



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XVI BIEG SYLWESTROWY
Stowarzyszenie Rowerowa Brzoza
2022-12-31
Brzoza
10 km

XVI BIEG SYLWESTROWY

B4SPORT

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KOWALSKA Angelika	367	TRISPACE/TREK	K-40	1	TRISPACE/TREK	00:00:08	00:10:39	00:20:35	00:30:30	00:40:17	00:42:05.75	00:42:14.05		4:12	14.3 (100%)
2	MACIEJEWSKA Kamila	36	#SLIMAKIBARCIN	K-40	2	#slimakibarcin	00:00:04	00:11:18	00:21:49	00:32:12	00:42:30	00:44:24.20	00:44:28.65	+00:02:18 (5.2%)	4:26	13.5 (94.4%)
3	BŁĄŻEJAK Krzysia	241	WTLENIE	K-40	3	wTLENIE	00:00:03	00:11:31	00:22:25	00:33:42	00:45:05	00:47:05.10	00:47:08.45	+00:04:59 (10.6%)	4:42	12.7 (88.8%)
4	ZYLA Magdalena	249		K-40	4		00:00:14	00:12:10	00:23:33	00:34:59	00:46:17	00:48:04.50	00:48:19.40	+00:05:58 (12.4%)	4:48	12.5 (87.4%)
5	WASILEWSKA Agata	413	AKADEMIA MISTRZÓW SPORTU	K-40	5	Akademia Mistrzów Sportu	00:00:16	00:11:46	00:23:15	00:34:40	00:46:03	00:48:04.75	00:48:21.05	+00:05:59 (12.4%)	4:48	12.5 (87.4%)
6	DROŹDŹ Małgorzata	42	AKADEMIA MISTRZÓW SPORTU	K-40	6	Akademia Mistrzów Sportu	00:00:17	00:12:44	00:24:23	00:36:07	00:47:44	00:49:50.55	00:50:08.15	+00:07:44 (15.5%)	4:59	12 (83.9%)
7	PRZYBYŁA Agnieszka	442		K-40	7		00:00:20	00:12:39	00:24:05	00:35:47	00:47:45	00:49:59.80	00:50:19.95	+00:07:54 (15.8%)	4:59	12 (83.9%)
8	BARANOWSKA Joanna	372		K-40	8		00:00:07	00:12:56	00:24:57	00:36:58	00:48:27	00:50:23.90	00:50:31.85	+00:08:18 (16.5%)	5:02	11.9 (83.2%)
9	REPKA Anna	55	LUPUS TEAM	K-40	9	Lupus Team	00:00:07	00:12:22	00:24:07	00:36:26	00:48:42	00:50:51.60	00:50:58.65	+00:08:45 (17.2%)	5:05	11.8 (82.5%)
10	MISUN-NOWAK Katarzyna	30	AKADEMIA MISTRZÓW SPORTU	K-40	10	Akademia Mistrzów Sportu	00:00:14	00:12:56	00:25:06	00:37:08	00:48:59	00:51:09.80	00:51:24.70	+00:09:04 (17.7%)	5:06	11.7 (81.8%)
11	KICZIŃSKI Izabela	327	CBR BIEGA	K-40	11	CBR BIEGA	00:00:14	00:13:09	00:25:13	00:37:27	00:49:17	00:51:24.30	00:51:39.25	+00:09:18 (18.1%)	5:08	11.7 (81.8%)
12	WŁODARSKA Karolina	130	POLONIA BYDGOSZCZ SLA	K-40	12	Polonia Bydgoszcz SLA	00:00:26	00:13:08	00:25:12	00:37:28	00:49:34	00:51:45.30	00:52:11.65	+00:09:39 (18.7%)	5:10	11.6 (81.1%)
13	DULIŃSKA Dorota	190	TRISPACE/TREK	K-40	13	TRISPACE/TREK	00:00:30	00:13:21	00:25:52	00:38:31	00:51:09	00:53:29.50	00:54:00.15	+00:11:23 (21.3%)	5:20	11.2 (78.3%)
14	PRZYWECKA Jadwiga	491		K-40	14		00:00:24	00:13:48	00:26:41	00:39:17	00:51:58	00:54:23.05	00:54:47.10	+00:12:17 (22.6%)	5:26	11 (76.9%)
15	OKOŃSKA Emilia	227		K-40	15		00:00:28	00:13:45	00:26:48	00:40:10	00:53:05	00:55:18.20	00:55:46.85	+00:13:12 (23.9%)	5:31	10.8 (75.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	STANKOWSKA Justyna	360		K-40	16		00:00:10	00:13:14	00:25:56	00:39:14	00:53:15	00:55:40.65	00:55:51.20	+00:13:34 (24.4%)	5:34	10.8 (75.5%)
17	KOPACZEWSKA Agnieszka	217	SZKOŁA JAZDY KOPACZEWSKI	K-40	17	Szkoła jazdy Kopaczewski	00:00:11	00:13:40	00:26:54	00:40:31	00:53:35	00:55:51.50	00:56:03.10	+00:13:45 (24.6%)	5:35	10.7 (74.8%)
18	GROBELNA Monika	61		K-40	18		00:00:14	00:13:24	00:26:46	00:40:34	00:53:54	00:56:00.75	00:56:15.40	+00:13:55 (24.8%)	5:36	10.7 (74.8%)
19	STEJUK Aleksandra	9	AKADEMIA MISTRZÓW SPORTU	K-40	19	Akademia Mistrzów Sportu	00:00:15	00:13:33	00:26:48	00:40:31	00:53:44	00:56:11.40	00:56:27.35	+00:14:05 (25.1%)	5:37	10.7 (74.8%)
20	OLIWKOWSKA Eliza	439		K-40	20		00:00:20	00:13:52	00:26:58	00:40:43	00:53:47	00:56:16.20	00:56:36.95	+00:14:10 (25.2%)	5:37	10.7 (74.8%)
21	DAWGUL Hanna	404	AKADEMIA MISTRZÓW SPORTU	K-40	21	Akademia Mistrzów Sportu	00:00:15	00:13:34	00:26:41	00:40:12	00:53:53	00:56:18.35	00:56:33.85	+00:14:12 (25.2%)	5:37	10.7 (74.8%)
22	MAGDZIARZ Katarzyna	419	KANCELARIA - HMM	K-40	22	Kancelaria - HMM	00:00:23	00:13:56	00:27:08	00:40:28	00:53:58	00:56:20.10	00:56:43.95	+00:14:14 (25.3%)	5:38	10.7 (74.8%)
23	BARWIKOWSKA Bogusia	229		K-40	23		00:00:22	00:14:07	00:27:22	00:40:45	00:54:09	00:56:31.90	00:56:54.70	+00:14:26 (25.5%)	5:39	10.6 (74.1%)
24	DROBYSZEWSKA Anna	180		K-40	24		00:00:08	00:13:32	00:26:55	00:40:34	00:54:42	00:57:23.25	00:57:31.90	+00:15:17 (26.6%)	5:44	10.5 (73.4%)
25	PORAZINSKA Viktoria	220		K-40	25		00:00:25	00:14:34	00:28:10	00:41:55	00:55:52	00:58:21.20	00:58:47.00	+00:16:15 (27.9%)	5:50	10.3 (72.0%)
26	GROBELNA Angelika	250		K-40	26		00:00:25	00:14:34	00:28:10	00:41:55	00:55:53	00:58:21.40	00:58:46.95	+00:16:15 (27.9%)	5:50	10.3 (72.0%)
27	SKRZĄTEK Anna	214		K-40	27		00:00:28	00:14:26	00:28:19	00:42:21	00:56:02	00:58:21.80	00:58:50.55	+00:16:16 (27.9%)	5:50	10.3 (72.0%)
28	ANASZEWICZ Marzena	416		K-40	28		00:00:27	00:14:20	00:27:51	00:41:27	00:55:46	00:58:25.85	00:58:53.05	+00:16:20 (28.0%)	5:50	10.3 (72.0%)
29	MALATYŃSKA Barbara	221		K-40	29		00:00:26	00:14:36	00:28:25	00:42:24	00:56:20	00:58:47.20	00:59:13.85	+00:16:41 (28.4%)	5:52	10.2 (71.3%)
30	FARBICKA-ŻYWICA Paulina	311	BRZOZA BIEGA	K-40	30	Brzoza Biega	00:00:12	00:14:46	00:28:32	00:42:39	00:56:59	00:59:36.90	00:59:49.85	+00:17:31 (29.4%)	5:57	10.1 (70.6%)
31	SIWAK Anna	268		K-40	31		00:00:21	00:13:49	00:27:28	00:41:52	00:56:55	00:59:44.25	01:00:06.05	+00:17:38 (29.5%)	5:58	10 (69.9%)
32	BRZESKA Marta	199		K-40	32		00:00:10	00:14:15	00:28:02	00:42:21	00:57:17	00:59:52.40	01:00:02.95	+00:17:46 (29.7%)	5:59	10 (69.9%)
33	BIERNAT Magdalena	3	SOLANKOWI BIEGACZE	K-40	33	Solankowi Biegacze	00:00:31	00:15:35	00:29:50	00:43:47	00:57:26	00:59:58.95	01:00:30.35	+00:17:53 (29.8%)	5:59	10 (69.9%)
34	LEWANDOWSKA Dorota	375		K-40	34		00:00:22	00:13:54	00:27:54	00:42:27	00:57:25	01:00:02.10	01:00:24.35	+00:17:56 (29.9%)	6:00	10 (69.9%)
35	PISKORSKA Marta	19		K-40	35		00:00:23	00:14:38	00:27:54	00:41:47	00:57:54	01:00:36.10	01:00:59.20	+00:18:30 (30.5%)	6:03	9.9 (69.2%)
36	KUŹNIAK Justyna	162	KB SZAMOTUŁY	K-40	36	KB Szamotuły	00:00:20	00:14:55	00:28:51	00:43:21	00:58:10	01:00:57.50	01:01:18.45	+00:18:51 (30.9%)	6:05	9.8 (68.5%)
37	GACKA Anna	59	LUPUS TEAM	K-40	37	Lupus Team	00:00:19	00:14:42	00:28:38	00:43:12	00:58:21	01:01:02.10	01:01:22.00	+00:18:56 (31.0%)	6:06	9.8 (68.5%)
38	LEWANDOWSKA Sylwia	13		K-40	38		00:00:28	00:15:35	00:29:58	00:44:28	00:58:40	01:01:11.95	01:01:40.60	+00:19:06 (31.2%)	6:07	9.8 (68.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
39	MOCZADŁO Maria	498	SPC	K-40	39	SPC	00:00:32	00:16:21	00:30:41	00:44:58	00:58:55	01:01:24.30	01:01:56.65	+00:19:18 (31.4%)	6:08	9.8 (68.5%)
40	SZCZERBA Katarzyna	299		K-40	40		00:00:20	00:15:04	00:29:29	00:44:05	00:59:02	01:01:42.50	01:02:03.10	+00:19:36 (31.8%)	6:10	9.7 (67.8%)
41	BARCZAK Agnieszka	368		K-40	41		00:00:25	00:15:22	00:29:47	00:44:30	00:59:12	01:01:57.10	01:02:22.25	+00:19:51 (32.1%)	6:11	9.7 (67.8%)
42	SZTEJKA Jolanta	93		K-40	42		00:00:31	00:15:14	00:29:34	00:44:09	00:59:32	01:02:05.30	01:02:36.60	+00:19:59 (32.2%)	6:12	9.7 (67.8%)
43	ZIELIŃSKA Justyna	21		K-40	43		00:00:22	00:14:47	00:29:17	00:45:31	01:00:43	01:03:23.45	01:03:46.05	+00:21:17 (33.6%)	6:20	9.5 (66.4%)
44	POLAŃSKA Beata	499		K-40	44		00:00:33	00:15:48	00:31:01	00:47:03	01:03:11	01:06:16.10	01:06:49.45	+00:24:10 (36.5%)	6:37	9.1 (63.6%)
45	AUGUSTYNOWICZ Katarzyna	277	TKKF KOLEJARZ BYDGOSZCZ	K-40	45	TKKF Kolejarz Bydgoszcz	00:00:34	00:16:53	00:32:30	00:48:55	01:05:25	01:08:24.55	01:08:59.35	+00:26:18 (38.5%)	6:50	8.8 (61.5%)
46	GRABOWSKA Joanna	295		K-40	46		00:00:32	00:17:54	00:36:18	00:55:32	01:10:41	01:13:19.40	01:13:51.60	+00:31:13 (42.6%)	7:19	8.2 (57.3%)
47	KUBIAK Małgorzata	237		K-40	47		00:00:29	00:20:26	00:40:58	01:01:39	01:22:22	01:26:14.55	01:26:44.40	+00:44:08 (51.2%)	8:37	7 (49.0%)

Znaleziono 47 wynik(ów)