



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XVI BIEG SYLWESTROWY
Stowarzyszenie Rowerowa Brzoza
2022-12-31
Brzoza
10 km

XVI BIEG SYLWESTROWY

B4SPORT

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KOWALSKI Dariusz	244		M-50	1		00:00:01	00:09:35	00:18:50	00:28:10	00:37:33	00:39:08.90	00:39:10.45		3:54	15.3 (100%)
2	CHMURZYŃSKI Tomasz	354		M-50	2		00:00:01	00:09:48	00:19:21	00:28:59	00:38:37	00:40:19.95	00:40:21.90	+00:01:11 (2.9%)	4:01	14.9 (97.4%)
3	CHMIELEWSKI Tomasz	210	TEAMOCHAL	M-50	3	TEAMOCHAL	00:00:05	00:10:01	00:19:24	00:29:00	00:38:39	00:40:21.85	00:40:27.50	+00:01:12 (3.0%)	4:02	14.9 (97.4%)
4	RYCHTER Marcin	495		M-50	4	The Rychters	00:00:05	00:10:04	00:19:35	00:29:14	00:38:56	00:40:40.95	00:40:46.60	+00:01:32 (3.8%)	4:04	14.8 (96.7%)
5	STACHOWICZ Wiesław	422	BRZOZA BIEGA	M-50	5	Brzoza Biega	00:00:04	00:10:25	00:20:07	00:29:55	00:39:28	00:41:06.10	00:41:10.90	+00:01:57 (4.8%)	4:06	14.6 (95.4%)
6	KRYGOWSKI Tomasz	134		M-50	6		00:00:03	00:10:33	00:20:23	00:30:31	00:40:49	00:42:35.90	00:42:39.70	+00:03:27 (8.1%)	4:15	14.1 (92.2%)
7	MARTYNOWICZ Michał	70	TRISPACE/TREK	M-50	7	TRISPACE/TREK	00:00:07	00:10:57	00:21:10	00:31:21	00:41:22	00:43:14.50	00:43:22.10	+00:04:05 (9.5%)	4:19	13.9 (90.8%)
8	BARCZAK Piotr	424	BRZOZA BIEGA	M-50	8	Brzoza Biega	00:00:04	00:10:39	00:20:46	00:31:06	00:41:21	00:43:20.45	00:43:25.20	+00:04:11 (9.7%)	4:20	13.8 (90.2%)
9	KUPRACZ Andrzej	184	SĄSIEDZI BRZOZA TEAM	M-50	9	Sąsiedzi Brzoza Team	00:00:08	00:10:29	00:20:32	00:31:05	00:41:37	00:43:28.15	00:43:36.95	+00:04:19 (9.9%)	4:20	13.8 (90.2%)
10	BONIKOWSKI Jakub	423	TRISPACE/TREK	M-50	10	TRISPACE/TREK	00:00:09	00:10:49	00:21:20	00:32:08	00:42:43	00:44:32.05	00:44:41.45	+00:05:23 (12.1%)	4:27	13.5 (88.2%)
11	KRUSZYNA Adam	127		M-50	11		00:00:04	00:10:45	00:21:09	00:31:57	00:42:42	00:44:37.70	00:44:41.80	+00:05:28 (12.3%)	4:27	13.4 (87.6%)
12	PACZKOWSKI Mirosław	248	TRIDROPSY	M-50	12	TRIDROPSY	00:00:11	00:11:09	00:21:45	00:32:32	00:43:15	00:45:03.50	00:45:15.15	+00:05:54 (13.1%)	4:30	13.3 (86.9%)
13	BUDZIK Ireneusz	334		M-50	13		00:00:05	00:11:25	00:22:06	00:32:50	00:43:36	00:45:34.70	00:45:40.05	+00:06:25 (14.1%)	4:33	13.2 (86.3%)
14	TRAWCZYŃSKI Jacek	476	TRISPACE/TREK	M-50	14	TRISPACE/TREK	00:00:07	00:11:19	00:22:01	00:32:55	00:44:00	00:45:58.30	00:46:06.00	+00:06:49 (14.8%)	4:35	13.1 (85.6%)
15	MONDRY Waldemar	155		M-50	15		00:00:06	00:11:26	00:22:10	00:33:11	00:44:14	00:46:10.65	00:46:16.85	+00:07:01 (15.2%)	4:37	13 (85.0%)
16	KUBARSKI Julian	165	TKKF KOLEJARZ BYDGOSZCZ	M-50	16	TKKF Kolejarz Bydgoszcz	00:00:09	00:11:24	00:22:13	00:33:29	00:44:33	00:46:36.95	00:46:46.65	+00:07:28 (16.0%)	4:39	12.9 (84.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
17	WIŚNIEWSKI Leszek	196	SĄSIEDZI BRZOZA TEAM	M-50	17	Sąsiedzi Brzoza Team	00:00:08	00:10:57	00:21:35	00:32:56	00:44:33	00:46:46.35	00:46:54.80	+00:07:37 (16.3%)	4:40	12.8 (83.7%)
18	KOTLIŃSKI Tomasz	161	KB SZAMOTUŁY	M-50	18	KB Szamotuły	00:00:18	00:11:32	00:22:30	00:33:55	00:45:21	00:47:17.95	00:47:36.05	+00:08:09 (17.2%)	4:43	12.7 (83.0%)
19	PAWŁOWSKI Radosław	83		M-50	19		00:00:04	00:11:46	00:22:47	00:33:55	00:45:20	00:47:25.00	00:47:29.00	+00:08:16 (17.4%)	4:44	12.7 (83.0%)
20	GRYCZKA Piotr	138		M-50	20		00:00:04	00:11:14	00:22:15	00:33:44	00:45:31	00:47:29.80	00:47:34.25	+00:08:20 (17.6%)	4:44	12.6 (82.4%)
21	KRZYŻANOWSKI Robert	185	ANDRO	M-50	21	Andro	00:00:11	00:11:22	00:22:27	00:34:02	00:45:47	00:47:50.80	00:48:02.15	+00:08:41 (18.2%)	4:47	12.5 (81.7%)
22	NURKIEWICZ Jarosław	144	KUNG FU PANDY 3	M-50	22	Kung fu Pandy 3	00:00:09	00:11:17	00:22:39	00:34:22	00:46:02	00:47:58.20	00:48:07.30	+00:08:49 (18.4%)	4:47	12.5 (81.7%)
23	URBANIAK Sławomir	152		M-50	23		00:00:11	00:12:04	00:23:36	00:35:23	00:47:33	00:49:45.05	00:49:56.40	+00:10:36 (21.3%)	4:58	12.1 (79.1%)
24	OSIŃSKI Adam	205	CHŁOPAKI TO MY	M-50	24	Chłopaki to My	00:00:15	00:12:48	00:24:26	00:36:08	00:47:38	00:49:46.00	00:50:01.75	+00:10:37 (21.3%)	4:58	12.1 (79.1%)
25	ZAPARUCHA Mikołaj	371		M-50	25		00:00:09	00:12:16	00:23:52	00:35:47	00:47:51	00:49:52.30	00:50:01.55	+00:10:43 (21.5%)	4:59	12 (78.4%)
26	SZCZERBA Maciej	298		M-50	26		00:00:12	00:12:14	00:24:02	00:35:58	00:47:54	00:50:07.20	00:50:20.15	+00:10:58 (21.9%)	5:00	12 (78.4%)
27	RYDLEWSKI Marek	67	RUN BYDGOSZCZ	M-50	27	RUN BYDGOSZCZ	00:00:12	00:12:12	00:23:51	00:35:49	00:48:06	00:50:19.40	00:50:31.45	+00:11:10 (22.2%)	5:01	11.9 (77.8%)
28	STEMPNIAK Krzysztof	111		M-50	28		00:00:12	00:12:14	00:24:08	00:36:24	00:48:49	00:50:59.30	00:51:11.35	+00:11:50 (23.2%)	5:05	11.8 (77.1%)
29	STAFIEJ Wojciech	136		M-50	29		00:00:13	00:12:21	00:23:51	00:35:33	00:49:45	00:51:56.25	00:52:09.60	+00:12:47 (24.6%)	5:11	11.6 (75.8%)
30	KAZUBOWSKI Jacek	100	KAZUBKI TEAM/TRIDARKO	M-50	30	Kazubki Team/TriDarKo	00:00:07	00:12:33	00:24:44	00:37:13	00:49:50	00:51:57.90	00:52:05.35	+00:12:49 (24.7%)	5:11	11.5 (75.2%)
31	PODLASZEWSKI Jacek	294		M-50	31		00:00:29	00:12:53	00:25:08	00:37:33	00:49:58	00:52:08.95	00:52:38.50	+00:13:00 (24.9%)	5:12	11.5 (75.2%)
32	KOSEK Mariusz	154	RCI	M-50	32	RCI	00:00:13	00:12:46	00:24:42	00:36:58	00:49:52	00:52:13.65	00:52:27.20	+00:13:04 (25.0%)	5:13	11.5 (75.2%)
33	KANADYS Jacek	20		M-50	33		00:00:21	00:13:08	00:25:17	00:37:35	00:50:14	00:52:35.40	00:52:56.65	+00:13:26 (25.6%)	5:15	11.4 (74.5%)
34	SADOWSKI Marian	276		M-50	34		00:00:16	00:13:08	00:25:24	00:37:54	00:50:43	00:53:06.50	00:53:23.10	+00:13:57 (26.3%)	5:18	11.3 (73.9%)
35	MURACH Wojciech	471		M-50	35		00:00:28	00:13:57	00:26:53	00:39:25	00:51:29	00:53:36.30	00:54:05.05	+00:14:27 (27.0%)	5:21	11.2 (73.2%)
36	MAŚLIŃSKI Mirosław	309		M-50	36		00:00:16	00:13:23	00:26:01	00:38:44	00:51:49	00:54:11.15	00:54:27.20	+00:15:02 (27.8%)	5:25	11.1 (72.5%)
37	STERNAL Tomasz	345		M-50	37		00:00:20	00:13:34	00:26:22	00:39:05	00:51:55	00:54:13.95	00:54:34.70	+00:15:05 (27.8%)	5:25	11.1 (72.5%)
38	KURS Jarosław	388	TKKF KOLEJARZ BYDGOSZCZ	M-50	38	TKKF Kolejarz Bydgoszcz	00:00:31	00:13:23	00:26:07	00:39:10	00:52:18	00:54:37.75	00:55:09.35	+00:15:28 (28.3%)	5:27	11 (71.9%)
39	KOLASIŃSKI Tomasz	163		M-50	39		00:00:14	00:13:18	00:25:58	00:38:54	00:52:59	00:55:40.60	00:55:54.75	+00:16:31 (29.7%)	5:34	10.8 (70.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
40	KONIEC Krzysztof	34	KONIEC	M-50	40	Koniec	00:00:06	00:13:00	00:25:47	00:39:33	00:53:25	00:55:44.60	00:55:50.65	+00:16:35 (29.8%)	5:34	10.8 (70.6%)
41	ROŚ Adam	373		M-50	41		00:00:34	00:14:48	00:27:54	00:40:55	00:53:46	00:56:06.95	00:56:41.60	+00:16:58 (30.2%)	5:36	10.7 (69.9%)
42	PIETRASZAK Tomasz	10	RUN BYDGOSZCZ	M-50	42	RUN BYDGOSZCZ	00:00:27	00:13:51	00:26:48	00:40:03	00:54:20	00:56:50.95	00:57:18.35	+00:17:42 (31.1%)	5:41	10.6 (69.3%)
43	NOWACZYK Zygmunt	339		M-50	43		00:00:12	00:13:39	00:27:28	00:41:26	00:54:36	00:57:03.05	00:57:15.05	+00:17:54 (31.4%)	5:42	10.5 (68.6%)
44	PÓŁGĘSEK Rafał	24		M-50	44		00:00:24	00:14:57	00:28:38	00:42:18	00:55:39	00:58:03.85	00:58:28.55	+00:18:54 (32.6%)	5:48	10.3 (67.3%)
45	WIŚNIEWSKI Zbigniew	56	BRZOZA BIEGA	M-50	45	Brzoza Biega	00:00:04	00:13:40	00:27:09	00:40:56	00:55:26	00:58:22.75	00:58:27.50	+00:19:13 (32.9%)	5:50	10.3 (67.3%)
46	CHOJECKI Dariusz	450		M-50	46		00:00:11	00:14:48	00:28:34	00:42:38	00:55:55	00:58:33.85	00:58:44.85	+00:19:24 (33.2%)	5:51	10.2 (66.7%)
47	KALACZYŃSKI Grzegorz	38		M-50	47		00:00:24	00:14:28	00:28:13	00:42:04	00:56:02	00:58:35.20	00:58:59.25	+00:19:26 (33.2%)	5:51	10.2 (66.7%)
48	LUDWINIAK Bogdan	33		M-50	48		00:00:17	00:14:36	00:28:21	00:42:17	00:56:13	00:58:36.35	00:58:53.35	+00:19:27 (33.2%)	5:51	10.2 (66.7%)
49	PIĘTA Darek	40		M-50	49		00:00:28	00:15:36	00:30:11	00:45:13	00:59:20	01:01:57.85	01:02:25.95	+00:22:48 (36.8%)	6:11	9.7 (63.4%)
50	WIŚNIEWSKI Janusz	16		M-50	50		00:00:33	00:15:05	00:28:56	00:43:57	00:59:36	01:01:59.40	01:02:32.45	+00:22:50 (36.8%)	6:11	9.7 (63.4%)
51	MIROWSKI Mariusz	186		M-50	51		00:00:33	00:15:18	00:29:51	00:45:06	01:00:55	01:03:52.85	01:04:26.70	+00:24:43 (38.7%)	6:23	9.4 (61.4%)
52	WIŚNIEWSKI Krzysztof	212	TRISPACE/TREK	M-50	52	TRISPACE/TREK	00:00:30	00:16:58	00:32:58	00:49:26	01:07:06	01:10:26.80	01:10:57.50	+00:31:17 (44.4%)	7:02	8.5 (55.6%)
53	ZAKURZEWSKI Arkadiusz	92	NIE ZRZESZONY	M-50	53	nie zrzeszony	00:00:22	00:17:41	00:34:45	00:51:40	01:08:58	01:12:16.45	01:12:38.95	+00:33:07 (45.8%)	7:13	8.3 (54.2%)

Znaleziono 53 wynik(ów)