

Organizator: P.B.S. Olszewski i Synowie Sławno - Włodzimierz Olszewski, Hydrogeobudowa Sławno - Tadeusz Stukan, Ośrodek Sportu i Rekreacji w Sławnie
Data: 2019-06-29
Miejsce: Sławno
Dystans: 5 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KURHANSKAYA Svetlana	149		K-OPEN	1	00:18:19.10		3:39	16.4 (100%)
2	TALAR Patrycja	116	RUNNERSWORLD POZNAŃ	K-OPEN	2	00:18:39.15	+00:00:20 (1.8%)	3:43	16.1 (98.2%)
3	WIRKUS Antonina	130	MKL SZCZECINEK	K-OPEN	3	00:18:57.35	+00:00:38 (3.4%)	3:47	15.8 (96.3%)
4	PISKOROWSKA Danuta	87	TEAM LUKS ŻÓRAWINA-WROCŁAW	K-OPEN	4	00:20:25.85	+00:02:06 (10.3%)	4:05	14.7 (89.6%)
5	BENTKOWSKA Natalia	6		K-OPEN	5	00:20:58.85	+00:02:39 (12.7%)	4:11	14.3 (87.2%)
6	NIECKARZ Monika	75	KB SPOKO SŁAWNO	K-OPEN	6	00:21:35.55	+00:03:16 (15.2%)	4:19	13.9 (84.8%)
7	ZADERETSKA Sofiya	139	LKS FENIX SŁUPSK	K-OPEN	7	00:22:56.40	+00:04:37 (20.1%)	4:35	13.1 (79.9%)
8	KACZMAREK Marta	34	KB SPOKO SŁAWNO	K-OPEN	8	00:23:06.30	+00:04:47 (20.7%)	4:37	13 (79.3%)
9	KULCZYK Katarzyna	52	KB BRYZA POSTOMINO	K-OPEN	9	00:23:21.70	+00:05:02 (21.6%)	4:40	12.8 (78.0%)
10	SERKOWSKA Magdalena	103		K-OPEN	10	00:24:28.25	+00:06:09 (25.1%)	4:53	12.3 (75.0%)
11	LEWANDOWSKA Beata	56	STOPA SŁUPSK	K-OPEN	11	00:24:29.55	+00:06:10 (25.2%)	4:53	12.3 (75.0%)
12	BORYS Justyna	7		K-OPEN	12	00:24:37.00	+00:06:17 (25.6%)	4:55	12.2 (74.4%)
13	MOTYKOWSKA Ksenia	70	KB SPOKO SŁAWNO	K-OPEN	13	00:25:21.20	+00:07:02 (27.7%)	5:04	11.8 (72.0%)
14	GUZIK Natalia	24		K-OPEN	14	00:25:58.75	+00:07:39 (29.5%)	5:11	11.6 (70.7%)

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15	KONKEL Joanna	43	MKS 'ŚWIĘC' SŁAWNO	K-OPEN	15	00:26:28.50	+00:08:09 (30.8%)	5:17	11.3 (68.9%)
16	ANTOSIK Grażyna	3	KS OLSZEWSKI I SYNOWIE	K-OPEN	16	00:26:28.70	+00:08:09 (30.8%)	5:17	11.3 (68.9%)
17	JAŹDŹEWSKA Elżbieta	32	BEST BEASTS	K-OPEN	17	00:26:38.60	+00:08:19 (31.2%)	5:19	11.3 (68.9%)
18	RUMIŃSKA Marlena	98	LKS FENIX SŁUPSK	K-OPEN	18	00:26:45.25	+00:08:26 (31.5%)	5:21	11.2 (68.3%)
19	BIERNAT Karolina	152		K-OPEN	19	00:26:45.40	+00:08:26 (31.5%)	5:21	11.2 (68.3%)
20	LEWANDOWSKA Maria	55	W.P.K SŁOŃ TEAM USTKA	K-OPEN	20	00:27:01.80	+00:08:42 (32.2%)	5:24	11.1 (67.7%)
21	MOTOWIDŁO-ZAWADZKA Izabella	69	DECATHLON POWER SŁUPSK	K-OPEN	21	00:27:40.10	+00:09:21 (33.8%)	5:32	10.8 (65.9%)
22	PYTLOS Katarzyna	157		K-OPEN	22	00:27:51.65	+00:09:32 (34.3%)	5:34	10.8 (65.9%)
23	PLATH-KOPERSKA Krystyna	88		K-OPEN	23	00:28:00.80	+00:09:41 (34.6%)	5:36	10.7 (65.2%)
24	MAKOWSKA Monika	161		K-OPEN	24	00:28:20.40	+00:10:01 (35.4%)	5:40	10.6 (64.6%)
25	MAJ Agnieszka	60		K-OPEN	25	00:29:14.40	+00:10:55 (37.4%)	5:50	10.3 (62.8%)
26	SZCZECIŃSKA Katarzyna	109		K-OPEN	26	00:29:17.20	+00:10:58 (37.5%)	5:51	10.2 (62.2%)
27	MISZKE Magdalena	67	KB SPOKO SŁAWNO	K-OPEN	27	00:29:19.35	+00:11:00 (37.5%)	5:51	10.2 (62.2%)
28	PROTASEWICZ Renata	90	KB SPOKO SŁAWNO	K-OPEN	28	00:29:19.40	+00:11:00 (37.5%)	5:51	10.2 (62.2%)
29	MARCZAK Małgorzata	64	-	K-OPEN	29	00:29:28.45	+00:11:09 (37.8%)	5:53	10.2 (62.2%)
30	SUŁEK Dorota	108	KB BRYZA POSTOMINO	K-OPEN	30	00:29:28.90	+00:11:09 (37.9%)	5:53	10.2 (62.2%)
31	MURAWSKA Katarzyna	73		K-OPEN	31	00:29:31.80	+00:11:12 (38.0%)	5:54	10.2 (62.2%)
32	BUDZYŃSKA Elżbieta	8	PRACOWNIA POLIGRAFICZNO-REKLAMOWA ' SERITEXT ' TOMASZ SMOCZYŃSKI	K-OPEN	32	00:30:33.70	+00:12:14 (40.1%)	6:06	9.8 (59.8%)
33	GOSTOMCZYK Anna	20	MKS 'ŚWIĘC' SŁAWNO	K-OPEN	33	00:31:15.25	+00:12:56 (41.4%)	6:15	9.6 (58.5%)
34	RYCHLIŃSKA Iwona	100		K-OPEN	34	00:31:48.80	+00:13:29 (42.4%)	6:21	9.4 (57.3%)

Znaleziono 34 wynik(ów)