



XIV BIEG WENEDÓW - 10KM

B4SPORT

Organizator:

Koszalińskie Towarzystwo Krzewienia Kultury

Data:

Fizycznej

2016-05-22

Miejsce:

Koszalin

Dystans:

10 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	WITKIEWICZ Magda	456	KB 10 BIAŁOGARD	K-30	1	00:02:30	00:20:38	00:41:51.80	00:44:21.95		4:11	14.3 (100%)
2	KASPROWICZ Małgorzata	352	STOPA SŁUPSK	K-30	2	00:02:30	00:22:34	00:45:47.55	00:48:18.20	+00:03:55 (8.6%)	4:34	13.1 (91.6%)
3	SZABLA Ewelina	435	MTS HAMER MIASTKO	K-30	3	00:02:32	00:23:22	00:47:39.40	00:50:12.20	+00:05:47 (12.2%)	4:46	12.6 (88.1%)
4	FIŁONOWICZ Monika	328		K-30	4	00:02:34	00:23:30	00:47:41.30	00:50:15.35	+00:05:49 (12.2%)	4:46	12.6 (88.1%)
5	KRZEWIŃSKA Małgorzata	319	TKKF KOSZALIN	K-50	1	00:02:37	00:23:39	00:47:44.65	00:50:22.15	+00:05:52 (12.3%)	4:46	12.6 (88.1%)
6	WOJCIECHOWSKA-HRYCYK Agata	460		K-40	1	00:02:32	00:24:10	00:49:35.25	00:52:07.90	+00:07:43 (15.6%)	4:57	12.1 (84.6%)
7	MACHELSKA Sylwia	507	PGB SPORTOWA PACZKA	K-30	5	00:02:34	00:23:59	00:50:08.90	00:52:43.85	+00:08:17 (16.5%)	5:00	12 (83.9%)
8	FRONTCZAK Izabela	509	TKKF KOSZALIN	K-18	1	00:02:37	00:23:53	00:51:22.25	00:53:59.65	+00:09:30 (18.5%)	5:08	11.7 (81.8%)
9	LINDOW Margitta	478	SV TURBINE NEUBRANDENBURG	K-50	2	00:02:36	00:25:11	00:51:25.50	00:54:01.65	+00:09:33 (18.6%)	5:08	11.7 (81.8%)
10	WALTER Joanna	448	KB 10 BIAŁOGARD	K-40	2	00:02:33	00:25:17	00:52:08.05	00:54:41.35	+00:10:16 (19.7%)	5:12	11.5 (80.4%)
11	NOWAKOWSKA Małgorzata	397		K-18	2	00:02:35	00:25:03	00:52:08.30	00:54:44.15	+00:10:16 (19.7%)	5:12	11.5 (80.4%)
12	KOWALSKA Magdalena	366		K-18	3	00:02:44	00:26:31	00:53:23.80	00:56:08.10	+00:11:32 (21.6%)	5:20	11.2 (78.3%)
13	BORKOWSKA-KOWALCZYK Daria	309	WOMENS FIGHT CLUB KOSZALIN	K-30	6	00:02:43	00:26:06	00:54:29.55	00:57:13.05	+00:12:37 (23.2%)	5:27	11 (76.9%)
14	SOBIERAJ Magdalena	427	K. B. SPRINT ŚWIDWIN	K-30	7	00:02:46	00:26:53	00:54:32.35	00:57:18.40	+00:12:40 (23.2%)	5:27	11 (76.9%)
15	PIĘTKO Joanna	403		K-40	3	00:02:31	00:26:14	00:54:36.10	00:57:07.65	+00:12:44 (23.3%)	5:27	11 (76.9%)
16	CZEPIEL Iwona	316	KORZYBSKIE REKINY	K-30	8	00:02:33	00:27:11	00:55:12.65	00:57:46.05	+00:13:20 (24.2%)	5:31	10.9 (76.2%)
17	FOSZCZ-REDA Monika	511		K-18	4	00:02:33	00:26:55	00:55:36.30	00:58:09.90	+00:13:44 (24.7%)	5:33	10.8 (75.5%)
18	GRAJ Joanna	336		K-18	5	00:02:47	00:27:07	00:55:40.85	00:58:28.75	+00:13:49 (24.8%)	5:34	10.8 (75.5%)
19	CHODOR Izabela	487		K-30	9	00:02:37	00:27:05	00:55:49.45	00:58:26.85	+00:13:57 (25.0%)	5:34	10.7 (74.8%)
20	MACIOSZEK Agnieszka	383		K-40	4	00:02:33	00:26:21	00:56:00.95	00:58:33.95	+00:14:09 (25.3%)	5:36	10.7 (74.8%)
21	UZNAŃSKA Agata	446		K-50	3	00:02:35	00:27:20	00:56:01.50	00:58:36.75	+00:14:09 (25.3%)	5:36	10.7 (74.8%)
22	WIEDUWILT Anke	480	SV TURBINE NEUBRANDENBURG	K-50	4	00:02:37	00:27:46	00:56:14.10	00:58:51.35	+00:14:22 (25.6%)	5:37	10.7 (74.8%)
23	KLING Beata	356		K-40	5	00:02:36	00:27:42	00:57:00.95	00:59:37.85	+00:15:09 (26.6%)	5:42	10.5 (73.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
24	KLING Aleksandra	355		K-18	6	00:02:36	00:27:42	00:57:01.00	00:59:37.55	+00:15:09 (26.6%)	5:42	10.5 (73.4%)
25	RADECKA Katarzyna	412		K-30	10	00:02:41	00:28:15	00:57:30.85	01:00:12.60	+00:15:39 (27.2%)	5:45	10.4 (72.7%)
26	KACAŁA Olga	347		K-30	11	00:02:44	00:27:39	00:58:21.25	01:01:05.95	+00:16:29 (28.3%)	5:50	10.3 (72.0%)
27	RETERSKA Beata	415		K-40	6	00:02:47	00:27:42	00:58:51.25	01:01:39.15	+00:16:59 (28.9%)	5:53	10.2 (71.3%)
28	PACAN Mirosława	401	ŚWIAT PŁYTEK U KRYSPIŃ	K-18	7	00:02:41	00:29:18	00:59:12.95	01:01:54.40	+00:17:21 (29.3%)	5:55	10.1 (70.6%)
29	NEUBAUER Adrianna	396		K-30	12	00:02:48	00:28:36	00:59:32.95	01:02:21.35	+00:17:41 (29.7%)	5:57	10.1 (70.6%)
30	WEGNER Aneta	451		K-30	13	00:02:45	00:27:23	00:59:34.50	01:02:19.65	+00:17:42 (29.7%)	5:57	10.1 (70.6%)
31	KOBUS Emilia	358		K-30	14	00:02:43	00:28:36	00:59:43.40	01:02:26.50	+00:17:51 (29.9%)	5:58	10 (69.9%)
32	KOŁODZIEJCZYK Danuta	359		K-50	5	00:02:36	00:27:07	01:00:04.75	01:02:41.60	+00:18:12 (30.3%)	6:00	10 (69.9%)
33	PSTRĄGOWSKA Marlena	411		K-30	15	00:02:40	00:28:08	01:00:07.70	01:02:48.20	+00:18:15 (30.4%)	6:00	10 (69.9%)
34	POLAK Monika	408		K-40	7	00:02:39	00:29:11	01:00:42.80	01:03:21.85	+00:18:51 (31.0%)	6:04	9.9 (69.2%)
35	PIÓRO Ewa	405	COLBERG TEAM	K-40	8	00:02:43	00:27:40	01:00:48.25	01:03:31.35	+00:18:56 (31.2%)	6:04	9.9 (69.2%)
36	HRANKOWSKA Monika	486		K-18	8	00:02:36	00:27:58	01:00:53.40	01:03:29.45	+00:19:01 (31.2%)	6:05	9.9 (69.2%)
37	POLAŃSKA Katarzyna	409	DZIKI KOSZALIN	K-30	16	00:02:44	00:28:51	01:01:01.05	01:03:45.05	+00:19:09 (31.4%)	6:06	9.8 (68.5%)
38	STEC Edyta	432	BABECZKI.PL	K-30	17	00:02:34	00:29:23	01:01:07.35	01:03:41.75	+00:19:15 (31.5%)	6:06	9.8 (68.5%)
39	MOŻEJKO Anna	393	BABECZKI.PL	K-30	18	00:02:34	00:29:23	01:01:07.65	01:03:42.00	+00:19:15 (31.5%)	6:06	9.8 (68.5%)
40	JANKIEWICZ Helena	341	MTS HAMER	K-30	19	00:02:33	00:30:12	01:01:21.40	01:03:54.95	+00:19:29 (31.8%)	6:08	9.8 (68.5%)
41	BORSUK Dorota	310		K-40	9	00:02:37	00:29:31	01:03:03.35	01:05:40.60	+00:21:11 (33.6%)	6:18	9.5 (66.4%)
42	KURCZYK Elżbieta	376		K-40	10	00:02:33	00:31:26	01:03:51.25	01:06:24.95	+00:21:59 (34.4%)	6:23	9.4 (65.7%)
43	MAŁGORZATA Michalczyk	387	WOJOWNICY WÓDY	K-18	9	00:02:40	00:30:36	01:03:59.00	01:06:39.75	+00:22:07 (34.6%)	6:23	9.4 (65.7%)
44	WŁAŚNIAK Jowita	458	DZIKI KOSZALIN	K-30	20	00:02:42	00:31:22	01:05:08.00	01:07:50.95	+00:23:16 (35.7%)	6:30	9.2 (64.3%)
45	DYMECKA Joanna	410	PARKRUN SZCZECINEK	K-30	21	00:02:39	00:31:25	01:06:07.65	01:08:47.50	+00:24:15 (36.7%)	6:36	9.1 (63.6%)
46	KRAWCZUK-KIEŁB Anna	372	ŻYJ Z ENERGIA	K-40	11	00:02:41	00:30:51	01:06:09.20	01:08:51.15	+00:24:17 (36.7%)	6:37	9.1 (63.6%)
47	GÓRNA Anna	333	FORMA ROSNOWO	K-30	22	00:02:41	00:31:59	01:06:32.55	01:09:13.60	+00:24:40 (37.1%)	6:39	9 (62.9%)
48	SZAFIROWICZ-CHOJNACKA Paulina	436		K-30	23	00:02:47	00:31:30	01:07:05.15	01:09:52.75	+00:25:13 (37.6%)	6:42	8.9 (62.2%)
49	DĄBROWSKA Katarzyna	318	TKKF KOSZALIN	K-18	10	00:02:40	00:31:50	01:08:23.75	01:11:03.90	+00:26:31 (38.8%)	6:50	8.8 (61.5%)
50	KOZŁOWIECKA Małgorzata	368		K-50	6	00:02:39	00:32:34	01:08:39.05	01:11:18.05	+00:26:47 (39.0%)	6:51	8.7 (60.8%)
51	FELKOWSKA Karolina	326	KOSZALIN	K-30	24	00:02:45	00:32:36	01:09:05.80	01:11:50.95	+00:27:14 (39.4%)	6:54	8.7 (60.8%)
52	PLATA Kasia	406		K-40	12	00:02:45	00:32:36	01:09:05.90	01:11:51.75	+00:27:14 (39.4%)	6:54	8.7 (60.8%)
53	LESIAK Anna	379		K-18	11	00:02:33	00:30:58	01:09:06.55	01:11:40.45	+00:27:14 (39.4%)	6:54	8.7 (60.8%)
54	PEŁKA Iwona	402		K-40	13	00:02:39	00:34:44	01:09:20.10	01:11:59.10	+00:27:28 (39.6%)	6:56	8.7 (60.8%)
55	STASZYŃSKA Marianna	429	BTC'ORZEŁ' BIAŁOGARD	K-60	1	00:02:38	00:34:02	01:09:43.70	01:12:22.45	+00:27:51 (40.0%)	6:58	8.6 (60.1%)
56	MALĄG-BAIK Anna	385		K-18	12	00:02:46	00:32:44	01:10:22.85	01:13:08.90	+00:28:31 (40.5%)	7:02	8.5 (59.4%)
57	JUSZCZYK Agnieszka	346		K-30	25	00:02:46	00:33:26	01:11:33.80	01:14:20.05	+00:29:42 (41.5%)	7:09	8.4 (58.7%)

Znaleziono 57 wynik(ów)