



# XVII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury  
Fizycznej, Gmina Miasto Koszalin  
**Data:** 2019-05-25  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: M-OPEN

Punkt pomiarowy: 7,5 km

Msc	Zawodnik	Numer	Klub	Kategoria	Start 0.18km	Herk_All 2.635km	Herk_All 5.09km	Herk_All 7.545km
1	<b>KOZŁOWICZ Tomasz</b>	<b>74</b>	OBORYGENI	M18-39	00:00:40	00:08:52	00:17:19	00:25:49
2	<b>RYBARCZYK Jan</b>	<b>127</b>	ŻYJ Z ENERGIA	M50-59	00:00:42	00:09:18	00:17:59	00:26:42
3	<b>KĘPKA Adrian</b>	<b>62</b>	DECATHLON KOSZALIN	M18-39	00:00:43	00:09:18	00:18:00	00:26:42
4	<b>JAROSZ Wiesław</b>	<b>54</b>	JW. 1223/POLITECHNIKA KOSZALIŃSKA	M40-49	00:00:43	00:09:34	00:18:30	00:27:33
5	<b>SIADAK Arkadiusz</b>	<b>130</b>		M30-39	00:00:43	00:09:21	00:18:25	00:27:39
6	<b>ZABORSKI Ryszard</b>	<b>155</b>	TKKF KOSZALIN	M40-49	00:00:43	00:09:30	00:18:33	00:27:50
7	<b>JAROCKI Bartosz</b>	<b>53</b>		M18-39	00:00:42	00:09:30	00:18:34	00:27:56
8	<b>FOLTYNIEWICZ Maciej</b>	<b>41</b>	KS TRIATHLON SZCZECINEK	M40-49	00:00:43	00:09:43	00:18:55	00:28:19
9	<b>MAJKOWICZ Rafał</b>	<b>90</b>		M30-39	00:00:42	00:09:41	00:19:18	00:28:56
10	<b>OLECH Adam</b>	<b>105</b>	KAMIEŃ RYMAŃSKI	M18-39	00:00:42	00:09:41	00:19:17	00:28:59
11	<b>RYKIEL Michał</b>	<b>128</b>		M30-39	00:00:39	00:10:03	00:19:38	00:29:27
12	<b>CZAPLIŃSKI Jacek</b>	<b>29</b>	TAGER KOSZALIN	M30-39	00:00:45	00:10:05	00:19:46	00:29:37
13	<b>WOJCIECHOWICZ Jacek</b>	<b>151</b>	WWW.STUDIOTANCAPASJA.PL	M40-49	00:00:44	00:10:19	00:20:05	00:29:49
14	<b>ZWOLIŃSKI Jan</b>	<b>159</b>	TKKF KOSZALIN	M50-59	00:00:46	00:10:33	00:20:21	00:30:21
15	<b>SITOWSKI Marcin</b>	<b>133</b>	FC RYSIEK	M18-39	00:00:44	00:10:08	00:20:22	00:30:48
16	<b>BURDA Robert</b>	<b>16</b>	KOSPEL	M40-49	00:00:50	00:10:36	00:20:37	00:30:49
17	<b>ROKOSZ Radosław</b>	<b>122</b>	JW 1223 KOSZALIN	M30-39	00:00:45	00:10:23	00:20:36	00:30:54
18	<b>ZELEK Jan</b>	<b>156</b>	TKKF KOSZALIN	M50-59	00:00:46	00:10:44	00:20:50	00:31:04
19	<b>MUCHA Krzysztof</b>	<b>102</b>		M40-49	00:00:49	00:10:56	00:21:15	00:31:48
20	<b>HESSEL Lars</b>	<b>46</b>	SV TURBINE NEUBRANDENBURG	M50-59	00:00:48	00:10:56	00:21:20	00:31:59
21	<b>CHUPTYŚ Adrian</b>	<b>24</b>	RUNDORFINA	M30-39	00:00:52	00:10:54	00:21:30	00:32:20
22	<b>GÓRNY Norbert</b>	<b>44</b>	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M40-49	00:01:05	00:11:11	00:21:36	00:32:20
23	<b>PĘKAŁA Piotr</b>	<b>114</b>		M40-49	00:01:01	00:11:20	00:21:48	00:32:29
24	<b>SZMID Tomasz</b>	<b>138</b>		M30-39	00:01:05	00:11:36	00:21:57	00:32:36
25	<b>JAMNIAK Bartosz</b>	<b>51</b>	TKKF KOSZALIN	M30-39	00:00:54	00:11:08	00:21:43	00:32:40
26	<b>WIECZOREK Łukasz</b>	<b>147</b>	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH	M18-39	00:00:57	00:11:19	00:21:56	00:32:46
27	<b>BIENKOWSKI Tomasz</b>	<b>10</b>	IQ CONSULTING	M30-39	00:00:48	00:10:55	00:21:37	00:32:58
28	<b>ZYCH Krzysztof</b>	<b>160</b>	ZYCHSPORT	M30-39	00:00:42	00:11:08	00:22:09	00:33:03

Msc	Zawodnik	Numer	Klub	Kategoria	Start 0.18km	Herk_All 2.635km	Herk_All 5.09km	Herk_All 7.545km
29	LISOWSKI Sławomir	88		M30-39	00:00:58	00:11:13	00:22:05	00:33:19
30	ROMANOWSKI Piotr	123	1983.	M30-39	00:01:08	00:12:03	00:22:41	00:33:19
31	MARCINIAK Maciej	93	KS POGOŃ POŁCZYN ZDRÓJ	M30-39	00:00:58	00:11:43	00:22:02	00:33:30
32	IWANIEC Dariusz	50	TKKF KOSZALIN	M40-49	00:00:55	00:11:33	00:22:26	00:33:34
33	STEFAŃCZYK Krzysztof	106	KAMIEŃ RYMAŃSKI	M18-39	00:00:58	00:11:13	00:22:08	00:33:36
34	WEBER Paweł	146	ENERGON	M30-39	00:00:57	00:11:33	00:22:30	00:33:40
35	CHUTYRKO Paweł	25	KAMIEŃ RYMAŃSKI	M18-39	00:00:50	00:11:20	00:22:33	00:33:45
36	HOREGLAD Paweł	48	SPEEDY GONZALES	M18-39	00:01:09	00:11:40	00:22:38	00:33:49
37	ŁOPIŃSKI Piotr	89	FSD	M30-39	00:00:55	00:11:49	00:22:54	00:33:56
38	KLEMANN Paweł	63	TKKF KOSZALIN	M40-49	00:01:03	00:11:49	00:22:43	00:34:08
39	WIKTOROWSKI Maciej	148		M40-49	00:00:50	00:11:28	00:22:47	00:34:16
40	MICERSKI Tomasz	97	TKKF KOSZALIN	M40-49	00:00:56	00:11:50	00:23:04	00:34:19
41	RETERSKI Damian	119		M18-39	00:01:04	00:11:48	00:22:47	00:34:19
42	KWIETNIEWSKI Daniel	84		M40-49	00:01:09	00:11:50	00:23:04	00:34:32
43	STAWISZYŃSKI Jarek	136	FORUM ROZWOJU KOSZALINA	M30-39	00:00:51	00:11:35	00:22:55	00:34:38
44	WNUK Przemek	150		M18-39	00:00:40	00:09:30	00:23:12	00:34:50
45	MAZURSKI Paweł	96		M30-39	00:00:41	00:11:39	00:23:02	00:35:04
46	DAVIES Chris	30		M30-39	00:01:01	00:11:59	00:23:32	00:35:04
47	DERLIŃSKI Adam	33	TORNADO KOSZALIN	M40-49	00:00:47	00:11:51	00:23:13	00:35:04
48	JANKOWSKI Mariusz	52		M40-49	00:00:54	00:12:01	00:23:25	00:35:04
49	ROGOŻA Ireneusz	121		M40-49	00:01:03	00:12:21	00:23:38	00:35:06
50	KRUPIŃSKI Krzysztof	78	E-UROLOG.EU	M50-59	00:01:02	00:12:11	00:23:31	00:35:08
51	BŁACH Piotr	12		M40-49	00:01:02	00:12:21	00:23:41	00:35:11
52	RUTKOWSKI Ryszard	126	RUNKING	M50-59	00:00:50	00:11:34	00:23:03	00:35:11
53	JÓZEFIAK Adrian	57	KAMIEŃ RYMAŃSKI	M30-39	00:00:50	00:11:20	00:22:45	00:35:24
54	BIELIŃSKI Michał	9	ROZBIEGANY KOSZALIN	M40-49	00:01:04	00:12:37	00:24:01	00:35:30
55	BARUTOWICZ Grzegorz	6		M30-39	00:01:00	00:12:20	00:23:52	00:35:34
56	ANTKOWIAK Sebastian	2	DB - ACTIVE	M40-49	00:01:01	00:11:56	00:23:40	00:35:38
57	CHOŁUJ Jarek	22	ROZBIEGANY KOSZALIN	M40-49	00:00:57	00:12:26	00:24:12	00:35:48
58	STASIOROWSKI Sebastian	134	1981.	M30-39	00:01:00	00:12:20	00:23:48	00:35:52
59	BURDZIK Michał	17	L9	M18-39	00:00:44	00:11:14	00:23:08	00:36:02
60	WOJCIECHOWSKI Andrzej	152		M40-49	00:01:01	00:12:30	00:24:18	00:36:09
61	PILIŃSKI Łukasz	161		M18-39	00:01:15	00:13:16	00:24:35	00:36:09
62	KOCIOŁOWICZ Łukasz	66		M30-39	00:01:07	00:12:57	00:24:37	00:36:11
63	DZIUBA Leszek	40		M60-69	00:01:05	00:12:47	00:24:36	00:36:18
64	OPALIŃSKI Stanisław	107	BIEGAM BO LUBIĘ	M60-69	00:00:51	00:12:35	00:24:29	00:36:18
65	ALABA Jerzy	1		M60-69	00:01:17	00:13:00	00:24:35	00:36:22
66	BARTHA Adrian	5		M30-39	00:01:09	00:12:34	00:24:12	00:36:22
67	RUTKOWSKI Artur	125	RUNKING	M18-39	00:00:58	00:12:26	00:24:15	00:36:22
68	CZUCZAK Tomasz	164		M40-49	00:00:58	00:12:20	00:24:08	00:36:24
69	ŚWIĘTOŃ Rafał	142		M30-39	00:01:04	00:12:26	00:24:21	00:36:34
70	GAŁECKI Jacek	42	TEAM MATEUSZ POLSKI	M50-59	00:01:05	00:12:44	00:24:45	00:36:54
71	PIECHOTA Robert	115	ROZBIEGANY KOSZALIN	M40-49	00:00:53	00:12:15	00:24:18	00:36:56
72	KONKEL Łukasz	67		M40-49	00:01:02	00:12:42	00:24:42	00:36:57
73	KRAWCZYK Tomasz	77		M30-39	00:01:07	00:12:54	00:24:56	00:37:00

Msc	Zawodnik	Numer	Klub	Kategoria	Start 0.18km	Herk_All 2.635km	Herk_All 5.09km	Herk_All 7.545km
74	<b>KRASIŃSKI Witold</b>	<b>76</b>		M40-49	00:01:04	00:12:47	00:24:53	00:37:14
75	<b>NIWIŃSKI Grzegorz</b>	<b>103</b>	K. B. TUPOT USTKA	M60-69	00:01:11	00:12:48	00:24:54	00:37:17
76	<b>OSOBNIAK Ryszard</b>	<b>108</b>		M60-69	00:00:57	00:12:47	00:25:02	00:37:23
77	<b>CZADROWSKI Piotr</b>	<b>28</b>		M40-49	00:01:15	00:13:35	00:25:39	00:37:34
78	<b>SZYMAŃSKI Mateusz</b>	<b>140</b>	MTS HAMER MIASTKO	M30-39	00:01:10	00:13:27	00:25:37	00:37:41
79	<b>PIETRYKA Artur</b>	<b>116</b>	KARLINOBIEGAJ!	M40-49	00:01:07	00:12:50	00:25:15	00:37:41
80	<b>SKOWYRSKI Janusz</b>	<b>167</b>	TKKF KOSZALIN	M50-59	00:00:58	00:12:44	00:25:07	00:37:46
81	<b>KOPACZ Rafał</b>	<b>69</b>		M30-39	00:01:17	00:13:44	00:25:56	00:38:07
82	<b>CHWALEBA Jan</b>	<b>26</b>		M50-59	00:01:16	00:13:28	00:26:01	00:38:09
83	<b>DĄBROWSKI Grzegorz</b>	<b>32</b>		M40-49	00:01:06	00:13:14	00:25:41	00:38:12
84	<b>KUBACZKA Andrzej</b>	<b>81</b>		M40-49	00:01:16	00:13:29	00:25:39	00:38:17
85	<b>PAPIERNIK Błażej</b>	<b>109</b>		M18-39	00:01:07	00:13:00	00:25:36	00:38:17
86	<b>MAZUR Mirosław</b>	<b>95</b>		M40-49	00:01:06	00:13:26	00:25:51	00:38:19
87	<b>DĘBSKI Damian</b>	<b>34</b>		M30-39	00:01:05	00:12:52	00:25:13	00:38:26
88	<b>BOGACKI Tomasz</b>	<b>14</b>	TKKF KOSZALIN	M60-69	00:01:04	00:13:24	00:25:50	00:38:33
89	<b>PAWŁOWSKI Grzegorz</b>	<b>112</b>		M40-49	00:01:14	00:13:40	00:26:12	00:38:44
90	<b>SZYSZKOWSKI Tomasz</b>	<b>141</b>		M30-39	00:01:04	00:13:14	00:25:57	00:38:54
91	<b>GARNCAREK Paweł</b>	<b>43</b>		M30-39	00:01:16	00:13:40	00:26:01	00:38:55
92	<b>JASIENIECKI Piotr</b>	<b>55</b>	KP ZEFIR WYSZEWO	M40-49	00:00:58	00:13:19	00:26:03	00:39:03
93	<b>KACZMAREK Łukasz</b>	<b>60</b>	WOJOWNICY WÓDY	M30-39	00:01:13	00:13:39	00:26:29	00:39:03
94	<b>KOWALCZYK Piotr</b>	<b>72</b>	FOR-REST-RUN	M30-39	00:01:04	00:13:24	00:26:06	00:39:05
95	<b>DIDŁUCH Jacek</b>	<b>35</b>	KOŁOBRZEG BIEGA MARATON TEAM	M40-49	00:01:08	00:13:27	00:26:14	00:39:27
96	<b>KOCIENIEWSKI Rafał</b>	<b>65</b>		M40-49	00:01:15	00:13:56	00:26:55	00:39:29
97	<b>PIOTROWSKI Grzegorz</b>	<b>170</b>	BIEGOWA ŚWIDNICA	M30-39	00:01:00	00:13:45	00:26:51	00:39:36
98	<b>LEWICZ Jan</b>	<b>85</b>	CPSP USTKA	M30-39	00:01:09	00:13:35	00:26:37	00:39:48
99	<b>BUDZIŃSKI Paweł</b>	<b>163</b>		M40-49	00:01:11	00:14:04	00:26:53	00:39:50
100	<b>KOZŁOWIECKI Waldemar</b>	<b>75</b>	TKKF KOSZALIN	M60-69	00:01:16	00:14:08	00:26:50	00:40:11
101	<b>JUSZCZAK Krzysztof</b>	<b>59</b>		M60-69	00:01:00	00:13:27	00:26:49	00:40:32
102	<b>GDANIEC Konrad</b>	<b>153</b>	KAMIEŃ RYMAŃSKI	M18-39	00:01:15	00:13:47	00:27:00	00:40:33
103	<b>KULAWIŃSKI Marek</b>	<b>168</b>		M40-49	00:01:13	00:14:03	00:27:13	00:40:47
104	<b>JURKIEWICZ Andrzej</b>	<b>58</b>	CSSP	M30-39	00:01:16	00:14:07	00:27:27	00:41:04
105	<b>HNATOWSKI Artur</b>	<b>47</b>	CSSP KOSZALIN	M50-59	00:01:16	00:14:02	00:27:49	00:42:05
106	<b>KARNICKI Zygmunt</b>	<b>61</b>	TKKF KOSZALIN	M60-69	00:01:04	00:14:18	00:28:21	00:42:55
107	<b>RUSIECKI Paweł</b>	<b>124</b>	WSPL SP ZOZ W KOSZALINIE	M40-49	00:01:12	00:15:19	00:29:44	00:44:37
108	<b>DYBALSKI Krzysztof</b>	<b>38</b>		M40-49	00:01:19	00:15:31	00:30:16	00:45:36
109	<b>HELLER Zdzisław</b>	<b>45</b>	NIEZRZESZONY	M60-69	00:01:16	00:15:40	00:30:47	00:45:51
110	<b>MICHALAK Michał</b>	<b>98</b>	KAMIEŃ RYMAŃSKI	M18-39	00:01:14	00:15:09	00:30:33	00:46:17
111	<b>STEC Jakub</b>	<b>137</b>	KAMIEŃ RYMAŃSKI	M18-39	00:01:14	00:15:09	00:30:33	00:46:18
112	<b>SZYMANOWICZ Marcin</b>	<b>139</b>		M30-39	00:01:12	00:15:27	00:30:46	00:47:07
113	<b>CICHOSZ Jerzy</b>	<b>27</b>		M70+	00:01:25	00:16:12	00:31:38	00:47:42
114	<b>KOPCZYŃSKI Michał</b>	<b>70</b>		M40-49	00:01:14	00:15:23	00:30:55	00:47:49
115	<b>PASEK Jan</b>	<b>110</b>	KLUB BIEGOWY JANTAR ŚWIESZYNO	M60-69	00:01:22	00:18:29	00:37:07	00:56:08
116	<b>SZCZEBLEWSKI Józef</b>	<b>165</b>		M60-69	00:01:26	00:19:59	00:39:09	00:59:50
	<b>MARCINIAK Marcin</b>	<b>94</b>	MACIEJ MARCINIAK BIKE TEAM	M30-39	00:00:58 DNF	00:11:43 DNF	00:22:45 DNF	DNF
	<b>ZIELIŃSKI Grzegorz</b>	<b>157</b>		M60-69	00:01:09 DNF	00:14:08 DNF	DNF	DNF

Znaleziono 118 wynik(ów)