



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XVI BIEG SYLWESTROWY
Stowarzyszenie Rowerowa Brzoza
2022-12-31
Brzoza
10 km

XVI BIEG SYLWESTROWY

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

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INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KRUBER Karolina	243	ADRIANBEDNAREK.PL	K-30	1	adrianbednarek.pl	00:00:02	00:09:53	00:19:16	00:28:58	00:38:47	00:40:29.50	00:40:32.10		4:02	14.8 (100%)
2	PIOTROWSKA Katarzyna	179	TEAMOCHAL	K-30	2	TEAMOCHAL	00:00:01	00:09:48	00:19:31	00:29:18	00:39:02	00:40:45.10	00:40:46.65	+00:00:15 (0.6%)	4:04	14.7 (99.3%)
3	WOŹNIAKOWSKA Agata	411	WTLENIE	K-30	3	wTLENIE	00:00:04	00:10:57	00:21:08	00:31:34	00:42:13	00:44:06.90	00:44:11.75	+00:03:37 (8.2%)	4:24	13.6 (91.9%)
4	ANDRZEJEWSKA Sylwia	240	TEAMOCHAL	K-30	4	TEAMOCHAL	00:00:01	00:10:45	00:21:16	00:32:01	00:42:46	00:44:39.85	00:44:41.80	+00:04:10 (9.3%)	4:27	13.4 (90.5%)
5	RATZ Marcjanna	14		K-30	5		00:00:10	00:11:14	00:21:46	00:32:28	00:42:56	00:44:42.15	00:44:52.15	+00:04:12 (9.4%)	4:28	13.4 (90.5%)
6	WASILEWSKA Martyna	398	AKADEMIA MISTRZÓW SPORTU	K-30	6	Akademia Mistrzów Sportu	00:00:15	00:11:14	00:21:40	00:32:17	00:42:57	00:44:53.30	00:45:08.50	+00:04:23 (9.8%)	4:29	13.4 (90.5%)
7	RYMARKIEWICZ Małgorzata	267	TM IRON TEAM	K-30	7	TM Iron Team	00:00:13	00:11:45	00:22:57	00:34:19	00:45:45	00:47:49.65	00:48:03.10	+00:07:20 (15.3%)	4:46	12.5 (84.5%)
8	FULARA Nadia	49		K-30	8		00:00:19	00:12:11	00:23:36	00:35:10	00:46:52	00:48:57.10	00:49:16.70	+00:08:27 (17.3%)	4:53	12.3 (83.1%)
9	BIERNACKA Magdalena	380	1 BRYGADA LOGISTYCZNA	K-30	9	1 Brygada Logistyczna	00:00:14	00:12:19	00:24:13	00:36:06	00:47:40	00:49:32.60	00:49:46.90	+00:09:03 (18.3%)	4:57	12.1 (81.8%)
10	LUZAK Magdalena	415		K-30	10		00:00:08	00:11:48	00:23:35	00:35:44	00:48:03	00:50:16.50	00:50:25.30	+00:09:47 (19.5%)	5:01	11.9 (80.4%)
11	KRUSZYNA Renata	307		K-30	11		00:00:15	00:12:09	00:23:48	00:35:51	00:48:11	00:50:30.90	00:50:46.55	+00:10:01 (19.8%)	5:03	11.9 (80.4%)
12	LASKOWSKA Monika	189		K-30	12		00:00:23	00:12:44	00:24:36	00:36:42	00:48:54	00:51:09.00	00:51:32.10	+00:10:39 (20.8%)	5:06	11.7 (79.1%)
13	CZYŻEWSKA Justyna	26		K-30	13		00:00:14	00:12:24	00:24:25	00:37:01	00:49:47	00:52:05.10	00:52:19.20	+00:11:35 (22.3%)	5:12	11.5 (77.7%)
14	GOSIA Mał	246		K-30	14		00:00:27	00:13:50	00:26:42	00:39:54	00:52:55	00:55:08.65	00:55:36.50	+00:14:39 (26.6%)	5:30	10.9 (73.6%)
15	NALEWALSKA Justyna	386		K-30	15		00:00:18	00:13:33	00:26:50	00:40:08	00:53:35	00:55:45.30	00:56:03.65	+00:15:15 (27.4%)	5:34	10.8 (73.0%)
16	PASZKIEWICZ Marika	477	BRZOZA BIEGA	K-30	16		00:00:13	00:14:00	00:27:05	00:40:32	00:54:02	00:56:18.25	00:56:31.30	+00:15:48 (28.1%)	5:37	10.7 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
17	KOWALSKA Anna	470		K-30	17		00:00:28	00:13:57	00:27:10	00:41:16	00:54:48	00:57:02.05	00:57:30.95	+00:16:32 (29.0%)	5:42	10.5 (70.9%)
18	SZMIDT-SZYPURA Agnieszka	131		K-30	18		00:00:30	00:14:26	00:28:09	00:41:54	00:55:15	00:57:47.10	00:58:17.15	+00:17:17 (29.9%)	5:46	10.4 (70.3%)
19	OLSZEWSKA Beata	223	SOLANKOWI BIEGACZE	K-30	19	Solankowi Biegacze	00:00:31	00:15:35	00:29:50	00:43:45	00:57:26	00:59:59.05	01:00:30.35	+00:19:29 (32.5%)	5:59	10 (67.6%)
20	NADRAJKOWSKA Joanna	27	SOLANKOWI BIEGACZE	K-30	20	Solankowi Biegacze	00:00:30	00:15:36	00:29:51	00:43:47	00:57:27	00:59:59.60	01:00:30.30	+00:19:30 (32.5%)	5:59	10 (67.6%)
21	BŁĄŻEK-KOJRO Kasia	60		K-30	21		00:00:28	00:15:35	00:29:58	00:44:30	00:59:16	01:02:03.20	01:02:32.05	+00:21:33 (34.7%)	6:12	9.7 (65.5%)
22	MAŁKIŃSKA-BIEGA Dorota	347		K-30	22		00:00:26	00:15:01	00:29:29	00:44:08	00:59:24	01:02:19.40	01:02:46.15	+00:21:49 (35.0%)	6:13	9.6 (64.9%)
23	WIKTOROWICZ Dominika	150	ŁABISZYN RUNNERS	K-30	23	Łabiszyn runners	00:00:17	00:14:42	00:29:06	00:44:39	01:00:04	01:02:48.60	01:03:06.55	+00:22:19 (35.5%)	6:16	9.6 (64.9%)
24	KOŁODYŃSKA Aleksandra	25		K-30	24		00:00:33	00:19:28	00:40:40	01:03:44		01:07:58.35	01:08:31.50	+00:27:28 (40.4%)	6:47	8.8 (59.5%)
25	WAŚNIEWSKA Ewa	399		K-30	25		00:00:27	00:17:01	00:33:47	00:51:32	01:09:35	01:12:58.00	01:13:25.40	+00:32:28 (44.5%)	7:17	8.2 (55.4%)

Znaleziono 25 wynik(ów)