



XVII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

Organiser: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej, Gmina Miasto Koszalin
Date: 2019-05-25
Place: Koszalin
Distance: 10 km



Classification: All

Split point: 7,5 km

Place	Participant	Number	Club	Category	Start 0.18km	Herk_All 2.635km	Herk_All 5.09km	Herk_All 7.545km
1	KOZŁOWICZ Tomasz	74	OBORYGENI	M18-39	00:00:40	00:08:52	00:17:19	00:25:49
2	RYBARCZYK Jan	127	ŻYJ Z ENERGIA	M50-59	00:00:42	00:09:18	00:17:59	00:26:42
3	KĘPKA Adrian	62	DECATHLON KOSZALIN	M18-39	00:00:43	00:09:18	00:18:00	00:26:42
4	JAROSZ Wiesław	54	JW. 1223/POLITECHNIKA KOSZALIŃSKA	M40-49	00:00:43	00:09:34	00:18:30	00:27:33
5	SIADAK Arkadiusz	130		M30-39	00:00:43	00:09:21	00:18:25	00:27:39
6	ZABORSKI Ryszard	155	TKKF KOSZALIN	M40-49	00:00:43	00:09:30	00:18:33	00:27:50
7	JAROCKI Bartosz	53		M18-39	00:00:42	00:09:30	00:18:34	00:27:56
8	FOLTYNIEWICZ Maciej	41	KS TRIATHLON SZCZECINEK	M40-49	00:00:43	00:09:43	00:18:55	00:28:19
9	MAJKOWICZ Rafał	90		M30-39	00:00:42	00:09:41	00:19:18	00:28:56
10	OLECH Adam	105	KAMIEŃ RYMAŃSKI	M18-39	00:00:42	00:09:41	00:19:17	00:28:59
11	RYKIEL Michał	128		M30-39	00:00:39	00:10:03	00:19:38	00:29:27
12	CZAPLIŃSKI Jacek	29	TAGER KOSZALIN	M30-39	00:00:45	00:10:05	00:19:46	00:29:37
13	WOJCIECHOWICZ Jacek	151	WWW.STUDIOTANCAPASJA.PL	M40-49	00:00:44	00:10:19	00:20:05	00:29:49
14	ZWOLIŃSKI Jan	159	TKKF KOSZALIN	M50-59	00:00:46	00:10:33	00:20:21	00:30:21
15	KASZTELAN Urszula	162	TRIATHLON KOSZALIN	K30-39	00:00:45	00:10:26	00:20:28	00:30:34
16	SITOWSKI Marcin	133	FC RYSIEK	M18-39	00:00:44	00:10:08	00:20:22	00:30:48
17	BURDA Robert	16	KOSPEL	M40-49	00:00:50	00:10:36	00:20:37	00:30:49
18	ROKOSZ Radosław	122	JW 1223 KOSZALIN	M30-39	00:00:45	00:10:23	00:20:36	00:30:54
19	ZELEK Jan	156	TKKF KOSZALIN	M50-59	00:00:46	00:10:44	00:20:50	00:31:04
20	MUCHA Krzysztof	102		M40-49	00:00:49	00:10:56	00:21:15	00:31:48
21	HESSEL Lars	46	SV TURBINE NEUBRANDENBURG	M50-59	00:00:48	00:10:56	00:21:20	00:31:59
22	CHUPTYŚ Adrian	24	RUNDORFINA	M30-39	00:00:52	00:10:54	00:21:30	00:32:20
23	GÓRNY Norbert	44	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M40-49	00:01:05	00:11:11	00:21:36	00:32:20
24	PĘKAŁA Piotr	114		M40-49	00:01:01	00:11:20	00:21:48	00:32:29
25	SZMID Tomasz	138		M30-39	00:01:05	00:11:36	00:21:57	00:32:36
26	JAMNIAK Bartosz	51	TKKF KOSZALIN	M30-39	00:00:54	00:11:08	00:21:43	00:32:40
27	WIECZOREK Łukasz	147	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH	M18-39	00:00:57	00:11:19	00:21:56	00:32:46
28	CHORAŻY Karolina	23	LEO-TEAM	K30-39	00:00:58	00:11:32	00:22:03	00:32:54

Place	Participant	Number	Club	Category	Start 0.18km	Herk_All 2.635km	Herk_All 5.09km	Herk_All 7.545km
29	BIEŃKOWSKI Tomasz	10	IQ CONSULTING	M30-39	00:00:48	00:10:55	00:21:37	00:32:58
30	ZYCH Krzysztof	160	ZYCHSPORT	M30-39	00:00:42	00:11:08	00:22:09	00:33:03
31	LISOWSKI Sławomir	88		M30-39	00:00:58	00:11:13	00:22:05	00:33:19
32	ROMANOWSKI Piotr	123	1983.	M30-39	00:01:08	00:12:03	00:22:41	00:33:19
33	MARCINIAK Maciej	93	KS POGOŃ POŁCZYN ZDRÓJ	M30-39	00:00:58	00:11:43	00:22:02	00:33:30
34	IWANIEC Dariusz	50	TKKF KOSZALIN	M40-49	00:00:55	00:11:33	00:22:26	00:33:34
35	STEFAŃCZYK Krzysztof	106	KAMIEŃ RYMAŃSKI	M18-39	00:00:58	00:11:13	00:22:08	00:33:36
36	WEBER Paweł	146	ENERGON	M30-39	00:00:57	00:11:33	00:22:30	00:33:40
37	CHUTYRKO Paweł	25	KAMIEŃ RYMAŃSKI	M18-39	00:00:50	00:11:20	00:22:33	00:33:45
38	HOREGLAD Paweł	48	SPEEDY GONZALES	M18-39	00:01:09	00:11:40	00:22:38	00:33:49
39	ŁOPIŃSKI Piotr	89	FSD	M30-39	00:00:55	00:11:49	00:22:54	00:33:56
40	KLEMANN Paweł	63	TKKF KOSZALIN	M40-49	00:01:03	00:11:49	00:22:43	00:34:08
41	CHODOR Martyna	21	TKKF KOSZALIN	K30-39	00:01:01	00:12:00	00:23:04	00:34:09
42	WIKTOROWSKI Maciej	148		M40-49	00:00:50	00:11:28	00:22:47	00:34:16
43	MICERSKI Tomasz	97	TKKF KOSZALIN	M40-49	00:00:56	00:11:50	00:23:04	00:34:19
44	RETERSKI Damian	119		M18-39	00:01:04	00:11:48	00:22:47	00:34:19
45	KWIETNIEWSKI Daniel	84		M40-49	00:01:09	00:11:50	00:23:04	00:34:32
46	STAWISZYŃSKI Jarek	136	FORUM ROZWOJU KOSZALINA	M30-39	00:00:51	00:11:35	00:22:55	00:34:38
47	WNUK Przemek	150		M18-39	00:00:40	00:09:30	00:23:12	00:34:50
48	MAZURSKI Paweł	96		M30-39	00:00:41	00:11:39	00:23:02	00:35:04
49	DAVIES Chris	30		M30-39	00:01:01	00:11:59	00:23:32	00:35:04
50	DERLIŃSKI Adam	33	TORNADO KOSZALIN	M40-49	00:00:47	00:11:51	00:23:13	00:35:04
51	JANKOWSKI Mariusz	52		M40-49	00:00:54	00:12:01	00:23:25	00:35:04
52	KONKEL Agnieszka	68		K30-39	00:01:01	00:12:00	00:23:23	00:35:05
53	WOŁYŃSKA Wioletta	154	TKKF KOSZALIN	K40-49	00:00:56	00:11:59	00:23:25	00:35:05
54	ROGOŻA Ireneusz	121		M40-49	00:01:03	00:12:21	00:23:38	00:35:06
55	KRUPIŃSKI Krzysztof	78	E-UROLOG.EU	M50-59	00:01:02	00:12:11	00:23:31	00:35:08
56	BŁACH Piotr	12		M40-49	00:01:02	00:12:21	00:23:41	00:35:11
57	CHODOR Izabela	20	TKKF KOSZALIN	K30-39	00:01:02	00:12:21	00:23:51	00:35:11
58	KRZEWIŃSKA Małgorzata	80	TKKF KOSZALIN	K60+	00:01:02	00:12:20	00:23:51	00:35:11
59	RUTKOWSKI Ryszard	126	RUNKING	M50-59	00:00:50	00:11:34	00:23:03	00:35:11
60	JÓZEFIAK Adrian	57	KAMIEŃ RYMAŃSKI	M30-39	00:00:50	00:11:20	00:22:45	00:35:24
61	BIELIŃSKI Michał	9	ROZBIEGANY KOSZALIN	M40-49	00:01:04	00:12:37	00:24:01	00:35:30
62	BIELIŃSKA Iwona	8	ROZBIEGANY KOSZALIN	K40-49	00:01:04	00:12:37	00:24:01	00:35:30
63	BARUTOWICZ Grzegorz	6		M30-39	00:01:00	00:12:20	00:23:52	00:35:34
64	ANTKOWIAK Sebastian	2	DB - ACTIVE	M40-49	00:01:01	00:11:56	00:23:40	00:35:38
65	CHOŁUJ Jarek	22	ROZBIEGANY KOSZALIN	M40-49	00:00:57	00:12:26	00:24:12	00:35:48
66	STASIOROWSKI Sebastian	134	1981.	M30-39	00:01:00	00:12:20	00:23:48	00:35:52
67	BURDZIK Michał	17	L9	M18-39	00:00:44	00:11:14	00:23:08	00:36:02
68	WIŚNIEWSKA Magdalena	149		K30-39	00:01:02	00:12:25	00:24:10	00:36:05
69	WOJCIECHOWSKI Andrzej	152		M40-49	00:01:01	00:12:30	00:24:18	00:36:09
70	PILIŃSKI Łukasz	161		M18-39	00:01:15	00:13:16	00:24:35	00:36:09
71	KOCIOŁOWICZ Łukasz	66		M30-39	00:01:07	00:12:57	00:24:37	00:36:11
72	DZIUBA Leszek	40		M60-69	00:01:05	00:12:47	00:24:36	00:36:18
73	OPALIŃSKI Stanisław	107	BIEGAM BO LUBIĘ	M60-69	00:00:51	00:12:35	00:24:29	00:36:18

Place	Participant	Number	Club	Category	Start 0.18km	Herk All 2.635km	Herk All 5.09km	Herk All 7.545km
74	ALABA Jerzy	1		M60-69	00:01:17	00:13:00	00:24:35	00:36:22
75	BARTHA Adrian	5		M30-39	00:01:09	00:12:34	00:24:12	00:36:22
76	RUTKOWSKI Artur	125	RUNKING	M18-39	00:00:58	00:12:26	00:24:15	00:36:22
77	CZUCZAK Tomasz	164		M40-49	00:00:58	00:12:20	00:24:08	00:36:24
78	ŚWIĘTOŃ Rafał	142		M30-39	00:01:04	00:12:26	00:24:21	00:36:34
79	ZIÓLKOWSKA Gosia	158		K30-39	00:00:58	00:12:31	00:24:28	00:36:36
80	RODZIEWICZ-CZAPLIŃSKA Agnieszka	120		K40-49	00:00:59	00:12:23	00:24:23	00:36:44
81	GAŁECKI Jacek	42	TEAM MATEUSZ POLSKI	M50-59	00:01:05	00:12:44	00:24:45	00:36:54
82	PIECHOTA Robert	115	ROZBIEGANY KOSZALIN	M40-49	00:00:53	00:12:15	00:24:18	00:36:56
83	KONKEL Łukasz	67		M40-49	00:01:02	00:12:42	00:24:42	00:36:57
84	ART Kamila	3		K30-39	00:01:08	00:13:00	00:25:00	00:37:00
85	KRAWCZYK Tomasz	77		M30-39	00:01:07	00:12:54	00:24:56	00:37:00
86	DRULIK-HOŁUB Marta	37	TORNADO KOSZALIN	K40-49	00:00:54	00:12:50	00:24:53	00:37:06
87	KRASIŃSKI Witold	76		M40-49	00:01:04	00:12:47	00:24:53	00:37:14
88	KNUT-POTOCZNIL Gabriela	64	STOWARZYSZENIE KIERUNEK POLANÓW	K30-39	00:01:04	00:12:37	00:24:44	00:37:16
89	NIWIŃSKI Grzegorz	103	K. B. TUPOT USTKA	M60-69	00:01:11	00:12:48	00:24:54	00:37:17
90	BORYS Justyna	15	JEDWABIŚCI	K30-39	00:00:59	00:12:25	00:24:41	00:37:22
91	OSOBNIAK Ryszard	108		M60-69	00:00:57	00:12:47	00:25:02	00:37:23
92	MOTYCZYŃSKA Patrycja	101		K18-29	00:01:10	00:13:22	00:25:18	00:37:32
93	CZADROWSKI Piotr	28		M40-49	00:01:15	00:13:35	00:25:39	00:37:34
94	SZYMAŃSKI Mateusz	140	MTS HAMER MIASTKO	M30-39	00:01:10	00:13:27	00:25:37	00:37:41
95	PIETRYKA Artur	116	KARLINOBIEGAJ!	M40-49	00:01:07	00:12:50	00:25:15	00:37:41
96	SKOWYRSKI Janusz	167	TKKF KOSZALIN	M50-59	00:00:58	00:12:44	00:25:07	00:37:46
97	DĄBROWSKA Alicja	31	TKKF KOSZALIN	K50-59	00:01:04	00:13:24	00:25:50	00:38:05
98	BLICHARZ Monika	11	TAGER KOSZALIN	K30-39	00:01:16	00:13:40	00:26:01	00:38:06
99	KOPACZ Rafał	69		M30-39	00:01:17	00:13:44	00:25:56	00:38:07
100	CHWALEBA Jan	26		M50-59	00:01:16	00:13:28	00:26:01	00:38:09
101	DĄBROWSKI Grzegorz	32		M40-49	00:01:06	00:13:14	00:25:41	00:38:12
102	KUBACZKA Andrzej	81		M40-49	00:01:16	00:13:29	00:25:39	00:38:17
103	PAPIERNIK Błażej	109		M18-39	00:01:07	00:13:00	00:25:36	00:38:17
104	MAZUR Mirosław	95		M40-49	00:01:06	00:13:26	00:25:51	00:38:19
105	DĘBSKI Damian	34		M30-39	00:01:05	00:12:52	00:25:13	00:38:26
106	BOGACKI Tomasz	14	TKKF KOSZALIN	M60-69	00:01:04	00:13:24	00:25:50	00:38:33
107	SARAPUK Gabriela	129	TKKF KOSZALIN	K40-49	00:01:04	00:13:24	00:25:50	00:38:34
108	PAWŁOWSKI Grzegorz	112		M40-49	00:01:14	00:13:40	00:26:12	00:38:44
109	SZYSZKOWSKI Tomasz	141		M30-39	00:01:04	00:13:14	00:25:57	00:38:54
110	GARNCAREK Paweł	43		M30-39	00:01:16	00:13:40	00:26:01	00:38:55
111	JASIENIECKI Piotr	55	KP ZEFIR WYSZEWO	M40-49	00:00:58	00:13:19	00:26:03	00:39:03
112	KACZMAREK Łukasz	60	WOJOWNICY WÓDY	M30-39	00:01:13	00:13:39	00:26:29	00:39:03
113	KOWALCZYK Piotr	72	FOR-REST-RUN	M30-39	00:01:04	00:13:24	00:26:06	00:39:05
114	KURZAWIŃSKA-JABŁOŃSKA Kasia	83	CZARNE BIEGA	K40-49	00:01:05	00:13:28	00:26:15	00:39:06
115	DIDŁUCH Jacek	35	KOŁOBRZEG BIEGA MARATON TEAM	M40-49	00:01:08	00:13:27	00:26:14	00:39:27
116	KOCIENIEWSKI Rafał	65		M40-49	00:01:15	00:13:56	00:26:55	00:39:29
117	PIOTROWSKI Grzegorz	170	BIEGOWA ŚWIDNICA	M30-39	00:01:00	00:13:45	00:26:51	00:39:36
118	WOJTOWICZ-SANDER Sylwia	169		K18-29	00:01:00	00:13:45	00:26:51	00:39:37

Place	Participant	Number	Club	Category	Start 0.18km	Herk All 2.635km	Herk All 5.09km	Herk All 7.545km
119	LEWICZ Jan	85	CPSP USTKA	M30-39	00:01:09	00:13:35	00:26:37	00:39:48
120	LEWICZ Ewa	86	GMINA SŁUPSK	K30-39	00:01:08	00:13:35	00:26:37	00:39:48
121	BALIŃSKA Justyna	4	DRAWSKI BIEGACZ	K18-29	00:01:07	00:13:33	00:26:39	00:39:49
122	BUDZIŃSKI Paweł	163		M40-49	00:01:11	00:14:04	00:26:53	00:39:50
123	KOZŁOWIECKI Waldemar	75	TKKF KOSZALIN	M60-69	00:01:16	00:14:08	00:26:50	00:40:11
124	SIERANT Maria	131		K18-29	00:01:05	00:13:26	00:26:33	00:40:16
125	JUSZCZAK Krzysztof	59		M60-69	00:01:00	00:13:27	00:26:49	00:40:32
126	DZIUBA Monika	39		K30-39	00:01:05	00:13:51	00:27:04	00:40:33
127	GDANIEC Konrad	153	KAMIEŃ RYMAŃSKI	M18-39	00:01:15	00:13:47	00:27:00	00:40:33
128	KULAWIŃSKI Marek	168		M40-49	00:01:13	00:14:03	00:27:13	00:40:47
129	JURKIEWICZ Andrzej	58	CSSP	M30-39	00:01:16	00:14:07	00:27:27	00:41:04
130	BOGACKA Lucyna	13	TKKF KOSZALIN	K60+	00:01:06	00:14:05	00:27:31	00:41:16
131	RADZIUSZ Ilona	118		K30-39	00:01:07	00:13:44	00:27:12	00:41:27
132	JEWUŁA Agata	56	DRUŻYNA SZPIKU	K30-39	00:01:05	00:14:05	00:27:50	00:41:41
133	HNATOWSKI Artur	47	CSSP KOSZALIN	M50-59	00:01:16	00:14:02	00:27:49	00:42:05
134	KRZEWIŃSKA Monika	166	TKKF KOSZALIN	K30-39	00:01:06	00:14:20	00:28:04	00:42:16
135	MAJSIUK Agnieszka	91		K40-49	00:01:15	00:14:40	00:28:36	00:42:41
136	KARNICKI Zygmunt	61	TKKF KOSZALIN	M60-69	00:01:04	00:14:18	00:28:21	00:42:55
137	WĄSOWICZ Anna	145		K30-39	00:01:10	00:14:04	00:28:13	00:42:59
138	MALINOWSKA-BURDA Aleksandra	92		K30-39	00:01:13	00:14:55	00:28:59	00:43:04
139	KOROL Dominika	71		K18-29	00:01:07	00:14:20	00:28:40	00:43:11
140	KUHN Karin	82	SV TURBINE NEUBRANDENBURG	K60+	00:01:11	00:14:56	00:29:08	00:43:33
141	BEDNARZ Katarzyna	7		K40-49	00:01:13	00:15:16	00:29:47	00:44:32
142	RUSIECKI Paweł	124	WSPL SP ZOZ W KOSZALINIE	M40-49	00:01:12	00:15:19	00:29:44	00:44:37
143	DYBALSKI Krzysztof	38		M40-49	00:01:19	00:15:31	00:30:16	00:45:36
144	WACHHOLZ Beata	144	KB BRYZA	K40-49	00:01:15	00:15:25	00:30:27	00:45:40
145	HELLER Zdzisław	45	NIEZRZESZONY	M60-69	00:01:16	00:15:40	00:30:47	00:45:51
146	KRYSTOSIK Paulina	79	BIEGAM BO LUBIE,BIEGAM DLA SIEBIE	K18-29	00:01:14	00:15:01	00:30:29	00:45:56
147	MICHALAK Michał	98	KAMIEŃ RYMAŃSKI	M18-39	00:01:14	00:15:09	00:30:33	00:46:17
148	STEC Jakub	137	KAMIEŃ RYMAŃSKI	M18-39	00:01:14	00:15:09	00:30:33	00:46:18
149	SZYMANOWICZ Marcin	139		M30-39	00:01:12	00:15:27	00:30:46	00:47:07
150	CICHOSZ Jerzy	27		M70+	00:01:25	00:16:12	00:31:38	00:47:42
151	KOPCZYŃSKI Michał	70		M40-49	00:01:14	00:15:23	00:30:55	00:47:49
152	PEŁKA Iwona	113		K50-59	00:01:23	00:17:30	00:33:42	00:49:32
153	KOZŁOWIECKA Małgorzata	36		K50-59	00:01:14	00:16:48	00:33:12	00:49:51
154	STASZYŃSKA Marianna	135	BTC,,ORZEŁ'	K60+	00:01:13	00:17:50	00:35:02	00:52:37
155	PASEK Jan	110	KLUB BIEGOWY JANTAR ŚWIESZYNO	M60-69	00:01:22	00:18:29	00:37:07	00:56:08
156	SZCZEBLEWSKI Józef	165		M60-69	00:01:26	00:19:59	00:39:09	00:59:50
	MARCINIAK Marcin	94	MACIEJ MARCINIAK BIKE TEAM	M30-39	00:00:58 DNF	00:11:43 DNF	00:22:45 DNF	DNF
	ZIELIŃSKI Grzegorz	157		M60-69	00:01:09 DNF	00:14:08 DNF	DNF	DNF

Total 158 results.