

**Organizator:** P.B.S. Olszewski i Synowie Sławno - Włodzimierz Olszewski, Hydrogeobudowa Sławno - Tadeusz Stukan, Ośrodek Sportu i Rekreacji w Sławnie  
**Data:** 2019-06-29  
**Miejsce:** Sławno  
**Dystans:** 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>GARSKI Dawid</b>	<b>17</b>	BASZTA BYTÓW	M-OPEN	1	<b>00:15:49.25</b>		3:09	19 (100%)
2	<b>CZERNIEWSKI Marcin</b>	<b>11</b>	LKS FENIX SŁUPSK	M-OPEN	2	<b>00:15:56.90</b>	+00:00:07 (0.8%)	3:11	18.8 (98.9%)
3	<b>SAWKO Alex</b>	<b>150</b>		M-OPEN	3	<b>00:15:58.85</b>	+00:00:09 (1.0%)	3:11	18.8 (98.9%)
4	<b>LIPIŃSKI Mateusz</b>	<b>59</b>	MUAY RUNNING TEAM	M-OPEN	4	<b>00:16:02.30</b>	+00:00:13 (1.4%)	3:12	18.7 (98.4%)
5	<b>WITKOWSKI Mateusz</b>	<b>134</b>	JW 1223	M-OPEN	5	<b>00:16:22.20</b>	+00:00:32 (3.4%)	3:16	18.3 (96.3%)
6	<b>PYSHNIAN Konstantyn</b>	<b>153</b>		M-OPEN	6	<b>00:16:41.95</b>	+00:00:52 (5.3%)	3:20	18 (94.7%)
7	<b>KĘPKA Adrian</b>	<b>154</b>	TAGER SPORT	M-OPEN	7	<b>00:17:15.70</b>	+00:01:26 (8.3%)	3:27	17.4 (91.6%)
8	<b>ZWOLSKI Andrzej</b>	<b>141</b>	ŚCIGAŁ TEAM	M-OPEN	8	<b>00:17:20.95</b>	+00:01:31 (8.8%)	3:28	17.3 (91.1%)
9	<b>JANISZEWSKI Marek</b>	<b>30</b>	DRUTEX	M-OPEN	9	<b>00:17:33.75</b>	+00:01:44 (9.9%)	3:30	17.1 (90.0%)
10	<b>RUDNIK Krzysztof</b>	<b>96</b>		M-OPEN	10	<b>00:18:06.30</b>	+00:02:17 (12.6%)	3:37	16.6 (87.4%)
11	<b>KURHANSKAYA Svetlana</b>	<b>149</b>		K-OPEN	1	<b>00:18:19.10</b>	+00:02:29 (13.6%)	3:39	16.4 (86.3%)
12	<b>MAJKOWICZ Rafał</b>	<b>61</b>		M-OPEN	11	<b>00:18:34.40</b>	+00:02:45 (14.8%)	3:42	16.2 (85.3%)
13	<b>TALAR Patrycja</b>	<b>116</b>	RUNNERSWORLD POZNAŃ	K-OPEN	2	<b>00:18:39.15</b>	+00:02:49 (15.2%)	3:43	16.1 (84.7%)
14	<b>WNUK Przemek</b>	<b>135</b>		M-OPEN	12	<b>00:18:56.15</b>	+00:03:06 (16.5%)	3:47	15.8 (83.2%)
15	<b>KURKUL Janek</b>	<b>53</b>	KB BRYZA POSTOMINO	M-OPEN	13	<b>00:18:56.90</b>	+00:03:07 (16.5%)	3:47	15.8 (83.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
16	<b>WIRKUS Antonina</b>	<b>130</b>	MKL SZCZECINEK	K-OPEN	3	<b>00:18:57.35</b>	+00:03:08 (16.5%)	3:47	15.8 (83.2%)
17	<b>DUDA Grzegorz</b>	<b>14</b>	BEST BEASTS	M-OPEN	14	<b>00:18:57.80</b>	+00:03:08 (16.6%)	3:47	15.8 (83.2%)
18	<b>WIRKUS Łukasz</b>	<b>131</b>	LKB IM. BRACI PETK W LĘBORKU	M-OPEN	15	<b>00:18:58.30</b>	+00:03:09 (16.6%)	3:47	15.8 (83.2%)
19	<b>GLAZIK Dariusz</b>	<b>18</b>	ŚCIGAŁ TEAM	M-OPEN	16	<b>00:19:17.10</b>	+00:03:27 (18.0%)	3:51	15.6 (82.1%)
20	<b>ELENDT Tomasz</b>	<b>15</b>		M-OPEN	17	<b>00:19:24.05</b>	+00:03:34 (18.5%)	3:52	15.5 (81.6%)
21	<b>KRUKOWSKI Błażej</b>	<b>50</b>	KB SPOKO SŁAWNO	M-OPEN	18	<b>00:19:29.90</b>	+00:03:40 (18.9%)	3:53	15.4 (81.1%)
22	<b>JABŁOŃSKI Tomasz</b>	<b>29</b>	KB SPOKO SŁAWNO	M-OPEN	19	<b>00:19:36.00</b>	+00:03:46 (19.3%)	3:55	15.3 (80.5%)
23	<b>RYGIELSKI Arkadiusz</b>	<b>102</b>		M-OPEN	20	<b>00:19:47.45</b>	+00:03:58 (20.1%)	3:57	15.2 (80.0%)
24	<b>ŚLĘZAK Robert</b>	<b>160</b>	OLIMPIJCZYK SZCZEKOCINY	M-OPEN	21	<b>00:19:58.30</b>	+00:04:09 (20.8%)	3:59	15 (78.9%)
25	<b>KAWKA Adrian</b>	<b>156</b>		M-OPEN	22	<b>00:20:06.55</b>	+00:04:17 (21.3%)	4:01	14.9 (78.4%)
26	<b>ROSIAK Damian</b>	<b>95</b>	KB SPOKO SŁAWNO	M-OPEN	23	<b>00:20:10.30</b>	+00:04:21 (21.6%)	4:02	14.9 (78.4%)
27	<b>MAJ Witold</b>	<b>145</b>	OLDBOYS TRUSKOLASY	M-OPEN	24	<b>00:20:15.30</b>	+00:04:26 (21.9%)	4:03	14.8 (77.9%)
28	<b>GÓRNY Norbert</b>	<b>22</b>	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M-OPEN	25	<b>00:20:22.75</b>	+00:04:33 (22.4%)	4:04	14.7 (77.4%)
29	<b>PISKOROWSKA Danuta</b>	<b>87</b>	TEAM LUKS ŻÓRAWINA-WROCŁAW	K-OPEN	4	<b>00:20:25.85</b>	+00:04:36 (22.6%)	4:05	14.7 (77.4%)
30	<b>CZECH Dariusz</b>	<b>10</b>	ŚCIGAŁ TEAM	M-OPEN	26	<b>00:20:35.60</b>	+00:04:46 (23.2%)	4:07	14.6 (76.8%)
31	<b>NOWAK Jacek</b>	<b>77</b>		M-OPEN	27	<b>00:20:38.45</b>	+00:04:49 (23.4%)	4:07	14.5 (76.3%)
32	<b>PĘKAŁA Piotr</b>	<b>85</b>		M-OPEN	28	<b>00:20:43.25</b>	+00:04:54 (23.6%)	4:08	14.5 (76.3%)
33	<b>BENTKOWSKA Natalia</b>	<b>6</b>		K-OPEN	5	<b>00:20:58.85</b>	+00:05:09 (24.6%)	4:11	14.3 (75.3%)
34	<b>ŻYLICZ Paweł</b>	<b>143</b>	STOPA SŁUPSK / USB USTKA	M-OPEN	29	<b>00:21:02.80</b>	+00:05:13 (24.8%)	4:12	14.3 (75.3%)
35	<b>BIENKOWSKI Tomasz</b>	<b>162</b>	IQ CONSULTING	M-OPEN	30	<b>00:21:05.55</b>	+00:05:16 (25.0%)	4:13	14.2 (74.7%)
36	<b>GUZIK Piotr</b>	<b>23</b>		M-OPEN	31	<b>00:21:20.30</b>	+00:05:31 (25.9%)	4:16	14.1 (74.2%)
37	<b>NIECKARZ Krzysztof</b>	<b>76</b>	KB SPOKO SŁAWNO	M-OPEN	32	<b>00:21:22.20</b>	+00:05:32 (26.0%)	4:16	14 (73.7%)
38	<b>WIELGAT Łukasz</b>	<b>128</b>	KB BRYZA POSTOMINO	M-OPEN	33	<b>00:21:28.90</b>	+00:05:39 (26.4%)	4:17	14 (73.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
39	<b>WIŚNIEWSKI Patryk</b>	<b>132</b>		M-OPEN	34	<b>00:21:34.00</b>	+00:05:44 (26.6%)	4:18	13.9 (73.2%)
40	<b>NIECKARZ Monika</b>	<b>75</b>	KB SPOKO SŁAWNO	K-OPEN	6	<b>00:21:35.55</b>	+00:05:46 (26.7%)	4:19	13.9 (73.2%)
41	<b>PAWLIK Krystian</b>	<b>82</b>	USTKA	M-OPEN	35	<b>00:21:39.40</b>	+00:05:50 (26.9%)	4:19	13.9 (73.2%)
42	<b>BAJTEK Przemysław</b>	<b>148</b>	KB SPOKO SŁAWNO	M-OPEN	36	<b>00:21:40.25</b>	+00:05:51 (27.0%)	4:20	13.8 (72.6%)
43	<b>TOMCZAK Dominik</b>	<b>118</b>	NIGHT RUNNERS SŁUPSK	M-OPEN	37	<b>00:21:50.00</b>	+00:06:00 (27.5%)	4:22	13.7 (72.1%)
44	<b>NOWICKI Mateusz</b>	<b>78</b>	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	M-OPEN	38	<b>00:21:54.90</b>	+00:06:05 (27.8%)	4:22	13.7 (72.1%)
45	<b>URBANIAK Szymon</b>	<b>122</b>	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M-OPEN	39	<b>00:21:59.20</b>	+00:06:09 (28.0%)	4:23	13.6 (71.6%)
46	<b>KLENIEWSKI Piotr</b>	<b>40</b>	ROZBIEGANY KOSZALIN	M-OPEN	40	<b>00:22:03.65</b>	+00:06:14 (28.3%)	4:24	13.6 (71.6%)
47	<b>STRUŚ Artur</b>	<b>155</b>	KB BRYZA POSTOMINO	M-OPEN	41	<b>00:22:07.15</b>	+00:06:17 (28.5%)	4:25	13.6 (71.6%)
48	<b>MICERSKI Tomasz</b>	<b>66</b>	TKKF KOSZALIN	M-OPEN	42	<b>00:22:08.85</b>	+00:06:19 (28.6%)	4:25	13.6 (71.6%)
49	<b>KARGUL Jacek</b>	<b>37</b>	NIGHT RUNNERS SŁUPSK	M-OPEN	43	<b>00:22:12.50</b>	+00:06:23 (28.8%)	4:26	13.5 (71.1%)
50	<b>TURCZYN Tomasz</b>	<b>121</b>	DZIENNIK SŁAWIEŃSKI	M-OPEN	44	<b>00:22:19.75</b>	+00:06:30 (29.1%)	4:27	13.4 (70.5%)
51	<b>WILCZEWSKI Krzysztof</b>	<b>129</b>	KB SPOKO SŁAWNO	M-OPEN	45	<b>00:22:20.75</b>	+00:06:31 (29.2%)	4:28	13.4 (70.5%)
52	<b>JOCHYM Mariusz</b>	<b>33</b>	WKURW_TEAM	M-OPEN	46	<b>00:22:26.45</b>	+00:06:37 (29.5%)	4:29	13.4 (70.5%)
53	<b>KAZIMIERCZAK Leszek</b>	<b>39</b>	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M-OPEN	47	<b>00:22:28.70</b>	+00:06:39 (29.6%)	4:29	13.4 (70.5%)
54	<b>BIERNAT Marcin</b>	<b>151</b>		M-OPEN	48	<b>00:22:29.05</b>	+00:06:39 (29.6%)	4:29	13.3 (70.0%)
55	<b>RUTKOWSKI Ryszard</b>	<b>99</b>	RUNKING	M-OPEN	49	<b>00:22:29.10</b>	+00:06:39 (29.6%)	4:29	13.3 (70.0%)
56	<b>OLSZAR Grzegorz</b>	<b>79</b>	DARŁOWSKIE CHARTY	M-OPEN	50	<b>00:22:33.05</b>	+00:06:43 (29.8%)	4:30	13.3 (70.0%)
57	<b>RUDZIŃSKI Radosław</b>	<b>97</b>	BIĄŁOGARD RUN	M-OPEN	51	<b>00:22:33.15</b>	+00:06:43 (29.8%)	4:30	13.3 (70.0%)
58	<b>ORLOWSKI Maciej</b>	<b>80</b>	DARŁOWSKIE CHARTY	M-OPEN	52	<b>00:22:33.60</b>	+00:06:44 (29.9%)	4:30	13.3 (70.0%)
59	<b>MARCINIAK Michał</b>	<b>63</b>		M-OPEN	53	<b>00:22:35.80</b>	+00:06:46 (30.0%)	4:31	13.3 (70.0%)
60	<b>KOS Krystian</b>	<b>45</b>	CENTRALNY POLIGON SIŁ POWIETEZNYCH	M-OPEN	54	<b>00:22:40.35</b>	+00:06:51 (30.2%)	4:32	13.2 (69.5%)
61	<b>ANTOSIK Grzegorz</b>	<b>4</b>	KB BRYZA POSTOMINO	M-OPEN	55	<b>00:22:42.00</b>	+00:06:52 (30.3%)	4:32	13.2 (69.5%)

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62	<b>GOSTOMCZYK Krzysztof</b>	<b>19</b>	KB SPOKO SŁAWNO	M-OPEN	56	<b>00:22:42.15</b>	+00:06:52 (30.3%)	4:32	13.2 (69.5%)
63	<b>WIECZOREK Jacek</b>	<b>127</b>	SŁAWNO	M-OPEN	57	<b>00:22:50.25</b>	+00:07:01 (30.7%)	4:34	13.1 (68.9%)
64	<b>ŚWIETLIK Tomasz</b>	<b>115</b>	LEO TEAM	M-OPEN	58	<b>00:22:52.75</b>	+00:07:03 (30.9%)	4:34	13.1 (68.9%)
65	<b>ZADERETSKA Sofiya</b>	<b>139</b>	LKS FENIX SŁUPSK	K-OPEN	7	<b>00:22:56.40</b>	+00:07:07 (31.0%)	4:35	13.1 (68.9%)
66	<b>KACZMAREK Marta</b>	<b>34</b>	KB SPOKO SŁAWNO	K-OPEN	8	<b>00:23:06.30</b>	+00:07:17 (31.5%)	4:37	13 (68.4%)
67	<b>ANTKOWIAK Sebastian</b>	<b>2</b>	DB - ACTIVE	M-OPEN	59	<b>00:23:18.55</b>	+00:07:29 (32.1%)	4:39	12.9 (67.9%)
68	<b>KULCZYK Katarzyna</b>	<b>52</b>	KB BRYZA POSTOMINO	K-OPEN	9	<b>00:23:21.70</b>	+00:07:32 (32.3%)	4:40	12.8 (67.4%)
69	<b>STRZELECKI Zbigniew</b>	<b>107</b>	KORZYBSKIE REKINY	M-OPEN	60	<b>00:23:42.40</b>	+00:07:53 (33.3%)	4:44	12.7 (66.8%)
70	<b>PIĄTKOWSKI Michał</b>	<b>86</b>	CZARNI SŁUPSK	M-OPEN	61	<b>00:23:53.85</b>	+00:08:04 (33.8%)	4:46	12.6 (66.3%)
71	<b>KAMIŃSKI Tomasz</b>	<b>35</b>	JW 1223	M-OPEN	62	<b>00:24:06.00</b>	+00:08:16 (34.4%)	4:49	12.4 (65.3%)
72	<b>DOWNAR-ZAPOLSKI Paweł</b>	<b>13</b>		M-OPEN	63	<b>00:24:17.90</b>	+00:08:28 (34.9%)	4:51	12.4 (65.3%)
73	<b>PODLAK Piotr</b>	<b>89</b>		M-OPEN	64	<b>00:24:21.00</b>	+00:08:31 (35.0%)	4:52	12.3 (64.7%)
74	<b>JAWORSKI Robert</b>	<b>31</b>	KB BRYZA POSTOMINO	M-OPEN	65	<b>00:24:24.15</b>	+00:08:34 (35.2%)	4:52	12.3 (64.7%)
75	<b>BUKOWSKI Bartosz</b>	<b>144</b>		M-OPEN	66	<b>00:24:27.95</b>	+00:08:38 (35.3%)	4:53	12.3 (64.7%)
76	<b>SERKOWSKA Magdalena</b>	<b>103</b>		K-OPEN	10	<b>00:24:28.25</b>	+00:08:39 (35.3%)	4:53	12.3 (64.7%)
77	<b>LEWANDOWSKA Beata</b>	<b>56</b>	STOPA SŁUPSK	K-OPEN	11	<b>00:24:29.55</b>	+00:08:40 (35.4%)	4:53	12.3 (64.7%)
78	<b>SZYSZKOWSKI Tomasz</b>	<b>114</b>		M-OPEN	67	<b>00:24:33.60</b>	+00:08:44 (35.6%)	4:54	12.2 (64.2%)
79	<b>LEWANDOWSKI Adam</b>	<b>57</b>	W.P.K SŁOŃ TEAM USTKA	M-OPEN	68	<b>00:24:35.65</b>	+00:08:46 (35.7%)	4:55	12.2 (64.2%)
80	<b>BORYS Justyna</b>	<b>7</b>		K-OPEN	12	<b>00:24:37.00</b>	+00:08:47 (35.7%)	4:55	12.2 (64.2%)
81	<b>HAMULAK Dariusz</b>	<b>25</b>		M-OPEN	69	<b>00:24:54.65</b>	+00:09:05 (36.5%)	4:58	12 (63.2%)
82	<b>KRASIŃSKI Witold</b>	<b>48</b>		M-OPEN	70	<b>00:24:56.10</b>	+00:09:06 (36.6%)	4:59	12 (63.2%)
83	<b>KOWALCZYK Piotr</b>	<b>46</b>	FOR-REST-RUN	M-OPEN	71	<b>00:24:57.80</b>	+00:09:08 (36.6%)	4:59	12 (63.2%)
84	<b>MOTYKOWSKA Ksenia</b>	<b>70</b>	KB SPOKO SŁAWNO	K-OPEN	13	<b>00:25:21.20</b>	+00:09:31 (37.6%)	5:04	11.8 (62.1%)

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85	WENELSKI Damian	124		M-OPEN	72	00:25:29.25	+00:09:40 (37.9%)	5:05	11.8 (62.1%)
86	LEWIŃSKI Lewi	58		M-OPEN	73	00:25:31.50	+00:09:42 (38.0%)	5:06	11.8 (62.1%)
87	KOTECKI Zbigniew	158		M-OPEN	74	00:25:37.35	+00:09:48 (38.3%)	5:07	11.7 (61.6%)
88	STOJEWSKI Jarosław	26	KB SPOKO SŁAWNO	M-OPEN	75	00:25:40.10	+00:09:50 (38.4%)	5:08	11.7 (61.6%)
89	ANDRZEJCZAK Sławomir	1	GRZESŁAW USTKA	M-OPEN	76	00:25:43.75	+00:09:54 (38.5%)	5:08	11.7 (61.6%)
90	GUZIK Natalia	24		K-OPEN	14	00:25:58.75	+00:10:09 (39.1%)	5:11	11.6 (61.1%)
91	KONKEL Joanna	43	MKS 'ŚWIĘC' SŁAWNO	K-OPEN	15	00:26:28.50	+00:10:39 (40.2%)	5:17	11.3 (59.5%)
92	ANTOSIK Grażyna	3	KS OLSZEWSKI I SYNOWIE	K-OPEN	16	00:26:28.70	+00:10:39 (40.2%)	5:17	11.3 (59.5%)
93	KRÓL Krzysztof	49		M-OPEN	77	00:26:34.10	+00:10:44 (40.5%)	5:18	11.3 (59.5%)
94	JAŹDŻEWSKA Elżbieta	32	BEST BEASTS	K-OPEN	17	00:26:38.60	+00:10:49 (40.6%)	5:19	11.3 (59.5%)
95	MRUGALSKI Stanisław	71	MTS HAMER MIASTKO	M-OPEN	78	00:26:41.85	+00:10:52 (40.7%)	5:20	11.2 (58.9%)
96	MURAWSKI Rafał	74		M-OPEN	79	00:26:44.25	+00:10:55 (40.8%)	5:20	11.2 (58.9%)
97	RUMIŃSKA Marlena	98	LKS FENIX SŁUPSK	K-OPEN	18	00:26:45.25	+00:10:56 (40.9%)	5:21	11.2 (58.9%)
98	BIERNAT Karolina	152		K-OPEN	19	00:26:45.40	+00:10:56 (40.9%)	5:21	11.2 (58.9%)
99	MISZKE Damian	68	KB SPOKO SŁAWNO	M-OPEN	80	00:26:48.95	+00:10:59 (41.0%)	5:21	11.2 (58.9%)
100	ŻURAWIK Piotr	142		M-OPEN	81	00:26:53.75	+00:11:04 (41.2%)	5:22	11.2 (58.9%)
101	LEWANDOWSKA Maria	55	W.P.K SŁOŃ TEAM USTKA	K-OPEN	20	00:27:01.80	+00:11:12 (41.5%)	5:24	11.1 (58.4%)
102	SŁOMSKI Zenon	104	KORZYBSKIE REKINY	M-OPEN	82	00:27:08.00	+00:11:18 (41.7%)	5:25	11.1 (58.4%)
103	PRZYBYŁ Krzysztof	92		M-OPEN	83	00:27:29.85	+00:11:40 (42.5%)	5:29	10.9 (57.4%)
104	SZYMAŃSKI Patryk	112		M-OPEN	84	00:27:29.95	+00:11:40 (42.5%)	5:29	10.9 (57.4%)
105	KUCHAREK Marcin	51	STOPA SŁUPSK	M-OPEN	85	00:27:40.05	+00:11:50 (42.8%)	5:32	10.8 (56.8%)
106	KARNICKI Zygmunt	38	TKKF KOSZALIN	M-OPEN	86	00:27:40.10	+00:11:50 (42.8%)	5:32	10.8 (56.8%)
106	MOTOWIDŁO-ZAWADZKA Izabella	69	DECATHLON POWER SŁUPSK	K-OPEN	21	00:27:40.10	+00:11:50 (42.8%)	5:32	10.8 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
108	<b>KLONOWSKI Artur</b>	<b>41</b>	KOSPEL	M-OPEN	87	<b>00:27:40.85</b>	+00:11:51 (42.8%)	5:32	10.8 (56.8%)
109	<b>CZECH Roman</b>	<b>159</b>	GOCH BYTÓW	M-OPEN	88	<b>00:27:47.85</b>	+00:11:58 (43.1%)	5:33	10.8 (56.8%)
110	<b>PYTLOS Katarzyna</b>	<b>157</b>		K-OPEN	22	<b>00:27:51.65</b>	+00:12:02 (43.2%)	5:34	10.8 (56.8%)
111	<b>PLATH-KOPERSKA Krystyna</b>	<b>88</b>		K-OPEN	23	<b>00:28:00.80</b>	+00:12:11 (43.5%)	5:36	10.7 (56.3%)
112	<b>MAKOWSKA Monika</b>	<b>161</b>		K-OPEN	24	<b>00:28:20.40</b>	+00:12:31 (44.2%)	5:40	10.6 (55.8%)
113	<b>CZERWIŃSKI Szczęśny</b>	<b>12</b>		M-OPEN	89	<b>00:28:20.95</b>	+00:12:31 (44.2%)	5:40	10.6 (55.8%)
114	<b>HANC Michał</b>	<b>27</b>	HAJALE16	M-OPEN	90	<b>00:29:05.20</b>	+00:13:15 (45.6%)	5:49	10.3 (54.2%)
115	<b>KOZŁOWSKI Adrian</b>	<b>47</b>	MKS 'ŚWIĘC' SŁAWNO	M-OPEN	91	<b>00:29:12.25</b>	+00:13:23 (45.8%)	5:50	10.3 (54.2%)
116	<b>MAJ Agnieszka</b>	<b>60</b>		K-OPEN	25	<b>00:29:14.40</b>	+00:13:25 (45.9%)	5:50	10.3 (54.2%)
117	<b>SZCZECIŃSKA Katarzyna</b>	<b>109</b>		K-OPEN	26	<b>00:29:17.20</b>	+00:13:27 (46.0%)	5:51	10.2 (53.7%)
118	<b>MISZKE Magdalena</b>	<b>67</b>	KB SPOKO SŁAWNO	K-OPEN	27	<b>00:29:19.35</b>	+00:13:30 (46.0%)	5:51	10.2 (53.7%)
118	<b>PROTASEWICZ Andrzej</b>	<b>91</b>	KB SPOKO SŁAWNO	M-OPEN	92	<b>00:29:19.35</b>	+00:13:30 (46.0%)	5:51	10.2 (53.7%)
120	<b>PROTASEWICZ Renata</b>	<b>90</b>	KB SPOKO SŁAWNO	K-OPEN	28	<b>00:29:19.40</b>	+00:13:30 (46.0%)	5:51	10.2 (53.7%)
121	<b>WÓJCICKI Grzegorz</b>	<b>136</b>	KB SPOKO SŁAWNO	M-OPEN	93	<b>00:29:19.45</b>	+00:13:30 (46.0%)	5:51	10.2 (53.7%)
122	<b>MARCZAK Małgorzata</b>	<b>64</b>	-	K-OPEN	29	<b>00:29:28.45</b>	+00:13:39 (46.3%)	5:53	10.2 (53.7%)
123	<b>SUŁEK Dorota</b>	<b>108</b>	KB BRYZA POSTOMINO	K-OPEN	30	<b>00:29:28.90</b>	+00:13:39 (46.3%)	5:53	10.2 (53.7%)
124	<b>MURAWSKA Katarzyna</b>	<b>73</b>		K-OPEN	31	<b>00:29:31.80</b>	+00:13:42 (46.4%)	5:54	10.2 (53.7%)
125	<b>MALINOWSKI Adam</b>	<b>62</b>	MKS 'ŚWIĘC' SŁAWNO	M-OPEN	94	<b>00:29:37.30</b>	+00:13:48 (46.6%)	5:55	10.1 (53.2%)
126	<b>POLAK Mateusz</b>	<b>146</b>		M-OPEN	95	<b>00:29:43.70</b>	+00:13:54 (46.8%)	5:56	10.1 (53.2%)
127	<b>HELLER Zdzisław</b>	<b>28</b>	NIEZRZESZONY	M-OPEN	96	<b>00:30:33.70</b>	+00:14:44 (48.2%)	6:06	9.8 (51.6%)
127	<b>BUDZYŃSKA Ełżbieta</b>	<b>8</b>	PRACOWNIA POLIGRAFICZNO-REKLAMOWA ' SERITEXT ' TOMASZ SMOCZYŃSKI	K-OPEN	32	<b>00:30:33.70</b>	+00:14:44 (48.2%)	6:06	9.8 (51.6%)
129	<b>ŻUKOWSKI Władysław</b>	<b>147</b>	MKS 'ŚWIĘC' SŁAWNO	M-OPEN	97	<b>00:30:55.60</b>	+00:15:06 (48.8%)	6:11	9.7 (51.1%)
130	<b>GOSTOMCZYK Anna</b>	<b>20</b>	MKS 'ŚWIĘC' SŁAWNO	K-OPEN	33	<b>00:31:15.25</b>	+00:15:26 (49.4%)	6:15	9.6 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
131	<b>RYCHLIŃSKA Iwona</b>	<b>100</b>		K-OPEN	34	<b>00:31:48.80</b>	+00:15:59 (50.3%)	6:21	9.4 (49.5%)
131	<b>RYCHLIŃSKI Damian</b>	<b>101</b>	WATAHA-ŁĄCZY NAS BIEGANIE	M-OPEN	98	<b>00:31:48.80</b>	+00:15:59 (50.3%)	6:21	9.4 (49.5%)

Znaleziono 132 wynik(ów)