

# XIV RYPIŃSKI BIEG PO ZDROWIE – DOLINĄ RYPIENICY

B4SPORT

**Organizator:** Miejski Ośrodek Sportu i Rekreacji w Rypinie, Urząd  
Miasta Rypin  
**Data:** 2019-08-31  
**Miejsce:** Rypin  
**Dystans:** 10 km

**B4SPORT**  
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>TOMASZEWSKI Maciej Emanuel</b>	<b>185</b>		M-2	1	<b>00:35:36.80</b>	<b>00:35:38.00</b>		3:33	16.8 (100%)
2	<b>ŚWIDEREK Wojciech</b>	<b>174</b>	T.S. OPATRUNKI TORUŃ	M-2	2	<b>00:35:56.85</b>	<b>00:35:57.85</b>	+00:00:19 (0.9%)	3:35	16.7 (99.4%)
3	<b>MAĆKOWSKI Maciej</b>	<b>78</b>	PAŁUKI RUNNING TEAM	M-2	3	<b>00:38:43.55</b>	<b>00:38:45.50</b>	+00:03:07 (8.1%)	3:52	15.5 (92.3%)
4	<b>GAPIŃSKI Łukasz</b>	<b>27</b>	BORN RUNNERS - CHOJNICKI TEAM	M-2	4	<b>00:39:02.90</b>	<b>00:39:05.20</b>	+00:03:27 (8.8%)	3:54	15.4 (91.7%)
5	<b>RUCIŃSKI Cezary</b>	<b>203</b>	KB LECH RYPIN	M-2	5	<b>00:40:18.30</b>	<b>00:40:20.80</b>	+00:04:42 (11.7%)	4:01	14.9 (88.7%)
6	<b>KUŁAKOWSKI Krzysztof</b>	<b>61</b>	RUN PASJA	M-2	6	<b>00:41:02.50</b>	<b>00:41:05.35</b>	+00:05:27 (13.3%)	4:06	14.6 (86.9%)
7	<b>HOŁTYN Patryk</b>	<b>34</b>	TKKF KOLEJARZ BYDGOSZCZ	M-2	7	<b>00:41:11.70</b>	<b>00:41:15.45</b>	+00:05:37 (13.6%)	4:07	14.6 (86.9%)
8	<b>MALINOWSKI Paweł</b>	<b>82</b>		M-2	8	<b>00:41:23.00</b>	<b>00:41:24.60</b>	+00:05:46 (13.9%)	4:08	14.5 (86.3%)
9	<b>ŁAZ Kamil</b>	<b>74</b>	BYDGOSKIE OKONIE	M-2	9	<b>00:41:51.00</b>	<b>00:41:53.35</b>	+00:06:15 (14.9%)	4:11	14.3 (85.1%)
10	<b>KOZŁOWSKI Zbigniew</b>	<b>53</b>	BIEGOHOLICY / MARMEL TORUŃ	M-2	10	<b>00:42:04.10</b>	<b>00:42:08.95</b>	+00:06:30 (15.5%)	4:12	14.3 (85.1%)
11	<b>DRAPIEWSKI Mirosław</b>	<b>16</b>	BIEGOHOLICY / MARMEL TORUŃ	M-2	11	<b>00:42:06.50</b>	<b>00:42:11.35</b>	+00:06:33 (15.5%)	4:12	14.2 (84.5%)
12	<b>CHMIELEWSKI Bartosz</b>	<b>10</b>		M-2	12	<b>00:42:28.40</b>	<b>00:42:31.35</b>	+00:06:53 (16.2%)	4:14	14.1 (83.9%)
13	<b>PILARSKI Krzysztof</b>	<b>189</b>	KUJAWSKO-POMORSKIE	M-2	13	<b>00:42:45.70</b>	<b>00:42:50.20</b>	+00:07:12 (16.8%)	4:16	14 (83.3%)
14	<b>SENGER Michał</b>	<b>114</b>	PAŁUKI RUNNING TEAM	M-2	14	<b>00:42:54.90</b>	<b>00:42:58.80</b>	+00:07:20 (17.1%)	4:17	14 (83.3%)
15	<b>HEJZA Piotr</b>	<b>33</b>	KB LECH RYPIN	M-2	15	<b>00:43:35.60</b>	<b>00:43:37.85</b>	+00:07:59 (18.3%)	4:21	13.8 (82.1%)
16	<b>NOWAK Grzegorz</b>	<b>205</b>		M-2	16	<b>00:44:07.80</b>	<b>00:44:14.35</b>	+00:08:36 (19.5%)	4:24	13.6 (81.0%)
17	<b>NOWICKI Jarosław</b>	<b>171</b>	GKS FABIANKI	M-2	17	<b>00:44:49.00</b>	<b>00:44:51.85</b>	+00:09:13 (20.6%)	4:28	13.4 (79.8%)
18	<b>OSIŃSKI Michał</b>	<b>94</b>	PARKRUN TORUŃ	M-2	18	<b>00:45:00.10</b>	<b>00:45:05.75</b>	+00:09:27 (21.0%)	4:30	13.3 (79.2%)
19	<b>ŻYTOWIECKI Dawid</b>	<b>159</b>	KB LECH RYPIN	M-2	19	<b>00:45:13.45</b>	<b>00:45:16.65</b>	+00:09:38 (21.3%)	4:31	13.3 (79.2%)
20	<b>BARTOSZYŃSKI Dominik</b>	<b>3</b>	BASKET RYPIN	M-2	20	<b>00:45:20.55</b>	<b>00:45:23.05</b>	+00:09:45 (21.5%)	4:32	13.2 (78.6%)
21	<b>KMIECIAK Robert</b>	<b>176</b>	T.S.OPATRUNKI TORUŃ	M-2	21	<b>00:45:27.45</b>	<b>00:45:29.10</b>	+00:09:51 (21.7%)	4:32	13.2 (78.6%)
22	<b>TACZYŃSKI Marek</b>	<b>132</b>		M-2	22	<b>00:45:45.40</b>	<b>00:45:51.45</b>	+00:10:13 (22.3%)	4:34	13.1 (78.0%)
23	<b>TOMASIK Piotr</b>	<b>133</b>	TG. SOKÓŁ GNIEWKOWO	M-2	23	<b>00:45:37.60</b>	<b>00:45:55.75</b>	+00:10:17 (22.4%)	4:33	13.2 (78.6%)
24	<b>MARCHEL Tomasz</b>	<b>83</b>		M-2	24	<b>00:45:56.25</b>	<b>00:45:59.85</b>	+00:10:21 (22.5%)	4:35	13.1 (78.0%)
25	<b>BUTOWSKI Krzysztof</b>	<b>194</b>	STUDIO NIERUCHOMOŚCI TORUŃ	M-2	25	<b>00:46:04.70</b>	<b>00:46:08.75</b>	+00:10:30 (22.8%)	4:36	13 (77.4%)
26	<b>WIŚNIEWSKI Damian</b>	<b>192</b>	KUJAWSKO-POMORSKIE	M-2	26	<b>00:46:58.10</b>	<b>00:47:12.75</b>	+00:11:34 (24.5%)	4:41	12.8 (76.2%)
27	<b>MOTOFA Marcin</b>	<b>88</b>		M-2	27	<b>00:47:06.00</b>	<b>00:47:15.95</b>	+00:11:37 (24.6%)	4:42	12.7 (75.6%)
28	<b>ROSZAK Zbigniew</b>	<b>107</b>	BIEGAM DLA ZDROWIA	M-2	28	<b>00:47:26.25</b>	<b>00:47:36.45</b>	+00:11:58 (25.2%)	4:44	12.6 (75.0%)
29	<b>GABRYELSKI Marcin</b>	<b>199</b>	WKB MARATOŃCZYK	M-2	29	<b>00:48:12.05</b>	<b>00:48:14.25</b>	+00:12:36 (26.1%)	4:49	12.4 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
30	<b>OLSZEWSKI Paweł</b>	<b>92</b>		M-2	30	<b>00:48:34.90</b>	<b>00:48:41.10</b>	+00:13:03 (26.8%)	4:51	12.3 (73.2%)
31	<b>JONATOWSKI Grzegorz</b>	<b>46</b>	GREGORTECH	M-2	31	<b>00:49:21.60</b>	<b>00:49:26.60</b>	+00:13:48 (27.9%)	4:56	12.2 (72.6%)
32	<b>DWORECKI Rafał</b>	<b>19</b>	KS FUTGOL	M-2	32	<b>00:49:30.00</b>	<b>00:49:39.15</b>	+00:14:01 (28.2%)	4:57	12.1 (72.0%)
33	<b>KUBERSKI Krzysztof</b>	<b>57</b>	BIEGAM BO LUBIĘ	M-2	33	<b>00:50:34.75</b>	<b>00:50:37.90</b>	+00:14:59 (29.6%)	5:03	11.9 (70.8%)
34	<b>LADA Przemysław</b>	<b>64</b>	STALE BIEGAM NOVA TRADING	M-2	34	<b>00:51:44.10</b>	<b>00:51:56.40</b>	+00:16:18 (31.4%)	5:10	11.6 (69.0%)
35	<b>OLSZEWSKI Rafał</b>	<b>162</b>	T. G. SOKÓŁ GNIEWKOWO	M-2	35	<b>00:51:52.75</b>	<b>00:51:59.90</b>	+00:16:21 (31.5%)	5:11	11.6 (69.0%)
36	<b>BUKOWSKI Paweł</b>	<b>9</b>		M-2	36	<b>00:52:07.60</b>	<b>00:52:21.75</b>	+00:16:43 (31.9%)	5:12	11.5 (68.5%)
37	<b>MACIASZEK Krzysztof</b>	<b>190</b>	KUJAWSKO-POMORSKIE	M-2	37	<b>00:52:41.00</b>	<b>00:52:52.40</b>	+00:17:14 (32.6%)	5:16	11.4 (67.9%)
38	<b>DERĘGOWSKI Szymon</b>	<b>14</b>	PAN	M-2	38	<b>00:53:17.70</b>	<b>00:53:24.80</b>	+00:17:46 (33.3%)	5:19	11.3 (67.3%)
39	<b>MAZERSKI Jarosław</b>	<b>84</b>		M-2	39	<b>00:54:17.25</b>	<b>00:54:21.60</b>	+00:18:43 (34.4%)	5:25	11.1 (66.1%)
40	<b>MAJER Janusz</b>	<b>79</b>		M-2	40	<b>00:54:26.25</b>	<b>00:54:30.45</b>	+00:18:52 (34.6%)	5:26	11 (65.5%)
41	<b>NIEDBALSKI Maciej</b>	<b>196</b>		M-2	41	<b>00:54:44.00</b>	<b>00:54:54.30</b>	+00:19:16 (35.1%)	5:28	11 (65.5%)
42	<b>ŻABIŃSKI Radosław</b>	<b>156</b>	WKB MARATOŃCZYK	M-2	42	<b>00:55:38.60</b>	<b>00:55:47.35</b>	+00:20:09 (36.1%)	5:33	10.8 (64.3%)
43	<b>KOMOROWSKI Maciej</b>	<b>179</b>		M-2	43	<b>00:57:05.70</b>	<b>00:57:20.45</b>	+00:21:42 (37.9%)	5:42	10.5 (62.5%)
44	<b>TRZCIŃSKI Radosław</b>	<b>135</b>	TRAKTOR TEAM GMINA KWIDZYN	M-2	44	<b>00:57:41.85</b>	<b>00:57:52.10</b>	+00:22:14 (38.4%)	5:46	10.4 (61.9%)
45	<b>ALEKSANDROWICZ Marek</b>	<b>1</b>		M-2	45	<b>00:58:01.85</b>	<b>00:58:01.85</b>	+00:22:23 (38.6%)	5:48	10.3 (61.3%)
46	<b>KUNICKI Tomasz</b>	<b>62</b>	PARKRUN TORUŃ	M-2	46	<b>00:57:59.30</b>	<b>00:58:08.85</b>	+00:22:30 (38.7%)	5:47	10.3 (61.3%)
47	<b>OLBORSKI Jakub</b>	<b>209</b>		M-2	47	<b>00:58:21.50</b>	<b>00:58:26.85</b>	+00:22:48 (39.0%)	5:50	10.3 (61.3%)
48	<b>HACHAJ Dawid</b>	<b>32</b>	HACHAJ TEAM	M-2	48	<b>00:59:14.50</b>	<b>00:59:21.20</b>	+00:23:43 (40.0%)	5:55	10.1 (60.1%)
49	<b>SONTOWSKI Maciej</b>	<b>120</b>		M-2	49	<b>01:09:47.30</b>	<b>01:10:03.75</b>	+00:34:25 (49.1%)	6:58	8.6 (51.2%)

Znaleziono 49 wynik(ów)