

Organizator: Ośrodek Sportu i Rekreacji w Sławnie
Data: 2017-07-01
Miejsce: Sławno
Dystans: 7.5 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	OKSENIUK Oksana	908	MK LUCHEK - LKB RUDNIK	K-20	1	00:28:32.00	00:28:32.00		3:48	15.8 (100%)
2	WIKTOROWICZ Łucja	879	OPOCZNO	K-17	1	00:29:16.75	00:29:16.75	+00:00:44 (2.5%)	3:54	15.4 (97.5%)
3	SHELEST Ludmyla	912	MK LUCHEK - LKB RUDNIK	K-40	1	00:31:53.45	00:31:53.45	+00:03:21 (10.5%)	4:15	14.1 (89.2%)
4	ŁAGUTKO Kamila	811	ŻYJ Z ENERGIA	K-30	1	00:32:46.75	00:32:46.75	+00:04:14 (13.0%)	4:22	13.7 (86.7%)
5	PERZ Emilia	837	WOLSZTYŃSKA AKADEMIA BIEGOWA	K-20	2	00:33:30.70	00:33:30.70	+00:04:58 (14.9%)	4:28	13.4 (84.8%)
6	SZABLA Ewelina	856		K-30	2	00:34:00.95	00:34:00.95	+00:05:28 (16.1%)	4:32	13.2 (83.5%)
7	GARSKA Joanna	921	ŚWIAT PŁYTEK U KRYSPIŃ	K-40	2	00:34:59.95	00:34:59.95	+00:06:27 (18.5%)	4:39	12.9 (81.6%)
8	BŁOCHOWIAK Magdalena	914	KLUB BIEGOWY JYSK	K-30	3	00:35:21.30	00:35:21.30	+00:06:49 (19.3%)	4:42	12.7 (80.4%)
9	KURKUL Alicja	805		K-20	3	00:35:25.10	00:35:25.10	+00:06:53 (19.4%)	4:43	12.7 (80.4%)
10	NIECKARZ Monika	830		K-30	4	00:35:39.45	00:35:39.45	+00:07:07 (20.0%)	4:45	12.6 (79.7%)
11	USOVA Oksana	913	MK LUCHEK - LKB RUDNIK	K-40	3	00:35:44.30	00:35:44.30	+00:07:12 (20.2%)	4:45	12.6 (79.7%)
12	KĘSIK Agnieszka	874	KUBA PROTECTOR TEAM	K-30	5	00:36:18.30	00:36:18.30	+00:07:46 (21.4%)	4:50	12.4 (78.5%)
13	PERZ Marzenna	836	NKB CHYŻY NOWY TOMYŚL	K-40	4	00:36:21.05	00:36:21.05	+00:07:49 (21.5%)	4:50	12.4 (78.5%)
14	PIETRZAK Anna	838	ACTIVE MALBORK	K-20	4	00:36:48.10	00:36:48.10	+00:08:16 (22.5%)	4:54	12.2 (77.2%)
15	HARBUTIAK Monika	774	ŻYJ Z ENERGIA	K-20	5	00:37:08.15	00:37:08.15	+00:08:36 (23.2%)	4:57	12.1 (76.6%)
16	JARNÓT Agnieszka	780	NKB CHYŻY NOWY TOMYŚL	K-40	5	00:37:15.30	00:37:15.30	+00:08:43 (23.4%)	4:58	12.1 (76.6%)
17	LASKA Agnieszka	808	MKS 'ŚWIĘC' SŁAWNO	K-40	6	00:37:38.85	00:37:38.85	+00:09:06 (24.2%)	5:01	12 (75.9%)
18	MIKINKA Magdalena	891		K-30	6	00:38:07.40	00:38:07.40	+00:09:35 (25.2%)	5:04	11.8 (74.7%)
19	KULCZYK Katarzyna	883	KB BRYZA POSTOMINO	K-30	7	00:38:12.50	00:38:12.50	+00:09:40 (25.3%)	5:05	11.8 (74.7%)
20	KACZMAREK Marta	781		K-30	8	00:38:27.65	00:38:27.65	+00:09:55 (25.8%)	5:07	11.7 (74.1%)
21	ANTOSIK Grażyna	753	KS OLSZEWSKI I SYNOWIE	K-30	9	00:39:11.25	00:39:11.25	+00:10:39 (27.2%)	5:13	11.5 (72.8%)
22	WYBRANIEC Karolina	872		K-20	6	00:39:31.65	00:39:31.65	+00:10:59 (27.8%)	5:16	11.4 (72.2%)
23	GOLEC Anna	769	GOLEC TEAM	K-40	7	00:40:00.50	00:40:00.50	+00:11:28 (28.7%)	5:20	11.3 (71.5%)
24	BIELEWICZ Anna	755	STOPA SŁUPSK	K-40	8	00:40:04.75	00:40:04.75	+00:11:32 (28.8%)	5:20	11.2 (70.9%)
25	LIGOCKA Aneta	810		K-40	9	00:40:07.50	00:40:07.50	+00:11:35 (28.9%)	5:20	11.2 (70.9%)
26	BUZE Małgorzata	761	KS OLSZEWSKI I SYNOWIE	K-40	10	00:40:09.95	00:40:09.95	+00:11:37 (29.0%)	5:21	11.2 (70.9%)
27	BIERNAT Karolina	889		K-17	2	00:40:15.80	00:40:15.80	+00:11:43 (29.1%)	5:22	11.2 (70.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
28	KONKEL Joanna	790	MKS 'ŚWIĘC' SŁAWNO	K-50	1	00:40:23.70	00:40:23.70	+00:11:51 (29.4%)	5:23	11.1 (70.3%)
29	SEEWALD Agnieszka	850	ZAKWAS	K-30	10	00:40:32.50	00:40:32.50	+00:12:00 (29.6%)	5:24	11.1 (70.3%)
29	KOSECKA Sylwia	792	ZAKWAS	K-20	7	00:40:32.50	00:40:32.50	+00:12:00 (29.6%)	5:24	11.1 (70.3%)
31	JANKOWSKA Justyna	778	MRÓWECZKI	K-30	11	00:40:47.30	00:40:47.30	+00:12:15 (30.0%)	5:26	11 (69.6%)
32	MARCZAK Małgorzata	884	AMATOR	K-50	2	00:42:50.70	00:42:50.70	+00:14:18 (33.4%)	5:42	10.5 (66.5%)
33	MIECZKOWSKA Małgorzata	903	ŻYJ Z ENERGIA	K-30	12	00:42:57.45	00:42:57.45	+00:14:25 (33.6%)	5:43	10.5 (66.5%)
34	KOROLCZUK Karolina	791		K-30	13	00:43:20.80	00:43:20.80	+00:14:48 (34.2%)	5:46	10.4 (65.8%)
35	RUDNIK Janina Ewa	845	DYNAMIC	K-40	11	00:44:20.85	00:44:20.85	+00:15:48 (35.7%)	5:54	10.2 (64.6%)
36	KOMAR Agnieszka	873	SPOKO SŁAWNO	K-30	14	00:44:26.65	00:44:26.65	+00:15:54 (35.8%)	5:55	10.1 (63.9%)
37	BUDZYŃSKA Elżbieta	758		K-50	3	00:47:02.50	00:47:02.50	+00:18:30 (39.3%)	6:16	9.6 (60.8%)
38	MIKLAŚIŃSKA Monika	826	KS OLSZEWSKI I SYNOWIE	K-30	15	00:47:52.55	00:47:52.55	+00:19:20 (40.4%)	6:22	9.4 (59.5%)
39	KIERSZKA Agnieszka	788		K-40	12	00:48:18.35	00:48:18.35	+00:19:46 (40.9%)	6:26	9.3 (58.9%)
40	LASKOWSKA Katarzyna	809		K-40	13	00:48:18.55	00:48:18.55	+00:19:46 (40.9%)	6:26	9.3 (58.9%)
41	MEGGER Agata	820	ŻYJ Z ENERGIA	K-40	14	00:49:28.15	00:49:28.15	+00:20:56 (42.3%)	6:35	9.1 (57.6%)
42	SOLAK Halina	919	ŚWIAT PŁYTEK U KRYSPIŃSKA	K-60+	1	00:58:33.45	00:58:33.45	+00:30:01 (51.3%)	7:48	7.7 (48.7%)

Znaleziono 42 wynik(ów)