



XVII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej, Gmina Miasto Koszalin
Data: 2019-05-25
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: M18-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.18km	Herk_All 2.635km	Herk_All 5.09km	Herk_All 7.545km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KOZŁOWICZ Tomasz	74	OBORYGENI	M18-39	1	00:00:40	00:08:52	00:17:19	00:25:49	00:34:19.25		3:25	17.5 (100%)
2	KĘPKA Adrian	62	DECATHLON KOSZALIN	M18-39	2	00:00:43	00:09:18	00:18:00	00:26:42	00:34:51.05	+00:00:31 (1.5%)	3:29	17.2 (98.3%)
3	JAROCKI Bartosz	53		M18-39	3	00:00:42	00:09:30	00:18:34	00:27:56	00:37:32.10	+00:03:12 (8.6%)	3:45	16 (91.4%)
4	OLECH Adam	105	KAMIEŃ RYMAŃSKI	M18-39	4	00:00:42	00:09:41	00:19:17	00:28:59	00:38:32.60	+00:04:13 (11.0%)	3:51	15.6 (89.1%)
5	SITOWSKI Marcin	133	FC RYSIEK	M18-39	5	00:00:44	00:10:08	00:20:22	00:30:48	00:41:21.50	+00:07:02 (17.0%)	4:08	14.5 (82.9%)
6	WIECZOREK Łukasz	147	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH	M18-39	6	00:00:57	00:11:19	00:21:56	00:32:46	00:42:58.50	+00:08:39 (20.1%)	4:17	14 (80.0%)
7	CHUTYRKO Paweł	25	KAMIEŃ RYMAŃSKI	M18-39	7	00:00:50	00:11:20	00:22:33	00:33:45	00:44:30.50	+00:10:11 (22.9%)	4:27	13.5 (77.1%)
8	HOREGLAD Paweł	48	SPEEDY GONZALES	M18-39	8	00:01:09	00:11:40	00:22:38	00:33:49	00:44:38.85	+00:10:19 (23.1%)	4:27	13.4 (76.6%)
9	STEFAŃCZYK Krzysztof	106	KAMIEŃ RYMAŃSKI	M18-39	9	00:00:58	00:11:13	00:22:08	00:33:36	00:44:51.30	+00:10:32 (23.5%)	4:29	13.4 (76.6%)
10	WNUK Przemek	150		M18-39	10	00:00:40	00:09:30	00:23:12	00:34:50	00:45:32.60	+00:11:13 (24.6%)	4:33	13.2 (75.4%)
11	RETERSKI Damian	119		M18-39	11	00:01:04	00:11:48	00:22:47	00:34:19	00:45:38.35	+00:11:19 (24.8%)	4:33	13.1 (74.9%)
12	PILIŃSKI Łukasz	161		M18-39	12	00:01:15	00:13:16	00:24:35	00:36:09	00:47:44.55	+00:13:25 (28.1%)	4:46	12.6 (72.0%)
13	RUTKOWSKI Artur	125	RUNKING	M18-39	13	00:00:58	00:12:26	00:24:15	00:36:22	00:48:05.05	+00:13:45 (28.6%)	4:48	12.5 (71.4%)
14	BURDZIK Michał	17	L9	M18-39	14	00:00:44	00:11:14	00:23:08	00:36:02	00:48:52.60	+00:14:33 (29.8%)	4:53	12.3 (70.3%)
15	PAPIERNIK Błażej	109		M18-39	15	00:01:07	00:13:00	00:25:36	00:38:17	00:50:03.05	+00:15:43 (31.4%)	5:00	12 (68.6%)
16	GDANIEC Konrad	153	KAMIEŃ RYMAŃSKI	M18-39	16	00:01:15	00:13:47	00:27:00	00:40:33	00:54:06.60	+00:19:47 (36.6%)	5:24	11.1 (63.4%)
17	MICHALAK Michał	98	KAMIEŃ RYMAŃSKI	M18-39	17	00:01:14	00:15:09	00:30:33	00:46:17	01:00:19.60	+00:26:00 (43.1%)	6:01	9.9 (56.6%)
18	STEC Jakub	137	KAMIEŃ RYMAŃSKI	M18-39	18	00:01:14	00:15:09	00:30:33	00:46:18	01:00:45.65	+00:26:26 (43.5%)	6:04	9.9 (56.6%)

Znaleziono 18 wynik(ów)