

# XIX BIEG O UŚMIECH DZIECKA

B4SPORT

**Organiser:** Urząd Gminy i Miasta w Jastrowiu  
**Date:** 2015-04-25  
**Place:** Jastrowie  
**Distance:** 10 km



Classification: M-OPEN

Place	Participant	Number	Club	Category	MCat	3.333km	6.666km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	<b>NAGIRNJAK Viktor</b>	<b>40</b>	AHILLES LESZNO	M20-29	1	00:11:04	00:22:18	<b>00:33:48.50</b>	<b>00:33:49.70</b>		3:22	17.8 (100%)
2	<b>TARAS Daniel</b>	<b>34</b>	ACTIVE MALBORK 22. BLT MALBORK	M20-29	2	00:11:25	00:23:35	<b>00:35:55.30</b>	<b>00:35:56.45</b>	+00:02:06 (5.9%)	3:35	16.7 (93.8%)
3	<b>GUZOWSKI Dariusz</b>	<b>49</b>	ULKS TALEX BORYSŁAW BORZYTUCHOM	M40-49	1	00:11:59	00:24:26	<b>00:36:35.90</b>	<b>00:36:37.05</b>	+00:02:47 (7.6%)	3:39	16.4 (92.1%)
4	<b>HOFFMAN Aleksander</b>	<b>6</b>	PRECON POLSKA-JASTROWIE	M40-49	2	00:11:59	00:24:26	<b>00:36:51.85</b>	<b>00:36:53.40</b>	+00:03:03 (8.3%)	3:41	16.3 (91.6%)
5	<b>TEUSZ Bartek</b>	<b>62</b>		M20-29	3	00:12:02	00:24:47	<b>00:37:39.10</b>	<b>00:37:40.90</b>	+00:03:51 (10.2%)	3:45	15.9 (89.3%)
6	<b>RADTKA Tomasz</b>	<b>25</b>	LZS JEDNOŚĆ ŁOBŻENICA	M40-49	3	00:12:22	00:24:57	<b>00:37:40.40</b>	<b>00:37:42.20</b>	+00:03:52 (10.3%)	3:46	15.9 (89.3%)
7	<b>KOSECKI Jarosław</b>	<b>22</b>		M40-49	4	00:13:01	00:26:12	<b>00:39:09.65</b>	<b>00:39:11.60</b>	+00:05:21 (13.7%)	3:55	15.3 (86.0%)
8	<b>RADTKA Artur</b>	<b>26</b>	LZS JEDNOŚĆ ŁOBŻENICA	M30-39	1	00:12:39	00:25:51	<b>00:39:17.60</b>	<b>00:39:19.55</b>	+00:05:29 (14.0%)	3:55	15.3 (86.0%)
9	<b>KOWALCZUK Grzegorz</b>	<b>14</b>	ZESPÓŁ SZKÓŁ W TUCZNIE	M40-49	5	00:13:12	00:26:48	<b>00:40:27.85</b>	<b>00:40:29.30</b>	+00:06:39 (16.4%)	4:02	14.8 (83.1%)
10	<b>SZYMAJDA Grzegorz</b>	<b>54</b>	4 RUN TKKF KOSZALIN	M30-39	2	00:12:53	00:27:00	<b>00:41:01.85</b>	<b>00:41:03.75</b>	+00:07:14 (17.6%)	4:06	14.6 (82.0%)
11	<b>GAŁAN Leszek</b>	<b>42</b>		M50-59	1	00:13:38	00:27:23	<b>00:41:08.55</b>	<b>00:41:11.50</b>	+00:07:21 (17.9%)	4:06	14.6 (82.0%)
12	<b>PIKULIK Jarosław</b>	<b>28</b>	LZS JEDNOŚĆ ŁOBŻENICA	M20-29	4	00:13:45	00:28:08	<b>00:42:22.75</b>	<b>00:42:25.40</b>	+00:08:35 (20.3%)	4:14	14.2 (79.8%)
13	<b>MATUSIK Janusz</b>	<b>16</b>	JANUSZ MATUSIK	M60+	1	00:13:38	00:27:44	<b>00:42:23.30</b>	<b>00:42:25.70</b>	+00:08:36 (20.3%)	4:14	14.2 (79.8%)
14	<b>SAKOWICZ Kajetan</b>	<b>67</b>		M30-39	3	00:13:40	00:28:02	<b>00:42:27.30</b>	<b>00:42:29.80</b>	+00:08:40 (20.4%)	4:14	14.1 (79.2%)
15	<b>SARNOWSKI Janusz</b>	<b>55</b>		M40-49	6	00:13:39	00:28:13	<b>00:43:00.05</b>	<b>00:43:02.40</b>	+00:09:12 (21.4%)	4:18	14 (78.7%)
16	<b>HRABECKI Krzysztof</b>	<b>36</b>		M40-49	7	00:13:43	00:28:27	<b>00:43:26.25</b>	<b>00:43:28.95</b>	+00:09:39 (22.2%)	4:20	13.8 (77.5%)
17	<b>JAROSZ Jakub</b>	<b>44</b>	4 RUN TKKF KOSZALIN	M19	1	00:13:44	00:28:49	<b>00:43:38.70</b>	<b>00:43:41.35</b>	+00:09:51 (22.6%)	4:21	13.7 (77.0%)
18	<b>KUBIAK Piotr</b>	<b>5</b>	PRECON POLSKA-JASTROWIE	M30-39	4	00:13:58	00:28:57	<b>00:43:40.80</b>	<b>00:43:42.75</b>	+00:09:53 (22.6%)	4:22	13.7 (77.0%)
19	<b>SZYDŁOWSKI Łukasz</b>	<b>17</b>	ZESPÓŁ SZKÓŁ W TUCZNIE	M19	2	00:14:57	00:29:41	<b>00:43:45.90</b>	<b>00:43:51.60</b>	+00:10:01 (22.9%)	4:22	13.7 (77.0%)
20	<b>OCHNIO Ryszard</b>	<b>8</b>	POLONIA JASTROWIE	M40-49	8	00:15:04	00:30:30	<b>00:43:53.60</b>	<b>00:43:55.55</b>	+00:10:05 (23.0%)	4:23	13.7 (77.0%)
21	<b>DOPYTAŁA Jarosław</b>	<b>50</b>		M40-49	9	00:14:36	00:29:12	<b>00:43:57.45</b>	<b>00:44:00.85</b>	+00:10:11 (23.1%)	4:23	13.7 (77.0%)
22	<b>RUDNIK Jerzy</b>	<b>19</b>	FLORIAN CHOJNICE	M60+	2	00:14:08	00:29:09	<b>00:44:34.30</b>	<b>00:44:36.40</b>	+00:10:46 (24.2%)	4:27	13.5 (75.8%)
23	<b>KOPER Adam</b>	<b>21</b>	SBZZ	M30-39	5	00:14:02	00:29:12	<b>00:44:40.05</b>	<b>00:44:42.55</b>	+00:10:52 (24.3%)	4:28	13.4 (75.3%)
24	<b>WALENDZIAK Ryszard</b>	<b>24</b>	ACTIVE MALBORK 22. BLT MALBORK	M40-49	10	00:14:09	00:29:31	<b>00:44:56.20</b>	<b>00:44:58.90</b>	+00:11:09 (24.8%)	4:29	13.4 (75.3%)
25	<b>KRAUSE Robert</b>	<b>4</b>	PRECON POLSKA-JASTROWIE	M40-49	11	00:15:01	00:30:27	<b>00:45:35.40</b>	<b>00:45:39.80</b>	+00:11:50 (25.9%)	4:33	13.2 (74.2%)
26	<b>SAWICKI Eligiusz</b>	<b>69</b>		M50-59	2	00:14:35	00:30:06	<b>00:45:49.20</b>	<b>00:45:52.80</b>	+00:12:03 (26.3%)	4:34	13.1 (73.6%)
27	<b>ZIÓŁKOWSKI Wojciech</b>	<b>38</b>	KB GOCH BYTÓW	M30-39	6	00:14:43	00:30:14	<b>00:45:55.05</b>	<b>00:45:58.30</b>	+00:12:08 (26.4%)	4:35	13.1 (73.6%)

Place	Participant	Number	Club	Category	MCat	3.333km	6.666km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
28	<b>CHUDZIK Piotr</b>	<b>27</b>	LZS JEDNOŚĆ ŁOBŻENICA	M40-49	12	00:15:09	00:30:45	<b>00:45:55.90</b>	<b>00:46:00.10</b>	+00:12:10 (26.5%)	4:35	13.1 (73.6%)
29	<b>POLLEY Adam</b>	<b>29</b>	LZS JEDNOŚĆ ŁOBŻENICA	M30-39	7	00:15:09	00:30:45	<b>00:46:15.20</b>	<b>00:46:19.45</b>	+00:12:29 (27.0%)	4:37	13 (73.0%)
30	<b>ROGALSKI Roberto</b>	<b>32</b>	ZSW ZAWSZE SIĘGAJ WYŻEJ	M20-29	5	00:13:46	00:30:13	<b>00:46:56.00</b>	<b>00:46:57.50</b>	+00:13:07 (28.0%)	4:41	12.8 (71.9%)
31	<b>JAROSZ Dariusz</b>	<b>45</b>	4 RUN TKKF KOSZALIN	M40-49	13	00:15:14	00:31:03	<b>00:47:12.40</b>	<b>00:47:17.00</b>	+00:13:27 (28.5%)	4:43	12.7 (71.3%)
32	<b>SLOTAŁA Dariusz</b>	<b>57</b>	LEŚNY LUDEK	M50-59	3	00:15:13	00:31:12	<b>00:47:31.05</b>	<b>00:47:34.80</b>	+00:13:45 (28.9%)	4:45	12.6 (70.8%)
33	<b>LINDA Jan</b>	<b>56</b>	SBZZ ZŁOTÓW	M30-39	8	00:15:13	00:31:11	<b>00:47:40.50</b>	<b>00:47:43.50</b>	+00:13:53 (29.1%)	4:46	12.6 (70.8%)
34	<b>MUZYKA Tomasz</b>	<b>15</b>	GIMNAZJUM TUCZNO	M19	3	00:15:44	00:31:57	<b>00:47:43.20</b>	<b>00:47:48.50</b>	+00:13:58 (29.2%)	4:46	12.6 (70.8%)
35	<b>MAŃKOWSKI Dariusz</b>	<b>13</b>	JASTROWIE	M40-49	14	00:15:16	00:31:28	<b>00:48:15.50</b>	<b>00:48:18.45</b>	+00:14:28 (30.0%)	4:49	12.4 (69.7%)
36	<b>ŚNIATAŁA Maciej</b>	<b>35</b>	POLONIA JASTROWIE	M19	4	00:14:57	00:32:01	<b>00:49:16.70</b>	<b>00:49:18.45</b>	+00:15:28 (31.4%)	4:55	12.2 (68.5%)
37	<b>CIOZDA Mariusz</b>	<b>66</b>		M40-49	15	00:16:27	00:33:20	<b>00:50:22.35</b>	<b>00:50:25.95</b>	+00:16:36 (32.9%)	5:02	11.9 (66.9%)
38	<b>PYDYN Andrzej</b>	<b>59</b>	SBZZ	M50-59	4	00:15:59	00:33:27	<b>00:51:40.10</b>	<b>00:51:43.35</b>	+00:17:53 (34.6%)	5:10	11.6 (65.2%)
39	<b>AMROŻY Stanisław</b>	<b>20</b>	DBWD WKP-W	M40-49	16	00:16:28	00:34:37	<b>00:53:12.75</b>	<b>00:53:18.35</b>	+00:19:28 (36.5%)	5:19	11.3 (63.5%)
40	<b>KARNICKI Zygmunt</b>	<b>1</b>	4 RUN TKKF KOSZALIN	M60+	3	00:16:20	00:35:07	<b>00:53:40.85</b>	<b>00:53:45.45</b>	+00:19:55 (37.1%)	5:22	11.2 (62.9%)
41	<b>KRÓLIKOWSKI Andrzej</b>	<b>68</b>	SBZZ	M50-59	5	00:17:27	00:35:34	<b>00:54:27.30</b>	<b>00:54:30.75</b>	+00:20:41 (37.9%)	5:26	11 (61.8%)
42	<b>WAŁCERZ Jakub</b>	<b>11</b>		M20-29	6	00:16:15	00:36:02	<b>00:56:41.30</b>	<b>00:56:42.85</b>	+00:22:53 (40.4%)	5:40	10.6 (59.6%)
43	<b>TROJANOWSKI Zbigniew</b>	<b>61</b>		M40-49	17	00:16:52	00:36:57	<b>00:57:14.60</b>	<b>00:57:18.90</b>	+00:23:29 (41.0%)	5:43	10.5 (59.0%)
44	<b>PAECH Ziemowit</b>	<b>60</b>	SBZZ ZŁOTÓW	M40-49	18	00:17:24	00:39:09	<b>01:01:25.70</b>	<b>01:01:32.10</b>	+00:27:42 (45.0%)	6:08	9.8 (55.1%)
45	<b>WIŚNIEWSKI Daniel</b>	<b>12</b>		M50-59	6	00:19:29	00:40:09	<b>01:01:38.70</b>	<b>01:01:43.20</b>	+00:27:53 (45.2%)	6:09	9.7 (54.5%)
46	<b>ZIOMEK Darek</b>	<b>51</b>	4 RUN TKKF KOSZALIN	M40-49	19	00:15:33	00:32:59			+00:10:45	4:56	12.1 (68.0%)

Total 46 results.