



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XVI BIEG SYLWESTROWY
Stowarzyszenie Rowerowa Brzoza
2022-12-31
Brzoza
10 km

XVI BIEG SYLWESTROWY

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	POLANSKI Tomasz	457	THEO RYCHTERS	M-40	1	The Rychters	00:00:00	00:08:32	00:16:32	00:24:37	00:32:42	00:34:13.65	00:34:14.50		3:25	17.5 (100%)
2	ŚWIATKOWSKI Paweł	333		M-40	2		00:00:01	00:08:56	00:17:26	00:25:56	00:34:29	00:36:01.45	00:36:03.00	+00:01:47 (5.0%)	3:36	16.7 (95.4%)
3	KOLMAJER Rafał	363	TEAMOCHAL	M-40	3	TEAMOCHAL	00:00:02	00:09:15	00:17:49	00:26:26	00:35:03	00:36:36.05	00:36:38.45	+00:02:22 (6.5%)	3:39	16.4 (93.7%)
4	GÓRNY Karol	280	ROGIEWICZ RUNNING TEAM	M-40	4	Rogiewicz Running Team	00:00:01	00:09:00	00:17:34	00:26:23	00:35:14	00:36:45.70	00:36:46.85	+00:02:32 (6.9%)	3:40	16.3 (93.1%)
5	WIWATOWSKI Michał	252		M-40	5		00:00:01	00:09:15	00:17:59	00:26:48	00:35:41	00:37:18.35	00:37:19.85	+00:03:04 (8.3%)	3:43	16.1 (92.0%)
6	RYCHTER Karol	497		M-40	6	The Rychters	00:00:02	00:09:18	00:18:07	00:27:11	00:36:18	00:37:55.40	00:37:57.50	+00:03:41 (9.7%)	3:47	15.8 (90.3%)
7	GACKA Rafał	58	LUPUS TEAM	M-40	7	Lupus Team	00:00:03	00:09:48	00:19:00	00:28:16	00:37:31	00:39:12.80	00:39:16.30	+00:04:59 (12.7%)	3:55	15.3 (87.4%)
8	MAJEWSKI Robert	41		M-40	8		00:00:02	00:09:50	00:19:03	00:28:19	00:37:35	00:39:15.20	00:39:18.15	+00:05:01 (12.8%)	3:55	15.3 (87.4%)
9	MUDZIEJEWSKI Jarek	445	TKKF KOLEJARZ BYDGOSZCZ	M-40	9	TKKF Kolejarz Bydgoszcz	00:00:05	00:10:02	00:19:16	00:28:30	00:37:38	00:39:18.25	00:39:24.05	+00:05:04 (12.9%)	3:55	15.3 (87.4%)
10	KOWALCZYK Marek	458	BRZOZA BIEGA	M-40	10	Brzoza Biega	00:00:02	00:09:48	00:19:03	00:28:22	00:37:52	00:39:39.40	00:39:42.30	+00:05:25 (13.7%)	3:57	15.1 (86.3%)
11	MYSIAK Arkadiusz	81		M-40	11		00:00:04	00:10:05	00:19:36	00:29:17	00:39:02	00:40:42.30	00:40:46.30	+00:06:28 (15.9%)	4:04	14.7 (84.0%)
12	NIEMCZYK Robert	403	RUN TEAM SĘPÓLNO KRRAJEŃSKIE	M-40	12	Run Team Sępólno Krrajeńskie	00:00:03	00:09:56	00:19:24	00:29:08	00:38:57	00:40:46.95	00:40:50.75	+00:06:33 (16.1%)	4:04	14.7 (84.0%)
13	GAŁKA Piotr	455		M-40	13		00:00:03	00:10:05	00:19:57	00:29:43	00:39:16	00:41:00.65	00:41:04.20	+00:06:47 (16.5%)	4:06	14.6 (83.4%)
14	KWAPIŃSKI Damian	203		M-40	14		00:00:05	00:10:30	00:20:17	00:29:58	00:39:36	00:41:22.85	00:41:28.75	+00:07:09 (17.3%)	4:08	14.5 (82.9%)
15	LEWANDOWSKI Tomasz	390		M-40	15		00:00:07	00:10:25	00:20:14	00:30:22	00:40:24	00:42:09.65	00:42:17.20	+00:07:56 (18.8%)	4:12	14.2 (81.1%)
16	KLECHA Krzysztof	113	BASIATEAM	M-40	16	BasiaTEAM	00:00:04	00:10:19	00:20:17	00:30:25	00:40:27	00:42:21.05	00:42:26.00	+00:08:07 (19.2%)	4:14	14.2 (81.1%)
17	NAWROCKI Dariusz	207	ŁABISZYN RUNNERS	M-40	17	Łabiszyn runners	00:00:07	00:10:35	00:20:32	00:30:32	00:40:32	00:42:21.95	00:42:29.25	+00:08:08 (19.2%)	4:14	14.2 (81.1%)
18	ZAKURZEWSKI Tomasz	116	TRISPACE/TREK	M-40	18	TRISPACE/TREK	00:00:05	00:10:13	00:20:12	00:30:20	00:40:21	00:42:30.60	00:42:36.35	+00:08:16 (19.5%)	4:15	14.1 (80.6%)
19	KĄLEK Artur	369	TM IRON TEAM	M-40	19	TM Iron Team	00:00:13	00:10:41	00:20:52	00:31:11	00:41:06	00:42:55.05	00:43:08.20	+00:08:41 (20.2%)	4:17	14 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
20	TOMKIEWICZ Rafał	170		M-40	20		00:00:10	00:10:26	00:20:21	00:31:04	00:41:13	00:42:55.40	00:43:06.05	+00:08:41 (20.3%)	4:17	14 (80.0%)
21	MAGDZIARZ Jakub	52	KANCELARIA - HMM	M-40	21	Kancelaria - HMM	00:00:05	00:10:01	00:20:11	00:30:27	00:41:04	00:42:58.40	00:43:03.65	+00:08:44 (20.4%)	4:17	14 (80.0%)
22	ŚWITAL Leszek	172		M-40	22		00:00:05	00:10:40	00:20:52	00:31:18	00:41:18	00:42:59.15	00:43:04.70	+00:08:45 (20.4%)	4:17	14 (80.0%)
23	BYRTEK Marcin	46		M-40	23		00:00:11	00:10:26	00:20:29	00:30:52	00:41:28	00:43:29.10	00:43:40.20	+00:09:15 (21.3%)	4:20	13.8 (78.9%)
24	SOBIERAŁSKI Rafał	183	SĄSIEDZI BRZOZA TEAM	M-40	24	Sąsiedzi Brzoza Team	00:00:07	00:10:57	00:21:13	00:31:31	00:41:43	00:43:34.50	00:43:42.25	+00:09:20 (21.5%)	4:21	13.8 (78.9%)
25	ZBIRANEK Remigiusz	379	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	M-40	25	1 Pomorska Brygada Logistyczna Bydgoszcz	00:00:06	00:10:36	00:20:54	00:31:31	00:41:58	00:43:50.35	00:43:56.50	+00:09:36 (21.9%)	4:23	13.7 (78.3%)
26	WIERZBOWSKI Piotr	139	TEAM KOPEĆ	M-40	26	TEAM KOPEĆ	00:00:08	00:10:42	00:20:56	00:31:24	00:42:04	00:43:56.70	00:44:04.95	+00:09:43 (22.1%)	4:23	13.7 (78.3%)
27	KŁOSOWSKI Marcin	22	CSM POLSKA	M-40	27	CSM Polska	00:00:07	00:11:22	00:21:36	00:31:46	00:42:03	00:43:59.15	00:44:06.60	+00:09:45 (22.2%)	4:23	13.6 (77.7%)
28	KOWALSKI Jacek	156		M-40	28		00:00:06	00:10:25	00:20:43	00:31:28	00:42:06	00:44:03.75	00:44:10.25	+00:09:50 (22.3%)	4:24	13.6 (77.7%)
29	STRZAŁKA Robert	427	BRZOZA BIEGA	M-40	29	Brzoza Biega	00:00:07	00:10:57	00:21:14	00:31:35	00:42:08	00:44:11.95	00:44:19.70	+00:09:58 (22.6%)	4:25	13.6 (77.7%)
30	WIĘCKOWSKI Dariusz	166	AKADEMIA MISTRZÓW SPORTU	M-40	30	Akademia Mistrzów Sportu	00:00:19	00:11:43	00:22:04	00:32:34	00:42:31	00:44:20.60	00:44:40.00	+00:10:06 (22.8%)	4:26	13.5 (77.1%)
31	WIŚNIEWSKI Maciej	383		M-40	31		00:00:04	00:10:57	00:21:29	00:32:06	00:42:31	00:44:25.80	00:44:30.10	+00:10:12 (23.0%)	4:26	13.5 (77.1%)
32	ZAJDLEWICZ Daniel	2		M-40	32		00:00:11	00:11:02	00:21:39	00:32:12	00:42:49	00:44:46.95	00:44:57.95	+00:10:33 (23.6%)	4:28	13.4 (76.6%)
33	SZTEJKA Damian	94		M-40	33		00:00:13	00:10:54	00:21:24	00:32:12	00:42:53	00:44:50.40	00:45:04.20	+00:10:36 (23.7%)	4:29	13.4 (76.6%)
34	TOMASZEWSKI Marcin	381		M-40	34		00:00:07	00:11:09	00:21:47	00:32:34	00:43:07	00:45:00.45	00:45:08.30	+00:10:46 (24.0%)	4:30	13.3 (76.0%)
35	NAMIEŚNIK Krzysztof	110	QSZYSHTOFF	M-40	35	QszyshtOff	00:00:25	00:11:26	00:21:54	00:32:30	00:43:04	00:45:01.35	00:45:26.55	+00:10:47 (24.0%)	4:30	13.3 (76.0%)
36	JAKUBIK Wojciech	281	ROGIEWICZ RUNNING TEAM	M-40	36	Rogiewicz Running Team	00:00:14	00:11:22	00:22:02	00:32:53	00:43:27	00:45:14.85	00:45:29.15	+00:11:01 (24.4%)	4:31	13.3 (76.0%)
37	BORCZYŃSKI Grzegorz	385	BS PIOTRKÓW KUJAWSKI	M-40	37	BS Piotrków Kujawski	00:00:04	00:11:07	00:21:40	00:32:25	00:43:22	00:45:26.50	00:45:31.25	+00:11:12 (24.7%)	4:32	13.2 (75.4%)
38	GLIWKA Artur	351		M-40	38		00:00:12	00:11:05	00:21:42	00:32:36	00:43:41	00:45:40.70	00:45:53.30	+00:11:27 (25.1%)	4:34	13.1 (74.9%)
39	STARZYŃSKI Piotr	254		M-40	39		00:00:18	00:11:57	00:22:35	00:33:20	00:43:51	00:45:42.60	00:46:01.55	+00:11:28 (25.1%)	4:34	13.1 (74.9%)
40	BARSZCZEWSKI Sebastian	286		M-40	40		00:00:12	00:11:21	00:22:02	00:32:58	00:43:54	00:45:46.30	00:45:58.70	+00:11:32 (25.2%)	4:34	13.1 (74.9%)
41	CZARNECKI Piotr	488		M-40	41	Brzoza Biega	00:00:16	00:11:32	00:22:16	00:33:07	00:44:00	00:45:52.60	00:46:09.45	+00:11:38 (25.4%)	4:35	13.1 (74.9%)
42	WITUCKI Tomasz	462	OSP BRZOZA	M-40	42	OSP Brzoza	00:00:25	00:11:22	00:22:03	00:33:06	00:44:25	00:46:36.30	00:47:02.10	+00:12:22 (26.6%)	4:39	12.9 (73.7%)
43	BUZALSKI Robert	88	ORANGE POLSKA	M-40	43	Orange Polska	00:00:05	00:10:58	00:21:43	00:33:05	00:44:42	00:46:45.95	00:46:51.85	+00:12:32 (26.8%)	4:40	12.8 (73.1%)
44	SZAR Szymon	490		M-40	44	Rogiewicz Running Team	00:00:14	00:11:21	00:22:02	00:33:19	00:44:44	00:46:48.05	00:47:02.50	+00:12:34 (26.9%)	4:40	12.8 (73.1%)
45	TOMTAS Konrad	466	56. BAZA LOTNICZA	M-40	45	56. Baza Lotnicza	00:00:12	00:11:27	00:22:19	00:33:31	00:44:49	00:46:53.35	00:47:06.00	+00:12:39 (27.0%)	4:41	12.8 (73.1%)

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46	BARTOSZ Marek	79		M-40	46		00:00:04	00:11:13	00:22:14	00:33:30	00:44:57	00:46:59.75	00:47:04.60	+00:12:46 (27.2%)	4:41	12.8 (73.1%)
47	GACKOWSKI Krzysztof	108		M-40	47		00:00:11	00:11:25	00:22:37	00:34:02	00:45:29	00:47:31.60	00:47:43.40	+00:13:17 (28.0%)	4:45	12.6 (72.0%)
48	DROBYSZEWSKI Krzysztof	182		M-40	48		00:00:09	00:11:33	00:22:23	00:33:39	00:45:19	00:47:32.05	00:47:41.15	+00:13:18 (28.0%)	4:45	12.6 (72.0%)
49	GIERACH Marcin	265	TRISPACE/TREK	M-40	49	TRISPACE/TREK	00:00:06	00:12:24	00:23:54	00:35:14	00:46:40	00:48:34.90	00:48:41.85	+00:14:21 (29.5%)	4:51	12.4 (70.9%)
50	KOPACZEWSKI Marcin	218	SZKOŁA JAZDY KOPACZEWSKI	M-40	50	Szkoła jazdy Kopaczewski	00:00:11	00:11:29	00:22:57	00:34:53	00:46:43	00:48:55.15	00:49:06.20	+00:14:41 (30.0%)	4:53	12.3 (70.3%)
51	KRYSKE Mariusz	235	SPÓJNIA BIAŁE BŁOTA	M-40	51	SPÓJNIA BIAŁE BŁOTA	00:00:31	00:12:18	00:23:33	00:35:08	00:46:59	00:49:03.45	00:49:35.35	+00:14:49 (30.2%)	4:54	12.2 (69.7%)
52	WIDŹGOWSKI Przemysław	228		M-40	52		00:00:15	00:12:25	00:24:12	00:35:54	00:47:08	00:49:07.70	00:49:23.05	+00:14:54 (30.3%)	4:54	12.2 (69.7%)
53	MICHOŃSKI Krzysztof	472		M-40	53		00:00:29	00:12:30	00:23:49	00:35:25	00:47:02	00:49:14.15	00:49:43.80	+00:15:00 (30.5%)	4:55	12.2 (69.7%)
54	LEWANDOWSKI Rafał	31	SPC	M-40	54	SPC	00:00:30	00:12:07	00:23:37	00:35:18	00:47:13	00:49:18.20	00:49:48.35	+00:15:04 (30.6%)	4:55	12.2 (69.7%)
55	JABŁOŃSKI Tomek	69		M-40	55		00:00:25	00:12:39	00:24:11	00:35:48	00:47:29	00:49:36.45	00:50:01.45	+00:15:22 (31.0%)	4:57	12.1 (69.1%)
56	JAWORSKI Krzysztof	370		M-40	56		00:00:13	00:12:22	00:23:53	00:35:42	00:47:31	00:49:44.65	00:49:57.90	+00:15:31 (31.2%)	4:58	12.1 (69.1%)
57	GALICKI Jakub	64	AKADEMIA MISTRZÓW SPORTU	M-40	57	Akademia Mistrzów Sportu	00:00:13	00:12:11	00:23:44	00:35:44	00:47:40	00:49:46.80	00:50:00.05	+00:15:33 (31.2%)	4:58	12.1 (69.1%)
58	DRZEWIECKI Rafał	86	AKADEMIA MISTRZÓW SPORTU	M-40	58	Akademia Mistrzów Sportu	00:00:17	00:12:44	00:24:23	00:36:07	00:47:44	00:49:50.45	00:50:07.75	+00:15:36 (31.3%)	4:59	12 (68.6%)
59	KOWALSKI Wojciech	431		M-40	59		00:00:06	00:12:24	00:24:24	00:36:19	00:47:54	00:50:02.55	00:50:08.60	+00:15:48 (31.6%)	5:00	12 (68.6%)
60	LASKOWSKI Daniel	188		M-40	60		00:00:21	00:12:15	00:23:52	00:35:45	00:47:53	00:50:04.10	00:50:25.25	+00:15:50 (31.6%)	5:00	12 (68.6%)
61	ŚWIDER Dariusz	408		M-40	61		00:00:05	00:12:57	00:24:36	00:36:19	00:47:57	00:50:05.60	00:50:11.00	+00:15:51 (31.7%)	5:00	12 (68.6%)
62	STĘPIEŃ Tomasz	222		M-40	62		00:00:10	00:11:44	00:23:26	00:35:27	00:47:50	00:50:07.00	00:50:17.00	+00:15:53 (31.7%)	5:00	12 (68.6%)
63	ŚWIĘCICKI Andrzej	72		M-40	63		00:00:10	00:12:22	00:24:16	00:36:12	00:48:16	00:50:24.30	00:50:34.45	+00:16:10 (32.1%)	5:02	11.9 (68.0%)
64	REPKA Marek	57	LUPUS TEAM	M-40	64	Lupus Team	00:00:07	00:12:21	00:23:54	00:35:42	00:48:33	00:50:50.50	00:50:57.75	+00:16:36 (32.7%)	5:05	11.8 (67.4%)
65	MILEWSKI Arkadiusz	245		M-40	65		00:00:16	00:13:08	00:25:06	00:36:50	00:48:36	00:50:50.80	00:51:07.05	+00:16:37 (32.7%)	5:05	11.8 (67.4%)
66	PAŚ Michał	95	CHARTY SZELEJEWO	M-40	66	Charty Szelejewo	00:00:10	00:13:11	00:25:11	00:36:56	00:48:41	00:50:51.65	00:51:01.80	+00:16:38 (32.7%)	5:05	11.8 (67.4%)
67	ĆWIK Łukasz	446	ESTEBAN	M-40	67	Esteban	00:00:11	00:12:13	00:23:58	00:36:16	00:48:43	00:50:57.85	00:51:09.55	+00:16:44 (32.8%)	5:05	11.8 (67.4%)
68	MALEC Karol	376		M-40	68		00:00:15	00:12:52	00:24:35	00:36:50	00:49:21	00:51:36.15	00:51:51.65	+00:17:22 (33.7%)	5:09	11.6 (66.3%)
69	KOSIARSKI Tomasz	340		M-40	69		00:00:19	00:12:48	00:24:40	00:37:23	00:49:49	00:51:54.55	00:52:14.00	+00:17:40 (34.1%)	5:11	11.6 (66.3%)
70	DAWIDOWICZ Maciej	158	TRISPACE/TREK	M-40	70	TRISPACE/TREK	00:00:19	00:12:33	00:25:26	00:37:56	00:49:48	00:51:57.10	00:52:16.30	+00:17:43 (34.1%)	5:11	11.5 (65.7%)
71	OLIWKOWSKI Łukasz	438		M-40	71		00:00:21	00:12:09	00:24:13	00:37:09	00:49:43	00:51:57.30	00:52:18.55	+00:17:43 (34.1%)	5:11	11.5 (65.7%)
72	HAREMZA Mariusz	17		M-40	72		00:00:21	00:13:06	00:25:17	00:37:48	00:50:24	00:52:35.75	00:52:56.85	+00:18:22 (34.9%)	5:15	11.4 (65.1%)

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73	LICA Grzegorz	191		M-40	73		00:00:30	00:12:45	00:25:15	00:38:01	00:50:24	00:52:39.65	00:53:09.70	+00:18:26 (35.0%)	5:15	11.4 (65.1%)
74	POLIWODZIŃSKI Michał	117	FKS WISŁA FORDON	M-40	74	FKS WISŁA FORDON	00:00:08	00:12:30	00:24:51	00:37:42	00:50:47	00:52:54.35	00:53:02.50	+00:18:40 (35.3%)	5:17	11.3 (64.6%)
75	KONIEC Piotr	443	TRIDROPSY	M-40	75	TRIDROPSY	00:00:11	00:13:28	00:25:49	00:38:46	00:51:29	00:53:36.05	00:53:47.45	+00:19:22 (36.1%)	5:21	11.2 (64.0%)
76	OLSZÓWKA Michał	90	LKS OSTROMECKO	M-40	76	LKS Ostromecko	00:00:24	00:13:33	00:26:18	00:39:00	00:51:36	00:53:41.05	00:54:05.75	+00:19:27 (36.2%)	5:22	11.2 (64.0%)
77	RYDLEWSKI Andrzej	429		M-40	77		00:00:18	00:13:58	00:26:53	00:39:22	00:51:39	00:53:59.90	00:54:18.10	+00:19:46 (36.6%)	5:23	11.1 (63.4%)
78	RÓŻYCKI Waldemar	102	KATOLIK	M-40	78	Katolik	00:00:27	00:13:34	00:26:25	00:39:27	00:52:05	00:54:12.25	00:54:40.00	+00:19:58 (36.9%)	5:25	11.1 (63.4%)
79	GROTA Artur	434		M-40	79		00:00:16	00:13:19	00:26:19	00:39:56	00:53:33	00:55:57.70	00:56:13.95	+00:21:44 (38.8%)	5:35	10.7 (61.1%)
80	FABROWSKI Dawid	202	TRITATA/OCHALTEAM	M-40	80	TriTata/OCHALteam	00:00:22	00:13:31	00:26:44	00:40:09	00:53:40	00:56:01.60	00:56:24.50	+00:21:47 (38.9%)	5:36	10.7 (61.1%)
81	LEWANDOWSKI Jacek	51	AKADEMIA MISTRZÓW SPORTU	M-40	81	Akademia Mistrzów Sportu	00:00:16	00:13:33	00:26:48	00:40:31	00:53:44	00:56:17.55	00:56:33.60	+00:22:03 (39.2%)	5:37	10.7 (61.1%)
82	SZUKALSKI Michał	290		M-40	82		00:00:18	00:13:17	00:26:23	00:40:27	00:54:00	00:56:28.00	00:56:46.80	+00:22:14 (39.4%)	5:38	10.6 (60.6%)
83	JURSKI Robert	54		M-40	83		00:00:29	00:13:37	00:26:43	00:40:15	00:54:06	00:56:35.50	00:57:04.85	+00:22:21 (39.5%)	5:39	10.6 (60.6%)
84	KASPROWICZ Piotr	8	JW1515 BYDGOSZCZ	M-40	84	JW1515 Bydgoszcz	00:00:22	00:13:53	00:27:25	00:41:14	00:54:42	00:57:05.55	00:57:27.55	+00:22:51 (40.0%)	5:42	10.5 (60.0%)
85	BASIŃSKI Paweł	357		M-40	85		00:00:30	00:14:16	00:27:42	00:41:14	00:54:49	00:57:14.85	00:57:45.40	+00:23:01 (40.2%)	5:43	10.5 (60.0%)
86	TOCZKIEWICZ Piotr	141		M-40	86		00:00:16	00:14:04	00:27:34	00:41:28	00:55:11	00:57:38.15	00:57:55.00	+00:23:24 (40.6%)	5:45	10.4 (59.4%)
87	BYRTEK Grzegorz	47		M-40	87		00:00:10	00:12:59	00:26:15	00:40:22	00:55:12	00:57:47.65	00:57:58.45	+00:23:34 (40.8%)	5:46	10.4 (59.4%)
88	TOMASZEWSKI Krzysztof	284	SPC	M-40	88	SPC	00:00:31	00:14:34	00:28:15	00:41:55	00:55:40	00:58:00.55	00:58:32.20	+00:23:46 (41.0%)	5:48	10.3 (58.9%)
89	RUDZKI Hubert	453		M-40	89		00:00:21	00:14:02	00:27:32	00:41:26	00:55:37	00:58:13.65	00:58:34.75	+00:24:00 (41.2%)	5:49	10.3 (58.9%)
90	MICHAŁ Butowski	271		M-40	90		00:00:26	00:14:34	00:28:10	00:41:55	00:55:52	00:58:21.35	00:58:47.55	+00:24:07 (41.3%)	5:50	10.3 (58.9%)
91	KABATTEK Bartłomiej	282	TILIA LIPKA	M-40	91	TILIA Lipka	00:00:03	00:13:41	00:27:10	00:40:57	00:55:26	00:58:23.60	00:58:27.15	+00:24:09 (41.4%)	5:50	10.3 (58.9%)
92	ŻYWICA Adam	312	BRZOZA BIEGA	M-40	92	Brzoza Biega	00:00:10	00:14:35	00:28:06	00:41:35	00:55:59	00:58:34.55	00:58:45.00	+00:24:20 (41.6%)	5:51	10.2 (58.3%)
93	DOŁHUN Adam	200	TRISPACE/TREK	M-40	93	TRISPACE/TREK	00:00:23	00:14:41	00:28:24	00:41:52	00:56:24	00:58:55.70	00:59:19.15	+00:24:42 (41.9%)	5:53	10.2 (58.3%)
94	SCHMIDT Marcin	174	BBACTIVE TEAM	M-40	94	BBACTIVE TEAM	00:00:23	00:13:46	00:28:58	00:43:06	00:57:15	00:59:50.65	01:00:14.40	+00:25:37 (42.8%)	5:59	10 (57.1%)
95	MALAK Robert	405		M-40	95		00:00:26	00:14:47	00:28:46	00:43:24	00:57:30	00:59:56.25	01:00:22.35	+00:25:42 (42.9%)	5:59	10 (57.1%)
96	JUCHACZ Tomasz	224	SOLANKOWI BIEGACZE	M-40	96	Solankowi Biegacze	00:00:30	00:15:35	00:29:51	00:43:46	00:57:25	00:59:59.50	01:00:30.35	+00:25:45 (42.9%)	5:59	10 (57.1%)
97	DERING Tomasz	128		M-40	97		00:00:45	00:15:19	00:29:22	00:43:27	00:57:53	01:00:37.95	01:01:23.45	+00:26:24 (43.5%)	6:03	9.9 (56.6%)
98	NIEMCZEWSKI Mirosław	147	ŁABISZYN RUNNERS	M-40	98	Łabiszyn runners	00:00:18	00:14:42	00:29:00	00:43:48	00:58:36	01:01:09.90	01:01:28.25	+00:26:56 (44.0%)	6:06	9.8 (56.0%)
99	BARTOSZYŃSKI Marcin	145	RAW-STUDIO REKLAMY	M-40	99	RAW-studio reklamy	00:00:18	00:14:45	00:29:02	00:43:49	00:58:55	01:01:41.55	01:01:59.75	+00:27:27 (44.5%)	6:10	9.7 (55.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
100	OSZUBSKI Kazimierz	239	PGB SOPRTOWA PACZKA	M-40	100	PGB Soprtowa paczka	00:00:46	00:15:49	00:30:44	00:46:03	00:59:34	01:01:50.20	01:02:36.95	+00:27:36 (44.6%)	6:11	9.7 (55.4%)
101	BAKOWSKI Dawid	346		M-40	101		00:00:27	00:15:01	00:29:28	00:44:07	00:59:23	01:02:19.50	01:02:46.50	+00:28:05 (45.1%)	6:13	9.6 (54.9%)
102	KARPIŃSKI Daniel Marek	1		M-40	102		00:00:22	00:16:41	00:32:11	00:47:25	01:03:21	01:06:10.95	01:06:32.95	+00:31:57 (48.3%)	6:37	9.1 (52.0%)
103	KOSIŃSKI Michał	355		M-40	103		00:00:30	00:15:57	00:30:19	00:46:19	01:03:30	01:06:25.80	01:06:55.80	+00:32:12 (48.5%)	6:38	9 (51.4%)
104	JANKOWSKI Tomasz	365		M-40	104		00:00:21	00:16:43	00:32:29	00:48:27	01:03:50	01:06:43.35	01:07:04.85	+00:32:29 (48.7%)	6:40	9 (51.4%)
105	ROGOZIŃSKI Melchior	463		M-40	105		00:00:17	00:14:56	00:30:29	00:46:51	01:03:47	01:06:53.00	01:07:10.75	+00:32:39 (48.8%)	6:41	9 (51.4%)
106	PAPROCKI Rafał	400		M-40	106		00:00:27	00:17:01	00:33:47	00:51:29	01:09:35	01:12:58.20	01:13:25.60	+00:38:44 (53.1%)	7:17	8.2 (46.9%)

Znaleziono 106 wynik(ów)