



XV BIEG SYLWESTROWY

B4SPORT

Wydarzenie: XV BIEG SYLWESTROWY
Organizator: Rowerowa Brzoza
Data: 2021-12-31
Miejsce: Brzoza
Dystans: 11 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Drużyna 2	Split 4.9km	Split 9.4km	Czas netto 9.5km	Czas brutto 9.5km	Różn	Tempo min/km	Tempo km/h
1	NARTOWSKI Kamil	11		M-30	1					00:16:21	00:33:21	00:33:30.40	00:33:32.00		3:31	17 (100%)
2	ORCHOLSKI Witold	277					T.S. Opatrunki Toruń			00:15:47	00:33:18	00:33:31.75	00:33:33.40	+00:00:01 (0.1%)	3:31	17 (100%)
3	PAWŁOWSKI Tomasz	109		M-20	1					00:16:49	00:34:04	00:34:15.40	00:34:16.80	+00:00:44 (2.2%)	3:36	16.6 (97.6%)
4	POLANSKI Tomasz	173		M-40	1	The Rychters	Eliud Kipchoge Team			00:17:11	00:35:01	00:35:15.30	00:35:16.60	+00:01:44 (4.9%)	3:42	16.2 (95.3%)
5	ŚWIĄTKOWSKI Paweł	100		M-40	2					00:17:43	00:35:47	00:35:59.25	00:36:01.25	+00:02:29 (6.9%)	3:47	15.8 (92.9%)
6	TUCZYŃSKI Sylwester Leon	134		M-20	2	Bydgoskie Okonie	Bydgoskie Okonie			00:17:42	00:36:11	00:36:25.30	00:36:27.55	+00:02:55 (8.0%)	3:50	15.7 (92.4%)
7	SAWIEŁAJC Jakub	66		M-20	3	TM Iron Team	TM Iron Team			00:17:56	00:36:31	00:36:42.55	00:36:45.05	+00:03:13 (8.8%)	3:51	15.5 (91.2%)
8	KOWALCZYK Marek	270		M-40	3	Brzoza Biega	Brzoza Biega			00:18:17	00:36:33	00:36:46.55	00:36:48.80	+00:03:16 (8.9%)	3:52	15.5 (91.2%)
9	RODZEWICZ Piotr	120		M-40	4					00:18:17	00:36:53	00:37:05.85	00:37:07.45	+00:03:35 (9.7%)	3:54	15.4 (90.6%)
10	DONARSKI Franciszek	276		M-1	1		N-Bike Academy Niemcz			00:18:27	00:37:11	00:37:24.05	00:37:27.65	+00:03:55 (10.5%)	3:56	15.2 (89.4%)
11	MAĆKOWSKI Maciej	145		M-30	2		UpsBydgoszcz/TEAMOCHAL			00:18:28	00:37:40	00:37:53.85	00:37:56.40	+00:04:24 (11.6%)	3:59	15 (88.2%)
12	LUTOWSKI Wojciech	129		M-30	3					00:18:43	00:37:51	00:38:05.25	00:38:05.25	+00:04:33 (12.0%)	4:00	15 (88.2%)
13	TELEJKO Łukasz	2		M-20	4	RUN BYDGOSZCZ	RUN BYDGOSZCZ			00:19:06	00:37:53	00:38:06.90	00:38:11.25	+00:04:39 (12.2%)	4:00	15 (88.2%)
14	SOBIERALSKI Rafał	153		M-40	5					00:18:33	00:37:59	00:38:14.50	00:38:17.60	+00:04:45 (12.4%)	4:01	14.9 (87.6%)
15	GOŁATA Wojciech	233		M-40	6	Akademia Mistrzów Sportu	Akademia Mistrzów Sportu			00:19:02	00:38:39	00:38:49.25	00:38:52.50	+00:05:20 (13.7%)	4:05	14.7 (86.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Drużyna 2	Split 4.9km	Split 9.4km	Czas netto 9.5km	Czas brutto 9.5km	Różn	Tempo min/km	Tempo km/h
16	MENDEL Patryk	22		M-20	5	TM Iron Team	TM Iron Team			00:19:09	00:38:38	00:38:51.70	00:38:54.95	+00:05:22 (13.8%)	4:05	14.7 (86.5%)
17	CHRZAŚCZ Bartosz	7		M-20	6					00:18:46	00:38:51	00:39:05.35	00:39:08.05	+00:05:36 (14.3%)	4:06	14.6 (85.9%)
18	POZNAŃSKI Szymon	190		M-30	4		FORDON BIEGACZE			00:19:08	00:38:49	00:39:03.40	00:39:12.20	+00:05:40 (14.5%)	4:06	14.6 (85.9%)
19	SKRZECZEWSKI Bartosz	140		M-30	5					00:19:16	00:39:22	00:39:36.95	00:39:36.95	+00:06:04 (15.4%)	4:10	14.4 (84.7%)
20	KRZYWDZIŃSKI Dominik	183		M-1	2		UKB Szubin			00:19:25	00:39:22	00:39:37.90	00:39:46.40	+00:06:14 (15.7%)	4:10	14.4 (84.7%)
21	KUBIAK Tomasz	222		M-40	7	TG SOKÓŁ GNIEWKOWO	TG SOKÓŁ GNIEWKOWO			00:19:39	00:39:34	00:39:47.65	00:39:47.65	+00:06:15 (15.7%)	4:11	14.3 (84.1%)
22	MAGDZIARZ Jakub	87		M-40	8		Kancelaria HMM			00:19:27	00:39:33	00:39:48.20	00:39:52.55	+00:06:20 (15.9%)	4:11	14.3 (84.1%)
23	MROTEK Anna	186		K-20	1		Angoal Tłumaczenia			00:19:28	00:39:47	00:40:02.05	00:40:05.25	+00:06:33 (16.3%)	4:12	14.2 (83.5%)
24	KARCZMARCZYK Mateusz	171		M-30	6					00:19:25	00:39:53	00:40:08.65	00:40:12.40	+00:06:40 (16.6%)	4:13	14.2 (83.5%)
25	REPCZYŃSKI Tomek	17		M-30	7		TRISPACE/TREK			00:20:01	00:40:18	00:40:30.50	00:40:30.50	+00:06:58 (17.2%)	4:15	14.1 (82.9%)
26	DĄBROWSKI Paweł	147		M-20	7		atlasbiegow.pl			00:19:52	00:40:15	00:40:28.35	00:40:31.75	+00:06:59 (17.3%)	4:15	14.1 (82.9%)
27	JASTRZĘBSKI Krzysztof	77		M-40	9					00:20:24	00:40:12	00:40:25.20	00:40:32.90	+00:07:00 (17.3%)	4:15	14.1 (82.9%)
28	KWAŚNIEWSKI Waldemar	151		M-50	1					00:19:27	00:40:25	00:40:39.95	00:40:44.00	+00:07:12 (17.7%)	4:16	14 (82.4%)
29	MACIŃSKI Waldemar	46		M-30	8					00:19:43	00:40:31	00:40:44.15	00:40:50.00	+00:07:18 (17.9%)	4:17	14 (82.4%)
30	KUBANEK Łukasz	37		M-30	9		TEAMOCHAL			00:20:34	00:40:31	00:40:44.35	00:40:50.95	+00:07:18 (17.9%)	4:17	14 (82.4%)
31	SAWICKI Marcin	115		M-30	10					00:20:05	00:40:39	00:40:52.95	00:40:52.95	+00:07:20 (18.0%)	4:18	13.9 (81.8%)
32	SZLINGER Jakub	144		M-30	11					00:19:56	00:40:41	00:40:54.95	00:40:59.30	+00:07:27 (18.2%)	4:18	13.9 (81.8%)
33	RACZYŃSKI Krzysztof	76		M-60	1		Biegający Filozof Team			00:20:16	00:41:15	00:41:31.05	00:41:34.60	+00:08:02 (19.3%)	4:22	13.7 (80.6%)
34	LEWANDOWSKI Tomasz	65		M-40	10					00:20:31	00:41:12	00:41:25.90	00:41:36.75	+00:08:04 (19.4%)	4:21	13.8 (81.2%)
35	WŁODARSKI Przemysław	166		M-30	12	Polonia Bydgoszcz SLA	Polonia Bydgoszcz SLA			00:20:32	00:41:34	00:41:50.25	00:41:58.15	+00:08:26 (20.1%)	4:24	13.6 (80.0%)
36	KWAPIŃSKI Damian	40		M-40	11		TEAMOCHAL			00:20:34	00:41:34	00:41:50.55	00:41:58.25	+00:08:26 (20.1%)	4:24	13.6 (80.0%)
37	STARZYŃSKI Piotr	27		M-40	12					00:20:23	00:41:45	00:41:57.25	00:42:02.25	+00:08:30 (20.2%)	4:24	13.6 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Drużyna 2	Split 4.9km	Split 9.4km	Czas netto 9.5km	Czas brutto 9.5km	Różn	Tempo min/km	Tempo km/h
38	KALACZYŃSKI Miłosz	23		M-20	8	Polonia Bydgoszcz SLA	Polonia Bydgoszcz SLA			00:19:45	00:41:50	00:42:03.20	00:42:06.15	+00:08:34 (20.4%)	4:25	13.6 (80.0%)
39	CZUK Marek	106		M-60	2					00:20:38	00:41:51	00:42:05.85	00:42:08.65	+00:08:36 (20.4%)	4:25	13.5 (79.4%)
40	KRYSKE Mariusz	70		M-30	13	Spójnia Białe Błota	Spójnia Białe Błota			00:20:36	00:42:06	00:42:19.80	00:42:23.30	+00:08:51 (20.9%)	4:27	13.5 (79.4%)
41	SZYSZKA Radosław	209		M-30	14					00:20:39	00:42:12	00:42:28.40	00:42:32.55	+00:09:00 (21.2%)	4:28	13.4 (78.8%)
42	WIĘCKOWSKI Dariusz	104		M-40	13	Akademia Mistrzów Sportu	AMS Triathlon Bydgoszcz Akademia Mistrzów Sportu			00:21:18	00:42:05	00:42:20.65	00:42:43.40	+00:09:11 (21.5%)	4:27	13.5 (79.4%)
43	KUNZ Mieczysław	148		M-40	14		AZS UMK Toruń			00:20:55	00:42:26	00:42:40.35	00:42:45.35	+00:09:13 (21.6%)	4:29	13.4 (78.8%)
44	CISZEK Łukasz	122		M-40	15					00:21:08	00:42:48	00:43:06.10	00:43:20.85	+00:09:48 (22.6%)	4:32	13.2 (77.6%)
45	GABARKIEWICZ Łukasz	187		M-30	15		Angoal Tłumaczenia			00:21:46	00:43:49	00:44:04.15	00:44:07.75	+00:10:35 (24.0%)	4:38	12.9 (75.9%)
46	NAMIEŚNIK Krzysztof	71		M-40	16		QszysieQeN			00:21:38	00:43:47	00:44:04.15	00:44:16.90	+00:10:44 (24.3%)	4:38	12.9 (75.9%)
47	KOSZOWSKI Rafał	255		M-50	2		TriTryszczynTeam			00:21:41	00:43:42	00:43:56.35	00:44:17.65	+00:10:45 (24.3%)	4:37	13 (76.5%)
48	MARTYNOWICZ Michał	249		M-40	17		TRISPACE/TREK			00:21:04	00:44:05	00:44:21.30	00:44:24.55	+00:10:52 (24.5%)	4:40	12.9 (75.9%)
49	MROTEK Michał	227		M-40	18	Akademia Mistrzów Sportu	Akademia Mistrzów Sportu			00:21:48	00:44:08	00:44:21.25	00:44:27.40	+00:10:55 (24.6%)	4:40	12.9 (75.9%)
50	ANDRZEJEWSKI Paweł	130		M-40	19					00:22:22	00:43:59	00:44:11.50	00:44:27.45	+00:10:55 (24.6%)	4:39	12.9 (75.9%)
51	GILL Daniel	21		M-40	20		LKS Ostromecko			00:22:26	00:44:06	00:44:21.60	00:44:30.80	+00:10:58 (24.7%)	4:40	12.9 (75.9%)
52	BUZALSKI Robert	58		M-40	21		Orange Polska			00:20:47	00:44:18	00:44:37.05	00:44:41.10	+00:11:09 (25.0%)	4:41	12.8 (75.3%)
53	DROCIAK Michał	208		M-40	22		Ogr Osowa Góra Runner			00:22:16	00:44:25	00:44:41.95	00:44:49.65	+00:11:17 (25.2%)	4:42	12.8 (75.3%)
54	WIŚNIEWSKI Maciej	88		M-40	23					00:21:46	00:44:22	00:44:37.25	00:44:52.10	+00:11:20 (25.3%)	4:41	12.8 (75.3%)
55	JARNOT Oskar	133		M-30	16		TMT			00:21:27	00:44:26	00:44:42.15	00:44:55.55	+00:11:23 (25.4%)	4:42	12.8 (75.3%)
56	RYMARKIEWICZ Małgorzata	18		K-30	1		KLINIKA TRIATHLONU BYDGOSZCZ			00:22:14	00:45:08	00:45:23.80	00:45:31.70	+00:11:59 (26.3%)	4:46	12.6 (74.1%)
57	ZIÓŁKOWSKI Włodek	48		M-30	17	nie zrzeszony	FORDON BIEGACZE			00:22:25	00:45:07	00:45:25.45	00:45:31.95	+00:11:59 (26.4%)	4:46	12.6 (74.1%)
58	KŁOSOWSKI Marcin	42		M-40	24		Grupa Bankietowa Specjal			00:22:24	00:45:07	00:45:25.05	00:45:32.15	+00:12:00 (26.4%)	4:46	12.6 (74.1%)
59	BARSCZEWSKI Sebastian	141		M-40	25					00:21:38	00:45:20	00:45:34.70	00:45:41.05	+00:12:09 (26.6%)	4:47	12.5 (73.5%)

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												netto 9.5km	brutto 9.5km					
60	MUSS Aleksander	237		M-40	26							00:20:32	00:45:28	00:45:45.35	00:45:50.75	+00:12:18 (26.9%)	4:48	12.5 (73.5%)
61	GRALIK Jędrzej	132		M-20	9	Bydgoskie Okonie	Bydgoskie Okonie					00:22:29	00:45:27	00:45:41.70	00:45:52.60	+00:12:20 (26.9%)	4:48	12.5 (73.5%)
62	SZULC Jacek	251		M-20	10							00:21:59	00:45:37	00:45:53.20	00:45:53.20	+00:12:21 (26.9%)	4:49	12.4 (72.9%)
63	STACHOWICZ Wiesław	271		M-40	27	Brzoza Biega	Brzoza Biega					00:24:27	00:45:44	00:46:00.95	00:46:03.50	+00:12:31 (27.2%)	4:50	12.4 (72.9%)
64	WINIARSKI Grzegorz	113		M-40	28		The Runners Świecie					00:22:58	00:45:51	00:46:09.40	00:46:22.00	+00:12:50 (27.7%)	4:51	12.4 (72.9%)
65	ANDRZEJEWSKA Sylwia	39		K-30	2							00:22:22	00:46:06	00:46:21.80	00:46:26.50	+00:12:54 (27.8%)	4:52	12.3 (72.4%)
66	BARCZAK Piotr	162		M-50	3	Brzoza Biega	Brzoza Biega					00:22:45	00:46:08	00:46:26.45	00:46:31.70	+00:12:59 (27.9%)	4:53	12.3 (72.4%)
67	DRZEWIECKI Rafał	231		M-40	29	Akademia Mistrzów Sportu	Akademia Mistrzów Sportu					00:22:38	00:46:08	00:46:24.70	00:46:32.75	+00:13:00 (28.0%)	4:53	12.3 (72.4%)
68	SPYCHALSKA Monika	103		K-20	2		Tims Sport					00:22:37	00:46:14	00:46:28.60	00:46:34.05	+00:13:02 (28.0%)	4:53	12.3 (72.4%)
69	RENC Patryk	192		M-30	18		Serce Tybetu					00:22:21	00:46:24	00:46:40.90	00:46:40.90	+00:13:08 (28.2%)	4:54	12.2 (71.8%)
70	MORITZ Rafał	235		M-40	30		# Ślimaki Barcin					00:23:37	00:46:33	00:46:49.75	00:46:49.75	+00:13:17 (28.4%)	4:55	12.2 (71.8%)
71	DADZIŃSKI Robert	292		M-50	4							00:23:14	00:46:11	00:46:25.55	00:46:52.05	+00:13:20 (28.5%)	4:53	12.3 (72.4%)
72	DERING Hanna	176		K-40	1	Bydgoskie Żółwie	Bydgoskie Żółwie					00:22:44	00:46:31	00:46:47.15	00:46:52.70	+00:13:20 (28.5%)	4:55	12.2 (71.8%)
73	MONDRY Waldemar	188		M-50	5							00:23:17	00:46:31	00:46:44.05	00:46:56.20	+00:13:24 (28.6%)	4:55	12.2 (71.8%)
74	MICHALEWSKI Bartosz	193		M-40	31		LUCKY LUCK					00:23:20	00:46:31	00:46:48.65	00:46:59.90	+00:13:27 (28.6%)	4:55	12.2 (71.8%)
75	BYRTEK Marcin	159		M-40	32							00:22:21	00:46:35	00:46:58.00	00:47:05.10	+00:13:33 (28.8%)	4:56	12.1 (71.2%)
76	KOWALCZYK Kamila	257		K-20	3							00:23:02	00:46:41	00:46:58.30	00:47:06.35	+00:13:34 (28.8%)	4:56	12.1 (71.2%)
77	KAZUBOWSKI Jacek	35		M-50	6		TriDarKo					00:23:33	00:46:52	00:47:09.95	00:47:09.95	+00:13:37 (28.9%)	4:57	12.1 (71.2%)
78	CZARNECKI Piotr	286		M-40	33	Brzoza Biega						00:22:23	00:46:48	00:47:02.25	00:47:11.55	+00:13:39 (28.9%)	4:57	12.1 (71.2%)
79	PAŚ Michał	74		M-40	34		Charty Szelejewo					00:23:39	00:46:45	00:47:00.85	00:47:11.75	+00:13:39 (28.9%)	4:56	12.1 (71.2%)
80	JAGODZIŃSKA Magdalena	62		K-30	3	Bydgoskie Okonie	Bydgoskie Okonie					00:23:01	00:46:48	00:47:06.10	00:47:17.45	+00:13:45 (29.1%)	4:57	12.1 (71.2%)
81	KRUSZYNA Adam	194		M-50	7							00:22:56	00:47:05	00:47:18.65	00:47:22.65	+00:13:50 (29.2%)	4:58	12.1 (71.2%)
82	SZYDŁOWSKI Arkadiusz	102		M-40	35		Tims Sport					00:22:54	00:47:06	00:47:22.65	00:47:28.60	+00:13:56 (29.4%)	4:59	12 (70.6%)

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												netto 9.5km	brutto 9.5km				
83	WIŚNIEWSKI Mikołaj	285		M-20	11	Brzoza Biega					00:22:49	00:47:06	00:47:21.20	00:47:31.35	+00:13:59 (29.4%)	4:59	12 (70.6%)
84	STĘPIEŃ Tomasz	67		M-40	36	Brzoza	Brzoza				00:22:37	00:47:11	00:47:29.20	00:47:38.15	+00:14:06 (29.6%)	4:59	12 (70.6%)
85	RÓZYCKI Waldemar	253		M-40	37						00:22:58	00:47:06	00:47:23.35	00:47:45.15	+00:14:13 (29.8%)	4:59	12 (70.6%)
86	GLIWKA Artur	111		M-40	38	1 BLWL					00:21:48	00:47:18	00:47:36.55	00:47:48.55	+00:14:16 (29.9%)	5:00	12 (70.6%)
87	PILARSKI Radosław	184		M-40	39	Brzoza Biega					00:22:49	00:47:26	00:47:44.45	00:47:50.00	+00:14:18 (29.9%)	5:01	11.9 (70.0%)
88	MAŁKOWSKI Iwo	268		M-30	19						00:23:26	00:47:34	00:47:51.80	00:47:53.70	+00:14:21 (30.0%)	5:02	11.9 (70.0%)
89	MIAZGA Adam	217		M-30	20						00:22:41	00:47:27	00:47:45.65	00:47:53.95	+00:14:21 (30.0%)	5:01	11.9 (70.0%)
90	MICHNA Bartosz	128		M-30	21						00:23:26	00:47:40	00:47:58.20	00:48:00.55	+00:14:28 (30.2%)	5:02	11.9 (70.0%)
91	PIECZKA Marcin	36		M-30	22	Antidotum					00:23:26	00:47:42	00:47:59.60	00:48:00.70	+00:14:28 (30.2%)	5:03	11.9 (70.0%)
92	REPKA Marek	139		M-40	40	Lupus Team	Lupus Team				00:23:18	00:47:39	00:47:55.25	00:48:02.70	+00:14:30 (30.2%)	5:02	11.9 (70.0%)
93	GACKOWSKI Krzysztof	196		M-40	41						00:23:24	00:47:39	00:47:55.80	00:48:02.90	+00:14:30 (30.2%)	5:02	11.9 (70.0%)
94	KRUSZYNA Robert	205		M-40	42						00:23:38	00:47:33	00:47:48.35	00:48:05.25	+00:14:33 (30.3%)	5:01	11.9 (70.0%)
95	GROTA Artur	116		M-40	43						00:23:03	00:48:08	00:48:25.30	00:48:34.20	+00:15:02 (31.0%)	5:05	11.8 (69.4%)
96	URBANSKA Ewa	242		K-40	2	TM Iron Team	TM Iron Team				00:23:03	00:48:21	00:48:36.90	00:48:43.45	+00:15:11 (31.2%)	5:06	11.7 (68.8%)
97	LEWANDOWSKI Rafał	121		M-40	44	SPC					00:23:20	00:48:15	00:48:31.20	00:48:45.00	+00:15:13 (31.2%)	5:06	11.7 (68.8%)
98	WIDŹGOWSKI Przemysław	232		M-40	45						00:24:07	00:48:18	00:48:32.25	00:48:45.15	+00:15:13 (31.2%)	5:06	11.7 (68.8%)
99	ŚWIĘCICKI Andrzej	64		M-40	46						00:24:12	00:48:23	00:48:40.15	00:48:54.30	+00:15:22 (31.4%)	5:07	11.7 (68.8%)
100	PODKÓWKA Zbigniew	49		M-60	3		Podgórz Toruń				00:23:32	00:48:32	00:48:48.45	00:48:55.40	+00:15:23 (31.5%)	5:08	11.7 (68.8%)
101	MROTEK Katarzyna	226		K-40	3	Akademia Mistrzów Sportu	Akademia Mistrzów Sportu				00:24:02	00:48:32	00:48:48.35	00:48:56.35	+00:15:24 (31.5%)	5:08	11.7 (68.8%)
102	MAZERSKI Jarosław	260		M-30	23						00:23:47	00:48:39	00:48:57.05	00:49:05.55	+00:15:33 (31.7%)	5:09	11.6 (68.2%)
103	REPKA Anna	138		K-40	4	Lupus Team	Lupus Team				00:23:50	00:48:55	00:49:08.75	00:49:16.95	+00:15:44 (32.0%)	5:10	11.6 (68.2%)
104	ROHDE Piotr	91		M-1	3	Brzoza Biega					00:23:33	00:49:02	00:49:17.65	00:49:22.60	+00:15:50 (32.1%)	5:11	11.6 (68.2%)
105	STEMPNIAK Krzysztof	112		M-50	8						00:24:10	00:49:01	00:49:19.65	00:49:29.20	+00:15:57 (32.2%)	5:11	11.6 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Drużyna 2	Split 4.9km	Split 9.4km	Czas netto 9.5km	Czas brutto 9.5km	Różn	Tempo min/km	Tempo km/h
106	OLSZEWSKI Rafał	200		M-40	47	TG SOKÓŁ GNIEWKOWO				00:24:24	00:49:35	00:49:50.40	00:49:56.95	+00:16:24 (32.9%)	5:14	11.4 (67.1%)
107	SZEWCZYKOWSKI Grzegorz	180		M-40	48	Bydgoskie Żółwie	Bydgoskie Żółwie			00:24:12	00:49:27	00:49:44.85	00:49:58.95	+00:16:26 (32.9%)	5:14	11.5 (67.6%)
108	GÓRSKI Marian	127		M-60	4					00:24:28	00:49:42	00:49:57.50	00:50:01.60	+00:16:29 (33.0%)	5:15	11.4 (67.1%)
109	GRYCZKA Piotr	38		M-50	9					00:24:13	00:49:39	00:49:53.70	00:50:03.45	+00:16:31 (33.0%)	5:15	11.4 (67.1%)
110	UGOREK Mirek	204		M-40	49					00:24:44	00:49:38	00:49:53.70	00:50:03.55	+00:16:31 (33.0%)	5:15	11.4 (67.1%)
111	WIŚNIEWSKI Jakub	107		M-20	12					00:24:15	00:49:38	00:49:57.75	00:50:10.95	+00:16:38 (33.2%)	5:15	11.4 (67.1%)
112	WIŚNIEWSKI Leszek	108		M-50	10					00:24:14	00:49:38	00:49:57.20	00:50:11.05	+00:16:39 (33.2%)	5:15	11.4 (67.1%)
113	CZYŻEWSKA Justyna	43		K-30	4					00:24:19	00:49:46	00:50:04.40	00:50:14.55	+00:16:42 (33.3%)	5:16	11.4 (67.1%)
114	MAŚLIŃSKI Mirosław	210		M-50	11					00:24:28	00:49:59	00:50:16.50	00:50:24.65	+00:16:52 (33.5%)	5:17	11.3 (66.5%)
115	WINKLEWSKI Krzysztof	72		M-40	50					00:24:09	00:50:10	00:50:24.40	00:50:31.20	+00:16:59 (33.6%)	5:18	11.3 (66.5%)
116	FULARA Nadia	55		K-30	5					00:25:20	00:50:03	00:50:20.95	00:50:34.15	+00:17:02 (33.7%)	5:17	11.3 (66.5%)
117	ZAPARUCHA Mikołaj	288		M-40	51					00:24:43	00:50:07	00:50:23.25	00:50:38.40	+00:17:06 (33.8%)	5:18	11.3 (66.5%)
118	STRZAŁKA Robert	284		M-30	24		MUKS Piętnastka			00:25:08	00:50:15	00:50:34.70	00:50:59.00	+00:17:27 (34.2%)	5:19	11.3 (66.5%)
119	TOCZKIEWICZ Kaja	110		K-1	1					00:25:17	00:50:40	00:50:57.20	00:51:08.45	+00:17:36 (34.4%)	5:21	11.2 (65.9%)
120	KOZIOŁ Łukasz	240		M-30	25					00:24:35	00:50:32	00:50:48.55	00:51:09.40	+00:17:37 (34.4%)	5:20	11.2 (65.9%)
121	SKUCIŃSKA Karolina	167		K-30	6	Polonia Bydgoszcz SLA	Polonia Bydgoszcz SLA			00:25:21	00:50:39	00:50:58.00	00:51:09.45	+00:17:37 (34.5%)	5:21	11.2 (65.9%)
122	JAGODZIŃSKI Mateusz	60		M-30	26	Bydgoskie Okonie	Bydgoskie Okonie			00:25:21	00:50:40	00:50:59.25	00:51:10.70	+00:17:38 (34.5%)	5:22	11.2 (65.9%)
123	PODLASZEWSKI Jacek	215		M-50	12		SPC			00:24:53	00:50:41	00:50:57.20	00:51:11.45	+00:17:39 (34.5%)	5:21	11.2 (65.9%)
124	KWIATKOWSKI Piotr	30		M-30	27					00:24:59	00:50:47	00:51:04.25	00:51:13.85	+00:17:41 (34.5%)	5:22	11.2 (65.9%)
125	PAWŁOWSKI Radosław	114		M-50	13					00:25:22	00:50:33	00:50:49.05	00:51:15.40	+00:17:43 (34.6%)	5:20	11.2 (65.9%)
126	KRZYŻANOWSKI Robert	165		M-50	14					00:24:14	00:51:14	00:51:33.10	00:51:46.45	+00:18:14 (35.2%)	5:25	11.1 (65.3%)
127	CHOLEWCZYŃSKI Damian	236		M-30	28					00:25:04	00:51:17	00:51:37.75	00:51:52.05	+00:18:20 (35.3%)	5:26	11 (64.7%)
128	BRATEK Andrzej	44		M-60	5	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz			00:25:03	00:51:28	00:51:42.85	00:51:52.15	+00:18:20 (35.4%)	5:26	11 (64.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Drużyna 2	Split 4.9km	Split 9.4km	Czas netto 9.5km	Czas brutto 9.5km	Różn	Tempo min/km	Tempo km/h
129	GRUDA Mirosław	63		M-60	6					00:25:10	00:51:30	00:51:46.30	00:51:52.35	+00:18:20 (35.4%)	5:26	11 (64.7%)
130	NURKIEWICZ Jarosław	94		M-50	15		Kung fu Pandy 3			00:25:06	00:51:42	00:51:59.50	00:52:10.10	+00:18:38 (35.7%)	5:28	11 (64.7%)
131	TOMCZAK Zbigniew	73		M-60	7		Altom Gniezno			00:25:45	00:51:39	00:51:57.70	00:52:16.25	+00:18:44 (35.8%)	5:28	11 (64.7%)
132	MROZIK Andrzej	234		M-40	52					00:25:42	00:51:34	00:51:51.95	00:52:19.25	+00:18:47 (35.9%)	5:27	11 (64.7%)
133	PIWEK Adrian	281		M-20	13	Solankowi Biegacze	Solankowi Biegacze			00:24:53	00:51:45	00:52:01.40	00:52:24.55	+00:18:52 (36.0%)	5:28	11 (64.7%)
134	ĆWIK Łukasz	259		M-40	53					00:25:07	00:52:11	00:52:28.90	00:52:37.35	+00:19:05 (36.3%)	5:31	10.9 (64.1%)
135	GOLINOWSKI Dariusz	198		M-40	54					00:25:48	00:52:18	00:52:38.95	00:52:57.80	+00:19:25 (36.7%)	5:32	10.8 (63.5%)
136	CIESIELSKA Agnieszka	264		K-40	5		Rebel Cross Sport			00:26:04	00:52:50	00:53:08.70	00:53:21.15	+00:19:49 (37.1%)	5:35	10.7 (62.9%)
137	OSZUBSKI Kazimierz	254		M-40	55					00:26:14	00:52:57	00:53:14.00	00:53:27.20	+00:19:55 (37.3%)	5:36	10.7 (62.9%)
138	ANDRZEJEWSKI Ryszard	32		M-70	1		Żółtokrólewscy			00:25:37	00:53:03	00:53:21.20	00:53:27.25	+00:19:55 (37.3%)	5:36	10.7 (62.9%)
139	KLOSKOWSKI Adam	93		M-30	29		JW1515 Bydgoszcz			00:26:15	00:53:03	00:53:21.00	00:53:30.05	+00:19:58 (37.3%)	5:36	10.7 (62.9%)
140	BRAŃKA Mateusz	279		M-20	14					00:26:27	00:52:58	00:53:14.20	00:53:32.30	+00:20:00 (37.4%)	5:36	10.7 (62.9%)
141	CHROBAK Tomasz	291		M-40	56					00:26:30	00:52:58	00:53:14.75	00:53:33.45	+00:20:01 (37.4%)	5:36	10.7 (62.9%)
142	KOZAK Krzysztof	98		M-30	30		Niezzeszony			00:26:01	00:53:10	00:53:27.05	00:53:39.05	+00:20:07 (37.5%)	5:37	10.7 (62.9%)
143	WIŚNIEWSKI Zbigniew	4		M-50	16		Brzoza Biega			00:24:14	00:53:23	00:53:43.30	00:53:45.30	+00:20:13 (37.6%)	5:39	10.6 (62.4%)
144	SCHMIDT Marcin	52		M-40	57					00:26:01	00:53:16	00:53:35.00	00:53:45.75	+00:20:13 (37.6%)	5:38	10.6 (62.4%)
145	KRÓL Karol	250		M-40	58		TKKF Kolejarz Bydgoszcz			00:26:04	00:53:25	00:53:41.50	00:53:51.10	+00:20:19 (37.7%)	5:39	10.6 (62.4%)
146	DOMAN Janusz	25		M-60	8		UKS Szabla Brzoza			00:26:05	00:53:47	00:54:05.50	00:54:09.20	+00:20:37 (38.1%)	5:41	10.5 (61.8%)
147	GROBELNA Monika	61		K-30	7					00:26:34	00:53:50	00:54:04.75	00:54:10.30	+00:20:38 (38.1%)	5:41	10.5 (61.8%)
148	SZARMACH Stanisław	123		M-60	9		Diabelskie Pioruny			00:26:31	00:53:53	00:54:08.70	00:54:16.10	+00:20:44 (38.2%)	5:41	10.5 (61.8%)
149	LICA Krzysztof	155		M-50	17		SISU-OWB rowertour.com			00:25:11	00:54:08	00:54:29.00	00:54:46.30	+00:21:14 (38.8%)	5:44	10.5 (61.8%)
150	JURSKI Robert	31		M-40	59					00:25:52	00:54:16	00:54:37.30	00:54:47.50	+00:21:15 (38.8%)	5:44	10.4 (61.2%)
151	TKACZUK Jolanta	118		K-50	1		TG SOKÓŁ GNIEWKOWO			00:26:18	00:54:28	00:54:48.60	00:54:48.60	+00:21:16 (38.8%)	5:46	10.4 (61.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Drużyna 2	Split 4.9km	Split 9.4km	Czas netto 9.5km	Czas brutto 9.5km	Różn	Tempo min/km	Tempo km/h
152	WASIELEWSKA Anetta	230		K-40	6					00:26:35	00:54:28	00:54:46.70	00:54:59.45	+00:21:27 (39.0%)	5:45	10.4 (61.2%)
153	PASZKIET Witold	90		M-60	10		TKKF Kolejarz Bydgoszcz			00:26:46	00:54:29	00:54:50.40	00:55:04.40	+00:21:32 (39.1%)	5:46	10.4 (61.2%)
154	ZUPA Wojciech	157		M-50	18	SISU-OWB rowertour.com	SISU-OWB rowertour.com			00:26:30	00:54:45	00:55:00.35	00:55:16.60	+00:21:44 (39.3%)	5:47	10.4 (61.2%)
155	AUGUSTYNOWICZ Andrzej	262		M-40	60					00:27:01	00:54:50	00:55:09.10	00:55:20.55	+00:21:48 (39.4%)	5:48	10.3 (60.6%)
156	AUGUSTYNOWICZ Aurelia	263		K-40	7					00:27:03	00:54:51	00:55:11.25	00:55:22.65	+00:21:50 (39.4%)	5:48	10.3 (60.6%)
157	STANKOWSKA Justyna	137		K-40	8		Kijkowe Trzemeszno			00:26:55	00:54:58	00:55:18.55	00:55:37.95	+00:22:05 (39.7%)	5:49	10.3 (60.6%)
158	RATAJ Maciej	8		M-40	61					00:25:37	00:55:06	00:55:26.00	00:55:40.55	+00:22:08 (39.8%)	5:50	10.3 (60.6%)
159	TOCZKIEWICZ Piotr	68		M-40	62					00:27:27	00:55:06	00:55:24.35	00:55:41.30	+00:22:09 (39.8%)	5:49	10.3 (60.6%)
160	OLSZEWSKA Ewa	201		K-40	9	TG SOKÓŁ GNIEWKOWO				00:27:21	00:55:28	00:55:45.90	00:55:53.00	+00:22:21 (40.0%)	5:52	10.2 (60.0%)
161	RÓŻYCZKA Joanna	83		K-30	8					00:28:08	00:55:26	00:55:44.00	00:56:00.25	+00:22:28 (40.1%)	5:52	10.2 (60.0%)
162	KALACZYŃSKI Grzegorz	34		M-50	19					00:28:04	00:55:23	00:55:41.05	00:56:01.00	+00:22:29 (40.1%)	5:51	10.2 (60.0%)
163	BASIŃSKI Paweł	178		M-40	63					00:27:20	00:55:23	00:55:42.65	00:56:07.35	+00:22:35 (40.2%)	5:51	10.2 (60.0%)
164	KONIEC Krzysztof	24		M-50	20	Krissbiega	Krissbiega			00:27:09	00:55:50	00:56:09.35	00:56:21.85	+00:22:49 (40.5%)	5:54	10.2 (60.0%)
165	BAKOWSKI Dawid	79		M-30	31					00:27:56	00:56:23	00:56:42.85	00:56:58.10	+00:23:26 (41.1%)	5:58	10.1 (59.4%)
166	MAŁKIŃSKI Józef	84		M-60	11					00:27:57	00:56:22	00:56:44.95	00:57:01.85	+00:23:29 (41.2%)	5:58	10 (58.8%)
167	MAŁKIŃSKA-BIĘGA Dorota	80		K-30	9					00:27:58	00:56:26	00:56:47.20	00:57:02.15	+00:23:30 (41.2%)	5:58	10 (58.8%)
168	BRACICHOWICZ Bogumiła	92		K-50	2					00:28:08	00:56:38	00:56:58.85	00:57:11.00	+00:23:39 (41.4%)	5:59	10 (58.8%)
169	BRYWCZYŃSKA Justyna	50		K-40	10		#slimakibarcin / Rodos Team			00:27:55	00:56:52	00:57:10.30	00:57:18.80	+00:23:46 (41.5%)	6:01	10 (58.8%)
170	WIŚNIEWSKI Janusz	214		M-50	21					00:27:10	00:56:40	00:56:57.80	00:57:19.70	+00:23:47 (41.5%)	5:59	10 (58.8%)
171	RUDOL Sebastian	261		M-40	64		Rudolki			00:29:14	00:57:09	00:57:27.90	00:57:40.05	+00:24:08 (41.9%)	6:02	9.9 (58.2%)
172	ZAMIATOWSKA Kinga	54		K-40	11		Bella Line, Nartorolki.pl			00:29:14	00:57:11	00:57:27.25	00:57:40.20	+00:24:08 (41.9%)	6:02	9.9 (58.2%)
172	NALEWALSKA Justyna	191		K-30	10					00:27:22	00:57:11	00:57:29.85	00:57:40.20	+00:24:08 (41.9%)	6:03	9.9 (58.2%)
174	RUDOL Magdalena	211		K-40	12		Rudolki			00:29:13	00:57:08	00:57:27.35	00:57:40.25	+00:24:08 (41.9%)	6:02	9.9 (58.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Drużyna 2	Split 4.9km	Split 9.4km	Czas netto 9.5km	Czas brutto 9.5km	Różn	Tempo min/km	Tempo km/h
175	KRYSZTOFIAK Robert	152		M-40	65					00:27:52	00:57:13	00:57:31.30	00:57:47.75	+00:24:15 (42.0%)	6:03	9.9 (58.2%)
176	ZIÓŁKOWSKI Mieczysław	199		M-50	22					00:27:51	00:57:32	00:57:49.65	00:57:56.30	+00:24:24 (42.1%)	6:05	9.9 (58.2%)
177	BADOWSKI Krzysztof	168		M-50	23		KSN ŁUCZNICZKA OCULUS BYDGOSZCZ			00:29:15	00:57:13	00:57:53.30	00:58:00.70	+00:24:28 (42.2%)	6:05	9.8 (57.6%)
178	WAKUŁA-KUNZ Wanda	149		K-40	13					00:28:00	00:57:43	00:58:00.20	00:58:05.60	+00:24:33 (42.3%)	6:06	9.8 (57.6%)
179	BUDNY Ewa	267		K-1	2					00:27:49	00:57:34	00:57:50.10	00:58:07.75	+00:24:35 (42.3%)	6:05	9.9 (58.2%)
180	BUDNY Joanna	241		K-30	11					00:27:48	00:57:34	00:57:50.40	00:58:08.10	+00:24:36 (42.3%)	6:05	9.9 (58.2%)
181	GIZA Ewa	243		K-30	12					00:27:57	00:57:43	00:58:00.45	00:58:12.15	+00:24:40 (42.4%)	6:06	9.8 (57.6%)
182	MALATYNSKA Barbara	174		K-40	14					00:29:06	00:58:01	00:58:20.20	00:58:36.15	+00:25:04 (42.8%)	6:08	9.8 (57.6%)
183	FABROWSKI Dawid	12		M-40	66		TriTata/OCHALteam			00:28:13	00:58:02	00:58:19.60	00:58:45.50	+00:25:13 (42.9%)	6:08	9.8 (57.6%)
184	NOWACZYK Zygmunt	105		M-50	24		BOLT Trzemeszno			00:27:24	00:58:05	00:58:27.35	00:58:46.65	+00:25:14 (42.9%)	6:09	9.8 (57.6%)
185	KOLMAJER Rafał	245		M-40	67	TEAMOCHAL	TEAMOCHAL			00:27:42	00:58:17	00:58:36.35	00:58:51.30	+00:25:19 (43.0%)	6:10	9.7 (57.1%)
186	BICZKOWSKA Magdalena	265		K-40	15					00:27:41	00:58:15	00:58:35.85	00:58:51.40	+00:25:19 (43.0%)	6:10	9.7 (57.1%)
187	BARWIKOWSKA Bogusia	6		K-40	16					00:29:00	00:58:14	00:58:31.65	00:58:52.65	+00:25:20 (43.0%)	6:09	9.7 (57.1%)
188	SPYCHALSKA Kinga	96		K-30	13					00:28:59	00:58:13	00:58:31.15	00:58:52.70	+00:25:20 (43.0%)	6:09	9.7 (57.1%)
189	NOWAKOWSKI Czesław	221		M-70	2		Ducla Academy Warszawa			00:28:25	00:58:19	00:58:37.35	00:58:54.85	+00:25:22 (43.1%)	6:10	9.7 (57.1%)
190	PÓŁGĘSEK Rafał	14		M-40	68					00:28:51	00:58:23	00:58:45.70	00:59:08.25	+00:25:36 (43.3%)	6:11	9.7 (57.1%)
191	DĘBSKI Jan	223		M-60	12		Sołtys			00:28:49	00:58:38	00:59:03.75	00:59:21.55	+00:25:49 (43.5%)	6:12	9.7 (57.1%)
192	STRABEL Piotr	156		M-60	13					00:29:22	00:59:04	00:59:23.15	00:59:37.05	+00:26:05 (43.8%)	6:15	9.6 (56.5%)
193	LUDWINIAK Bogdan	86		M-50	25					00:29:04	00:59:19	00:59:39.05	00:59:53.80	+00:26:21 (44.0%)	6:16	9.6 (56.5%)
194	BŁĄŻEK-KOJRO Kasia	81		K-30	14					00:29:52	00:59:45	01:00:03.20	01:00:19.25	+00:26:47 (44.4%)	6:19	9.5 (55.9%)
195	LEWANDOWSKA Sylwia	82		K-40	17					00:29:51	00:59:48	01:00:06.60	01:00:22.55	+00:26:50 (44.5%)	6:19	9.5 (55.9%)
196	PORAZINSKA Viktoria	246		K-40	18					00:29:24	01:00:32	01:00:53.35	01:01:12.05	+00:27:40 (45.2%)	6:24	9.4 (55.3%)
197	GROBELNA Angelika	266		K-40	19					00:29:25	01:00:32	01:00:54.00	01:01:12.10	+00:27:40 (45.2%)	6:24	9.4 (55.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Drużyna 2	Split 4.9km	Split 9.4km	Czas netto 9.5km	Czas brutto 9.5km	Różn	Tempo min/km	Tempo km/h
198	BUTOWSKI Michał	258		M-40	69					00:29:25	01:00:32	01:00:54.25	01:01:12.35	+00:27:40 (45.2%)	6:24	9.4 (55.3%)
199	BARTOSZYŃSKI Marcin	219		M-40	70		RAW-studio reklamy			00:31:27	01:00:33	01:00:53.75	01:01:16.45	+00:27:44 (45.3%)	6:24	9.4 (55.3%)
200	OLSZEWSKA Beata	29		K-30	15					00:30:00	01:00:36	01:00:57.90	01:01:21.80	+00:27:49 (45.4%)	6:24	9.4 (55.3%)
200	JULLY Arkadiusz	146		M-40	71					00:29:25	01:00:38	01:01:01.20	01:01:21.80	+00:27:49 (45.4%)	6:25	9.3 (54.7%)
202	FERENS Paweł	89		M-40	72	Solankowi Biegacze	Solankowi Biegacze			00:30:00	01:00:36	01:00:59.05	01:01:24.10	+00:27:52 (45.4%)	6:25	9.3 (54.7%)
203	NADRAJKOWSKA Joanna	3		K-30	16	Solankowi Biegacze	Solankowi Biegacze			00:30:02	01:00:44	01:01:06.80	01:01:31.30	+00:27:59 (45.5%)	6:25	9.3 (54.7%)
204	FURYK Karol	1		M-30	32	Solankowi Biegacze	Solankowi Biegacze			00:30:03	01:00:45	01:01:07.25	01:01:31.60	+00:27:59 (45.5%)	6:26	9.3 (54.7%)
205	SZCZĘSNY Arkadiusz	85		M-40	73		Dynamo Skarpa			00:29:30	01:01:01	01:01:23.45	01:01:40.65	+00:28:08 (45.6%)	6:27	9.3 (54.7%)
206	KWAŚNIEWSKA Aldona	150		K-40	20					00:29:37	01:01:24	01:01:42.65	01:01:47.50	+00:28:15 (45.7%)	6:29	9.2 (54.1%)
207	NALIŃSKA Ania	125		K-20	4	AA				00:29:28	01:01:24	01:01:47.45	01:02:01.15	+00:28:29 (45.9%)	6:30	9.2 (54.1%)
208	PIONTEK Elżbieta	95		K-60	1					00:30:43	01:02:02	01:02:24.00	01:02:39.05	+00:29:07 (46.5%)	6:34	9.1 (53.5%)
209	KALINOWSKA Patrycja	216		K-30	17					00:30:02	01:02:24	01:02:44.10	01:03:05.25	+00:29:33 (46.8%)	6:36	9.1 (53.5%)
210	NOSKOWIAK-BAJNO Alicja	212		K-40	21		ChotaKłóliki			00:30:02	01:02:24	01:02:45.10	01:03:05.45	+00:29:33 (46.8%)	6:36	9.1 (53.5%)
211	SKRZĄTEK Anna	19		K-40	22					00:30:33	01:02:38	01:03:07.35	01:03:19.80	+00:29:47 (47.0%)	6:38	9 (52.9%)
212	POBIEDZIŃSKA Marta	16		K-20	5		Polonia Bydgoszcz SLA			00:31:34	01:05:38	01:05:58.35	01:06:14.15	+00:32:42 (49.4%)	6:56	8.6 (50.6%)
213	WYKRZYKOWSKI Andrzej	185		M-60	14					00:30:42	01:05:39	01:06:03.60	01:06:23.60	+00:32:51 (49.5%)	6:57	8.6 (50.6%)
214	LENC Janusz	13		M-60	15	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz			00:32:20	01:06:56	01:07:18.25	01:07:34.85	+00:34:02 (50.4%)	7:05	8.5 (50.0%)
215	ZAGOŹDŻON Wioleta	28		K-30	18		Soleccy biegacze			00:31:46	01:08:02	01:08:21.85	01:08:21.85	+00:34:49 (50.9%)	7:11	8.3 (48.8%)
216	ZIELIŃSKA Justyna	15		K-40	23					00:31:23	01:07:40	01:08:00.15	01:08:23.75	+00:34:51 (51.0%)	7:09	8.4 (49.4%)
217	KOZŁOWSKA Karolina	26		K-40	24		IX Liceum ogólnokształcące w Bydgoszczy			00:31:28	01:08:04	01:08:25.80	01:08:51.65	+00:35:19 (51.3%)	7:12	8.3 (48.8%)
218	PISKORSKA Marta	5		K-40	25					00:31:24	01:08:10	01:08:31.10	01:08:52.10	+00:35:20 (51.3%)	7:12	8.3 (48.8%)
219	GUŹDZIÓŁ Jarek	10		M-40	74		TBKM WILK Solec Kujawski			00:31:28	01:08:04	01:08:26.50	01:08:52.15	+00:35:20 (51.3%)	7:12	8.3 (48.8%)
220	ORZECZOWSKA Kasia	101		K-30	19					00:31:18	01:08:04	01:08:26.05	01:08:52.40	+00:35:20 (51.3%)	7:12	8.3 (48.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Drużyna 2	Split 4.9km	Split 9.4km	Czas netto 9.5km	Czas brutto 9.5km	Różn	Tempo min/km	Tempo km/h
221	AUGUSTYNOWICZ Katarzyna	158		K-40	26		TKKF Kolejarz Bydgoszcz			00:32:50	01:09:56	01:10:18.30	01:10:36.45	+00:37:04 (52.5%)	7:24	8.1 (47.6%)
222	MAZUREK Dorota	143		K-30	20					00:33:46	01:11:27	01:11:48.20	01:11:56.85	+00:38:24 (53.4%)	7:33	7.9 (46.5%)
223	WARSZAWSKI Przemysław	142		M-30	33					00:33:46	01:11:27	01:11:48.85	01:11:57.15	+00:38:25 (53.4%)	7:33	7.9 (46.5%)
224	RADZIEJEWSKA Grażyna	269		K-50	3					00:33:48	01:12:10	01:12:33.80	01:12:39.25	+00:39:07 (53.8%)	7:38	7.9 (46.5%)
225	KAPELIŃSKI Stanisław	51		M-50	26	RODOS Team	RODOS Team			00:34:26	01:12:28	01:12:51.70	01:12:51.70	+00:39:19 (54.0%)	7:40	7.8 (45.9%)
226	WIESE Grzegorz	131		M-60	16	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz			00:34:40	01:12:36	01:12:53.45	01:13:07.90	+00:39:35 (54.1%)	7:40	7.8 (45.9%)
227	JURECKA Ewa	119		K-50	4					00:34:36	01:15:23	01:15:49.30	01:16:06.50	+00:42:34 (55.9%)	7:58	7.5 (44.1%)
228	PILECKI Gustaw	189		M-70	3		Brzoza Biega/Rowerowa Brzoza			00:37:28	01:17:44	01:18:13.60	01:18:28.75	+00:44:56 (57.3%)	8:14	7.3 (42.9%)
229	GOLA Grzegorz	117		M-50	27		TG SOKÓŁ GNIEWKOWO			00:40:34	01:24:38	01:25:04.75	01:25:24.40	+00:51:52 (60.7%)	8:57	6.7 (39.4%)
230	KOŁODYŃSKA Aleksandra	213		K-30	21					00:41:23	01:25:05	01:25:29.40	01:25:50.45	+00:52:18 (60.9%)	8:59	6.7 (39.4%)
231	ANGIEL Władysław	41		M-70	4		TKKF Kolejarz Bydgoszcz			00:41:56	01:27:00	01:27:33.95	01:27:36.45	+00:54:04 (61.7%)	9:12	6.5 (38.2%)
DNC	GRABOWSKA Lucyna	247		K-50			Brzoza Biega			00:34:07		00:38:46.20	00:38:46.20		0:00	14.7 (86.5%)

Znaleziono 232 wynik(ów)