

XIX BIEG O UŚMIECH DZIECKA

B4SPORT

Organiser: Urząd Gminy i Miasta w Jastrowiu
Date: 2015-04-25
Place: Jastrowie
Distance: 10 km



Classification: All

Place	Participant	Number	Club	Category	MCat	3.333km	6.666km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	NAGIRNJAK Viktor	40	AHILLES LESZNO	M20-29	1	00:11:04	00:22:18	00:33:48.50	00:33:49.70		3:22	17.8 (100%)
2	TARAS Daniel	34	ACTIVE MALBORK 22. BLT MALBORK	M20-29	2	00:11:25	00:23:35	00:35:55.30	00:35:56.45	+00:02:06 (5.9%)	3:35	16.7 (93.8%)
3	GUZOWSKI Dariusz	49	ULKS TALEX BORYSŁAW BORZYTUCHOM	M40-49	1	00:11:59	00:24:26	00:36:35.90	00:36:37.05	+00:02:47 (7.6%)	3:39	16.4 (92.1%)
4	HOFFMAN Aleksander	6	PRECON POLSKA-JASTROWIE	M40-49	2	00:11:59	00:24:26	00:36:51.85	00:36:53.40	+00:03:03 (8.3%)	3:41	16.3 (91.6%)
5	TEUSZ Bartek	62		M20-29	3	00:12:02	00:24:47	00:37:39.10	00:37:40.90	+00:03:51 (10.2%)	3:45	15.9 (89.3%)
6	RADTKA Tomasz	25	LZS JEDNOŚĆ ŁOBŻENICA	M40-49	3	00:12:22	00:24:57	00:37:40.40	00:37:42.20	+00:03:52 (10.3%)	3:46	15.9 (89.3%)
7	KOSECKI Jarosław	22		M40-49	4	00:13:01	00:26:12	00:39:09.65	00:39:11.60	+00:05:21 (13.7%)	3:55	15.3 (86.0%)
8	RADTKA Artur	26	LZS JEDNOŚĆ ŁOBŻENICA	M30-39	1	00:12:39	00:25:51	00:39:17.60	00:39:19.55	+00:05:29 (14.0%)	3:55	15.3 (86.0%)
9	KOWALCZUK Grzegorz	14	ZESPÓŁ SZKÓŁ W TUCZNIE	M40-49	5	00:13:12	00:26:48	00:40:27.85	00:40:29.30	+00:06:39 (16.4%)	4:02	14.8 (83.1%)
10	SZYMAJDA Grzegorz	54	4 RUN TKKF KOSZALIN	M30-39	2	00:12:53	00:27:00	00:41:01.85	00:41:03.75	+00:07:14 (17.6%)	4:06	14.6 (82.0%)
11	GAŁAN Leszek	42		M50-59	1	00:13:38	00:27:23	00:41:08.55	00:41:11.50	+00:07:21 (17.9%)	4:06	14.6 (82.0%)
12	PIKULIK Jarosław	28	LZS JEDNOŚĆ ŁOBŻENICA	M20-29	4	00:13:45	00:28:08	00:42:22.75	00:42:25.40	+00:08:35 (20.3%)	4:14	14.2 (79.8%)
13	MATUSIK Janusz	16	JANUSZ MATUSIK	M60+	1	00:13:38	00:27:44	00:42:23.30	00:42:25.70	+00:08:36 (20.3%)	4:14	14.2 (79.8%)
14	SAKOWICZ Kajetan	67		M30-39	3	00:13:40	00:28:02	00:42:27.30	00:42:29.80	+00:08:40 (20.4%)	4:14	14.1 (79.2%)
15	SARNOWSKI Janusz	55		M40-49	6	00:13:39	00:28:13	00:43:00.05	00:43:02.40	+00:09:12 (21.4%)	4:18	14 (78.7%)
16	HRABECKI Krzysztof	36		M40-49	7	00:13:43	00:28:27	00:43:26.25	00:43:28.95	+00:09:39 (22.2%)	4:20	13.8 (77.5%)
17	JAROSZ Jakub	44	4 RUN TKKF KOSZALIN	M19	1	00:13:44	00:28:49	00:43:38.70	00:43:41.35	+00:09:51 (22.6%)	4:21	13.7 (77.0%)
18	KUBIAK Piotr	5	PRECON POLSKA-JASTROWIE	M30-39	4	00:13:58	00:28:57	00:43:40.80	00:43:42.75	+00:09:53 (22.6%)	4:22	13.7 (77.0%)
19	SZYDŁOWSKI Łukasz	17	ZESPÓŁ SZKÓŁ W TUCZNIE	M19	2	00:14:57	00:29:41	00:43:45.90	00:43:51.60	+00:10:01 (22.9%)	4:22	13.7 (77.0%)
20	OCHNIO Ryszard	8	POLONIA JASTROWIE	M40-49	8	00:15:04	00:30:30	00:43:53.60	00:43:55.55	+00:10:05 (23.0%)	4:23	13.7 (77.0%)
21	DOPYTAŁA Jarosław	50		M40-49	9	00:14:36	00:29:12	00:43:57.45	00:44:00.85	+00:10:11 (23.1%)	4:23	13.7 (77.0%)
22	RUDNIK Jerzy	19	FLORIAN CHOJNICE	M60+	2	00:14:08	00:29:09	00:44:34.30	00:44:36.40	+00:10:46 (24.2%)	4:27	13.5 (75.8%)
23	KOPER Adam	21	SBZZ	M30-39	5	00:14:02	00:29:12	00:44:40.05	00:44:42.55	+00:10:52 (24.3%)	4:28	13.4 (75.3%)
24	WALENDZIAK Ryszard	24	ACTIVE MALBORK 22. BLT MALBORK	M40-49	10	00:14:09	00:29:31	00:44:56.20	00:44:58.90	+00:11:09 (24.8%)	4:29	13.4 (75.3%)
25	KRAUSE Robert	4	PRECON POLSKA-JASTROWIE	M40-49	11	00:15:01	00:30:27	00:45:35.40	00:45:39.80	+00:11:50 (25.9%)	4:33	13.2 (74.2%)
26	SAWICKI Eligiusz	69		M50-59	2	00:14:35	00:30:06	00:45:49.20	00:45:52.80	+00:12:03 (26.3%)	4:34	13.1 (73.6%)
27	ZIÓŁKOWSKI Wojciech	38	KB GOCH BYTÓW	M30-39	6	00:14:43	00:30:14	00:45:55.05	00:45:58.30	+00:12:08 (26.4%)	4:35	13.1 (73.6%)

Place	Participant	Number	Club	Category	MCat	3.333km	6.666km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
28	NAGIRNJAK Natalia	41	AHILLES LESZNO	K20-29	1	00:14:48	00:30:29	00:45:57.25	00:45:58.55	+00:12:08 (26.4%)	4:35	13.1 (73.6%)
29	CHUDZIK Piotr	27	LZS JEDNOŚĆ ŁOBZENICA	M40-49	12	00:15:09	00:30:45	00:45:55.90	00:46:00.10	+00:12:10 (26.5%)	4:35	13.1 (73.6%)
30	POLLEY Adam	29	LZS JEDNOŚĆ ŁOBZENICA	M30-39	7	00:15:09	00:30:45	00:46:15.20	00:46:19.45	+00:12:29 (27.0%)	4:37	13 (73.0%)
31	WALENDZIAK Alicja	23	ACTIVE MALBORK	K30-39	1	00:15:22	00:30:46	00:46:16.30	00:46:19.60	+00:12:29 (27.0%)	4:37	13 (73.0%)
32	ROGALSKI Roberto	32	ZSW ZAWSZE SIĘGAJ WYŻEJ	M20-29	5	00:13:46	00:30:13	00:46:56.00	00:46:57.50	+00:13:07 (28.0%)	4:41	12.8 (71.9%)
33	ZIOMEK Joanna	52	4 RUN TKKF KOSZALIN	K40-49	1	00:15:13	00:31:02	00:47:11.55	00:47:16.55	+00:13:26 (28.4%)	4:43	12.7 (71.3%)
34	JAROSZ Dariusz	45	4 RUN TKKF KOSZALIN	M40-49	13	00:15:14	00:31:03	00:47:12.40	00:47:17.00	+00:13:27 (28.5%)	4:43	12.7 (71.3%)
35	SŁOTAŁA Dariusz	57	LEŚNY LUDEK	M50-59	3	00:15:13	00:31:12	00:47:31.05	00:47:34.80	+00:13:45 (28.9%)	4:45	12.6 (70.8%)
36	LINDA Jan	56	SBZZ ZŁOTÓW	M30-39	8	00:15:13	00:31:11	00:47:40.50	00:47:43.50	+00:13:53 (29.1%)	4:46	12.6 (70.8%)
37	MUZYKA Tomasz	15	GIMNAZJUM TUCZNO	M19	3	00:15:44	00:31:57	00:47:43.20	00:47:48.50	+00:13:58 (29.2%)	4:46	12.6 (70.8%)
38	SZMAGLIŃSKA Karolina	18	FLORIAN CHOJNICE	K20-29	2	00:14:50	00:30:58	00:47:54.35	00:47:55.85	+00:14:06 (29.4%)	4:47	12.5 (70.2%)
39	MAŃKOWSKI Dariusz	13	JASTROWIE	M40-49	14	00:15:16	00:31:28	00:48:15.50	00:48:18.45	+00:14:28 (30.0%)	4:49	12.4 (69.7%)
40	ŚNIATAŁA Maciej	35	POLONIA JASTROWIE	M19	4	00:14:57	00:32:01	00:49:16.70	00:49:18.45	+00:15:28 (31.4%)	4:55	12.2 (68.5%)
41	CHODOR Martyna	37	4 RUN TKKF KOSZALIN	K30-39	2	00:15:21	00:32:20	00:49:26.60	00:49:32.20	+00:15:42 (31.7%)	4:56	12.1 (68.0%)
42	CIOZDA Mariusz	66		M40-49	15	00:16:27	00:33:20	00:50:22.35	00:50:25.95	+00:16:36 (32.9%)	5:02	11.9 (66.9%)
43	PIECHOWSKA-CIOZDA Emilia	65		K30-39	3	00:16:27	00:33:20	00:50:22.45	00:50:26.00	+00:16:36 (32.9%)	5:02	11.9 (66.9%)
44	KRZEWIŃSKA Małgorzata	46	4 RUN TKKF KOSZALIN	K50+	1	00:16:27	00:33:45	00:51:10.20	00:51:15.00	+00:17:25 (34.0%)	5:07	11.7 (65.7%)
45	PYDYN Andrzej	59	SBZZ	M50-59	4	00:15:59	00:33:27	00:51:40.10	00:51:43.35	+00:17:53 (34.6%)	5:10	11.6 (65.2%)
46	GÓRA Agnieszka	48		K30-39	4	00:16:50	00:34:45	00:52:40.70	00:52:45.80	+00:18:56 (35.9%)	5:16	11.4 (64.0%)
47	REK Justyna	39		K20-29	3	00:15:23	00:34:23	00:52:48.75	00:52:52.05	+00:19:02 (36.0%)	5:16	11.4 (64.0%)
48	AMROŻY Stanisław	20	DBWD WKP-W	M40-49	16	00:16:28	00:34:37	00:53:12.75	00:53:18.35	+00:19:28 (36.5%)	5:19	11.3 (63.5%)
49	KARNICKI Zygmunt	1	4 RUN TKKF KOSZALIN	M60+	3	00:16:20	00:35:07	00:53:40.85	00:53:45.45	+00:19:55 (37.1%)	5:22	11.2 (62.9%)
50	NIEMCZEWSKA Angelika	63	ŁOBZENICA	K30-39	5	00:17:11	00:35:29	00:53:56.15	00:54:01.65	+00:20:11 (37.4%)	5:23	11.1 (62.4%)
51	KRÓLIKOWSKI Andrzej	68	SBZZ	M50-59	5	00:17:27	00:35:34	00:54:27.30	00:54:30.75	+00:20:41 (37.9%)	5:26	11 (61.8%)
52	GAŁAN Joanna	43		K40-49	2	00:18:09	00:36:35	00:54:52.25	00:54:58.05	+00:21:08 (38.5%)	5:29	10.9 (61.2%)
53	WAŁCERZ Jakub	11		M20-29	6	00:16:15	00:36:02	00:56:41.30	00:56:42.85	+00:22:53 (40.4%)	5:40	10.6 (59.6%)
54	TROJANOWSKI Zbigniew	61		M40-49	17	00:16:52	00:36:57	00:57:14.60	00:57:18.90	+00:23:29 (41.0%)	5:43	10.5 (59.0%)
55	ZIOMEK Maja	53	4 RUN TKKF KOSZALIN	K19	1	00:17:25	00:36:57	00:57:22.20	00:57:26.40	+00:23:36 (41.1%)	5:44	10.5 (59.0%)
56	FRONTCZAK Izabela	47	4 RUN TKKF KOSZALIN	K20-29	4	00:16:50	00:37:30	00:57:50.55	00:57:56.60	+00:24:06 (41.6%)	5:47	10.4 (58.4%)
57	PYDYN Regina	58	SBZZ	K50+	2	00:17:45	00:37:25	00:58:08.45	00:58:11.50	+00:24:21 (41.9%)	5:48	10.3 (57.9%)
58	PRZEDNÓWEK Mariola	2		K20-29	5	00:18:22	00:38:45	00:59:37.00	00:59:41.50	+00:25:51 (43.3%)	5:57	10.1 (56.7%)
59	LUBICZ Anna	31	AMADEUS CROSSGYM	K30-39	6	00:17:24	00:39:09	01:01:25.70	01:01:31.85	+00:27:42 (45.0%)	6:08	9.8 (55.1%)
60	PAECH Ziemowit	60	SBZZ ZŁOTÓW	M40-49	18	00:17:24	00:39:09	01:01:25.70	01:01:32.10	+00:27:42 (45.0%)	6:08	9.8 (55.1%)
61	WIŚNIEWSKI Daniel	12		M50-59	6	00:19:29	00:40:09	01:01:38.70	01:01:43.20	+00:27:53 (45.2%)	6:09	9.7 (54.5%)
62	WAŁCERZ Daria	9		K19	2	00:19:03	00:41:26	01:03:54.95	01:03:56.10	+00:30:06 (47.1%)	6:23	9.4 (52.8%)
63	MARUSZEWSKA Justyna	30	NIEZRZESZONA	K30-39	7	00:20:04	00:43:50	01:08:23.70	01:08:30.05	+00:34:40 (50.6%)	6:50	8.8 (49.4%)
64	SADOWSKA Dorota	33	POLONIA JASTROWIE	K40-49	3	00:23:06	00:48:25	01:13:42.10	01:13:47.90	+00:39:58 (54.2%)	7:22	8.1 (45.5%)
65	ZIOMEK Darek	51	4 RUN TKKF KOSZALIN	M40-49	19	00:15:33	00:32:59			+00:10:45	4:56	12.1 (68.0%)
66	BRAND Julia	64		K20-29	6	00:17:20				+00:06:20	5:12	11.5 (64.6%)
67	MUSZYŃSKA Klaudia	10		K19	3	00:18:56				+00:07:50	5:41	10.6 (59.6%)

Total 67 results.