

XVIII BIEG 12 MOSTÓW - 5KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: XVIII BIEG 12 MOSTÓW
Organizator: OSIR SŁAWNO
Data: 2022-06-25
Miejsce: SŁAWNO
Dystans: 5 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-----------|----------------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 1 | GARSKI Dawid | 68 | AML SŁUPSK | OPEN -M | 1 | 00:17:01.30 | | 3:24 | 17.6 (100%) |
| 2 | WIRKUS Łukasz | 58 | LKB IM. BRACI PETK LEBORK | OPEN -M | 2 | 00:17:13.60 | +00:00:12 (1.2%) | 3:26 | 17.4 (98.9%) |
| 3 | PAPROCKI Krzysztof | 37 | | OPEN -M | 3 | 00:17:37.10 | +00:00:35 (3.4%) | 3:31 | 17 (96.6%) |
| 4 | GUZOWSKI Denis | 14 | PRAWIE JAK HERMES | OPEN -M | 4 | 00:18:06.55 | +00:01:05 (6.0%) | 3:37 | 16.6 (94.3%) |
| 5 | WILCZEWSKI Krzysztof | 57 | KB SPOKO SŁAWNO | MIASTO M | 1 | 00:18:41.55 | +00:01:40 (8.9%) | 3:44 | 16.1 (91.5%) |
| 6 | TWARDOWSKI Mateusz | 53 | AML SŁUPSK | OPEN -M | 5 | 00:19:07.05 | +00:02:05 (11.0%) | 3:49 | 15.7 (89.2%) |
| 7 | JABŁOŃSKI Tomasz | 17 | KB SPOKO SŁAWNO | MIASTO M | 2 | 00:19:20.50 | +00:02:19 (12.0%) | 3:52 | 15.5 (88.1%) |
| 8 | PAPROCKA Ewelina | 36 | KASZUBI LUZINO | OPEN -K | 1 | 00:19:25.15 | +00:02:23 (12.3%) | 3:53 | 15.5 (88.1%) |
| 9 | WIRKUS Antonina | 59 | LKB. IM.BRACI PETK | OPEN -K | 2 | 00:19:43.80 | +00:02:42 (13.7%) | 3:56 | 15.2 (86.4%) |
| 10 | SZOPIŃSKI Tomasz | 48 | KB BRYZA POSTOMINO | OPEN -M | 6 | 00:19:49.30 | +00:02:48 (14.1%) | 3:57 | 15.1 (85.8%) |
| 11 | SMOŁUCH Marcin | 45 | KB BRYZA POSTOMINO | OPEN -M | 7 | 00:19:50.80 | +00:02:49 (14.2%) | 3:58 | 15.1 (85.8%) |
| 12 | WITKIEWICZ Eryk | 60 | KB 10 BIALOGARD | OPEN -M | 8 | 00:20:03.40 | +00:03:02 (15.1%) | 4:00 | 15 (85.2%) |
| 13 | ROSIAK Damian | 40 | KB SPOKO SŁAWNO | MIASTO M | 3 | 00:20:11.15 | +00:03:09 (15.7%) | 4:02 | 14.9 (84.7%) |
| 14 | GUZIK Piotr | 13 | USB USTKA | OPEN -M | 9 | 00:20:34.45 | +00:03:33 (17.3%) | 4:06 | 14.6 (83.0%) |
| 15 | CHUDY Henryk | 9 | KS OLSZEWSKI I SYNOWIE SŁAWSKO | OPEN -M | 10 | 00:20:55.00 | +00:03:53 (18.6%) | 4:11 | 14.3 (81.3%) |
| 16 | BRZozowski Piotr | 6 | AKTYWNI POSTOMINO | MIASTO M | 4 | 00:20:59.25 | +00:03:57 (18.9%) | 4:11 | 14.3 (81.3%) |
| 17 | TURCZYN Tomasz | 52 | | MIASTO M | 5 | 00:21:20.00 | +00:04:18 (20.2%) | 4:16 | 14.1 (80.1%) |
| 18 | KOZDRA Piotr | 23 | KB SPOKO SŁAWNO | MIASTO M | 6 | 00:21:28.20 | +00:04:26 (20.7%) | 4:17 | 14 (79.5%) |
| 19 | NOWAK Jacek | 32 | | OPEN -M | 11 | 00:21:44.75 | +00:04:43 (21.7%) | 4:20 | 13.8 (78.4%) |
| 20 | WIELGAT Łukasz | 69 | KB BRYZA POSTOMINO | OPEN -M | 12 | 00:22:02.30 | +00:05:01 (22.8%) | 4:24 | 13.6 (77.3%) |
| 21 | MAZIEC Beata | 26 | BIEGOLAS KOSZALIN/ TKKF KOSZALIN | OPEN -K | 3 | 00:22:04.85 | +00:05:03 (22.9%) | 4:24 | 13.6 (77.3%) |
| 22 | BIERNAT Szymon | 65 | | MIASTO M | 7 | 00:22:24.85 | +00:05:23 (24.1%) | 4:28 | 13.4 (76.1%) |
| 23 | HARBUTIAK Monika | 72 | | OPEN -K | 4 | 00:22:48.15 | +00:05:46 (25.4%) | 4:33 | 13.2 (75.0%) |
| 24 | KACZMAREK Marta | 18 | KB SPOKO SŁAWNO | MIASTO K | 1 | 00:23:09.35 | +00:06:08 (26.5%) | 4:37 | 13 (73.9%) |
| 25 | ANTOSIK Grzegorz | 2 | | OPEN -M | 13 | 00:23:11.70 | +00:06:10 (26.6%) | 4:38 | 12.9 (73.3%) |
| 26 | GOSTOMCZYK Krzysztof | 12 | KB SPOKO | MIASTO M | 8 | 00:23:17.15 | +00:06:15 (26.9%) | 4:39 | 12.9 (73.3%) |

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|-----|--------------------------------------|------------|---------------------------|--------------------------|------|--------------------|-------------------|--------------|--------------|
| 27 | OLSZAR Grzegorz | 33 | DARŁOWSKIE CHARTY | OPEN -M | 14 | 00:23:38.80 | +00:06:37 (28.0%) | 4:43 | 12.7 (72.2%) |
| 28 | GAWĘDA Emil | 10 | DARŁOWSKIE CHARTY | OPEN -M | 15 | 00:23:49.80 | +00:06:48 (28.6%) | 4:45 | 12.6 (71.6%) |
| 29 | PROTASEWICZ Andrzej | 38 | KB SPOKO SŁAWNO | MIASTO M | 9 | 00:24:01.95 | +00:07:00 (29.2%) | 4:48 | 12.5 (71.0%) |
| 30 | NOSAL Emilia | 31 | DARŁOWSKIE CHARTY | OPEN -K | 5 | 00:24:02.75 | +00:07:01 (29.2%) | 4:48 | 12.5 (71.0%) |
| 31 | BOGACKI Tomasz | 5 | TKKF KOSZALIN | OPEN -M | 16 | 00:24:13.75 | +00:07:12 (29.7%) | 4:50 | 12.4 (70.5%) |
| 32 | KOWALCZYK Aleksandra | 22 | | MIASTO K | 2 | 00:24:21.35 | +00:07:20 (30.1%) | 4:52 | 12.3 (69.9%) |
| 33 | KULCZYK Katarzyna | 24 | KB BRYZA POSTOMINO | OPEN -K | 6 | 00:24:31.90 | +00:07:30 (30.6%) | 4:54 | 12.2 (69.3%) |
| 34 | WITKOWSKI Dawid | 61 | | MIASTO M | 10 | 00:24:47.80 | +00:07:46 (31.4%) | 4:57 | 12.1 (68.8%) |
| 35 | PACHUTA Damian | 35 | | OPEN -M | 17 | 00:24:52.70 | +00:07:51 (31.6%) | 4:58 | 12.1 (68.8%) |
| 36 | WALCZAK Anna | 55 | | OPEN -K | 7 | 00:25:02.15 | +00:08:00 (32.0%) | 5:00 | 12 (68.2%) |
| 37 | KANIOWSKI Jacek | 19 | W.P.K SŁOŃ TEAM USTKA | MIASTO M | 11 | 00:25:04.90 | +00:08:03 (32.1%) | 5:00 | 12 (68.2%) |
| 38 | KONECKI Dariusz | 20 | KB SPOKO SŁAWNO | MIASTO M | 12 | 00:25:14.30 | +00:08:13 (32.6%) | 5:02 | 11.9 (67.6%) |
| 39 | SZYMBORSKI Wojciech | 50 | | MIASTO M | 13 | 00:25:53.00 | +00:08:51 (34.2%) | 5:10 | 11.6 (65.9%) |
| 40 | GERTIG Anna | 11 | ADIDAS RUNNERS POZNAŃ | MIASTO K | 3 | 00:26:06.80 | +00:09:05 (34.8%) | 5:13 | 11.5 (65.3%) |
| 41 | NOWACKI Zbigniew | 66 | | OPEN -M | 18 | 00:26:16.15 | +00:09:14 (35.2%) | 5:15 | 11.4 (64.8%) |
| 42 | ANTOSIK Grazyna | 1 | KS OLSZEWSKI I SYNOWIE | KB Olszewscy i Synowie K | 1 | 00:26:26.25 | +00:09:24 (35.6%) | 5:17 | 11.3 (64.2%) |
| 43 | BOGACKA Lucyna | 4 | TKKF KOSZALIN | OPEN -K | 8 | 00:26:39.75 | +00:09:38 (36.2%) | 5:19 | 11.3 (64.2%) |
| 44 | HANC Michał | 16 | HAJALE16 | MIASTO M | 14 | 00:27:06.90 | +00:10:05 (37.2%) | 5:25 | 11.1 (63.1%) |
| 45 | RZECZKOWSKA Edyta | 42 | | MIASTO K | 4 | 00:27:09.80 | +00:10:08 (37.3%) | 5:25 | 11 (62.5%) |
| 46 | CHRYSZYNIUK Piotr | 74 | | OPEN -M | 19 | 00:27:17.10 | +00:10:15 (37.6%) | 5:27 | 11 (62.5%) |
| 47 | KOMAR Agnieszka | 70 | KB SPOKO SŁAWNO | MIASTO K | 5 | 00:27:38.70 | +00:10:37 (38.4%) | 5:31 | 10.9 (61.9%) |
| 48 | SUŁEK Dorota | 47 | KB BRYZA POSTOMINO | OPEN -K | 9 | 00:28:03.75 | +00:11:02 (39.3%) | 5:36 | 10.7 (60.8%) |
| 49 | KONKEL Joanna | 21 | MKS ŚWIĘC SŁAWNO | MIASTO K | 6 | 00:28:12.50 | +00:11:11 (39.7%) | 5:38 | 10.6 (60.2%) |
| 50 | BUZE Małgorzata | 8 | KB OLSZEWSKI I SYNOWIE | MIASTO K | 7 | 00:28:29.75 | +00:11:28 (40.3%) | 5:41 | 10.5 (59.7%) |
| 51 | MAJ Agnieszka | 25 | | MIASTO K | 8 | 00:28:29.80 | +00:11:28 (40.3%) | 5:41 | 10.5 (59.7%) |
| 52 | WOZNIAK Dariusz | 62 | WWW.LIMO300C.COM | MIASTO M | 15 | 00:28:40.25 | +00:11:38 (40.6%) | 5:44 | 10.5 (59.7%) |
| 53 | TELESIEWICZ Henryk | 51 | KB SPOKO | MIASTO M | 16 | 00:28:47.20 | +00:11:45 (40.9%) | 5:45 | 10.4 (59.1%) |
| 54 | SZCZECIŃSKA Katarzyna | 73 | | MIASTO K | 9 | 00:29:02.20 | +00:12:00 (41.4%) | 5:48 | 10.3 (58.5%) |
| 55 | MOTOWIDŁO-ZAWADZKA Izabella | 29 | | OPEN -K | 10 | 00:29:07.35 | +00:12:06 (41.6%) | 5:49 | 10.3 (58.5%) |
| 56 | OSTROWSKI Paweł | 34 | PARAFIA ŚW. ANTONIEGO :-) | MIASTO M | 17 | 00:30:24.80 | +00:13:23 (44.0%) | 6:04 | 9.9 (56.3%) |
| 57 | BIERNAT Karolina | 3 | | MIASTO K | 10 | 00:30:54.35 | +00:13:53 (44.9%) | 6:10 | 9.7 (55.1%) |
| 58 | BUTOWICZ Adam | 7 | | OPEN -M | 20 | 00:32:00.45 | +00:14:59 (46.8%) | 6:24 | 9.4 (53.4%) |
| 59 | WACHHOLZ Beata | 54 | KB BRYZA POSTOMINO | OPEN -K | 11 | 00:32:57.55 | +00:15:56 (48.4%) | 6:35 | 9.1 (51.7%) |
| 60 | SŁUPECKA Aneta | 43 | | OPEN -K | 12 | 00:33:27.20 | +00:16:25 (49.1%) | 6:41 | 9 (51.1%) |
| 60 | SŁUPECKI Maciej | 44 | | OPEN -M | 21 | 00:33:27.20 | +00:16:25 (49.1%) | 6:41 | 9 (51.1%) |
| 62 | STĘPIEŃ Karolina | 46 | | MIASTO K | 11 | 00:34:09.35 | +00:17:08 (50.2%) | 6:49 | 8.8 (50.0%) |
| 63 | PROTASEWICZ Renata | 39 | KB SPOKO SŁAWNO | MIASTO K | 12 | 00:34:16.70 | +00:17:15 (50.3%) | 6:51 | 8.8 (50.0%) |
| 64 | KRAKOWSKA Małgorzata | 67 | | OPEN -K | 13 | 00:34:17.50 | +00:17:16 (50.4%) | 6:51 | 8.8 (50.0%) |
| 65 | MAŁEK Weronika | 101 | | MIASTO K | 13 | 00:34:35.35 | +00:17:34 (50.8%) | 6:55 | 8.7 (49.4%) |
| 66 | MIKLASIŃSKA - KAMELSKA Monika | 28 | KB SPOKO SŁAWNO | MIASTO K | 14 | 00:34:36.80 | +00:17:35 (50.8%) | 6:55 | 8.7 (49.4%) |
| 66 | ZDUNEK Katarzyna | 63 | | MIASTO K | 14 | 00:34:36.80 | +00:17:35 (50.8%) | 6:55 | 8.7 (49.4%) |

Znaleziono 67 wynik(ów)