

XIV RYPIŃSKI BIEG PO ZDROWIE – DOLINĄ RYPIENICY

B4SPORT

Organizator: Miejski Ośrodek Sportu i Rekreacji w Rypinie, Urząd
Miasta Rypin
Data: 2019-08-31
Miejsce: Rypin
Dystans: 10 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: M-4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	DUDEK Mariusz	18		M-4	1	00:39:56.50	00:39:58.70		3:59	15 (100%)
2	KASPRZY Piotr	208	ANIRO RUN TEAM	M-4	2	00:42:02.00	00:42:06.05	+00:02:07 (5.0%)	4:12	14.3 (95.3%)
3	PIERZCHAŁA Sławomir	100		M-4	3	00:43:52.10	00:43:53.75	+00:03:55 (8.9%)	4:23	13.7 (91.3%)
4	GÓRALSKI Krzysztof	166	T.S. OPATRUNKI TORUŃ	M-4	4	00:44:14.70	00:44:17.90	+00:04:19 (9.8%)	4:25	13.6 (90.7%)
5	OLSZEWSKI Adam	93	KB LECH RYPIN	M-4	5	00:47:31.05	00:47:33.65	+00:07:34 (15.9%)	4:45	12.6 (84.0%)
6	JANOWSKI Adam	184	TKKF CHEŁMNO	M-4	6	00:47:56.95	00:48:06.85	+00:08:08 (16.9%)	4:47	12.5 (83.3%)
7	MILEWSKI Benedykt	86	SAMINDRUK BRODNICA	M-4	7	00:48:40.80	00:48:50.15	+00:08:51 (18.1%)	4:52	12.3 (82.0%)
8	NOWAK Jarosław	90	SPC	M-4	8	00:49:40.10	00:49:46.80	+00:09:48 (19.7%)	4:58	12.1 (80.7%)
9	JANOWSKI Piotr	40	TKKF CHEŁMNO	M-4	9	00:49:47.00	00:49:58.45	+00:09:59 (20.0%)	4:58	12.1 (80.7%)
10	ANZEL Jerzy	2	BRODNICA BIEGA	M-4	10	00:51:14.35	00:51:23.20	+00:11:24 (22.2%)	5:07	11.7 (78.0%)
11	TOMASZEWSKI Wojciech	180		M-4	11	00:52:02.80	00:52:08.10	+00:12:09 (23.3%)	5:12	11.5 (76.7%)
12	ŁUKIEWSKI Dariusz	75		M-4	12	00:52:29.45	00:52:34.75	+00:12:36 (24.0%)	5:14	11.4 (76.0%)
13	DYCZKO Adam	20		M-4	13	00:54:14.45	00:54:26.65	+00:14:27 (26.6%)	5:25	11.1 (74.0%)
14	WIŚNIEWSKI Dariusz	148		M-4	14	00:55:27.75	00:55:27.75	+00:15:29 (27.9%)	5:32	10.8 (72.0%)
15	DZIEŁAK Andrzej	22	PARKRUN TORUŃ	M-4	15	00:55:51.50	00:56:07.25	+00:16:08 (28.8%)	5:35	10.7 (71.3%)
16	TRZCIŃSKI Grzegorz	136		M-4	16	00:58:29.10	00:58:39.40	+00:18:40 (31.8%)	5:50	10.3 (68.7%)
17	BIAŁOBLOCKI Jacek	6	KB LECH RYPIN	M-4	17	01:11:35.40	01:11:51.45	+00:31:52 (44.4%)	7:09	8.4 (56.0%)
18	PAWLICKI Piotr	98		M-4	18	01:11:44.15	01:11:58.90	+00:32:00 (44.5%)	7:10	8.4 (56.0%)
19	ZIÓŁKOWSKI Mieczysław	155	DECATHLON TEAM INOWROCŁAW	M-4	19	01:19:04.30	01:19:24.10	+00:39:25 (49.7%)	7:54	7.6 (50.7%)

Znaleziono 19 wynik(ów)