



XVI MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej, Gmina Miasto Koszalin
Data: 2018-05-27
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: M18-39

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Herk_All 0.2km | Herk_All 2.65km | Herk_All 5.1km | Herk_All 7.55km | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------|-------|-----------------------|-----------|------|-------------------|--------------------|-------------------|--------------------|-----------------------|-------------------|-----------------|---------------|
| 1 | SITOWSKI Marcin | 353 | FC RYSIEK | M18-39 | 1 | 00:00:37 | 00:10:01 | 00:20:14 | 00:30:48 | 00:41:06.19 | | 4:06 | 14.6 (100%) |
| 2 | MOKSA Dariusz | 321 | | M18-39 | 2 | 00:00:35 | 00:10:16 | 00:20:52 | 00:32:33 | 00:44:12.15 | +00:03:05 (7.0%) | 4:25 | 13.6 (93.2%) |
| 3 | WIECZOREK Łukasz | 406 | | M18-39 | 3 | 00:00:39 | 00:11:01 | 00:22:02 | 00:33:44 | 00:44:46.50 | +00:03:40 (8.2%) | 4:28 | 13.4 (91.8%) |
| 4 | PAJĄK Zbigniew | 330 | | M18-39 | 4 | 00:00:47 | 00:11:52 | 00:23:17 | 00:35:03 | 00:46:30.79 | +00:05:24 (11.6%) | 4:39 | 12.9 (88.4%) |
| 5 | WIELOCH Radosław | 387 | | M18-39 | 5 | 00:00:44 | 00:12:02 | 00:24:05 | 00:36:48 | 00:49:25.28 | +00:08:19 (16.8%) | 4:56 | 12.1 (82.9%) |
| 6 | RETERSKI Damian | 344 | | M18-39 | 6 | 00:00:48 | 00:12:03 | 00:24:03 | 00:37:00 | 00:50:04.18 | +00:08:57 (17.9%) | 5:00 | 12 (82.2%) |
| 7 | RUTKOWSKI Artur | 349 | | M18-39 | 7 | 00:00:38 | 00:11:41 | 00:23:59 | 00:37:19 | 00:50:31.58 | +00:09:25 (18.6%) | 5:03 | 11.9 (81.5%) |
| 8 | KICIŃSKI Filip | 290 | PATUS TUUS | M18-39 | 8 | 00:00:43 | 00:11:47 | 00:24:04 | 00:37:01 | 00:51:16.40 | +00:10:10 (19.8%) | 5:07 | 11.7 (80.1%) |
| 9 | ZIENOWICZ Michał | 399 | | M18-39 | 9 | 00:00:47 | 00:12:34 | 00:25:14 | 00:38:37 | 00:51:21.36 | +00:10:15 (20.0%) | 5:08 | 11.7 (80.1%) |
| 10 | BITRYCH Jakub | 220 | | M18-39 | 10 | 00:00:48 | 00:12:34 | 00:25:15 | 00:38:37 | 00:51:21.49 | +00:10:15 (20.0%) | 5:08 | 11.7 (80.1%) |
| 11 | STASIACZEK Arkadiusz | 361 | | M18-39 | 11 | 00:00:35 | 00:11:17 | 00:24:12 | 00:38:17 | 00:52:12.86 | +00:11:06 (21.3%) | 5:13 | 11.5 (78.8%) |
| 12 | SZCZUBULEWSKI Martin | 368 | | M18-39 | 12 | 00:00:41 | 00:11:30 | 00:24:19 | 00:39:13 | 00:53:20.71 | +00:12:14 (22.9%) | 5:20 | 11.3 (77.4%) |
| 13 | STĘPIEŃ Kamil | 366 | | M18-39 | 13 | 00:00:39 | 00:11:28 | 00:24:19 | 00:38:17 | 00:53:53.98 | +00:12:47 (23.7%) | 5:23 | 11.1 (76.0%) |
| 14 | JUCHNO Bartosz | 282 | | M18-39 | 14 | 00:00:40 | 00:12:24 | 00:25:48 | 00:40:31 | 00:55:01.83 | +00:13:55 (25.3%) | 5:30 | 10.9 (74.7%) |
| 15 | DROZDOWSKI Marcin | 248 | ZABIEGANY MORPOL | M18-39 | 15 | 00:00:42 | 00:11:15 | 00:22:47 | 00:34:58 | 00:55:15.25 | +00:14:09 (25.6%) | 5:31 | 10.9 (74.7%) |
| 16 | MASTALERZ Konrad | 405 | DECATHLON KOSZALIN | M18-39 | 16 | 00:00:57 | 00:14:23 | 00:28:08 | 00:42:08 | 00:56:05.74 | +00:14:59 (26.7%) | 5:36 | 10.7 (73.3%) |
| 17 | JAROSZ Jakub | 275 | TKKF KOSZALIN | M18-39 | 17 | 00:00:40 | 00:13:54 | 00:26:09 | 00:41:10 | 00:56:19.57 | +00:15:13 (27.0%) | 5:37 | 10.7 (73.3%) |
| 18 | SZYSZ Kajetan | 373 | | M18-39 | 18 | 00:00:44 | 00:12:12 | 00:25:06 | 00:41:12 | 00:56:58.11 | +00:15:51 (27.8%) | 5:41 | 10.5 (71.9%) |
| 19 | WIERZBICKI Kacper | 388 | ŁUBUDUBU PREZES KLUBU | M18-39 | 19 | 00:00:58 | 00:14:22 | 00:29:08 | 00:45:15 | 01:01:26.32 | +00:20:20 (33.1%) | 6:08 | 9.8 (67.1%) |

Znaleziono 19 wynik(ów)