

# XIV RYPIŃSKI BIEG PO ZDROWIE – DOLINĄ RYPIENICY

B4SPORT

**Organizator:** Miejski Ośrodek Sportu i Rekreacji w Rypinie, Urząd  
Miasta Rypin  
**Data:** 2019-08-31  
**Miejsce:** Rypin  
**Dystans:** 10 km

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: M-1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>KLAYBOR Dawid</b>	<b>172</b>	GKS FABIANKI	M-1	1	<b>00:33:12.85</b>	<b>00:33:13.70</b>		3:19	18.1 (100%)
2	<b>SZPECIŃSKI Przemek</b>	<b>129</b>	RYMAŃ	M-1	2	<b>00:36:09.65</b>	<b>00:36:10.70</b>	+00:02:57 (8.2%)	3:36	16.6 (91.7%)
3	<b>CHOJNICKI Damian</b>	<b>170</b>	GKS FABIANKI	M-1	3	<b>00:38:22.40</b>	<b>00:38:23.45</b>	+00:05:09 (13.4%)	3:50	15.6 (86.2%)
4	<b>TREPKOWSKI Mateusz</b>	<b>182</b>	BORN TO RUN	M-1	4	<b>00:38:32.25</b>	<b>00:38:33.45</b>	+00:05:19 (13.8%)	3:51	15.6 (86.2%)
5	<b>TUCZYŃSKI Sylwester Leon</b>	<b>138</b>	BYDGOSKIE OKONIE	M-1	5	<b>00:39:43.65</b>	<b>00:39:45.55</b>	+00:06:31 (16.4%)	3:58	15.1 (83.4%)
6	<b>SZTOLCMAN Piotr</b>	<b>167</b>	GKS FABIANKI	M-1	6	<b>00:41:39.85</b>	<b>00:41:41.60</b>	+00:08:27 (20.3%)	4:10	14.4 (79.6%)
7	<b>ZADYLAK Jakub</b>	<b>152</b>		M-1	7	<b>00:42:29.45</b>	<b>00:42:33.50</b>	+00:09:19 (21.9%)	4:14	14.1 (77.9%)
8	<b>RUMIŃSKI Arkadiusz</b>	<b>207</b>		M-1	8	<b>00:42:54.10</b>	<b>00:42:56.35</b>	+00:09:42 (22.6%)	4:17	14 (77.3%)
9	<b>RONOWICZ Mateusz</b>	<b>106</b>		M-1	9	<b>00:43:45.30</b>	<b>00:43:48.25</b>	+00:10:34 (24.1%)	4:22	13.7 (75.7%)
10	<b>CZAJKOWSKI Jacek</b>	<b>201</b>		M-1	10	<b>00:44:16.90</b>	<b>00:44:19.80</b>	+00:11:06 (25.0%)	4:25	13.5 (74.6%)
11	<b>WSZOŁEK Krystian</b>	<b>151</b>		M-1	11	<b>00:44:44.75</b>	<b>00:44:51.55</b>	+00:11:37 (25.9%)	4:28	13.4 (74.0%)
12	<b>SKRZYŃIECKI Lukasz</b>	<b>186</b>	-	M-1	12	<b>00:47:05.65</b>	<b>00:47:20.40</b>	+00:14:06 (29.8%)	4:42	12.7 (70.2%)
13	<b>WIĘCZKOWSKI Paweł</b>	<b>143</b>		M-1	13	<b>00:47:36.35</b>	<b>00:47:42.10</b>	+00:14:28 (30.3%)	4:45	12.6 (69.6%)
14	<b>PAPROCKI Artut</b>	<b>215</b>	DYNAMO SIERPC	M-1	14	<b>00:48:46.40</b>	<b>00:48:54.25</b>	+00:15:40 (32.1%)	4:52	12.3 (68.0%)
15	<b>SEKULSKI Kamil</b>	<b>213</b>	DYNAMO	M-1	15	<b>00:48:50.45</b>	<b>00:48:58.20</b>	+00:15:44 (32.1%)	4:53	12.3 (68.0%)
16	<b>NADOLSKI Michał</b>	<b>212</b>		M-1	16	<b>00:49:53.00</b>	<b>00:50:05.95</b>	+00:16:52 (33.7%)	4:59	12 (66.3%)
17	<b>KELER Krzysztof</b>	<b>49</b>	BBL INOWROCŁAW	M-1	17	<b>00:50:11.20</b>	<b>00:50:20.25</b>	+00:17:06 (34.0%)	5:01	12 (66.3%)
18	<b>SZAWŁOWSKI Radosław</b>	<b>128</b>		M-1	18	<b>00:50:40.70</b>	<b>00:50:48.00</b>	+00:17:34 (34.6%)	5:04	11.8 (65.2%)
19	<b>BORKOWSKI Mateusz</b>	<b>187</b>	SPAMERZY SPORTOWI	M-1	19	<b>00:51:35.70</b>	<b>00:51:41.10</b>	+00:18:27 (35.7%)	5:09	11.6 (64.1%)
20	<b>SZAŁKOWSKI Tomasz</b>	<b>216</b>		M-1	20	<b>00:51:43.05</b>	<b>00:51:43.05</b>	+00:18:29 (35.8%)	5:10	11.6 (64.1%)
21	<b>SAJNÓG Piotr</b>	<b>211</b>		M-1	21	<b>00:53:03.00</b>	<b>00:53:16.55</b>	+00:20:02 (37.6%)	5:18	11.3 (62.4%)
22	<b>URBAŃSKI Krzysztof</b>	<b>139</b>	ZŁOTE NOGI SIERPC	M-1	22	<b>00:54:41.10</b>	<b>00:54:49.45</b>	+00:21:35 (39.4%)	5:28	11 (60.8%)
23	<b>BOROWSKI Kamil</b>	<b>163</b>		M-1	23	<b>01:03:15.05</b>	<b>01:03:26.75</b>	+00:30:13 (47.6%)	6:19	9.5 (52.5%)
24	<b>JANKOWSKI Adrian</b>	<b>39</b>		M-1	24	<b>01:06:41.70</b>	<b>01:06:46.70</b>	+00:33:33 (50.2%)	6:40	9 (49.7%)

Znaleziono 24 wynik(ów)