Krzysztof	442		M-40	26	00:02:43	00:27:16	<b>00:55:17.65</b>	<b>00:58:01.05</b>	+00:19:52 (35.9%)	5:31	10.8 (63.9%)
112	GIBES Maciej	332		M-30	38	00:02:45	00:27:22	<b>00:55:25.55</b>	<b>00:58:11.20</b>	+00:20:00 (36.1%)	5:32	10.8 (63.9%)
113	MARTYNOWSKI Marcin	389		M-40	27	00:02:35	00:27:19	<b>00:55:26.30</b>	<b>00:58:01.35</b>	+00:20:01 (36.1%)	5:32	10.8 (63.9%)
114	FOSZCZ-REDA Monika	511		K-18	4	00:02:33	00:26:55	<b>00:55:36.30</b>	<b>00:58:09.90</b>	+00:20:11 (36.3%)	5:33	10.8 (63.9%)
115	RUTKOWSKI Artur	418	RUTKOWSKI TEAM	M-18	17	00:02:31	00:24:39	<b>00:55:37.65</b>	<b>00:58:08.90</b>	+00:20:12 (36.3%)	5:33	10.8 (63.9%)
116	GRAJ Joanna	336		K-18	5	00:02:47	00:27:07	<b>00:55:40.85</b>	<b>00:58:28.75</b>	+00:20:15 (36.4%)	5:34	10.8 (63.9%)
117	KOROL Krzysztof	363		M-40	28	00:02:36	00:26:13	<b>00:55:45.70</b>	<b>00:58:22.35</b>	+00:20:20 (36.5%)	5:34	10.8 (63.9%)
118	CHODOR Izabela	487		K-30	9	00:02:37	00:27:05	<b>00:55:49.45</b>	<b>00:58:26.85</b>	+00:20:24 (36.6%)	5:34	10.7 (63.3%)
119	TURCZYN Grzegorz	444	NIGHT RUNNERS SŁUPSK	M-40	29	00:02:39	00:26:44	<b>00:55:58.00</b>	<b>00:58:37.35</b>	+00:20:33 (36.7%)	5:35	10.7 (63.3%)
120	MACIOSZEK Agnieszka	383		K-40	4	00:02:33	00:26:21	<b>00:56:00.95</b>	<b>00:58:33.95</b>	+00:20:35 (36.8%)	5:36	10.7 (63.3%)
121	UZNAŃSKA Agata	446		K-50	3	00:02:35	00:27:20	<b>00:56:01.50</b>	<b>00:58:36.75</b>	+00:20:36 (36.8%)	5:36	10.7 (63.3%)
122	WIEDUWILT Anke	480	SV TURBINE NEUBRANDENBURG	K-50	4	00:02:37	00:27:46	<b>00:56:14.10</b>	<b>00:58:51.35</b>	+00:20:49 (37.0%)	5:37	10.7 (63.3%)
123	MALCZEWSKI Dariusz	386	BOBOLICE	M-50	9	00:02:44	00:28:24	<b>00:56:28.15</b>	<b>00:59:12.45</b>	+00:21:03 (37.3%)	5:38	10.6 (62.7%)
124	DWULIT Dominik	322	KORZYBSKIE REKINY	M-18	18	00:02:33	00:27:11	<b>00:56:36.05</b>	<b>00:59:09.15</b>	+00:21:11 (37.4%)	5:39	10.6 (62.7%)
125	KLING Beata	356		K-40	5	00:02:36	00:27:42	<b>00:57:00.95</b>	<b>00:59:37.85</b>	+00:21:35 (37.9%)	5:42	10.5 (62.1%)
126	KLING Aleksandra	355		K-18	6	00:02:36	00:27:42	<b>00:57:01.00</b>	<b>00:59:37.55</b>	+00:21:36 (37.9%)	5:42	10.5 (62.1%)
127	SZMIGIERO Sebastian	440		M-30	39	00:02:38	00:27:03	<b>00:57:05.90</b>	<b>00:59:44.50</b>	+00:21:40 (38.0%)	5:42	10.5 (62.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
128	<b>KOLAKOWSKI Dariusz</b>	<b>504</b>	K. B. SPRINT ŚWIDWIN	M-40	30	00:02:46	00:26:53	<b>00:57:07.95</b>	<b>00:59:54.70</b>	+00:21:42 (38.0%)	5:42	10.5 (62.1%)
129	<b>WARZECHA Bartosz</b>	<b>449</b>		M-40	31	00:02:46	00:27:55	<b>00:57:12.40</b>	<b>00:59:59.25</b>	+00:21:47 (38.1%)	5:43	10.5 (62.1%)
130	<b>DZIUBA Patryk</b>	<b>324</b>	STUDIOEMBLANT	M-18	19	00:02:34	00:27:42	<b>00:57:29.15</b>	<b>01:00:03.45</b>	+00:22:04 (38.4%)	5:44	10.4 (61.5%)
131	<b>RADECKA Katarzyna</b>	<b>412</b>		K-30	10	00:02:41	00:28:15	<b>00:57:30.85</b>	<b>01:00:12.60</b>	+00:22:05 (38.4%)	5:45	10.4 (61.5%)
132	<b>ZIELIŃSKI Ernest</b>	<b>298</b>		M-40	32	00:02:37	00:28:12	<b>00:57:40.70</b>	<b>01:00:17.80</b>	+00:22:15 (38.6%)	5:46	10.4 (61.5%)
133	<b>DANOWSKI Maciej</b>	<b>510</b>	KB 'DZIESIĄTKA BIAŁOGARD'	M-40	33	00:02:35	00:28:14	<b>00:57:42.10</b>	<b>01:00:17.95</b>	+00:22:17 (38.6%)	5:46	10.4 (61.5%)
134	<b>SIEPRACKI Adam</b>	<b>424</b>	FORUM ROZWOJU KOSZALINA	M-30	40	00:02:46	00:28:32	<b>00:57:49.15</b>	<b>01:00:35.85</b>	+00:22:24 (38.7%)	5:46	10.4 (61.5%)
135	<b>GAWLIK Artur</b>	<b>331</b>	BIEGNIJMY.PL	M-30	41	00:02:42	00:26:42	<b>00:57:50.00</b>	<b>01:00:32.00</b>	+00:22:25 (38.8%)	5:47	10.4 (61.5%)
136	<b>GRABOWICZ Jerzy</b>	<b>335</b>	TUPOT USTKA	M-60	6	00:02:46	00:28:09	<b>00:58:08.00</b>	<b>01:00:54.00</b>	+00:22:43 (39.1%)	5:48	10.3 (60.9%)
137	<b>RASZPLA Radosław</b>	<b>413</b>	CIOTECZKI.PL	M-40	34	00:02:36	00:25:21	<b>00:58:17.50</b>	<b>01:00:54.30</b>	+00:22:52 (39.2%)	5:49	10.3 (60.9%)
138	<b>KACAŁA Olga</b>	<b>347</b>		K-30	11	00:02:44	00:27:39	<b>00:58:21.25</b>	<b>01:01:05.95</b>	+00:22:56 (39.3%)	5:50	10.3 (60.9%)
139	<b>PIETRZYCKI Dariusz</b>	<b>497</b>		M-40	35	00:02:38	00:27:53	<b>00:58:36.35</b>	<b>01:01:14.50</b>	+00:23:11 (39.6%)	5:51	10.2 (60.4%)
140	<b>PIOTROWSKI Marcin</b>	<b>404</b>		M-30	42	00:02:38	00:26:54	<b>00:58:48.70</b>	<b>01:01:26.70</b>	+00:23:23 (39.8%)	5:52	10.2 (60.4%)
141	<b>RETERSKI Przemysław</b>	<b>416</b>		M-30	43	00:02:48	00:27:41	<b>00:58:51.15</b>	<b>01:01:39.25</b>	+00:23:26 (39.8%)	5:53	10.2 (60.4%)
142	<b>RETERSKA Beata</b>	<b>415</b>		K-40	6	00:02:47	00:27:42	<b>00:58:51.25</b>	<b>01:01:39.15</b>	+00:23:26 (39.8%)	5:53	10.2 (60.4%)
143	<b>PACAN Mirosława</b>	<b>401</b>	ŚWIAT PŁYTEK U KRYSPIŃSKA	K-18	7	00:02:41	00:29:18	<b>00:59:12.95</b>	<b>01:01:54.40</b>	+00:23:47 (40.2%)	5:55	10.1 (59.8%)
144	<b>HILLER Jerzy</b>	<b>339</b>	PERFECT TEAM LUBLIN	M-60	7	00:02:40	00:29:32	<b>00:59:28.90</b>	<b>01:02:09.25</b>	+00:24:03 (40.5%)	5:56	10.1 (59.8%)
145	<b>NEUBAUER Adrianna</b>	<b>396</b>		K-30	12	00:02:48	00:28:36	<b>00:59:32.95</b>	<b>01:02:21.35</b>	+00:24:07 (40.5%)	5:57	10.1 (59.8%)
146	<b>WEGNER Aneta</b>	<b>451</b>		K-30	13	00:02:45	00:27:23	<b>00:59:34.50</b>	<b>01:02:19.65</b>	+00:24:09 (40.6%)	5:57	10.1 (59.8%)
147	<b>WEGNER Przemysław</b>	<b>452</b>		M-30	44	00:02:45	00:27:24	<b>00:59:36.00</b>	<b>01:02:21.00</b>	+00:24:11 (40.6%)	5:57	10.1 (59.8%)
148	<b>KOBUS Emilia</b>	<b>358</b>		K-30	14	00:02:43	00:28:36	<b>00:59:43.40</b>	<b>01:02:26.50</b>	+00:24:18 (40.7%)	5:58	10 (59.2%)
149	<b>FAJGIER Tomasz</b>	<b>325</b>		M-40	36	00:02:35	00:26:32	<b>00:59:43.60</b>	<b>01:02:19.15</b>	+00:24:18 (40.7%)	5:58	10 (59.2%)
150	<b>KOŁODZIEJCZYK Danuta</b>	<b>359</b>		K-50	5	00:02:36	00:27:07	<b>01:00:04.75</b>	<b>01:02:41.60</b>	+00:24:39 (41.1%)	6:00	10 (59.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
151	<b>PSTRAĞOWSKA Marlena</b>	<b>411</b>		K-30	15	00:02:40	00:28:08	<b>01:00:07.70</b>	<b>01:02:48.20</b>	+00:24:42 (41.1%)	6:00	10 (59.2%)
152	<b>ZIELIŃSKI Jarosław</b>	<b>503</b>		M-30	45	00:02:42	00:27:58	<b>01:00:34.90</b>	<b>01:03:17.05</b>	+00:25:09 (41.5%)	6:03	9.9 (58.6%)
153	<b>POLAK Monika</b>	<b>408</b>		K-40	7	00:02:39	00:29:11	<b>01:00:42.80</b>	<b>01:03:21.85</b>	+00:25:17 (41.7%)	6:04	9.9 (58.6%)
154	<b>PIÓRO Ewa</b>	<b>405</b>	COLBERG TEAM	K-40	8	00:02:43	00:27:40	<b>01:00:48.25</b>	<b>01:03:31.35</b>	+00:25:23 (41.8%)	6:04	9.9 (58.6%)
155	<b>HRANKOWSKA Monika</b>	<b>486</b>		K-18	8	00:02:36	00:27:58	<b>01:00:53.40</b>	<b>01:03:29.45</b>	+00:25:28 (41.8%)	6:05	9.9 (58.6%)
156	<b>POLAŃSKA Katarzyna</b>	<b>409</b>	DZIKI KOSZALIN	K-30	16	00:02:44	00:28:51	<b>01:01:01.05</b>	<b>01:03:45.05</b>	+00:25:36 (42.0%)	6:06	9.8 (58.0%)
157	<b>STEC Edyta</b>	<b>432</b>	BABECZKI.PL	K-30	17	00:02:34	00:29:23	<b>01:01:07.35</b>	<b>01:03:41.75</b>	+00:25:42 (42.1%)	6:06	9.8 (58.0%)
158	<b>MOŻEJKO Anna</b>	<b>393</b>	BABECZKI.PL	K-30	18	00:02:34	00:29:23	<b>01:01:07.65</b>	<b>01:03:42.00</b>	+00:25:42 (42.1%)	6:06	9.8 (58.0%)
159	<b>JANKIEWICZ Helena</b>	<b>341</b>	MTS HAMER	K-30	19	00:02:33	00:30:12	<b>01:01:21.40</b>	<b>01:03:54.95</b>	+00:25:56 (42.3%)	6:08	9.8 (58.0%)
160	<b>BRESZKA Paweł</b>	<b>311</b>	RUNNERSWALDE DARŁOWO	M-40	37	00:02:42	00:29:49	<b>01:01:45.15</b>	<b>01:04:27.45</b>	+00:26:20 (42.6%)	6:10	9.7 (57.4%)
161	<b>BORSUK Dorota</b>	<b>310</b>		K-40	9	00:02:37	00:29:31	<b>01:03:03.35</b>	<b>01:05:40.60</b>	+00:27:38 (43.8%)	6:18	9.5 (56.2%)
162	<b>HELLER Zdzisław</b>	<b>338</b>	NIEZRZESZONY	M-60	8	00:02:37	00:29:50	<b>01:03:13.60</b>	<b>01:05:51.50</b>	+00:27:48 (44.0%)	6:19	9.5 (56.2%)
163	<b>TWITCHETT Iain</b>	<b>445</b>	LONE BADGER	M-40	38	00:02:43	00:30:27	<b>01:03:25.95</b>	<b>01:06:09.65</b>	+00:28:00 (44.2%)	6:20	9.5 (56.2%)
164	<b>ZIĘTARA Ryszard</b>	<b>467</b>		M-60	9	00:02:32	00:28:55	<b>01:03:27.30</b>	<b>01:05:59.85</b>	+00:28:02 (44.2%)	6:20	9.5 (56.2%)
165	<b>KRYSIAK Andrzej</b>	<b>483</b>		M-40	39	00:02:37	00:28:33	<b>01:03:45.60</b>	<b>01:06:23.10</b>	+00:28:20 (44.5%)	6:22	9.4 (55.6%)
166	<b>KURCZYK Elżbieta</b>	<b>376</b>		K-40	10	00:02:33	00:31:26	<b>01:03:51.25</b>	<b>01:06:24.95</b>	+00:28:26 (44.5%)	6:23	9.4 (55.6%)
167	<b>MAŁGORZATA Michalczyk</b>	<b>387</b>	WOJOWNICY WÓDY	K-18	9	00:02:40	00:30:36	<b>01:03:59.00</b>	<b>01:06:39.75</b>	+00:28:34 (44.6%)	6:23	9.4 (55.6%)
168	<b>SZYSZKOWSKI Tomasz</b>	<b>441</b>		M-30	46	00:02:38	00:30:20	<b>01:04:02.85</b>	<b>01:06:41.15</b>	+00:28:37 (44.7%)	6:24	9.4 (55.6%)
169	<b>WIERZBICKI Kacper</b>	<b>455</b>		M-18	20	00:02:38	00:30:05	<b>01:04:52.00</b>	<b>01:07:30.45</b>	+00:29:27 (45.4%)	6:29	9.2 (54.4%)
170	<b>GAJC Bartek</b>	<b>330</b>		M-30	47	00:02:49	00:30:17	<b>01:04:53.30</b>	<b>01:07:42.30</b>	+00:29:28 (45.4%)	6:29	9.2 (54.4%)
171	<b>WŁAŚNIAK Jowita</b>	<b>458</b>	DZIKI KOSZALIN	K-30	20	00:02:42	00:31:22	<b>01:05:08.00</b>	<b>01:07:50.95</b>	+00:29:43 (45.6%)	6:30	9.2 (54.4%)
172	<b>FILIPOWICZ Andrzej</b>	<b>327</b>	NIEZRZESZONY	M-70+	4	00:02:31	00:31:08	<b>01:05:13.15</b>	<b>01:07:44.50</b>	+00:29:48 (45.7%)	6:31	9.2 (54.4%)
173	<b>BIALIK Wiesław</b>	<b>307</b>	K. B. SPRINT ŚWIDWIN	M-60	10	00:02:30	00:31:08	<b>01:05:14.25</b>	<b>01:07:44.25</b>	+00:29:49 (45.7%)	6:31	9.2 (54.4%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
174	<b>DYMECKA Joanna</b>	<b>410</b>	PARKRUN SZCZECINEK	K-30	21	00:02:39	00:31:25	<b>01:06:07.65</b>	<b>01:08:47.50</b>	+00:30:42 (46.4%)	6:36	9.1 (53.8%)
175	<b>KRAWCZUK-KIELB Anna</b>	<b>372</b>	ŻYJ Z ENERGIA	K-40	11	00:02:41	00:30:51	<b>01:06:09.20</b>	<b>01:08:51.15</b>	+00:30:44 (46.5%)	6:37	9.1 (53.8%)
176	<b>GÓRNA Anna</b>	<b>333</b>	FORMA ROSNOWO	K-30	22	00:02:41	00:31:59	<b>01:06:32.55</b>	<b>01:09:13.60</b>	+00:31:07 (46.8%)	6:39	9 (53.3%)
177	<b>SZAFIROWICZ-CHOJNACKA Paulina</b>	<b>436</b>		K-30	23	00:02:47	00:31:30	<b>01:07:05.15</b>	<b>01:09:52.75</b>	+00:31:40 (47.2%)	6:42	8.9 (52.7%)
178	<b>DĄBROWSKA Katarzyna</b>	<b>318</b>	TKKF KOSZALIN	K-18	10	00:02:40	00:31:50	<b>01:08:23.75</b>	<b>01:11:03.90</b>	+00:32:58 (48.2%)	6:50	8.8 (52.1%)
179	<b>KOZŁOWIECKA Małgorzata</b>	<b>368</b>		K-50	6	00:02:39	00:32:34	<b>01:08:39.05</b>	<b>01:11:18.05</b>	+00:33:14 (48.4%)	6:51	8.7 (51.5%)
180	<b>FELKOWSKA Karolina</b>	<b>326</b>	KOSZALIN	K-30	24	00:02:45	00:32:36	<b>01:09:05.80</b>	<b>01:11:50.95</b>	+00:33:40 (48.7%)	6:54	8.7 (51.5%)
181	<b>PLATA Kasia</b>	<b>406</b>		K-40	12	00:02:45	00:32:36	<b>01:09:05.90</b>	<b>01:11:51.75</b>	+00:33:40 (48.7%)	6:54	8.7 (51.5%)
182	<b>LESIAK Anna</b>	<b>379</b>		K-18	11	00:02:33	00:30:58	<b>01:09:06.55</b>	<b>01:11:40.45</b>	+00:33:41 (48.8%)	6:54	8.7 (51.5%)
183	<b>PEŁKA Iwona</b>	<b>402</b>		K-40	13	00:02:39	00:34:44	<b>01:09:20.10</b>	<b>01:11:59.10</b>	+00:33:55 (48.9%)	6:56	8.7 (51.5%)
184	<b>STASZYŃSKA Marianna</b>	<b>429</b>	BTC'ORZEŁ' BIAŁOGARD	K-60	1	00:02:38	00:34:02	<b>01:09:43.70</b>	<b>01:12:22.45</b>	+00:34:18 (49.2%)	6:58	8.6 (50.9%)
185	<b>MALĄG-BAIK Anna</b>	<b>385</b>		K-18	12	00:02:46	00:32:44	<b>01:10:22.85</b>	<b>01:13:08.90</b>	+00:34:57 (49.7%)	7:02	8.5 (50.3%)
186	<b>OSTAPIŃSKI Tomasz</b>	<b>400</b>		M-30	48	00:02:45	00:32:45	<b>01:10:22.95</b>	<b>01:13:08.90</b>	+00:34:57 (49.7%)	7:02	8.5 (50.3%)
187	<b>JUSZCZYK Agnieszka</b>	<b>346</b>		K-30	25	00:02:46	00:33:26	<b>01:11:33.80</b>	<b>01:14:20.05</b>	+00:36:08 (50.5%)	7:09	8.4 (49.7%)
188	<b>MADEJAK Paweł</b>	<b>384</b>		M-30	49	00:02:35	00:34:05	<b>01:13:09.85</b>	<b>01:15:45.10</b>	+00:37:44 (51.6%)	7:19	8.2 (48.5%)
189	<b>HAUSMAN Andrzej</b>	<b>337</b>	KSR ROWERIA	M-60	11	00:02:40	00:34:08	<b>01:14:26.30</b>	<b>01:17:07.15</b>	+00:39:01 (52.4%)	7:26	8.1 (47.9%)
190	<b>KABACINSKI Bronisław</b>	<b>495</b>	KB TUPOT USTKA	M-60	12	00:02:45	00:36:46	<b>01:15:16.05</b>	<b>01:18:01.70</b>	+00:39:51 (52.9%)	7:31	8 (47.3%)
191	<b>SZEBLEWSKI Józef</b>	<b>439</b>		M-60	13	00:02:29	00:37:10	<b>01:18:56.00</b>	<b>01:21:25.80</b>	+00:43:31 (55.1%)	7:53	7.6 (45.0%)
192	<b>BARTNIK Marian</b>	<b>482</b>	TKKF KOSZALIN	M-70+	5	00:02:29	00:41:48	<b>01:26:10.10</b>	<b>01:28:39.40</b>	+00:50:45 (58.9%)	8:37	7 (41.4%)
193	<b>WITKIEWICZ Eryk</b>	<b>500</b>	KB 'DZIESIĄTKA BIAŁOGARD'	M-40	40	00:02:30	00:19:54			+00:01:08	3:58	15.1 (89.3%)
	<b>BEMOWICZ Tomasz</b>	<b>493</b>	KB WYGAN	M-40		DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WALO Zbigniew</b>	<b>447</b>	X	M-50		DNF	00:33:05 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 195 wynik(ów)