



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

**XVII BIEG SYLWESTROWY**  
Stowarzyszenie Rowerowa Brzoza  
2023-12-31  
Brzoza  
10 km

## XVII BIEG SYLWESTROWY

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>KORALEWSKA Julia</b>	<b>496</b>	AZS AWF GDAŃSK	K-20	1	AZS AWF GDAŃSK	00:00:02	00:08:44	00:16:46	00:24:53	00:33:04	<b>00:34:33.10</b>	<b>00:34:35.10</b>		3:27	17.4 (100%)
2	<b>DUBIELLA Monika</b>	<b>470</b>		K-20	2		00:00:02	00:08:44	00:16:55	00:25:12	00:33:41	<b>00:35:17.10</b>	<b>00:35:19.45</b>	+00:00:44 (2.1%)	3:31	17 (97.7%)
3	<b>TOMCZYK Agata</b>	<b>19</b>	SLA POLONIA BYDGOSZCZ	K-30	1	SLA POLONIA BYDGOSZCZ	00:00:02	00:09:45	00:19:03	00:28:28	00:37:55	<b>00:39:41.50</b>	<b>00:39:43.50</b>	+00:05:08 (12.9%)	3:58	15.1 (86.8%)
4	<b>KOWALSKA Angelika</b>	<b>313</b>	TRISPACE/TREK	K-40	1	TRISPACE/TREK	00:00:06	00:10:20	00:19:57	00:29:43	00:39:30	<b>00:41:16.30</b>	<b>00:41:22.55</b>	+00:06:43 (16.3%)	4:07	14.5 (83.3%)
5	<b>STELMACH Patrycja</b>	<b>455</b>	TEAMOCHAL	K-30	2	TEAMOCHAL	00:00:08	00:10:42	00:20:37	00:30:34	00:40:18	<b>00:41:54.90</b>	<b>00:42:03.20</b>	+00:07:21 (17.6%)	4:11	14.3 (82.2%)
6	<b>OCHAL Olga</b>	<b>452</b>	TEAMOCHAL	K-30	3	TEAMOCHAL	00:00:02	00:10:48	00:20:43	00:30:39	00:40:24	<b>00:42:09.35</b>	<b>00:42:11.95</b>	+00:07:36 (18.0%)	4:12	14.2 (81.6%)
7	<b>RZESZOTARSKA Aleksandra</b>	<b>266</b>	TEAM RUDNIK	K-20	3	TEAM RUDNIK	00:00:05	00:10:43	00:20:56	00:31:05	00:41:05	<b>00:42:50.60</b>	<b>00:42:55.80</b>	+00:08:17 (19.4%)	4:17	14 (80.5%)
8	<b>SOBCZAK Monika</b>	<b>126</b>		K-30	4		00:00:14	00:10:59	00:21:07	00:31:17	00:41:21	<b>00:43:11.30</b>	<b>00:43:25.80</b>	+00:08:38 (20.0%)	4:19	13.9 (79.9%)
9	<b>LUBISZEWSKA Karolina</b>	<b>291</b>	ŁAPA_TRI_RUN_CREW	K-30	5	Łapa_TRI_Run_Crew	00:00:11	00:10:57	00:21:19	00:31:54	00:42:21	<b>00:44:12.25</b>	<b>00:44:23.25</b>	+00:09:39 (21.8%)	4:25	13.6 (78.2%)
10	<b>KLAWIŃSKA Bernadeta</b>	<b>297</b>		K-40	2		00:00:19	00:11:39	00:21:59	00:32:26	00:42:56	<b>00:44:50.50</b>	<b>00:45:09.70</b>	+00:10:17 (22.9%)	4:29	13.4 (77.0%)
11	<b>SZULC Angelika</b>	<b>435</b>	TEAMOCHAL	K-40	3	TEAMOCHAL	00:00:19	00:11:19	00:21:51	00:32:30	00:43:17	<b>00:45:13.25</b>	<b>00:45:32.65</b>	+00:10:40 (23.6%)	4:31	13.3 (76.4%)
12	<b>WITEK Magdalena</b>	<b>450</b>		K-30	6		00:00:14	00:11:08	00:21:51	00:32:38	00:43:32	<b>00:45:24.90</b>	<b>00:45:38.90</b>	+00:10:51 (23.9%)	4:32	13.2 (75.9%)
13	<b>STASZKIEWICZ Lucyna</b>	<b>249</b>		K-50	1		00:00:08	00:11:15	00:21:49	00:32:36	00:43:28	<b>00:45:25.35</b>	<b>00:45:33.95</b>	+00:10:52 (23.9%)	4:32	13.2 (75.9%)
14	<b>GACKA Anna</b>	<b>499</b>	LUPUS TEAM	K-40	4	Lupus Team	00:00:19	00:11:36	00:22:07	00:32:42	00:43:23	<b>00:45:27.55</b>	<b>00:45:46.90</b>	+00:10:54 (24.0%)	4:32	13.2 (75.9%)
15	<b>RYMARKIEWICZ Małgorzata</b>	<b>345</b>	TM IRON TEAM	K-40	5	TM Iron Team	00:00:09	00:11:36	00:22:24	00:33:22	00:44:23	<b>00:46:21.95</b>	<b>00:46:31.90</b>	+00:11:48 (25.5%)	4:38	12.9 (74.1%)
16	<b>MACIEJEWSKA Kamila</b>	<b>485</b>		K-40	6		00:00:02	00:11:19	00:22:08	00:33:10	00:44:28	<b>00:46:27.20</b>	<b>00:46:29.80</b>	+00:11:54 (25.6%)	4:38	12.9 (74.1%)
17	<b>BARANOWSKA Joanna</b>	<b>92</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	K-40	7	RUN TEAM SĘPÓLNO KRAJEŃSKIE	00:00:11	00:11:09	00:22:01	00:33:16	00:44:25	<b>00:46:29.20</b>	<b>00:46:40.60</b>	+00:11:56 (25.7%)	4:38	12.9 (74.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
18	<b>LUBOWIECKA Elżbieta</b>	<b>153</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	K-30	7	RUN TEAM SĘPÓLNO KRAJEŃSKIE	00:00:10	00:11:17	00:22:24	00:33:55	00:45:21	<b>00:47:30.10</b>	<b>00:47:41.00</b>	+00:12:57 (27.3%)	4:45	12.6 (72.4%)
19	<b>WOŹNIAK Anna</b>	<b>360</b>	TM IRON TEAM	K-40	8	TM Iron Team	00:00:11	00:12:01	00:23:23	00:34:42	00:45:40	<b>00:47:36.15</b>	<b>00:47:47.15</b>	+00:13:03 (27.4%)	4:45	12.6 (72.4%)
20	<b>LASKOWSKA Monika</b>	<b>195</b>	TEAMOCHAL	K-40	9	TEAMOCHAL	00:00:20	00:12:13	00:23:20	00:34:34	00:45:43	<b>00:47:42.50</b>	<b>00:48:02.75</b>	+00:13:09 (27.6%)	4:46	12.6 (72.4%)
21	<b>WŁODARSKA Karolina</b>	<b>34</b>	POLONIA BYDGOSZCZ SLA	K-40	10	Polonia Bydgoszcz SLA	00:00:13	00:12:00	00:23:12	00:34:31	00:45:59	<b>00:48:00.35</b>	<b>00:48:13.65</b>	+00:13:27 (28.0%)	4:48	12.5 (71.8%)
22	<b>WIŚNIEWSKA Żaneta</b>	<b>149</b>	KIJKOWE TRZEMESZNO	K-20	4	Kijkowe Trzemeszno	00:00:08	00:11:39	00:22:53	00:34:22	00:45:56	<b>00:48:01.20</b>	<b>00:48:09.25</b>	+00:13:28 (28.0%)	4:48	12.5 (71.8%)
23	<b>MAJEWSKA Agnieszka</b>	<b>517</b>		K-40	11	RUN BYDGOSZCZ	00:00:19	00:12:17	00:23:38	00:35:02	00:46:19	<b>00:48:17.35</b>	<b>00:48:36.55</b>	+00:13:44 (28.4%)	4:49	12.4 (71.3%)
24	<b>MIRASZEWSKA Marta</b>	<b>394</b>	START TEAM WĄBRZEŻNO	K-30	8	Start Team Wąbrzeżno	00:00:06	00:11:31	00:23:18	00:35:16	00:46:10	<b>00:48:19.30</b>	<b>00:48:26.10</b>	+00:13:46 (28.5%)	4:49	12.4 (71.3%)
25	<b>PASTWA Donata</b>	<b>464</b>	TEAMOCHAL	K-50	2	TEAMOCHAL	00:00:19	00:12:15	00:23:25	00:34:49	00:46:25	<b>00:48:31.95</b>	<b>00:48:51.90</b>	+00:13:58 (28.8%)	4:51	12.4 (71.3%)
26	<b>GRABOWSKA Maria</b>	<b>140</b>	FUNDACJA AKTYWNE TRZEMESZNO	K-50	3	Fundacja Aktywne Trzemeszno	00:00:07	00:11:48	00:23:13	00:34:55	00:46:35	<b>00:48:42.65</b>	<b>00:48:49.85</b>	+00:14:09 (29.1%)	4:52	12.3 (70.7%)
27	<b>URBAŃSKA Ewa</b>	<b>414</b>	TM IRON TEAM	K-40	12	TM Iron Team	00:00:09	00:12:03	00:23:26	00:35:07	00:46:50	<b>00:48:59.35</b>	<b>00:49:09.30</b>	+00:14:26 (29.5%)	4:53	12.2 (70.1%)
28	<b>WASILEWSKA Agata</b>	<b>71</b>	AKADEMIA MISTRZÓW SPORTU	K-40	13	Akademia Mistrzów Sportu	00:00:52	00:12:39	00:24:31	00:35:57	00:47:21	<b>00:49:23.25</b>	<b>00:50:15.50</b>	+00:14:50 (30.0%)	4:56	12.1 (69.5%)
29	<b>WASILEWSKA Martyna</b>	<b>70</b>	AKADEMIA MISTRZÓW SPORTU	K-40	14	Akademia Mistrzów Sportu	00:00:51	00:12:42	00:24:32	00:35:58	00:47:21	<b>00:49:24.05</b>	<b>00:50:15.20</b>	+00:14:50 (30.1%)	4:56	12.1 (69.5%)
30	<b>WINIECKA Paulina</b>	<b>145</b>	RUN TEAM SĘPÓLNO KRAJEŃSKIE	K-30	9	RUN TEAM SĘPÓLNO KRAJEŃSKIE	00:00:12	00:12:14	00:24:07	00:35:59	00:47:19	<b>00:49:24.10</b>	<b>00:49:36.25</b>	+00:14:51 (30.1%)	4:56	12.1 (69.5%)
31	<b>WARCZAK Katarzyna</b>	<b>306</b>	TEAMOCHAL	K-40	15	TEAMOCHAL	00:00:27	00:12:21	00:24:06	00:35:54	00:47:47	<b>00:49:56.85</b>	<b>00:50:24.05</b>	+00:15:23 (30.8%)	4:59	12 (69.0%)
32	<b>LUZAK Magdalena</b>	<b>81</b>		K-30	10		00:00:16	00:12:02	00:23:41	00:35:44	00:48:11	<b>00:50:27.05</b>	<b>00:50:43.55</b>	+00:15:53 (31.5%)	5:02	11.9 (68.4%)
33	<b>MAJKOWSKA Jagoda</b>	<b>456</b>	TEAMOCHAL	K-30	11	TEAMOCHAL	00:00:25	00:12:38	00:24:30	00:36:27	00:48:30	<b>00:50:34.50</b>	<b>00:51:00.40</b>	+00:16:01 (31.7%)	5:03	11.9 (68.4%)
34	<b>MISUN-NOWAK Katarzyna</b>	<b>72</b>	AKADEMIA MISTRZÓW SPORTU	K-40	16	Akademia Mistrzów Sportu	00:00:22	00:13:10	00:25:07	00:36:53	00:48:56	<b>00:51:02.65</b>	<b>00:51:25.25</b>	+00:16:29 (32.3%)	5:06	11.8 (67.8%)
35	<b>TYMA Katarzyna</b>	<b>489</b>		K-40	17		00:00:19	00:13:23	00:25:20	00:37:21	00:49:13	<b>00:51:18.85</b>	<b>00:51:37.90</b>	+00:16:45 (32.7%)	5:07	11.7 (67.2%)
36	<b>OKOŃSKA Emilia</b>	<b>370</b>		K-40	18		00:00:15	00:12:47	00:24:51	00:37:03	00:49:13	<b>00:51:23.60</b>	<b>00:51:39.20</b>	+00:16:50 (32.8%)	5:08	11.7 (67.2%)
37	<b>CZYŻEWSKA Justyna</b>	<b>7</b>		K-40	19		00:00:24	00:12:44	00:24:46	00:37:04	00:49:46	<b>00:52:01.80</b>	<b>00:52:26.55</b>	+00:17:28 (33.6%)	5:12	11.5 (66.1%)
38	<b>JAKUBIEC Adrianna</b>	<b>55</b>		K-30	12		00:00:03	00:12:27	00:24:50	00:37:23	00:49:51	<b>00:52:07.35</b>	<b>00:52:10.90</b>	+00:17:34 (33.7%)	5:12	11.5 (66.1%)
39	<b>DAWGUL Hanna</b>	<b>73</b>	AKADEMIA MISTRZÓW SPORTU	K-40	20	Akademia Mistrzów Sportu	00:00:21	00:13:13	00:25:21	00:37:44	00:50:05	<b>00:52:15.85</b>	<b>00:52:37.75</b>	+00:17:42 (33.9%)	5:13	11.5 (66.1%)
40	<b>DULIŃSKA Dorota</b>	<b>191</b>	TRISPACE/TREK	K-40	21	TRISPACE/TREK	00:00:12	00:12:52	00:25:00	00:37:21	00:49:59	<b>00:52:18.60</b>	<b>00:52:31.35</b>	+00:17:45 (33.9%)	5:13	11.5 (66.1%)
41	<b>SENGER Natalia</b>	<b>233</b>	TRIZARZA	K-40	22	Trizarza	00:00:09	00:12:33	00:24:52	00:37:34	00:50:10	<b>00:52:27.15</b>	<b>00:52:36.75</b>	+00:17:54 (34.1%)	5:14	11.4 (65.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
42	WASIELEWSKA Anetta	105		K-40	23		00:00:12	00:12:38	00:24:59	00:37:34	00:50:19	00:52:34.95	00:52:47.40	+00:18:01 (34.3%)	5:15	11.4 (65.5%)
43	FULARA Nadia	246		K-40	24		00:00:36	00:13:17	00:25:25	00:38:14	00:50:23	00:52:37.05	00:53:13.40	+00:18:03 (34.3%)	5:15	11.4 (65.5%)
44	WARCZAK Alicja	305		K-1	1		00:00:26	00:50:20				00:52:37.35	00:53:03.90	+00:18:04 (34.3%)	5:15	11.4 (65.5%)
45	AUGUSTYNOWICZ Aurelia	238		K-40	25		00:00:12	00:12:49	00:25:04	00:37:38	00:50:28	00:52:50.85	00:53:03.45	+00:18:17 (34.6%)	5:17	11.4 (65.5%)
46	ŻBIKOWSKA Małgorzata	64	SPC	K-50	4	SPC	00:00:13	00:12:59	00:25:23	00:37:57	00:50:43	00:53:00.30	00:53:13.70	+00:18:27 (34.8%)	5:18	11.3 (64.9%)
47	DRÓZDŹ-OPRAWA Małgorzata	423		K-30	13		00:00:26	00:13:09	00:25:46	00:38:39	00:50:55	00:53:04.10	00:53:30.70	+00:18:31 (34.9%)	5:18	11.3 (64.9%)
48	SOBOLEWSKA Aleksandra	90	BRZEZIŃSKIRUNCLUB	K-20	5	BrzezińskiRunClub	00:00:17	00:12:45	00:24:57	00:38:21	00:51:02	00:53:10.70	00:53:28.15	+00:18:37 (35.0%)	5:19	11.3 (64.9%)
49	GACKOWSKA Daria	218	SLODZIAKI	K-30	14	SLODZIAKI	00:00:08	00:13:18	00:25:38	00:38:30	00:50:49	00:53:11.00	00:53:19.75	+00:18:37 (35.0%)	5:19	11.3 (64.9%)
50	ANDRZEJEWSKA Sylwia	459	TEAMOCHAL	K-30	15	TEAMOCHAL	00:00:19	00:11:35	00:22:53	00:38:47	00:51:02	00:53:11.75	00:53:31.00	+00:18:38 (35.0%)	5:19	11.3 (64.9%)
51	RUDOL Magdalena	390		K-40	26		00:00:19	00:13:44	00:26:17	00:38:50	00:51:19	00:53:38.00	00:53:57.70	+00:19:04 (35.6%)	5:21	11.2 (64.4%)
52	FILIPEK Małgorzata	277	TEAM RUDNIK	K-30	16	TEAM RUDNIK	00:00:09	00:12:45	00:25:21	00:38:21	00:51:25	00:53:44.95	00:53:54.25	+00:19:11 (35.7%)	5:22	11.2 (64.4%)
53	PISKORSKA Marta	31	KOLOROWE GACIE	K-40	27	Kolorowe Gacie	00:00:31	00:14:00	00:26:50	00:39:40	00:51:44	00:53:49.90	00:54:21.55	+00:19:16 (35.8%)	5:22	11.1 (63.8%)
54	GAC Monika	359		K-40	28		00:00:06	00:12:53	00:25:13	00:37:48	00:52:15	00:54:26.40	00:54:32.90	+00:19:53 (36.5%)	5:26	11 (63.2%)
55	KRÓL Krystyna	224		K-20	6		00:00:07	00:13:01	00:25:30	00:38:41	00:52:12	00:54:36.20	00:54:43.75	+00:20:03 (36.7%)	5:27	11 (63.2%)
56	KUŹMIŃSKA Maryla	401	BRZOZA BIEGA	K-40	29	Brzoza Biega	00:00:15	00:13:56	00:26:59	00:39:49	00:52:30	00:54:44.00	00:54:59.25	+00:20:10 (36.9%)	5:28	11 (63.2%)
57	SCHMELTER Wiktoria	366		K-1	2		00:00:16	00:15:49	00:32:46	00:51:45		00:54:44.50	00:55:00.80	+00:20:11 (36.9%)	5:28	11 (63.2%)
58	ZAGOŹDŹON Wioleta	158		K-30	17		00:00:28	00:13:36	00:26:19	00:39:30	00:52:23	00:54:46.35	00:55:15.15	+00:20:13 (36.9%)	5:28	11 (63.2%)
59	BRACICHOWICZ Bogumiła	364		K-50	5		00:00:18	00:13:51	00:26:45	00:39:40	00:52:31	00:54:52.90	00:55:11.35	+00:20:19 (37.0%)	5:29	10.9 (62.6%)
60	GIERSZEWSKA Grażyna	128		K-50	6		00:00:15	00:13:43	00:26:40	00:39:50	00:52:59	00:55:12.15	00:55:27.85	+00:20:39 (37.4%)	5:31	10.9 (62.6%)
61	PŁOCHARSKA Barbara	202		K-30	18		00:00:09	00:13:15	00:26:04	00:39:14	00:52:37	00:55:15.40	00:55:25.15	+00:20:42 (37.5%)	5:31	10.9 (62.6%)
62	SZTEJKA Jolanta	4	KULAWA RODZINA	K-40	30	KULAWA RODZINA	00:00:33	00:14:15	00:27:21	00:40:36	00:53:40	00:55:46.25	00:56:19.60	+00:21:13 (38.0%)	5:34	10.8 (62.1%)
63	SKRZĄTEK Anna	185		K-50	7		00:00:15	00:14:02	00:27:21	00:40:52	00:53:40	00:55:54.15	00:56:09.35	+00:21:21 (38.2%)	5:35	10.7 (61.5%)
64	KLIMCZAK Justyna	78		K-40	31		00:00:25	00:14:09	00:27:18	00:40:32	00:53:46	00:56:03.60	00:56:29.50	+00:21:30 (38.4%)	5:36	10.7 (61.5%)
65	BARWIKOWSKA Bogusia	335	KOLOROWE GACIE	K-40	32	Kolorowe Gacie	00:00:26	00:14:13	00:27:15	00:40:33	00:53:46	00:56:09.70	00:56:36.10	+00:21:36 (38.5%)	5:36	10.7 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
66	DYWICKA Karolina	263		K-30	19		00:00:04	00:13:06	00:26:20	00:40:14	00:53:44	<b>00:56:12.75</b>	<b>00:56:17.05</b>	+00:21:39 (38.5%)	5:37	10.7 (61.5%)
67	PASZKIEWICZ Marika	505	BRZOZA BIEGA	K-30	20	Brzoza Biega	00:00:15	00:13:56	00:26:59	00:40:04	00:53:59	<b>00:56:17.05</b>	<b>00:56:32.85</b>	+00:21:43 (38.6%)	5:37	10.7 (61.5%)
68	KOPCZEWSKA Agnieszka	514		K-40	33		00:00:09	00:13:26	00:26:21	00:39:46	00:53:56	<b>00:56:23.65</b>	<b>00:56:33.20</b>	+00:21:50 (38.7%)	5:38	10.6 (60.9%)
69	ZIELIŃSKA Karolina	473		K-20	7		00:00:27	00:14:40	00:28:05	00:41:29	00:54:18	<b>00:56:28.70</b>	<b>00:56:55.70</b>	+00:21:55 (38.8%)	5:38	10.6 (60.9%)
70	KUCZYŃSKA-RATAJ Paulina	23		K-40	34		00:00:26	00:14:08	00:27:34	00:41:02	00:54:08	<b>00:56:30.30</b>	<b>00:56:57.05</b>	+00:21:57 (38.9%)	5:39	10.6 (60.9%)
71	FRĄCKOWIAK Marta	467	TEAMOCHAL	K-30	21	TEAMOCHAL	00:00:16	00:14:23	00:27:35	00:40:50	00:54:07	<b>00:56:36.70</b>	<b>00:56:53.60</b>	+00:22:03 (39.0%)	5:39	10.6 (60.9%)
72	PIONTEK Elżbieta	56		K-60	1		00:00:18	00:14:20	00:27:32	00:40:52	00:54:19	<b>00:56:51.30</b>	<b>00:57:10.10</b>	+00:22:18 (39.2%)	5:41	10.6 (60.9%)
73	BICZKOWSKA Magdalena	478		K-40	35		00:00:12	00:14:25	00:27:51	00:41:17	00:54:40	<b>00:57:00.50</b>	<b>00:57:12.95</b>	+00:22:27 (39.4%)	5:42	10.5 (60.3%)
74	RADKIEWICZ Beata	448	TEAMOCHAL	K-40	36	TEAMOCHAL	00:00:17	00:14:09	00:27:35	00:41:02	00:54:34	<b>00:57:05.80</b>	<b>00:57:22.95</b>	+00:22:32 (39.5%)	5:42	10.5 (60.3%)
75	STANKOWSKA Justyna	336	KIJKOWE TRZEMESZNO	K-40	37	Kijkowe Trzemeszno	00:00:06	00:14:17	00:27:34	00:41:20	00:55:06	<b>00:57:35.35</b>	<b>00:57:42.15</b>	+00:23:02 (40.0%)	5:45	10.4 (59.8%)
76	ZDYBEL Aneta	250		K-30	22		00:00:16	00:14:40	00:28:22	00:42:11	00:55:43	<b>00:58:11.20</b>	<b>00:58:27.60</b>	+00:23:38 (40.6%)	5:49	10.3 (59.2%)
77	GRACZKOWSKA Mirosława	36		K-50	8		00:00:29	00:15:00	00:28:24	00:41:57	00:55:53	<b>00:58:25.25</b>	<b>00:58:54.25</b>	+00:23:52 (40.9%)	5:50	10.3 (59.2%)
78	ZIELIŃSKA Justyna	32	KOLOROWE GACIE	K-40	38	Kolorowe Gacie	00:00:26	00:14:27	00:28:14	00:42:16	00:56:03	<b>00:58:36.05</b>	<b>00:59:02.30</b>	+00:24:02 (41.0%)	5:51	10.2 (58.6%)
79	MOCZADŁO Maria	62	SPC	K-50	9	SPC	00:00:15	00:14:55	00:28:36	00:42:33	00:56:19	<b>00:58:54.55</b>	<b>00:59:09.75</b>	+00:24:21 (41.3%)	5:53	10.2 (58.6%)
80	MICHALSKA Karolina	137		K-20	8		00:00:13	00:14:38	00:28:01	00:42:14	00:56:41	<b>00:59:10.15</b>	<b>00:59:23.45</b>	+00:24:37 (41.6%)	5:55	10.1 (58.0%)
81	WITUCKA-KRYGIER Malwina	443		K-30	23		00:00:18	00:14:25	00:27:59	00:41:54	00:56:50	<b>00:59:14.65</b>	<b>00:59:32.85</b>	+00:24:41 (41.7%)	5:55	10.1 (58.0%)
82	BARTOSZYŃSKA Sabina	441		K-30	24		00:00:39	00:15:43	00:29:38	00:43:36	00:57:05	<b>00:59:30.00</b>	<b>01:00:09.85</b>	+00:24:56 (41.9%)	5:57	10.1 (58.0%)
83	DONDALSKA Monika	382		K-40	39		00:00:03	00:14:59	00:29:07	00:43:18	00:57:10	<b>00:59:30.10</b>	<b>00:59:33.90</b>	+00:24:57 (41.9%)	5:57	10.1 (58.0%)
84	TOCZKIEWICZ Kaja	95		K-1	3		00:00:20	00:14:56	00:28:54	00:43:04	00:57:09	<b>00:59:30.65</b>	<b>00:59:51.60</b>	+00:24:57 (41.9%)	5:57	10.1 (58.0%)
85	CZARNECKA Monika	346	BRZOZA BIEGA	K-40	40	Brzoza Biega	00:00:27	00:14:50	00:28:49	00:42:50	00:57:00	<b>00:59:32.30</b>	<b>00:59:59.50</b>	+00:24:59 (42.0%)	5:57	10.1 (58.0%)
86	MALATYŃSKA Barbara	161	TEAM RUDNIK	K-40	41	TEAM RUDNIK	00:00:22	00:14:39	00:28:46	00:43:07	00:57:20	<b>00:59:51.60</b>	<b>01:00:14.50</b>	+00:25:18 (42.3%)	5:59	10 (57.5%)
87	RÓŻYCZKA Joanna	300		K-30	25		00:00:14	00:14:30	00:28:05	00:42:28	00:57:17	<b>00:59:57.30</b>	<b>01:00:12.05</b>	+00:25:24 (42.4%)	5:59	10 (57.5%)
88	BRYWCZYŃSKI Justyna	148	# ŚLIMAKI BARCIN	K-40	42	# Ślimaki Barcin	00:00:15	00:14:55	00:28:54	00:43:07	00:57:32	<b>01:00:05.30</b>	<b>01:00:21.10</b>	+00:25:32 (42.5%)	6:00	10 (57.5%)
89	GROBELNA Angelika	156		K-40	43		00:00:30	00:15:04	00:29:23	00:43:31	00:57:35	<b>01:00:10.80</b>	<b>01:00:41.05</b>	+00:25:37 (42.6%)	6:01	10 (57.5%)
89	PORAZIŃSKA Viktoria	168	BYDGOSZCZ NA START.	K-40	43	Bydgoszcz na start.	00:00:30	00:15:04	00:29:23	00:43:31	00:57:34	<b>01:00:10.80</b>	<b>01:00:41.35</b>	+00:25:37 (42.6%)	6:01	10 (57.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas startu	Split 2.5km	Split 5km	Split 7.5km	Split 9.4km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
91	<b>KOSIŃSKA Michalina</b>	<b>164</b>		K-1	4		00:00:29	00:14:29	00:28:46	00:43:28	00:57:59	<b>01:00:32.45</b>	<b>01:01:01.95</b>	+00:25:59 (42.9%)	6:03	9.9 (56.9%)
92	<b>BŁAŻEK-KOJRO Kasia</b>	<b>296</b>		K-40	45		00:00:14	00:15:17	00:29:37	00:44:04	00:58:41	<b>01:01:20.90</b>	<b>01:01:35.25</b>	+00:26:47 (43.7%)	6:08	9.8 (56.3%)
93	<b>LEWANDOWSKA Sylwia</b>	<b>284</b>		K-40	46		00:00:14	00:15:18	00:29:37	00:44:05	00:58:40	<b>01:01:21.35</b>	<b>01:01:35.45</b>	+00:26:48 (43.7%)	6:08	9.8 (56.3%)
94	<b>MANDOSIK Benia</b>	<b>468</b>	TEAMOCHAL	K-60	2	TEAMOCHAL	00:00:22	00:14:38	00:29:20	00:44:09	00:58:43	<b>01:01:31.15</b>	<b>01:01:54.05</b>	+00:26:58 (43.8%)	6:09	9.8 (56.3%)
95	<b>FARBICKA-ŻYWICA Paulina</b>	<b>172</b>	BRZOZA BIEGA	K-40	47	Brzoza Biega	00:00:16	00:14:51	00:29:05	00:43:39	00:58:49	<b>01:01:40.65</b>	<b>01:01:56.95</b>	+00:27:07 (44.0%)	6:10	9.7 (55.7%)
96	<b>PIK Aleksandra</b>	<b>383</b>		K-20	9		00:00:38	00:15:43	00:30:31	00:45:44	01:00:55	<b>01:03:24.95</b>	<b>01:04:03.90</b>	+00:28:51 (45.5%)	6:20	9.5 (54.6%)
97	<b>SZOPIŃSKA Justyna</b>	<b>115</b>	LUKS SEROCK	K-30	26	LUKS Serock	00:00:41	00:15:41	00:30:29	00:45:42	01:00:54	<b>01:03:39.55</b>	<b>01:04:20.65</b>	+00:29:06 (45.7%)	6:21	9.4 (54.0%)
98	<b>PIK Dorota</b>	<b>114</b>		K-20	10		00:00:38	00:15:44	00:30:32	00:45:44	01:00:57	<b>01:03:42.00</b>	<b>01:04:20.40</b>	+00:29:08 (45.8%)	6:22	9.4 (54.0%)
99	<b>DUDZIAK Wiktoria</b>	<b>111</b>		K-20	11		00:00:22	00:14:50	00:29:33	00:45:18	01:00:57	<b>01:03:44.95</b>	<b>01:04:07.10</b>	+00:29:11 (45.8%)	6:22	9.4 (54.0%)
100	<b>WALENTYN Katarzyna</b>	<b>396</b>	RUNCROSS ROZGARTY	K-40	48	RunCross Rozgarty	00:00:24	00:15:53	00:30:54	00:46:02	01:01:03	<b>01:03:52.10</b>	<b>01:04:16.25</b>	+00:29:19 (45.9%)	6:23	9.4 (54.0%)
101	<b>WOJTYSIAK Dorota</b>	<b>278</b>		K-40	49		00:00:25	00:15:23	00:30:29	00:45:59	01:02:05	<b>01:04:59.45</b>	<b>01:05:24.75</b>	+00:30:26 (46.8%)	6:29	9.2 (52.9%)
102	<b>TKACZUK Jolanta</b>	<b>358</b>	TG SOKÓŁ GNIEWKOWO	K-50	10	TG SOKÓŁ GNIEWKOWO	00:00:05	00:15:50	00:31:29	00:47:14	01:02:36	<b>01:05:30.20</b>	<b>01:05:35.80</b>	+00:30:57 (47.3%)	6:33	9.2 (52.9%)
103	<b>DYPOLT Julia</b>	<b>395</b>		K-30	27		00:00:32	00:15:25	00:31:03	00:47:24	01:03:49	<b>01:06:51.35</b>	<b>01:07:23.45</b>	+00:32:18 (48.3%)	6:41	9 (51.7%)
104	<b>WIKTOROWICZ Dominika</b>	<b>365</b>	ŁABISZYN RUNNERS	K-30	28	Łabiszyn runners	00:00:36	00:16:09	00:32:26	00:48:37	01:04:43	<b>01:07:38.15</b>	<b>01:08:14.75</b>	+00:33:05 (48.9%)	6:45	8.9 (51.1%)
105	<b>KRZYWDZIŃSKA Lidia</b>	<b>411</b>		K-40	50		00:00:25	00:15:54	00:31:36	00:47:59	01:04:58	<b>01:08:16.40</b>	<b>01:08:41.45</b>	+00:33:43 (49.4%)	6:49	8.8 (50.6%)
106	<b>PIOTROWSKA-RADZIEJEWSKA Marzena</b>	<b>135</b>	TEAMOCHAL	K-40	51	TEAMOCHAL	00:00:24	00:17:00	00:33:07	00:49:24	01:05:40	<b>01:08:37.50</b>	<b>01:09:01.95</b>	+00:34:04 (49.7%)	6:51	8.7 (50.0%)
107	<b>MIROWSKA Anna</b>	<b>341</b>		K-40	52		00:00:22	00:16:53	00:33:08	00:49:26	01:05:42	<b>01:08:39.45</b>	<b>01:09:02.10</b>	+00:34:06 (49.7%)	6:51	8.7 (50.0%)
108	<b>LUTKOWSKA Katarzyna</b>	<b>200</b>		K-40	53		00:00:21	00:17:03	00:33:10	00:49:27	01:05:43	<b>01:08:40.25</b>	<b>01:09:01.80</b>	+00:34:07 (49.7%)	6:52	8.7 (50.0%)
109	<b>ZAREMBA WANCZURA Joanna</b>	<b>198</b>		K-40	54		00:00:21	00:17:03	00:33:09	00:49:27	01:05:43	<b>01:08:40.40</b>	<b>01:09:01.80</b>	+00:34:07 (49.7%)	6:52	8.7 (50.0%)
110	<b>WIZNEROWICZ Martyna</b>	<b>429</b>		K-20	12		00:00:39	00:16:19	00:32:16	00:49:36	01:06:05	<b>01:09:05.40</b>	<b>01:09:45.35</b>	+00:34:32 (50.0%)	6:54	8.7 (50.0%)
111	<b>WIŚNIEWSKA Lucyna</b>	<b>49</b>		K-50	11		00:00:32	00:17:21	00:33:38	00:50:32	01:08:14	<b>01:11:38.35</b>	<b>01:12:11.05</b>	+00:37:05 (51.8%)	7:09	8.4 (48.3%)
112	<b>KUBIAK Małgorzata</b>	<b>294</b>		K-40	55		00:00:28	00:18:37	00:36:52	00:55:35	01:14:33	<b>01:17:51.40</b>	<b>01:18:20.20</b>	+00:43:18 (55.6%)	7:47	7.7 (44.3%)

Znaleziono 112 wynik(ów)