

Organizator: P.B.S. Olszewski i Synowie Sławno - Włodzimierz Olszewski, Hydrogeobudowa Sławno - Tadeusz Stukan, Ośrodek Sportu i Rekreacji w Sławnie
Data: 2019-06-29
Miejsce: Sławno
Dystans: 5 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	GARSKI Dawid	17	BASZTA BYTÓW	M-OPEN	1	00:15:49.25		3:09	19 (100%)
2	CZERNIEWSKI Marcin	11	LKS FENIX SŁUPSK	M-OPEN	2	00:15:56.90	+00:00:07 (0.8%)	3:11	18.8 (98.9%)
3	SAWKO Alex	150		M-OPEN	3	00:15:58.85	+00:00:09 (1.0%)	3:11	18.8 (98.9%)
4	LIPIŃSKI Mateusz	59	MUAY RUNNING TEAM	M-OPEN	4	00:16:02.30	+00:00:13 (1.4%)	3:12	18.7 (98.4%)
5	WITKOWSKI Mateusz	134	JW 1223	M-OPEN	5	00:16:22.20	+00:00:32 (3.4%)	3:16	18.3 (96.3%)
6	PYSHNIAN Konstantyn	153		M-OPEN	6	00:16:41.95	+00:00:52 (5.3%)	3:20	18 (94.7%)
7	KĘPKA Adrian	154	TAGER SPORT	M-OPEN	7	00:17:15.70	+00:01:26 (8.3%)	3:27	17.4 (91.6%)
8	ZWOLSKI Andrzej	141	ŚCIGAŁ TEAM	M-OPEN	8	00:17:20.95	+00:01:31 (8.8%)	3:28	17.3 (91.1%)
9	JANISZEWSKI Marek	30	DRUTEX	M-OPEN	9	00:17:33.75	+00:01:44 (9.9%)	3:30	17.1 (90.0%)
10	RUDNIK Krzysztof	96		M-OPEN	10	00:18:06.30	+00:02:17 (12.6%)	3:37	16.6 (87.4%)
11	MAJKOWICZ Rafał	61		M-OPEN	11	00:18:34.40	+00:02:45 (14.8%)	3:42	16.2 (85.3%)
12	WNUK Przemek	135		M-OPEN	12	00:18:56.15	+00:03:06 (16.5%)	3:47	15.8 (83.2%)
13	KURKUL Janek	53	KB BRYZA POSTOMINO	M-OPEN	13	00:18:56.90	+00:03:07 (16.5%)	3:47	15.8 (83.2%)
14	DUDA Grzegorz	14	BEST BEASTS	M-OPEN	14	00:18:57.80	+00:03:08 (16.6%)	3:47	15.8 (83.2%)
15	WIRKUS Łukasz	131	LKB IM. BRACI PETK W LĘBORKU	M-OPEN	15	00:18:58.30	+00:03:09 (16.6%)	3:47	15.8 (83.2%)
16	GLAZIK Dariusz	18	ŚCIGAŁ TEAM	M-OPEN	16	00:19:17.10	+00:03:27 (18.0%)	3:51	15.6 (82.1%)
17	ELENDT Tomasz	15		M-OPEN	17	00:19:24.05	+00:03:34 (18.5%)	3:52	15.5 (81.6%)
18	KRUKOWSKI Błażej	50	KB SPOKO SŁAWNO	M-OPEN	18	00:19:29.90	+00:03:40 (18.9%)	3:53	15.4 (81.1%)
19	JABŁOŃSKI Tomasz	29	KB SPOKO SŁAWNO	M-OPEN	19	00:19:36.00	+00:03:46 (19.3%)	3:55	15.3 (80.5%)
20	RYGIELSKI Arkadiusz	102		M-OPEN	20	00:19:47.45	+00:03:58 (20.1%)	3:57	15.2 (80.0%)
21	ŚLĘZAK Robert	160	OLIMPIJCZYK SZCZEKOCINY	M-OPEN	21	00:19:58.30	+00:04:09 (20.8%)	3:59	15 (78.9%)
22	KAWKA Adrian	156		M-OPEN	22	00:20:06.55	+00:04:17 (21.3%)	4:01	14.9 (78.4%)
23	ROSIAK Damian	95	KB SPOKO SŁAWNO	M-OPEN	23	00:20:10.30	+00:04:21 (21.6%)	4:02	14.9 (78.4%)
24	MAJ Witold	145	OLDBOYS TRUSKOLASY	M-OPEN	24	00:20:15.30	+00:04:26 (21.9%)	4:03	14.8 (77.9%)
25	GÓRNY Norbert	22	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M-OPEN	25	00:20:22.75	+00:04:33 (22.4%)	4:04	14.7 (77.4%)
26	CZECH Dariusz	10	ŚCIGAŁ TEAM	M-OPEN	26	00:20:35.60	+00:04:46 (23.2%)	4:07	14.6 (76.8%)
27	NOWAK Jacek	77		M-OPEN	27	00:20:38.45	+00:04:49 (23.4%)	4:07	14.5 (76.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto	Różn		
						5km			
28	PĘKAŁA Piotr	85		M-OPEN	28	00:20:43.25	+00:04:54 (23.6%)	4:08	14.5 (76.3%)
29	ŻYLICZ Paweł	143	STOPA SŁUPSK / USB USTKA	M-OPEN	29	00:21:02.80	+00:05:13 (24.8%)	4:12	14.3 (75.3%)
30	BIENKOWSKI Tomasz	162	IQ CONSULTING	M-OPEN	30	00:21:05.55	+00:05:16 (25.0%)	4:13	14.2 (74.7%)
31	GUZIK Piotr	23		M-OPEN	31	00:21:20.30	+00:05:31 (25.9%)	4:16	14.1 (74.2%)
32	NIECKARZ Krzysztof	76	KB SPOKO SŁAWNO	M-OPEN	32	00:21:22.20	+00:05:32 (26.0%)	4:16	14 (73.7%)
33	WIELGAT Łukasz	128	KB BRYZA POSTOMINO	M-OPEN	33	00:21:28.90	+00:05:39 (26.4%)	4:17	14 (73.7%)
34	WIŚNIEWSKI Patryk	132		M-OPEN	34	00:21:34.00	+00:05:44 (26.6%)	4:18	13.9 (73.2%)
35	PAWLIK Krystian	82	USTKA	M-OPEN	35	00:21:39.40	+00:05:50 (26.9%)	4:19	13.9 (73.2%)
36	BAJTEK Przemysław	148	KB SPOKO SŁAWNO	M-OPEN	36	00:21:40.25	+00:05:51 (27.0%)	4:20	13.8 (72.6%)
37	TOMCZAK Dominik	118	NIGHT RUNNERS SŁUPSK	M-OPEN	37	00:21:50.00	+00:06:00 (27.5%)	4:22	13.7 (72.1%)
38	NOWICKI Mateusz	78	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	M-OPEN	38	00:21:54.90	+00:06:05 (27.8%)	4:22	13.7 (72.1%)
39	URBANIAK Szymon	122	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M-OPEN	39	00:21:59.20	+00:06:09 (28.0%)	4:23	13.6 (71.6%)
40	KLENIEWSKI Piotr	40	ROZBIEGANY KOSZALIN	M-OPEN	40	00:22:03.65	+00:06:14 (28.3%)	4:24	13.6 (71.6%)
41	STRUŚ Artur	155	KB BRYZA POSTOMINO	M-OPEN	41	00:22:07.15	+00:06:17 (28.5%)	4:25	13.6 (71.6%)
42	MICERSKI Tomasz	66	TKKF KOSZALIN	M-OPEN	42	00:22:08.85	+00:06:19 (28.6%)	4:25	13.6 (71.6%)
43	KARGUL Jacek	37	NIGHT RUNNERS SŁUPSK	M-OPEN	43	00:22:12.50	+00:06:23 (28.8%)	4:26	13.5 (71.1%)
44	TURCZYN Tomasz	121	DZIENNIK SŁAWIEŃSKI	M-OPEN	44	00:22:19.75	+00:06:30 (29.1%)	4:27	13.4 (70.5%)
45	WILCZEWSKI Krzysztof	129	KB SPOKO SŁAWNO	M-OPEN	45	00:22:20.75	+00:06:31 (29.2%)	4:28	13.4 (70.5%)
46	JOCHYM Mariusz	33	WKURW_TEAM	M-OPEN	46	00:22:26.45	+00:06:37 (29.5%)	4:29	13.4 (70.5%)
47	KAZIMIERCZAK Leszek	39	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M-OPEN	47	00:22:28.70	+00:06:39 (29.6%)	4:29	13.4 (70.5%)
48	BIERNAT Marcin	151		M-OPEN	48	00:22:29.05	+00:06:39 (29.6%)	4:29	13.3 (70.0%)
49	RUTKOWSKI Ryszard	99	RUNKING	M-OPEN	49	00:22:29.10	+00:06:39 (29.6%)	4:29	13.3 (70.0%)
50	OLSZAR Grzegorz	79	DARŁOWSKIE CHARTY	M-OPEN	50	00:22:33.05	+00:06:43 (29.8%)	4:30	13.3 (70.0%)
51	RUDZIŃSKI Radosław	97	BIAŁOGARD RUN	M-OPEN	51	00:22:33.15	+00:06:43 (29.8%)	4:30	13.3 (70.0%)
52	ORLOWSKI Maciej	80	DARŁOWSKIE CHARTY	M-OPEN	52	00:22:33.60	+00:06:44 (29.9%)	4:30	13.3 (70.0%)
53	MARCINIAK Michał	63		M-OPEN	53	00:22:35.80	+00:06:46 (30.0%)	4:31	13.3 (70.0%)
54	KOS Krystian	45	CENTRALNY POLIGON SIŁ POWIETEZNYCH	M-OPEN	54	00:22:40.35	+00:06:51 (30.2%)	4:32	13.2 (69.5%)
55	ANTOSIK Grzegorz	4	KB BRYZA POSTOMINO	M-OPEN	55	00:22:42.00	+00:06:52 (30.3%)	4:32	13.2 (69.5%)
56	GOSTOMCZYK Krzysztof	19	KB SPOKO SŁAWNO	M-OPEN	56	00:22:42.15	+00:06:52 (30.3%)	4:32	13.2 (69.5%)
57	WIECZOREK Jacek	127	SŁAWNO	M-OPEN	57	00:22:50.25	+00:07:01 (30.7%)	4:34	13.1 (68.9%)
58	ŚWIETLIK Tomasz	115	LEO TEAM	M-OPEN	58	00:22:52.75	+00:07:03 (30.9%)	4:34	13.1 (68.9%)
59	ANTKOWIAK Sebastian	2	DB - ACTIVE	M-OPEN	59	00:23:18.55	+00:07:29 (32.1%)	4:39	12.9 (67.9%)
60	STRZELECKI Zbigniew	107	KORZYBSKIE REKINY	M-OPEN	60	00:23:42.40	+00:07:53 (33.3%)	4:44	12.7 (66.8%)
61	PIĄTKOWSKI Michał	86	CZARNI SŁUPSK	M-OPEN	61	00:23:53.85	+00:08:04 (33.8%)	4:46	12.6 (66.3%)
62	KAMIŃSKI Tomasz	35	JW 1223	M-OPEN	62	00:24:06.00	+00:08:16 (34.4%)	4:49	12.4 (65.3%)
63	DOWNAR-ZAPOLSKI Paweł	13		M-OPEN	63	00:24:17.90	+00:08:28 (34.9%)	4:51	12.4 (65.3%)
64	PODLAK Piotr	89		M-OPEN	64	00:24:21.00	+00:08:31 (35.0%)	4:52	12.3 (64.7%)
65	JAWORSKI Robert	31	KB BRYZA POSTOMINO	M-OPEN	65	00:24:24.15	+00:08:34 (35.2%)	4:52	12.3 (64.7%)
66	BUKOWSKI Bartosz	144		M-OPEN	66	00:24:27.95	+00:08:38 (35.3%)	4:53	12.3 (64.7%)
67	SZYSZKOWSKI Tomasz	114		M-OPEN	67	00:24:33.60	+00:08:44 (35.6%)	4:54	12.2 (64.2%)
68	LEWANDOWSKI Adam	57	W.P.K SŁOŃ TEAM USTKA	M-OPEN	68	00:24:35.65	+00:08:46 (35.7%)	4:55	12.2 (64.2%)
69	HAMULAK Dariusz	25		M-OPEN	69	00:24:54.65	+00:09:05 (36.5%)	4:58	12 (63.2%)
70	KRASIŃSKI Witold	48		M-OPEN	70	00:24:56.10	+00:09:06 (36.6%)	4:59	12 (63.2%)
71	KOWALCZYK Piotr	46	FOR-REST-RUN	M-OPEN	71	00:24:57.80	+00:09:08 (36.6%)	4:59	12 (63.2%)

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72	WENELSKI Damian	124		M-OPEN	72	00:25:29.25	+00:09:40 (37.9%)	5:05	11.8 (62.1%)
73	LEWIŃSKI Lewi	58		M-OPEN	73	00:25:31.50	+00:09:42 (38.0%)	5:06	11.8 (62.1%)
74	KOTECKI Zbigniew	158		M-OPEN	74	00:25:37.35	+00:09:48 (38.3%)	5:07	11.7 (61.6%)
75	STOJEWski Jarosław	26	KB SPOKO SŁAWNO	M-OPEN	75	00:25:40.10	+00:09:50 (38.4%)	5:08	11.7 (61.6%)
76	ANDRZEJCZAK Sławomir	1	GRZESŁAW USTKA	M-OPEN	76	00:25:43.75	+00:09:54 (38.5%)	5:08	11.7 (61.6%)
77	KRÓL Krzysztof	49		M-OPEN	77	00:26:34.10	+00:10:44 (40.5%)	5:18	11.3 (59.5%)
78	MRUGALSKI Stanisław	71	MTS HAMER MIASTKO	M-OPEN	78	00:26:41.85	+00:10:52 (40.7%)	5:20	11.2 (58.9%)
79	MURAWSKI Rafał	74		M-OPEN	79	00:26:44.25	+00:10:55 (40.8%)	5:20	11.2 (58.9%)
80	MISZKE Damian	68	KB SPOKO SŁAWNO	M-OPEN	80	00:26:48.95	+00:10:59 (41.0%)	5:21	11.2 (58.9%)
81	ŻURAWIK Piotr	142		M-OPEN	81	00:26:53.75	+00:11:04 (41.2%)	5:22	11.2 (58.9%)
82	SŁOMSKI Zenon	104	KORZYBSKIE REKINY	M-OPEN	82	00:27:08.00	+00:11:18 (41.7%)	5:25	11.1 (58.4%)
83	PRZYBYŁ Krzysztof	92		M-OPEN	83	00:27:29.85	+00:11:40 (42.5%)	5:29	10.9 (57.4%)
84	SZYMAŃSKI Patryk	112		M-OPEN	84	00:27:29.95	+00:11:40 (42.5%)	5:29	10.9 (57.4%)
85	KUCHAREK Marcin	51	STOPA SŁUPSK	M-OPEN	85	00:27:40.05	+00:11:50 (42.8%)	5:32	10.8 (56.8%)
86	KARNICKI Zygmunt	38	TKKF KOSZALIN	M-OPEN	86	00:27:40.10	+00:11:50 (42.8%)	5:32	10.8 (56.8%)
87	KLONOWSKI Artur	41	KOSPEL	M-OPEN	87	00:27:40.85	+00:11:51 (42.8%)	5:32	10.8 (56.8%)
88	CZECH Roman	159	GOCH BYTÓW	M-OPEN	88	00:27:47.85	+00:11:58 (43.1%)	5:33	10.8 (56.8%)
89	CZERWIŃSKI Szczęsny	12		M-OPEN	89	00:28:20.95	+00:12:31 (44.2%)	5:40	10.6 (55.8%)
90	HANC Michał	27	HAJALE16	M-OPEN	90	00:29:05.20	+00:13:15 (45.6%)	5:49	10.3 (54.2%)
91	KOZŁOWSKI Adrian	47	MKS 'ŚWIĘC' SŁAWNO	M-OPEN	91	00:29:12.25	+00:13:23 (45.8%)	5:50	10.3 (54.2%)
92	PROTASEWICZ Andrzej	91	KB SPOKO SŁAWNO	M-OPEN	92	00:29:19.35	+00:13:30 (46.0%)	5:51	10.2 (53.7%)
93	WÓJCICKI Grzegorz	136	KB SPOKO SŁAWNO	M-OPEN	93	00:29:19.45	+00:13:30 (46.0%)	5:51	10.2 (53.7%)
94	MALINOWSKI Adam	62	MKS 'ŚWIĘC' SŁAWNO	M-OPEN	94	00:29:37.30	+00:13:48 (46.6%)	5:55	10.1 (53.2%)
95	POLAK Mateusz	146		M-OPEN	95	00:29:43.70	+00:13:54 (46.8%)	5:56	10.1 (53.2%)
96	HELLER Zdzisław	28	NIEZRZESZONY	M-OPEN	96	00:30:33.70	+00:14:44 (48.2%)	6:06	9.8 (51.6%)
97	ŻUKOWSKI Władysław	147	MKS 'ŚWIĘC' SŁAWNO	M-OPEN	97	00:30:55.60	+00:15:06 (48.8%)	6:11	9.7 (51.1%)
98	RYCHLIŃSKI Damian	101	WATAHA-ŁĄCZY NAS BIEGANIE	M-OPEN	98	00:31:48.80	+00:15:59 (50.3%)	6:21	9.4 (49.5%)

Znaleziono 98 wynik(ów)