



XVII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej, Gmina Miasto Koszalin
Data: 2019-05-25
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start 0.18km	Herk_All 2.635km	Herk_All 5.09km	Herk_All 7.545km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	RYBARCZYK Jan	127	ŻYJ Z ENERGIA	M50-59	1	00:00:42	00:09:18	00:17:59	00:26:42	00:35:09.15		3:30	17.1 (100%)
2	ZWOLIŃSKI Jan	159	TKKF KOSZALIN	M50-59	2	00:00:46	00:10:33	00:20:21	00:30:21	00:40:12.85	+00:05:03 (12.6%)	4:01	14.9 (87.1%)
3	ZELEK Jan	156	TKKF KOSZALIN	M50-59	3	00:00:46	00:10:44	00:20:50	00:31:04	00:41:22.10	+00:06:12 (15.0%)	4:08	14.5 (84.8%)
4	HESSEL Lars	46	SV TURBINE NEUBRANDENBURG	M50-59	4	00:00:48	00:10:56	00:21:20	00:31:59	00:42:41.20	+00:07:32 (17.6%)	4:16	14.1 (82.5%)
5	RUTKOWSKI Ryszard	126	RUNKING	M50-59	5	00:00:50	00:11:34	00:23:03	00:35:11	00:46:24.80	+00:11:15 (24.3%)	4:38	12.9 (75.4%)
6	KRUPIŃSKI Krzysztof	78	E-UROLOG.EU	M50-59	6	00:01:02	00:12:11	00:23:31	00:35:08	00:46:30.60	+00:11:21 (24.4%)	4:39	12.9 (75.4%)
7	GAŁECKI Jacek	42	TEAM MATEUSZ POLSKI	M50-59	7	00:01:05	00:12:44	00:24:45	00:36:54	00:48:39.60	+00:13:30 (27.8%)	4:51	12.3 (71.9%)
8	CHWALEBA Jan	26		M50-59	8	00:01:16	00:13:28	00:26:01	00:38:09	00:49:39.00	+00:14:29 (29.2%)	4:57	12.1 (70.8%)
9	SKOWYRSKI Janusz	167	TKKF KOSZALIN	M50-59	9	00:00:58	00:12:44	00:25:07	00:37:46	00:50:18.90	+00:15:09 (30.1%)	5:01	11.9 (69.6%)
10	HNATOWSKI Artur	47	CSSP KOSZALIN	M50-59	10	00:01:16	00:14:02	00:27:49	00:42:05	00:56:39.25	+00:21:30 (38.0%)	5:39	10.6 (62.0%)

Znaleziono 10 wynik(ów)