



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XVI BIEG SYLWESTROWY
Stowarzyszenie Rowerowa Brzoza
2022-12-31
Brzoza
10 km

XVI BIEG SYLWESTROWY

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

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Klasyfikacja: K-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	STASZKIEWICZ Lucyna	71	STASHKY TEAM	K-50	1	STASHKY TEAM	00:00:07	00:11:10	00:21:41	00:32:22	00:43:09	00:45:07.75	00:45:14.75		4:30	13.3 (100%)
2	KOMISARCZYK Iwona	177	INOWROCŁAW BIEGA	K-50	2	Inowrocław biega	00:00:02	00:11:34	00:23:08	00:35:02	00:46:52	00:49:03.95	00:49:06.25	+00:03:56 (8.0%)	4:54	12.2 (91.7%)
3	GIERSZEWSKA Grażyna	350		K-50	3		00:00:18	00:13:18	00:25:50	00:38:36	00:51:21	00:53:27.15	00:53:45.65	+00:08:19 (15.6%)	5:20	11.2 (84.2%)
4	STERNAL Elżbieta	344		K-50	4		00:00:18	00:13:37	00:26:58	00:40:37	00:54:58	00:57:32.90	00:57:51.70	+00:12:25 (21.6%)	5:45	10.4 (78.2%)
5	GRACZKOWSKA Mirosława	259		K-50	5		00:00:21	00:13:50	00:27:15	00:41:17	00:55:27	00:58:02.15	00:58:23.80	+00:12:54 (22.2%)	5:48	10.3 (77.4%)
6	KUBCZAK-KOSICKA Anna	275		K-50	6		00:00:32	00:17:54	00:36:18	00:55:31		00:58:57.90	00:59:30.60	+00:13:50 (23.5%)	5:53	10.2 (76.7%)
7	BRACICHOWICZ Bogumiła	392		K-50	7		00:00:18	00:14:25	00:28:16	00:42:27	00:56:29	00:59:09.50	00:59:28.15	+00:14:01 (23.7%)	5:54	10.1 (75.9%)
8	WOJCIECHOWSKA-BRZEZINSKA Barbara	329		K-50	8		00:00:28	00:15:25	00:30:07	00:45:34	01:00:47	01:03:23.30	01:03:52.20	+00:18:15 (28.8%)	6:20	9.5 (71.4%)
9	TKACZUK Jolanta	149	TG SOKÓŁ GNIEWKOWO	K-50	9	TG SOKÓŁ GNIEWKOWO	00:00:04	00:15:00	00:30:12	00:46:09	01:02:49	01:06:00.65	01:06:05.50	+00:20:52 (31.6%)	6:36	9.1 (68.4%)
10	ŚLESINSKA Ewa	473	AUTO SPA	K-50	10	Auto Spa	00:00:22	00:16:27	00:32:23	00:48:36	01:05:19	01:08:30.90	01:08:53.60	+00:23:23 (34.1%)	6:51	8.8 (66.2%)
11	WIŚNIEWSKA Lucyna	211	TRISPACE/TREK	K-50	11	TRISPACE/TREK	00:00:29	00:16:59	00:32:59	00:49:26	01:07:07	01:10:27.40	01:10:57.35	+00:25:19 (35.9%)	7:02	8.5 (63.9%)
12	KACZMAREK Wiesława	98		K-50	12		00:00:22	00:17:47	00:34:50	00:51:41	01:09:02	01:12:16.15	01:12:38.85	+00:27:08 (37.6%)	7:13	8.3 (62.4%)
13	RADZIEJEWSKA Grażyna	236		K-50	13		00:00:25	00:16:38	00:33:13	00:51:35	01:10:09	01:13:36.70	01:14:02.10	+00:28:28 (38.7%)	7:21	8.2 (61.7%)

Znaleziono 13 wynik(ów)