



# XIX MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej, Gmina Miasto Koszalin  
**Data:** 2021-10-10  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: M-OPEN

Punkt pomiarowy: 5,7 km

Msc	Zawodnik	Numer	Klub	Kategoria	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km
1	<b>SZYMAŃSKI Sylwester</b>	<b>81</b>	SZCZECINECCY BIEGACZE	M40-49	00:00:18	00:05:17	00:10:12	00:15:09	00:20:00
2	<b>SZYMAŃSKI Łukasz</b>	<b>82</b>	MLUKS TRZEBIATÓW	M30-39	00:00:18	00:05:17	00:10:12	00:15:09	00:20:06
3	<b>LESYK Rafał</b>	<b>50</b>	KOCURY	M30-39	00:00:18	00:05:17	00:10:12	00:15:11	00:20:24
4	<b>SIADAK Arkadiusz</b>	<b>73</b>		M40-49	00:00:18	00:05:24	00:10:29	00:15:35	00:20:43
5	<b>MACKOJĆ Krzysztof</b>	<b>55</b>	EL-MACKOJĆ	M40-49	00:00:19	00:05:29	00:10:47	00:16:07	00:21:27
6	<b>HOŁUB Kamil</b>	<b>30</b>	MLUKS TRZEBIATÓW	M40-49	00:00:18	00:05:27	00:10:52	00:16:17	00:21:41
7	<b>POŁUBIŃSKI Paweł</b>	<b>70</b>	KOCURY	M40-49	00:00:20	00:05:47	00:11:11	00:16:44	00:22:14
8	<b>SZARŁATA Piotr</b>	<b>80</b>		M30-39	00:00:20	00:05:41	00:11:11	00:16:43	00:22:14
9	<b>GAWEŁ Marcin</b>	<b>23</b>	BRAK	M18-39	00:00:19	00:05:27	00:10:56	00:16:42	00:22:29
10	<b>ZWOLIŃSKI Jan</b>	<b>97</b>	TKKF KOSZALIN	M50-59	00:00:20	00:05:54	00:11:30	00:17:08	00:22:48
11	<b>PICK Tomasz</b>	<b>67</b>	BIEGOLAS KOSZALIN	M50-59	00:00:22	00:05:53	00:11:30	00:17:08	00:22:49
12	<b>SŁUPCZEWSKI Krzysztof</b>	<b>74</b>	SDROG KOSZALIN KOPARKAKOSZALIN.PL	M40-49	00:00:20	00:05:52	00:11:28	00:17:08	00:22:49
13	<b>BURDA Robert</b>	<b>11</b>	KOSPEL	M40-49	00:00:20	00:05:55	00:11:31	00:17:10	00:22:52
14	<b>KOZIEŁ Paweł</b>	<b>42</b>	KOCURY	M40-49	00:00:21	00:05:54	00:11:35	00:17:19	00:23:08
15	<b>SMAGOWSKI Wojciech</b>	<b>75</b>	OSP RĄBINO	M40-49	00:00:24	00:05:54	00:11:33	00:17:19	00:23:10
16	<b>WESOŁOWSKI Marcin</b>	<b>89</b>	OBSESJA BIEGANIA	M30-39	00:00:21	00:05:54	00:11:35	00:17:24	00:23:13
17	<b>MOSZYŃSKI Jacek</b>	<b>60</b>	TKKF KOSZALIN	M50-59	00:00:23	00:06:18	00:12:11	00:18:12	00:24:12
18	<b>BLOCH Radosław</b>	<b>5</b>		M18-39	00:00:31	00:06:34	00:12:36	00:18:39	00:24:37
19	<b>KUBIK Krystian</b>	<b>48</b>	MLUKS TRZEBIATÓW	M18-39	00:00:16	00:05:55	00:12:04	00:18:20	00:24:40
20	<b>MAZUR Tomasz</b>	<b>57</b>	I LO SZCZECINEK	M40-49	00:00:24	00:06:23	00:12:30	00:18:38	00:24:51
21	<b>KOZAK Grzegorz</b>	<b>41</b>	FPP	M40-49	00:00:22	00:06:23	00:12:30	00:18:38	00:24:52
22	<b>BIERZANOWSKI Rafał</b>	<b>4</b>		M40-49	00:00:28	00:06:30	00:12:34	00:18:44	00:24:53
23	<b>MITUNIEWICZ Adrian</b>	<b>59</b>	BIEGOLAS KOSZALIN	M30-39	00:00:22	00:06:23	00:12:30	00:18:39	00:24:53
24	<b>WEBER Paweł</b>	<b>88</b>		M30-39	00:00:22	00:06:23	00:12:30	00:18:39	00:24:54
25	<b>MACIEJCZYK Mateusz</b>	<b>54</b>		M30-39	00:00:22	00:06:24	00:12:33	00:18:44	00:24:55
26	<b>NOWICKI Michał</b>	<b>61</b>	KB WYGAN	M30-39	00:00:23	00:06:16	00:12:27	00:18:40	00:24:55
27	<b>ADASZYŃSKI Wiesław</b>	<b>1</b>	BIEGOLAS KOSZALIN	M50-59	00:00:26	00:06:27	00:12:32	00:18:45	00:25:07
28	<b>SEROWSKI Łukasz</b>	<b>72</b>	BIEGOLAS KOSZALIN	M30-39	00:00:27	00:06:29	00:12:34	00:18:48	00:25:09

Msc	Zawodnik	Numer	Klub	Kategoria	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km
29	<b>BARUTOWICZ Grzegorz</b>	<b>3</b>		M40-49	00:00:25	00:06:30	00:12:33	00:18:42	00:25:10
30	<b>BUDZIŃSKI Paweł</b>	<b>10</b>	KĘPKA NA TRASIE/DRUŻYNA SZPIKU	M40-49	00:00:25	00:06:31	00:12:43	00:18:52	00:25:12
31	<b>TROŚNIAK Piotr</b>	<b>83</b>	DZIESIĄTKA BIAŁOGARD	M40-49	00:00:26	00:06:31	00:12:42	00:19:02	00:25:24
32	<b>PIEKUTOWSKI Artur</b>	<b>68</b>		M40-49	00:00:23	00:06:22	00:12:36	00:18:56	00:25:27
33	<b>SUCHANOWSKI Zygmunt</b>	<b>77</b>	RESPECT LOTYŃ	M50-59	00:00:21	00:06:20	00:12:37	00:19:00	00:25:28
34	<b>CZERNIAK Gracjan</b>	<b>17</b>		M40-49	00:00:30	00:06:54	00:13:13	00:19:38	00:25:57
35	<b>PAWŁOWSKI Grzegorz</b>	<b>64</b>	GAMMAX	M40-49	00:00:28	00:06:36	00:12:59	00:19:31	00:26:04
36	<b>DZIKOŃ Rafał</b>	<b>102</b>		M40-49	00:00:33	00:07:05	00:13:31	00:19:52	00:26:14
37	<b>IWANIEC Darek</b>	<b>31</b>	TKKF KOSZALIN	M40-49	00:00:30	00:07:04	00:13:27	00:19:54	00:26:21
38	<b>CIECHAŃSKI Michał</b>	<b>14</b>	ZDARTE PODESZWY	M40-49	00:00:31	00:06:49	00:13:19	00:19:56	00:26:33
39	<b>WILKOWSKI Krzysztof</b>	<b>90</b>	FOR-REST-RUN	M40-49	00:00:29	00:06:50	00:13:20	00:19:56	00:26:33
40	<b>BRZEZIŃSKI Paweł</b>	<b>8</b>		M40-49	00:00:20	00:06:38	00:13:19	00:20:08	00:27:00
41	<b>CHUDZIK Zbigniew</b>	<b>13</b>	TKKF KOSZALIN	M60-69	00:00:26	00:07:04	00:13:42	00:20:24	00:27:05
42	<b>ANTKOWIAK Sebastian</b>	<b>2</b>	DB - ACTIVE	M40-49	00:00:32	00:07:03	00:13:32	00:20:14	00:27:07
43	<b>ŻMIJEWSKI Wojciech</b>	<b>98</b>	MJT SERWIS SPORT TEAM	M30-39	00:00:30	00:06:50	00:13:33	00:20:25	00:27:24
44	<b>MACIĄG Piotr</b>	<b>52</b>	HOMOSAPIE	M40-49	00:00:33	00:07:05	00:13:44	00:20:37	00:27:37
45	<b>MACIEJCZYK Alan</b>	<b>53</b>		M18-39	00:00:24	00:06:46	00:13:21	00:20:23	00:27:40
46	<b>BOGACKI Tomasz</b>	<b>7</b>	TKKF KOSZALIN	M60-69	00:00:26	00:07:09	00:13:57	00:20:51	00:27:43
47	<b>MAZUR Mirosław</b>	<b>58</b>		M50-59	00:00:27	00:07:09	00:13:57	00:20:51	00:27:43
48	<b>BURKIET Paweł</b>	<b>12</b>		M40-49	00:00:29	00:07:06	00:13:46	00:20:42	00:27:49
49	<b>ŻYSZKIEWICZ Piotr</b>	<b>100</b>	ROZBIEGANA USTKA	M50-59	00:00:32	00:07:25	00:14:14	00:21:07	00:27:55
50	<b>PAJOR Tomasz</b>	<b>62</b>	HOMOSAPIE	M40-49	00:00:32	00:07:09	00:13:53	00:20:55	00:28:06
51	<b>KUPCZAK Damian</b>	<b>49</b>	OSP SIANÓW	M30-39	00:00:31	00:07:20	00:14:11	00:21:08	00:28:10
52	<b>DANIELAK Tomasz</b>	<b>19</b>		M18-39	00:00:27	00:07:16	00:14:03	00:20:58	00:28:14
53	<b>MACIĄG Paweł</b>	<b>51</b>	HOMOSAPIE	M40-49	00:00:32	00:07:13	00:14:04	00:21:10	00:28:46
54	<b>KARASIEWICZ Robert</b>	<b>33</b>		M40-49	00:00:34	00:07:40	00:14:56	00:22:10	00:29:32
55	<b>CIEŚLAK Grzegorz</b>	<b>15</b>		M30-39	00:00:37	00:07:43	00:14:58	00:22:17	00:29:39
56	<b>ZAŁUCKI Maciej</b>	<b>95</b>	ZEN SPORT TEAM	M18-39	00:00:27	00:07:31	00:14:53	00:22:18	00:29:46
57	<b>URA Marcin</b>	<b>85</b>	MALTAŃSKA	M40-49	00:00:34	00:07:41	00:14:58	00:22:22	00:29:55
58	<b>KOZŁOWIECKI Waldemar</b>	<b>43</b>	TKKF KOSZALIN	M70+	00:00:25	00:07:42	00:15:18	00:22:35	00:29:55
59	<b>WYSOCZAŃSKI Daniel</b>	<b>94</b>	ROZBIEGANA USTKA	M40-49	00:00:32	00:08:12	00:15:40	00:23:04	00:30:34
60	<b>JUSZCZAK Krzysztof</b>	<b>32</b>		M60-69	00:00:30	00:07:42	00:15:19	00:22:59	00:30:55
61	<b>KOTNOWSKI Marcin</b>	<b>40</b>	MALTAŃSKA	M40-49	00:00:34	00:07:41	00:15:14	00:23:03	00:30:58
62	<b>KĘSIK Michał</b>	<b>35</b>	ZDARTE PODESZWY	M40-49	00:00:37	00:08:05	00:15:37	00:23:13	00:31:04
63	<b>KNEBLEWSKI Łukasz</b>	<b>38</b>		M40-49	00:00:33	00:08:04	00:15:50	00:23:31	00:31:16
64	<b>DYBALSKI Krzysztof</b>	<b>22</b>		M40-49	00:00:37	00:08:00	00:15:42	00:23:28	00:31:20
65	<b>GUTOWSKI Marek</b>	<b>26</b>		M40-49	00:00:34	00:08:07	00:15:43	00:23:30	00:31:27
66	<b>SWATOWSKI Łukasz</b>	<b>79</b>		M40-49	00:00:42	00:08:29	00:16:21	00:24:13	00:31:49
67	<b>PIETRZYK Rafał</b>	<b>69</b>	KLUB OLIMPIJCZYKA IM IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M30-39	00:00:34	00:08:19	00:16:07	00:24:06	00:31:57
68	<b>KRUSZYŃSKI Stanisław</b>	<b>44</b>	DARŁOWSKIECHARTY.KLUBMORSÓW DARŁOWO	M60-69	00:00:34	00:08:23	00:16:23	00:24:44	00:32:52
69	<b>PERSZKE Dawid</b>	<b>66</b>		M18-39	00:00:32	00:07:27	00:15:24	00:24:22	00:32:59
70	<b>HELLER Zdzisław</b>	<b>28</b>	HERBMARATONOW.PL	M60-69	00:00:37	00:08:24	00:16:32	00:24:55	00:33:22
71	<b>SWATOWSKI Bartosz</b>	<b>78</b>		M40-49	00:00:42	00:09:18	00:17:48	00:26:15	00:34:33
72	<b>BARTNIK Marian</b>	<b>103</b>	TKKF KOSZALIN	M70+	00:00:23	00:14:26	00:30:24	00:47:06	00:59:28

