



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XVII BIEG SYLWESTROWY
Stowarzyszenie Rowerowa Brzoza
2023-12-31
Brzoza
10 km

XVII BIEG SYLWESTROWY

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

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INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	TOMCZYK Agata	19	SLA POLONIA BYDGOSZCZ	K-30	1	SLA POLONIA BYDGOSZCZ	00:00:02	00:09:45	00:19:03	00:28:28	00:37:55	00:39:41.50	00:39:43.50		3:58	15.1 (100%)
2	STELMACH Patrycja	455	TEAMOCHAL	K-30	2	TEAMOCHAL	00:00:08	00:10:42	00:20:37	00:30:34	00:40:18	00:41:54.90	00:42:03.20	+00:02:13 (5.3%)	4:11	14.3 (94.7%)
3	OCHAL Olga	452	TEAMOCHAL	K-30	3	TEAMOCHAL	00:00:02	00:10:48	00:20:43	00:30:39	00:40:24	00:42:09.35	00:42:11.95	+00:02:27 (5.8%)	4:12	14.2 (94.0%)
4	SOBCZAK Monika	126		K-30	4		00:00:14	00:10:59	00:21:07	00:31:17	00:41:21	00:43:11.30	00:43:25.80	+00:03:29 (8.1%)	4:19	13.9 (92.1%)
5	LUBISZEWSKA Karolina	291	ŁAPA_TRI_RUN_CREW	K-30	5	Łapa_TRI_Run_Crew	00:00:11	00:10:57	00:21:19	00:31:54	00:42:21	00:44:12.25	00:44:23.25	+00:04:30 (10.2%)	4:25	13.6 (90.1%)
6	WITEK Magdalena	450		K-30	6		00:00:14	00:11:08	00:21:51	00:32:38	00:43:32	00:45:24.90	00:45:38.90	+00:05:43 (12.6%)	4:32	13.2 (87.4%)
7	LUBOWIECKA Elżbieta	153	RUN TEAM SĘPÓLNO KRAJEŃSKIE	K-30	7	RUN TEAM SĘPÓLNO KRAJEŃSKIE	00:00:10	00:11:17	00:22:24	00:33:55	00:45:21	00:47:30.10	00:47:41.00	+00:07:48 (16.4%)	4:45	12.6 (83.4%)
8	MIRASZEWSKA Marta	394	START TEAM WĄBRZEŻNO	K-30	8	Start Team Wąbrzeżno	00:00:06	00:11:31	00:23:18	00:35:16	00:46:10	00:48:19.30	00:48:26.10	+00:08:37 (17.9%)	4:49	12.4 (82.1%)
9	WINIECKA Paulina	145	RUN TEAM SĘPÓLNO KRAJEŃSKIE	K-30	9	RUN TEAM SĘPÓLNO KRAJEŃSKIE	00:00:12	00:12:14	00:24:07	00:35:59	00:47:19	00:49:24.10	00:49:36.25	+00:09:42 (19.7%)	4:56	12.1 (80.1%)
10	LUZAK Magdalena	81		K-30	10		00:00:16	00:12:02	00:23:41	00:35:44	00:48:11	00:50:27.05	00:50:43.55	+00:10:45 (21.3%)	5:02	11.9 (78.8%)
11	MAJKOWSKA Jagoda	456	TEAMOCHAL	K-30	11	TEAMOCHAL	00:00:25	00:12:38	00:24:30	00:36:27	00:48:30	00:50:34.50	00:51:00.40	+00:10:53 (21.5%)	5:03	11.9 (78.8%)
12	JAKUBIEC Adrianna	55		K-30	12		00:00:03	00:12:27	00:24:50	00:37:23	00:49:51	00:52:07.35	00:52:10.90	+00:12:25 (23.8%)	5:12	11.5 (76.2%)
13	DRÓZDŹ-OPRAWA Małgorzata	423		K-30	13		00:00:26	00:13:09	00:25:46	00:38:39	00:50:55	00:53:04.10	00:53:30.70	+00:13:22 (25.2%)	5:18	11.3 (74.8%)
14	GACKOWSKA Daria	218	SŁODZIAKI	K-30	14	SŁODZIAKI	00:00:08	00:13:18	00:25:38	00:38:30	00:50:49	00:53:11.00	00:53:19.75	+00:13:29 (25.4%)	5:19	11.3 (74.8%)
15	ANDRZEJEWSKA Sylwia	459	TEAMOCHAL	K-30	15	TEAMOCHAL	00:00:19	00:11:35	00:22:53	00:38:47	00:51:02	00:53:11.75	00:53:31.00	+00:13:30 (25.4%)	5:19	11.3 (74.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	FILIPEK Małgorzata	277	TEAM RUDNIK	K-30	16	TEAM RUDNIK	00:00:09	00:12:45	00:25:21	00:38:21	00:51:25	00:53:44.95	00:53:54.25	+00:14:03 (26.2%)	5:22	11.2 (74.2%)
17	ZAGOŹDŻON Wioleta	158		K-30	17		00:00:28	00:13:36	00:26:19	00:39:30	00:52:23	00:54:46.35	00:55:15.15	+00:15:04 (27.5%)	5:28	11 (72.8%)
18	PŁOCHARSKA Barbara	202		K-30	18		00:00:09	00:13:15	00:26:04	00:39:14	00:52:37	00:55:15.40	00:55:25.15	+00:15:33 (28.2%)	5:31	10.9 (72.2%)
19	DYWICKA Karolina	263		K-30	19		00:00:04	00:13:06	00:26:20	00:40:14	00:53:44	00:56:12.75	00:56:17.05	+00:16:31 (29.4%)	5:37	10.7 (70.9%)
20	PASZKIEWICZ Marika	505	BRZOZA BIEGA	K-30	20	Brzoza Biega	00:00:15	00:13:56	00:26:59	00:40:04	00:53:59	00:56:17.05	00:56:32.85	+00:16:35 (29.5%)	5:37	10.7 (70.9%)
21	FRĄCKOWIAK Marta	467	TEAMOCHAL	K-30	21	TEAMOCHAL	00:00:16	00:14:23	00:27:35	00:40:50	00:54:07	00:56:36.70	00:56:53.60	+00:16:55 (29.9%)	5:39	10.6 (70.2%)
22	ZDYBEL Aneta	250		K-30	22		00:00:16	00:14:40	00:28:22	00:42:11	00:55:43	00:58:11.20	00:58:27.60	+00:18:29 (31.8%)	5:49	10.3 (68.2%)
23	WITUCKA-KRYGIER Malwina	443		K-30	23		00:00:18	00:14:25	00:27:59	00:41:54	00:56:50	00:59:14.65	00:59:32.85	+00:19:33 (33.0%)	5:55	10.1 (66.9%)
24	BARTOSZYŃSKA Sabina	441		K-30	24		00:00:39	00:15:43	00:29:38	00:43:36	00:57:05	00:59:30.00	01:00:09.85	+00:19:48 (33.3%)	5:57	10.1 (66.9%)
25	RÓŻYCZKA Joanna	300		K-30	25		00:00:14	00:14:30	00:28:05	00:42:28	00:57:17	00:59:57.30	01:00:12.05	+00:20:15 (33.8%)	5:59	10 (66.2%)
26	SZUPIŃSKA Justyna	115	LUKS SEROCK	K-30	26	LUKS Serock	00:00:41	00:15:41	00:30:29	00:45:42	01:00:54	01:03:39.55	01:04:20.65	+00:23:58 (37.6%)	6:21	9.4 (62.3%)
27	DYPOLT Julia	395		K-30	27		00:00:32	00:15:25	00:31:03	00:47:24	01:03:49	01:06:51.35	01:07:23.45	+00:27:09 (40.6%)	6:41	9 (59.6%)
28	WIKTOROWICZ Dominika	365	ŁABISZYN RUNNERS	K-30	28	Łabiszyn runners	00:00:36	00:16:09	00:32:26	00:48:37	01:04:43	01:07:38.15	01:08:14.75	+00:27:56 (41.3%)	6:45	8.9 (58.9%)

Znaleziono 28 wynik(ów)