

# XIX MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury  
Fizycznej, Gmina Miasto Koszalin  
**Data:** 2021-10-10  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: M-OPEN

Punkt pomiarowy: 7,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km	Lap_5 7.16km
1	<b>SZYMAŃSKI Sylwester</b>	<b>81</b>	SZCZECINECCY BIEGACZE	M40-49	00:00:18	00:05:17	00:10:12	00:15:09	00:20:00	00:24:49
2	<b>SZYMAŃSKI Łukasz</b>	<b>82</b>	MLUKS TRZEBIATÓW	M30-39	00:00:18	00:05:17	00:10:12	00:15:09	00:20:06	00:25:10
3	<b>LESYK Rafał</b>	<b>50</b>	KOCURY	M30-39	00:00:18	00:05:17	00:10:12	00:15:11	00:20:24	00:25:42
4	<b>SIADAK Arkadiusz</b>	<b>73</b>		M40-49	00:00:18	00:05:24	00:10:29	00:15:35	00:20:43	00:25:51
5	<b>MACKOJĆ Krzysztof</b>	<b>55</b>	EL-MACKOJĆ	M40-49	00:00:19	00:05:29	00:10:47	00:16:07	00:21:27	00:26:50
6	<b>HOŁUB Kamil</b>	<b>30</b>	MLUKS TRZEBIATÓW	M40-49	00:00:18	00:05:27	00:10:52	00:16:17	00:21:41	00:27:04
7	<b>POŁUBIŃSKI Paweł</b>	<b>70</b>	KOCURY	M40-49	00:00:20	00:05:47	00:11:11	00:16:44	00:22:14	00:27:41
8	<b>SZARŁATA Piotr</b>	<b>80</b>		M30-39	00:00:20	00:05:41	00:11:11	00:16:43	00:22:14	00:27:41
9	<b>GAWEŁ Marcin</b>	<b>23</b>	BRAK	M18-39	00:00:19	00:05:27	00:10:56	00:16:42	00:22:29	00:28:23
10	<b>PICK Tomasz</b>	<b>67</b>	BIEGOLAS KOSZALIN	M50-59	00:00:22	00:05:53	00:11:30	00:17:08	00:22:49	00:28:31
11	<b>SŁUPCZEWSKI Krzysztof</b>	<b>74</b>	SDROG KOSZALIN KOPARKAKOSZALIN.PL	M40-49	00:00:20	00:05:52	00:11:28	00:17:08	00:22:49	00:28:32
12	<b>ZWOLIŃSKI Jan</b>	<b>97</b>	TKKF KOSZALIN	M50-59	00:00:20	00:05:54	00:11:30	00:17:08	00:22:48	00:28:32
13	<b>BURDA Robert</b>	<b>11</b>	KOSPEL	M40-49	00:00:20	00:05:55	00:11:31	00:17:10	00:22:52	00:28:34
14	<b>KOZIEŁ Paweł</b>	<b>42</b>	KOCURY	M40-49	00:00:21	00:05:54	00:11:35	00:17:19	00:23:08	00:28:56
15	<b>WESOŁOWSKI Marcin</b>	<b>89</b>	OBSESJA BIEGANIA	M30-39	00:00:21	00:05:54	00:11:35	00:17:24	00:23:13	00:29:02
16	<b>SMAGOWSKI Wojciech</b>	<b>75</b>	OSP RĄBINO	M40-49	00:00:24	00:05:54	00:11:33	00:17:19	00:23:10	00:29:03
17	<b>MOSZYŃSKI Jacek</b>	<b>60</b>	TKKF KOSZALIN	M50-59	00:00:23	00:06:18	00:12:11	00:18:12	00:24:12	00:30:15
18	<b>BLOCH Radosław</b>	<b>5</b>		M18-39	00:00:31	00:06:34	00:12:36	00:18:39	00:24:37	00:30:29
19	<b>MAZUR Tomasz</b>	<b>57</b>	I LO SZCZECINEK	M40-49	00:00:24	00:06:23	00:12:30	00:18:38	00:24:51	00:30:54
20	<b>KOZAK Grzegorz</b>	<b>41</b>	FPP	M40-49	00:00:22	00:06:23	00:12:30	00:18:38	00:24:52	00:30:59
21	<b>KUBIK Krystian</b>	<b>48</b>	MLUKS TRZEBIATÓW	M18-39	00:00:16	00:05:55	00:12:04	00:18:20	00:24:40	00:31:00
22	<b>BIERZANOWSKI Rafał</b>	<b>4</b>		M40-49	00:00:28	00:06:30	00:12:34	00:18:44	00:24:53	00:31:01
23	<b>MITUNIEWICZ Adrian</b>	<b>59</b>	BIEGOLAS KOSZALIN	M30-39	00:00:22	00:06:23	00:12:30	00:18:39	00:24:53	00:31:05
24	<b>WEBER Paweł</b>	<b>88</b>		M30-39	00:00:22	00:06:23	00:12:30	00:18:39	00:24:54	00:31:16
25	<b>MACIEJCZYK Mateusz</b>	<b>54</b>		M30-39	00:00:22	00:06:24	00:12:33	00:18:44	00:24:55	00:31:18
26	<b>NOWICKI Michał</b>	<b>61</b>	KB WYGAN	M30-39	00:00:23	00:06:16	00:12:27	00:18:40	00:24:55	00:31:20
27	<b>ADASZYŃSKI Wiesław</b>	<b>1</b>	BIEGOLAS KOSZALIN	M50-59	00:00:26	00:06:27	00:12:32	00:18:45	00:25:07	00:31:32
28	<b>BARUTOWICZ Grzegorz</b>	<b>3</b>		M40-49	00:00:25	00:06:30	00:12:33	00:18:42	00:25:10	00:31:33

Msc	Zawodnik	Numer	Klub	Kategoria	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km	Lap_5 7.16km
29	SEROWSKI Łukasz	72	BIEGOLAS KOSZALIN	M30-39	00:00:27	00:06:29	00:12:34	00:18:48	00:25:09	00:31:34
30	BUDZIŃSKI Paweł	10	KĘPKA NA TRASIE/DRUŻYNA SZPIKU	M40-49	00:00:25	00:06:31	00:12:43	00:18:52	00:25:12	00:31:37
31	TROŚNIAK Piotr	83	DZIESIĄTKA BIAŁOGARD	M40-49	00:00:26	00:06:31	00:12:42	00:19:02	00:25:24	00:31:53
32	SUCHANOWSKI Zygmunt	77	RESPECT LOTYŃ	M50-59	00:00:21	00:06:20	00:12:37	00:19:00	00:25:28	00:31:59
33	PIEKUTOWSKI Artur	68		M40-49	00:00:23	00:06:22	00:12:36	00:18:56	00:25:27	00:32:07
34	CZERNIAK Gracjan	17		M40-49	00:00:30	00:06:54	00:13:13	00:19:38	00:25:57	00:32:16
35	PAWŁOWSKI Grzegorz	64	GAMMAX	M40-49	00:00:28	00:06:36	00:12:59	00:19:31	00:26:04	00:32:36
36	DZIKOŃ Rafał	102		M40-49	00:00:33	00:07:05	00:13:31	00:19:52	00:26:14	00:32:44
37	IWANIEC Darek	31	TKKF KOSZALIN	M40-49	00:00:30	00:07:04	00:13:27	00:19:54	00:26:21	00:32:55
38	WILKOWSKI Krzysztof	90	FOR-REST-RUN	M40-49	00:00:29	00:06:50	00:13:20	00:19:56	00:26:33	00:33:13
39	CIECHAŃSKI Michał	14	ZDARTE PODESZWY	M40-49	00:00:31	00:06:49	00:13:19	00:19:56	00:26:33	00:33:43
40	CHUDZIK Zbigniew	13	TKKF KOSZALIN	M60-69	00:00:26	00:07:04	00:13:42	00:20:24	00:27:05	00:33:46
41	ANTKOWIAK Sebastian	2	DB - ACTIVE	M40-49	00:00:32	00:07:03	00:13:32	00:20:14	00:27:07	00:34:07
42	BRZEZIŃSKI Paweł	8		M40-49	00:00:20	00:06:38	00:13:19	00:20:08	00:27:00	00:34:11
43	BOGACKI Tomasz	7	TKKF KOSZALIN	M60-69	00:00:26	00:07:09	00:13:57	00:20:51	00:27:43	00:34:37
44	MAZUR Mirosław	58		M50-59	00:00:27	00:07:09	00:13:57	00:20:51	00:27:43	00:34:37
45	ŻMIJEWSKI Wojciech	98	MJT SERWIS SPORT TEAM	M30-39	00:00:30	00:06:50	00:13:33	00:20:25	00:27:24	00:34:39
46	ŻYSZKIEWICZ Piotr	100	ROZBIEGANA USTKA	M50-59	00:00:32	00:07:25	00:14:14	00:21:07	00:27:55	00:34:43
47	MACIĄG Piotr	52	HOMOSAPIE	M40-49	00:00:33	00:07:05	00:13:44	00:20:37	00:27:37	00:34:46
48	MACIEJCZYK Alan	53		M18-39	00:00:24	00:06:46	00:13:21	00:20:23	00:27:40	00:34:47
49	BURKIET Paweł	12		M40-49	00:00:29	00:07:06	00:13:46	00:20:42	00:27:49	00:35:01
50	KUPCZAK Damian	49	OSP SIANÓW	M30-39	00:00:31	00:07:20	00:14:11	00:21:08	00:28:10	00:35:16
51	DANIELAK Tomasz	19		M18-39	00:00:27	00:07:16	00:14:03	00:20:58	00:28:14	00:35:33
52	PAJOR Tomasz	62	HOMOSAPIE	M40-49	00:00:32	00:07:09	00:13:53	00:20:55	00:28:06	00:35:38
53	MACIĄG Paweł	51	HOMOSAPIE	M40-49	00:00:32	00:07:13	00:14:04	00:21:10	00:28:46	00:36:35
54	CIEŚLAK Grzegorz	15		M30-39	00:00:37	00:07:43	00:14:58	00:22:17	00:29:39	00:37:00
55	KARASIEWICZ Robert	33		M40-49	00:00:34	00:07:40	00:14:56	00:22:10	00:29:32	00:37:04
56	ZAŁUCKI Maciej	95	ZEN SPORT TEAM	M18-39	00:00:27	00:07:31	00:14:53	00:22:18	00:29:46	00:37:08
57	KOZŁOWIECKI Waldemar	43	TKKF KOSZALIN	M70+	00:00:25	00:07:42	00:15:18	00:22:35	00:29:55	00:37:25
58	URA Marcin	85	MALTAŃSKA	M40-49	00:00:34	00:07:41	00:14:58	00:22:22	00:29:55	00:37:26
59	WYSOCZAŃSKI Daniel	94	ROZBIEGANA USTKA	M40-49	00:00:32	00:08:12	00:15:40	00:23:04	00:30:34	00:37:59
60	KOTNOWSKI Marcin	40	MALTAŃSKA	M40-49	00:00:34	00:07:41	00:15:14	00:23:03	00:30:58	00:38:48
61	JUSZCZAK Krzysztof	32		M60-69	00:00:30	00:07:42	00:15:19	00:22:59	00:30:55	00:38:57
62	KĘSIK Michał	35	ZDARTE PODESZWY	M40-49	00:00:37	00:08:05	00:15:37	00:23:13	00:31:04	00:39:06
63	KNEBLEWSKI Łukasz	38		M40-49	00:00:33	00:08:04	00:15:50	00:23:31	00:31:16	00:39:10
64	DYBALSKI Krzysztof	22		M40-49	00:00:37	00:08:00	00:15:42	00:23:28	00:31:20	00:39:23
65	GUTOWSKI Marek	26		M40-49	00:00:34	00:08:07	00:15:43	00:23:30	00:31:27	00:39:27
66	SWATOWSKI Łukasz	79		M40-49	00:00:42	00:08:29	00:16:21	00:24:13	00:31:49	00:39:30
67	PIETRZYK Rafał	69	KLUB OLIMPIJCZYKA IM IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M30-39	00:00:34	00:08:19	00:16:07	00:24:06	00:31:57	00:39:46
68	KRUSZYŃSKI Stanisław	44	DARŁOWSKIECHARTY.KLUBMORSÓW DARŁOWO	M60-69	00:00:34	00:08:23	00:16:23	00:24:44	00:32:52	00:41:05
69	HELLER Zdzisław	28	HERBMARATONOW.PL	M60-69	00:00:37	00:08:24	00:16:32	00:24:55	00:33:22	00:41:57
70	PERSZKE Dawid	66		M18-39	00:00:32	00:07:27	00:15:24	00:24:22	00:32:59	00:42:04
71	SWATOWSKI Bartosz	78		M40-49	00:00:42	00:09:18	00:17:48	00:26:15	00:34:33	00:42:55
72	BARTNIK Marian	103	TKKF KOSZALIN	M70+	00:00:23	00:14:26	00:30:24	00:47:06	00:59:28	

