



# XVII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej, Gmina Miasto Koszalin  
**Data:** 2019-05-25  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.18km	Herk_All 2.635km	Herk_All 5.09km	Herk_All 7.545km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>KASZTELAN Urszula</b>	<b>162</b>	TRIATHLON KOSZALIN	K30-39	1	00:00:45	00:10:26	00:20:28	00:30:34	<b>00:40:37.60</b>		4:03	14.8 (100%)
2	<b>CHORAŻY Karolina</b>	<b>23</b>	LEO-TEAM	K30-39	2	00:00:58	00:11:32	00:22:03	00:32:54	<b>00:43:44.15</b>	+00:03:06 (7.1%)	4:22	13.7 (92.6%)
3	<b>CHODOR Martyna</b>	<b>21</b>	TKKF KOSZALIN	K30-39	3	00:01:01	00:12:00	00:23:04	00:34:09	<b>00:45:08.70</b>	+00:04:31 (10.0%)	4:30	13.3 (89.9%)
4	<b>CHODOR Izabela</b>	<b>20</b>	TKKF KOSZALIN	K30-39	4	00:01:02	00:12:21	00:23:51	00:35:11	<b>00:46:08.20</b>	+00:05:30 (11.9%)	4:36	13 (87.8%)
5	<b>KONKEL Agnieszka</b>	<b>68</b>		K30-39	5	00:01:01	00:12:00	00:23:23	00:35:05	<b>00:46:16.25</b>	+00:05:38 (12.2%)	4:37	13 (87.8%)
6	<b>WIŚNIEWSKA Magdalena</b>	<b>149</b>		K30-39	6	00:01:02	00:12:25	00:24:10	00:36:05	<b>00:48:02.15</b>	+00:07:24 (15.4%)	4:48	12.5 (84.5%)
7	<b>ZIÓŁKOWSKA Gosia</b>	<b>158</b>		K30-39	7	00:00:58	00:12:31	00:24:28	00:36:36	<b>00:48:28.30</b>	+00:07:50 (16.2%)	4:50	12.4 (83.8%)
8	<b>ART Kamila</b>	<b>3</b>		K30-39	8	00:01:08	00:13:00	00:25:00	00:37:00	<b>00:48:43.85</b>	+00:08:06 (16.6%)	4:52	12.3 (83.1%)
9	<b>BLICHARZ Monika</b>	<b>11</b>	TAGER KOSZALIN	K30-39	9	00:01:16	00:13:40	00:26:01	00:38:06	<b>00:49:25.55</b>	+00:08:47 (17.8%)	4:56	12.1 (81.8%)
10	<b>KNUT-POTOCZNIL Gabriela</b>	<b>64</b>	STOWARZYSZENIE KIERUNEK POLANÓW	K30-39	10	00:01:04	00:12:37	00:24:44	00:37:16	<b>00:49:27.35</b>	+00:08:49 (17.9%)	4:56	12.1 (81.8%)
11	<b>BORYS Justyna</b>	<b>15</b>	JEDWABIŚCI	K30-39	11	00:00:59	00:12:25	00:24:41	00:37:22	<b>00:49:45.45</b>	+00:09:07 (18.4%)	4:58	12.1 (81.8%)
12	<b>LEWICZ Ewa</b>	<b>86</b>	GMINA SŁUPSK	K30-39	12	00:01:08	00:13:35	00:26:37	00:39:48	<b>00:53:04.10</b>	+00:12:26 (23.4%)	5:18	11.3 (76.4%)
13	<b>DZIUBA Monika</b>	<b>39</b>		K30-39	13	00:01:05	00:13:51	00:27:04	00:40:33	<b>00:53:55.30</b>	+00:13:17 (24.7%)	5:23	11.1 (75.0%)
14	<b>RADZIUSZ Iлона</b>	<b>118</b>		K30-39	14	00:01:07	00:13:44	00:27:12	00:41:27	<b>00:54:47.35</b>	+00:14:09 (25.8%)	5:28	11 (74.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start	Herk_All	Herk_All	Herk_All	Czas	Różn	Tempo min/km	Tempo km/h
						0.18km	2.635km	5.09km	7.545km	netto 10km			
15	<b>KRZEWIŃSKA Monika</b>	<b>166</b>	TKKF KOSZALIN	K30-39	15	00:01:06	00:14:20	00:28:04	00:42:16	<b>00:55:05.95</b>	+00:14:28 (26.3%)	5:30	10.9 (73.6%)
16	<b>JEWUŁA Agata</b>	<b>56</b>	DRUŻYNA SZPIKU	K30-39	16	00:01:05	00:14:05	00:27:50	00:41:41	<b>00:55:41.10</b>	+00:15:03 (27.0%)	5:34	10.8 (73.0%)
17	<b>WĄSOWICZ Anna</b>	<b>145</b>		K30-39	17	00:01:10	00:14:04	00:28:13	00:42:59	<b>00:56:46.15</b>	+00:16:08 (28.4%)	5:40	10.6 (71.6%)
18	<b>MALINOWSKA-BURDA Aleksandra</b>	<b>92</b>		K30-39	18	00:01:13	00:14:55	00:28:59	00:43:04	<b>00:57:17.40</b>	+00:16:39 (29.1%)	5:43	10.5 (70.9%)

Znaleziono 18 wynik(ów)