

XIV RYPIŃSKI BIEG PO ZDROWIE – DOLINĄ RYPIENICY

B4SPORT

Organizator: Miejski Ośrodek Sportu i Rekreacji w Rypinie, Urząd
Miasta Rypin
Data: 2019-08-31
Miejsce: Rypin
Dystans: 10 km

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: M-3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	MOKRZYCKI Rafał	87	TG SOKÓŁ GNIEWKOWO	M-3	1	00:39:30.55	00:39:32.75		3:57	15.2 (100%)
2	JAGIEŁA Jarosław	36	TKKF KOLEJARZ BYDGOSZCZ	M-3	2	00:39:46.40	00:39:49.65	+00:00:16 (0.7%)	3:58	15.1 (99.3%)
3	KUBIAK Tomasz	58	TG SOKÓŁ GNIEWKOWO	M-3	3	00:43:30.90	00:43:34.55	+00:04:01 (9.2%)	4:21	13.8 (90.8%)
4	ŻUCHOWSKI Jozef	158		M-3	4	00:44:26.50	00:44:29.40	+00:04:56 (11.1%)	4:26	13.5 (88.8%)
5	LIPIŃSKI Krzysztof	72		M-3	5	00:44:34.90	00:44:42.05	+00:05:09 (11.5%)	4:27	13.5 (88.8%)
6	KUBIT Tadeusz	59		M-3	6	00:44:57.55	00:45:00.40	+00:05:27 (12.1%)	4:29	13.3 (87.5%)
7	NOWAKOWSKI Jerzy	91	ANIRO RUN TEAM	M-3	7	00:44:55.30	00:45:03.65	+00:05:30 (12.2%)	4:29	13.4 (88.2%)
8	KUBARSKI Julian	56		M-3	8	00:45:21.50	00:45:24.85	+00:05:52 (12.9%)	4:32	13.2 (86.8%)
9	STECKIEWICZ Edmund	123	KB LECH RYPIN	M-3	9	00:45:47.85	00:45:49.35	+00:06:16 (13.7%)	4:34	13.1 (86.2%)
10	SADOWSKI Jarosław	173	T.S. OPATRUNKI TORUŃ	M-3	10	00:45:45.45	00:45:49.80	+00:06:17 (13.7%)	4:34	13.1 (86.2%)
11	NADOLNY Piotr	188	KUJAWY POMORZE	M-3	11	00:46:13.55	00:46:21.10	+00:06:48 (14.7%)	4:37	13 (85.5%)
12	MICHALEWSKI Bartosz	85	LUCKY LUCK	M-3	12	00:46:25.05	00:46:31.60	+00:06:58 (15.0%)	4:38	12.9 (84.9%)
13	KOWALSKI Paweł	52		M-3	13	00:47:24.20	00:47:27.80	+00:07:55 (16.7%)	4:44	12.7 (83.6%)
14	CHORAŻAK Sławek	12		M-3	14	00:47:56.45	00:48:01.25	+00:08:28 (17.6%)	4:47	12.5 (82.2%)
15	WIŚNIEWSKI Krzysztof	147		M-3	15	00:48:36.90	00:48:42.50	+00:09:09 (18.8%)	4:51	12.3 (80.9%)
16	TRYCZAK Andrzej	134		M-3	16	00:48:54.35	00:48:54.35	+00:09:21 (19.1%)	4:53	12.3 (80.9%)
17	KOŃPA Krzysztof	50	NIEZRZESZONY	M-3	17	00:49:41.50	00:49:45.35	+00:10:12 (20.5%)	4:58	12.1 (79.6%)
18	POPEK Maciej	103	WŁOCLAWEK TRIATHLON TEAM - ANETA TEAM	M-3	18	00:50:04.30	00:50:10.95	+00:10:38 (21.2%)	5:00	12 (78.9%)
19	PODLASZEWSKI Jacek	178	SPC	M-3	19	00:50:24.60	00:50:31.10	+00:10:58 (21.7%)	5:02	11.9 (78.3%)
20	SEKULSKI Paweł	214	DYNAMO	M-3	20	00:50:52.40	00:51:00.55	+00:11:27 (22.5%)	5:05	11.8 (77.6%)
21	JETTER Piotr	43	UKS 'CYPRIANKA'	M-3	21	00:51:45.15	00:51:50.75	+00:12:18 (23.7%)	5:10	11.6 (76.3%)
22	SAJEWSKI Łukasz	112		M-3	22	00:51:43.25	00:51:57.00	+00:12:24 (23.9%)	5:10	11.6 (76.3%)
23	GRZYBOWSKI Maciej	200	TEAM RYPIN	M-3	23	00:51:49.80	00:51:59.05	+00:12:26 (23.9%)	5:11	11.6 (76.3%)
24	SIMSON Ireneusz	115		M-3	24	00:52:09.75	00:52:20.75	+00:12:48 (24.5%)	5:12	11.5 (75.7%)
25	SŁUNIECKI Tomasz	118	PARKRUN TORUŃ	M-3	25	00:52:15.45	00:52:24.55	+00:12:51 (24.5%)	5:13	11.5 (75.7%)
26	RUTKOWSKI Robert	108	UNDERARTWĄBRZEŻNO	M-3	26	00:53:42.50	00:53:53.80	+00:14:21 (26.6%)	5:22	11.2 (73.7%)
27	KRYSZTOFIAK Michał	54	ULUNG TEAM	M-3	27	00:54:03.80	00:54:15.90	+00:14:43 (27.1%)	5:24	11.1 (73.0%)
28	PIWOŃSKI Robert	101	PARAFIALNY KLUB BIEGACZA TORUŃ - KASZCZOREK	M-3	28	00:54:15.95	00:54:23.75	+00:14:51 (27.3%)	5:25	11.1 (73.0%)
29	GAPINSKI Krzysztof	26		M-3	29	00:55:02.45	00:55:13.00	+00:15:40 (28.4%)	5:30	10.9 (71.7%)

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30	WILCZEWSKI Robert	144	1.WSZP	M-3	30	00:55:14.80	00:55:22.20	+00:15:49 (28.6%)	5:31	10.9 (71.7%)
31	LEMPARTY Paweł	66		M-3	31	00:55:38.70	00:55:52.45	+00:16:19 (29.2%)	5:33	10.8 (71.1%)
32	SUDZIŃSKI Marcin	126		M-3	32	00:57:20.55	00:57:30.00	+00:17:57 (31.2%)	5:44	10.5 (69.1%)
33	WIERSKI Jarosław	191	KUJAWSKO-POMORSKIE	M-3	33	01:00:38.25	01:00:52.10	+00:21:19 (35.0%)	6:03	9.9 (65.1%)
34	KASZUBSKI Marcin	195	KLUB BIEGACZA RYPIN	M-3	34	01:01:05.95	01:01:21.65	+00:21:48 (35.6%)	6:06	9.8 (64.5%)
35	SKORUPKA Radek	117	ULUNG TEAM	M-3	35	01:02:45.10	01:02:57.85	+00:23:25 (37.2%)	6:16	9.6 (63.2%)
36	GOLA Grzegorz	29	TG SOKÓŁ GNIEWKOWO	M-3	36	01:19:07.10	01:19:24.60	+00:39:51 (50.2%)	7:54	7.6 (50.0%)

Znaleziono 36 wynik(ów)