



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XVII BIEG SYLWESTROWY
Stowarzyszenie Rowerowa Brzoza
2023-12-31
Brzoza
10 km

XVII BIEG SYLWESTROWY

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: M-30

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Drużyna 1 | Czas startu | Split 2.5km | Split 5km | Split 7.5km | Split 9.4km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|------------|------------------------------|-----------|------|------------------------------|-------------|-------------|-----------|-------------|-------------|--------------------|--------------------|-------------------|--------------|--------------|
| 1 | PAWŁOWSKI Patryk | 512 | | M-30 | 1 | | 00:00:02 | 00:08:02 | 00:15:36 | 00:23:25 | 00:31:12 | 00:32:39.90 | 00:32:42.25 | | 3:15 | 18.4 (100%) |
| 2 | TOMASZEWSKI Miłosz | 262 | | M-30 | 2 | | 00:00:02 | 00:08:02 | 00:15:32 | 00:23:27 | 00:31:51 | 00:33:28.35 | 00:33:30.40 | +00:00:48 (2.4%) | 3:20 | 17.9 (97.3%) |
| 3 | TUCZYŃSKI Sylwester Leon | 83 | BYDGOSKIE OKONIE | M-30 | 3 | Bydgoskie Okonie | 00:00:02 | 00:08:44 | 00:16:45 | 00:24:57 | 00:33:21 | 00:34:54.95 | 00:34:57.75 | +00:02:15 (6.4%) | 3:29 | 17.2 (93.5%) |
| 4 | ŚLUSARSKI Przemysław | 192 | | M-30 | 4 | | 00:00:03 | 00:08:57 | 00:17:11 | 00:25:24 | 00:33:43 | 00:35:20.15 | 00:35:23.30 | +00:02:40 (7.6%) | 3:32 | 17 (92.4%) |
| 5 | KUŁAKOWSKI Krzysztof | 321 | TKKF KOLEJARZ BYDGOSZCZ | M-30 | 5 | TKKF Kolejarz Bydgoszcz | 00:00:04 | 00:09:08 | 00:17:27 | 00:25:52 | 00:34:28 | 00:36:01.35 | 00:36:05.70 | +00:03:21 (9.3%) | 3:36 | 16.7 (90.8%) |
| 6 | ROGOZIŃSKI Dawid | 479 | TEAMOCHAL | M-30 | 6 | TEAMOCHAL | 00:00:04 | 00:09:02 | 00:17:32 | 00:26:10 | 00:34:32 | 00:36:04.30 | 00:36:08.30 | +00:03:24 (9.4%) | 3:36 | 16.6 (90.2%) |
| 7 | GONDEK Rafał | 6 | | M-30 | 7 | | 00:00:05 | 00:09:20 | 00:17:46 | 00:26:14 | 00:34:49 | 00:36:26.25 | 00:36:31.60 | +00:03:46 (10.4%) | 3:38 | 16.5 (89.7%) |
| 8 | SZLINGER Jakub | 118 | BYDGOSKIE OKONIE | M-30 | 8 | Bydgoskie Okonie | 00:00:02 | 00:09:02 | 00:17:32 | 00:26:16 | 00:35:04 | 00:36:41.00 | 00:36:43.90 | +00:04:01 (11.0%) | 3:40 | 16.4 (89.1%) |
| 9 | MARCHEL Tomasz | 155 | | M-30 | 9 | | 00:00:05 | 00:08:59 | 00:17:34 | 00:26:18 | 00:35:05 | 00:36:41.10 | 00:36:46.60 | +00:04:01 (11.0%) | 3:40 | 16.4 (89.1%) |
| 10 | MAĆKOWSKI Maciej | 97 | UPSBYDGOSZCZ/BYDGOSKIEOKONIE | M-30 | 10 | UpsBydgoszcz/BydgoskieOkonie | 00:00:03 | 00:09:02 | 00:17:44 | 00:26:45 | 00:35:45 | 00:37:22.00 | 00:37:25.65 | +00:04:42 (12.6%) | 3:44 | 16.1 (87.5%) |
| 11 | ABRAMOWSKI Damian | 165 | TT SODA | M-30 | 11 | TT SODA | 00:00:02 | 00:09:23 | 00:18:14 | 00:27:17 | 00:36:07 | 00:37:40.80 | 00:37:43.00 | +00:05:00 (13.3%) | 3:46 | 15.9 (86.4%) |
| 12 | PRZYBYTKOWSKI Marek | 458 | TEAMOCHAL | M-30 | 12 | TEAMOCHAL | 00:00:03 | 00:09:28 | 00:18:26 | 00:27:24 | 00:36:18 | 00:37:57.10 | 00:38:00.30 | +00:05:17 (13.9%) | 3:47 | 15.8 (85.9%) |
| 13 | PAWLACZYK Szymon | 86 | | M-30 | 13 | | 00:00:05 | 00:09:40 | 00:18:43 | 00:27:44 | 00:36:51 | 00:38:31.65 | 00:38:37.15 | +00:05:51 (15.2%) | 3:51 | 15.6 (84.8%) |
| 14 | KARCZMARCZYK Mateusz | 424 | | M-30 | 14 | | 00:00:04 | 00:09:43 | 00:18:51 | 00:28:04 | 00:37:16 | 00:38:57.95 | 00:39:02.30 | +00:06:18 (16.2%) | 3:53 | 15.4 (83.7%) |
| 15 | KARWECKI Patryk | 430 | BRZEZIŃSKI RUN CLUB | M-30 | 15 | BRZEZIŃSKI RUN CLUB | 00:00:03 | 00:09:45 | 00:18:52 | 00:28:03 | 00:37:18 | 00:39:02.50 | 00:39:06.35 | +00:06:22 (16.3%) | 3:54 | 15.4 (83.7%) |
| 16 | DEKA Przemysław | 405 | | M-30 | 16 | | 00:00:04 | 00:09:53 | 00:19:00 | 00:28:09 | 00:37:22 | 00:39:04.20 | 00:39:08.75 | +00:06:24 (16.4%) | 3:54 | 15.4 (83.7%) |
| 17 | PIC Dawid | 1 | | M-30 | 17 | | 00:00:05 | 00:09:56 | 00:19:09 | 00:28:20 | 00:37:37 | 00:39:21.45 | 00:39:27.05 | +00:06:41 (17.0%) | 3:56 | 15.2 (82.6%) |
| 18 | POPA Mariusz | 257 | | M-30 | 18 | | 00:00:05 | 00:09:29 | 00:18:43 | 00:28:11 | 00:37:43 | 00:39:29.30 | 00:39:35.10 | +00:06:49 (17.3%) | 3:56 | 15.2 (82.6%) |
| 19 | PŁOCHARSKI Sebastian | 133 | ZABIEGANI ŁUBIANKA | M-30 | 19 | Zabiegani Łubianka | 00:00:04 | 00:10:11 | 00:19:34 | 00:28:54 | 00:38:02 | 00:39:43.85 | 00:39:48.75 | +00:07:03 (17.8%) | 3:58 | 15.1 (82.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Drużyna 1 | Czas startu | Split 2.5km | Split 5km | Split 7.5km | Split 9.4km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|---------------------|-----------|------|---------------------|-------------|-------------|-----------|-------------|-------------|--------------------|--------------------|-------------------|--------------|--------------|
| 20 | RUCIŃSKI Tymon | 466 | TEAMOCHAL | M-30 | 20 | TEAMOCHAL | 00:00:08 | 00:10:13 | 00:19:33 | 00:29:04 | 00:38:18 | 00:39:59.55 | 00:40:07.65 | +00:07:19 (18.3%) | 3:59 | 15 (81.5%) |
| 21 | MATYSZEWSKI Amadeusz | 225 | TEAM RUDNIK | M-30 | 21 | TEAM RUDNIK | 00:00:05 | 00:09:50 | 00:19:10 | 00:28:49 | 00:38:27 | 00:40:05.00 | 00:40:10.30 | +00:07:25 (18.5%) | 4:00 | 15 (81.5%) |
| 22 | WARSZAWSKI Przemysław | 491 | | M-30 | 22 | | 00:00:06 | 00:10:16 | 00:19:37 | 00:29:08 | 00:38:38 | 00:40:23.25 | 00:40:29.70 | +00:07:43 (19.1%) | 4:02 | 14.9 (81.0%) |
| 23 | ZIELINSKI Nicolas | 472 | | M-30 | 23 | | 00:00:06 | 00:10:18 | 00:19:47 | 00:29:16 | 00:38:43 | 00:40:26.80 | 00:40:33.60 | +00:07:46 (19.2%) | 4:02 | 14.8 (80.4%) |
| 24 | CZAJKOWSKI Bartosz | 415 | TM IRON TEAM | M-30 | 24 | TM Iron Team | 00:00:05 | 00:10:04 | 00:19:43 | 00:29:24 | 00:39:10 | 00:40:54.30 | 00:40:59.80 | +00:08:14 (20.1%) | 4:05 | 14.7 (79.9%) |
| 25 | SIELECKI Arkadiusz | 270 | | M-30 | 25 | | 00:00:06 | 00:10:22 | 00:20:01 | 00:29:41 | 00:39:24 | 00:41:15.90 | 00:41:22.35 | +00:08:36 (20.8%) | 4:07 | 14.5 (78.8%) |
| 26 | LUTOWSKI Wojciech | 176 | | M-30 | 26 | | 00:00:08 | 00:11:02 | 00:20:12 | 00:29:52 | 00:39:39 | 00:41:33.95 | 00:41:42.55 | +00:08:54 (21.4%) | 4:09 | 14.4 (78.3%) |
| 27 | DEJA Michał | 146 | | M-30 | 27 | | 00:00:05 | 00:10:32 | 00:20:20 | 00:30:07 | 00:39:55 | 00:41:41.85 | 00:41:47.80 | +00:09:01 (21.7%) | 4:10 | 14.4 (78.3%) |
| 28 | HENDRZAK Sylwester | 212 | ZABIEGANI ŁUBIANKA | M-30 | 28 | Zabiegani Łubianka | 00:00:04 | 00:10:35 | 00:20:18 | 00:30:13 | 00:40:07 | 00:41:53.10 | 00:41:57.20 | +00:09:13 (22.0%) | 4:11 | 14.3 (77.7%) |
| 29 | BALCEREK Mateusz | 222 | | M-30 | 29 | | 00:00:05 | 00:10:03 | 00:19:59 | 00:30:20 | 00:40:22 | 00:42:01.70 | 00:42:06.70 | +00:09:21 (22.3%) | 4:12 | 14.3 (77.7%) |
| 30 | BAGIŃSKI Marcin | 127 | | M-30 | 30 | | 00:00:03 | 00:11:03 | 00:20:57 | 00:30:49 | 00:40:40 | 00:42:29.00 | 00:42:32.25 | +00:09:49 (23.1%) | 4:14 | 14.1 (76.6%) |
| 31 | STASIEWICZ Filip | 181 | SPÓJNIA BIAŁE BŁOTA | M-30 | 31 | Spójnia Białe Błota | 00:00:09 | 00:10:20 | 00:20:18 | 00:30:38 | 00:40:56 | 00:42:46.70 | 00:42:55.70 | +00:10:06 (23.6%) | 4:16 | 14 (76.1%) |
| 32 | GROBELNY Szymon | 38 | | M-30 | 32 | | 00:00:11 | 00:10:39 | 00:20:35 | 00:30:38 | 00:40:56 | 00:42:48.00 | 00:42:59.30 | +00:10:08 (23.7%) | 4:16 | 14 (76.1%) |
| 33 | GRALIK Jędrzej | 89 | BYDGOSKIE OKONIE | M-30 | 33 | Bydgoskie Okonie | 00:00:07 | 00:10:35 | 00:20:42 | 00:30:59 | 00:41:13 | 00:42:57.00 | 00:43:04.35 | +00:10:17 (23.9%) | 4:17 | 14 (76.1%) |
| 34 | JÓZEFOWICZ Michał | 363 | | M-30 | 34 | | 00:00:12 | 00:10:53 | 00:20:54 | 00:30:59 | 00:41:05 | 00:43:00.35 | 00:43:12.80 | +00:10:20 (24.0%) | 4:18 | 14 (76.1%) |
| 35 | NAPIERAŁA Mikołaj | 231 | TEAMOCHAL | M-30 | 35 | TEAMOCHAL | 00:00:12 | 00:11:16 | 00:21:40 | 00:31:53 | 00:41:57 | 00:43:39.95 | 00:43:51.95 | +00:11:00 (25.2%) | 4:21 | 13.7 (74.5%) |
| 36 | ZIENTARA Marcin | 408 | BSPK TEAM | M-30 | 36 | BSPK TEAM | 00:00:10 | 00:11:09 | 00:21:21 | 00:31:37 | 00:41:47 | 00:43:44.70 | 00:43:55.00 | +00:11:04 (25.3%) | 4:22 | 13.7 (74.5%) |
| 37 | PISARSKI Igor | 417 | | M-30 | 37 | | 00:00:17 | 00:11:13 | 00:21:42 | 00:32:03 | 00:41:58 | 00:43:46.60 | 00:44:03.90 | +00:11:06 (25.4%) | 4:22 | 13.7 (74.5%) |
| 38 | TYMA Krzysztof | 495 | | M-30 | 38 | | 00:00:18 | 00:11:23 | 00:21:48 | 00:32:03 | 00:42:26 | 00:44:23.30 | 00:44:41.55 | +00:11:43 (26.4%) | 4:26 | 13.5 (73.4%) |
| 39 | ZIELIŃSKI Marek | 162 | ZABIEGANI ŁUBIANKA | M-30 | 39 | Zabiegani Łubianka | 00:00:19 | 00:10:54 | 00:21:13 | 00:31:59 | 00:42:59 | 00:44:49.20 | 00:45:09.05 | +00:12:09 (27.1%) | 4:28 | 13.4 (72.8%) |
| 40 | WINOWIECKI Paweł | 136 | | M-30 | 40 | | 00:00:16 | 00:11:30 | 00:21:58 | 00:32:32 | 00:43:03 | 00:44:54.30 | 00:45:10.85 | +00:12:14 (27.3%) | 4:29 | 13.4 (72.8%) |
| 41 | LECH Mikołaj | 463 | TEAMOCHAL | M-30 | 41 | TEAMOCHAL | 00:00:18 | 00:11:20 | 00:21:53 | 00:32:31 | 00:43:17 | 00:45:18.05 | 00:45:36.75 | +00:12:38 (27.9%) | 4:31 | 13.2 (71.7%) |
| 42 | TORGOWSKI Krzysztof | 179 | | M-30 | 42 | | 00:00:05 | 00:11:28 | 00:22:06 | 00:32:46 | 00:43:27 | 00:45:18.20 | 00:45:23.30 | +00:12:38 (27.9%) | 4:31 | 13.2 (71.7%) |
| 43 | CHOLEWCZYŃSKI Damian | 170 | | M-30 | 43 | | 00:00:09 | 00:11:14 | 00:21:57 | 00:32:49 | 00:43:27 | 00:45:22.20 | 00:45:31.75 | +00:12:42 (28.0%) | 4:32 | 13.2 (71.7%) |
| 44 | SZYCHOWSKI Jarosław | 290 | | M-30 | 44 | | 00:00:16 | 00:11:27 | 00:22:18 | 00:33:24 | 00:44:13 | 00:46:07.20 | 00:46:23.70 | +00:13:27 (29.2%) | 4:36 | 13 (70.7%) |
| 45 | DOBRYCHŁOP Łukasz | 230 | PCH_RUN | M-30 | 45 | PCH_RUN | 00:00:27 | 00:11:26 | 00:22:22 | 00:33:30 | 00:44:40 | 00:46:44.20 | 00:47:12.00 | +00:14:04 (30.1%) | 4:40 | 12.8 (69.6%) |
| 46 | MIKULSKI Wojciech | 422 | | M-30 | 46 | | 00:00:21 | 00:11:42 | 00:22:57 | 00:34:12 | 00:45:39 | 00:47:38.15 | 00:47:59.70 | +00:14:58 (31.4%) | 4:45 | 12.6 (68.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Drużyna 1 | Czas startu | Split 2.5km | Split 5km | Split 7.5km | Split 9.4km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|------------|---------------------|-----------|------|----------------------|-------------|-------------|-----------|-------------|-------------|--------------------|--------------------|-------------------|--------------|--------------|
| 47 | LEWANDOWSKI Paweł | 292 | | M-30 | 47 | | 00:00:17 | 00:12:44 | 00:24:37 | 00:36:26 | 00:47:55 | 00:49:54.85 | 00:50:12.70 | +00:17:14 (34.6%) | 4:59 | 12 (65.2%) |
| 48 | KOZAK Krzysztof | 215 | BBACTIVE TEAM | M-30 | 48 | BBACTIVE TEAM | 00:00:31 | 00:12:17 | 00:23:53 | 00:35:48 | 00:47:57 | 00:50:10.95 | 00:50:42.00 | +00:17:31 (34.9%) | 5:01 | 12 (65.2%) |
| 49 | GEHRKE Robert | 240 | | M-30 | 49 | | 00:00:27 | 00:12:56 | 00:24:52 | 00:37:04 | 00:49:09 | 00:51:28.20 | 00:51:55.70 | +00:18:48 (36.5%) | 5:08 | 11.7 (63.6%) |
| 50 | KOZŁOWSKI Krzysztof | 397 | RUNCROSS ROZGARTY | M-30 | 50 | RunCross Rozgarty | 00:00:24 | 00:13:35 | 00:26:01 | 00:38:16 | 00:50:31 | 00:52:49.10 | 00:53:13.70 | +00:20:09 (38.2%) | 5:16 | 11.4 (62.0%) |
| 51 | KOZIOŁ Łukasz | 403 | | M-30 | 51 | | 00:00:16 | 00:12:28 | 00:24:48 | 00:37:36 | 00:50:35 | 00:52:52.05 | 00:53:08.15 | +00:20:12 (38.2%) | 5:17 | 11.3 (61.4%) |
| 52 | SOBAŃSKI Michał | 247 | SISU TEAM | M-30 | 52 | SISU Team | 00:00:38 | 00:13:32 | 00:26:01 | 00:38:54 | 00:51:18 | 00:53:26.65 | 00:54:05.30 | +00:20:46 (38.9%) | 5:20 | 11.2 (60.9%) |
| 53 | BOROWIEC Michał | 182 | | M-30 | 53 | | 00:00:33 | 00:13:49 | 00:26:30 | 00:39:30 | 00:51:49 | 00:54:00.25 | 00:54:33.50 | +00:21:20 (39.5%) | 5:24 | 11.1 (60.3%) |
| 54 | SZYMAŃSKI Bartosz | 20 | | M-30 | 54 | | 00:00:31 | 00:14:02 | 00:26:51 | 00:39:40 | 00:52:03 | 00:54:14.55 | 00:54:46.10 | +00:21:34 (39.8%) | 5:25 | 11.1 (60.3%) |
| 55 | MAZUR Jarosław | 490 | CYKLON SWIMING TEAM | M-30 | 55 | Cyklon Swimming Team | 00:00:17 | 00:12:46 | 00:25:20 | 00:38:37 | 00:52:02 | 00:54:34.00 | 00:54:51.15 | +00:21:54 (40.1%) | 5:27 | 11 (59.8%) |
| 56 | GARBARCZYK Adam | 287 | | M-30 | 56 | | 00:00:22 | 00:14:49 | 00:27:58 | 00:40:50 | 00:53:15 | 00:55:25.75 | 00:55:48.15 | +00:22:45 (41.1%) | 5:32 | 10.8 (58.7%) |
| 57 | ZIELIŃSKI Radosław | 3 | | M-30 | 57 | | 00:00:29 | 00:13:59 | 00:27:03 | 00:40:21 | 00:53:24 | 00:55:37.15 | 00:56:06.95 | +00:22:57 (41.3%) | 5:33 | 10.8 (58.7%) |
| 58 | ŁUKOMSKI Marcin | 160 | | M-30 | 58 | | 00:00:34 | 00:14:13 | 00:27:20 | 00:40:34 | 00:53:38 | 00:55:45.00 | 00:56:19.60 | +00:23:05 (41.4%) | 5:34 | 10.8 (58.7%) |
| 59 | KLESSA Krystian | 352 | TEAMOCHAL | M-30 | 59 | TEAMOCHAL | 00:00:33 | 00:14:26 | 00:27:50 | 00:40:59 | 00:53:48 | 00:55:55.95 | 00:56:29.50 | +00:23:16 (41.6%) | 5:35 | 10.7 (58.2%) |
| 60 | KLAFETKA Mateusz | 286 | | M-30 | 60 | | 00:00:45 | 00:14:00 | 00:27:03 | 00:40:17 | 00:53:34 | 00:55:58.50 | 00:56:43.60 | +00:23:18 (41.6%) | 5:35 | 10.7 (58.2%) |
| 61 | PIECZKA Maciej | 398 | | M-30 | 61 | | 00:00:19 | 00:13:39 | 00:27:00 | 00:40:43 | 00:53:41 | 00:56:03.30 | 00:56:22.85 | +00:23:23 (41.7%) | 5:36 | 10.7 (58.2%) |
| 62 | DYWICKI Szymon | 264 | | M-30 | 62 | | 00:00:04 | 00:13:06 | 00:26:20 | 00:40:14 | 00:53:43 | 00:56:12.40 | 00:56:16.80 | +00:23:32 (41.9%) | 5:37 | 10.7 (58.2%) |
| 63 | BARANOWSKI Bartosz | 301 | | M-30 | 63 | | 00:00:44 | 00:14:00 | 00:27:09 | 00:40:46 | 00:53:59 | 00:56:16.95 | 00:57:01.45 | +00:23:37 (42.0%) | 5:37 | 10.7 (58.2%) |
| 64 | SYBILA Michał | 184 | | M-30 | 64 | | 00:00:33 | 00:13:51 | 00:27:17 | 00:41:21 | 00:55:22 | 00:57:49.55 | 00:58:23.30 | +00:25:09 (43.5%) | 5:46 | 10.4 (56.5%) |
| 65 | NOWAKOWSKI Dawid | 272 | | M-30 | 65 | | 00:00:27 | 00:14:22 | 00:27:41 | 00:41:04 | 00:55:45 | 00:58:19.70 | 00:58:46.70 | +00:25:39 (44.0%) | 5:49 | 10.3 (56.0%) |
| 66 | MICHALSKI Maciej | 138 | | M-30 | 66 | | 00:00:13 | 00:14:38 | 00:28:01 | 00:42:14 | 00:56:41 | 00:59:11.10 | 00:59:24.80 | +00:26:31 (44.8%) | 5:55 | 10.1 (54.9%) |
| 67 | PAWŁOWSKI Piotr | 384 | PAST RUN | M-30 | 67 | PAST RUN | 00:00:37 | 00:14:37 | 00:29:07 | 00:44:17 | 01:00:32 | 01:03:22.70 | 01:04:00.10 | +00:30:42 (48.5%) | 6:20 | 9.5 (51.6%) |

Znaleziono 67 wynik(ów)