



# XVIII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

**Event:** XVIII MIĘDZYNARODOWY BIEG WENEDÓW  
**Organiser:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej, Gmina Miasto Koszalin  
**Date:** 2020-09-12  
**Place:** Koszalin  
**Distance:** 10 km



Classification: K30-39

Place	Participant	Number	Club	Category	MCat	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km	Lap_5 7.16km	Lap_6 8.58km	Net time 10km	Gap	Pace min/km	Pace km/h
1	ZATOŃ Olga	202	TRUCHCIKI	K30-39	1	00:00:16	00:05:47	00:11:38	00:17:44	00:23:51	00:30:03	00:36:18	<b>00:42:28.20</b>		4:14	14.1 (100%)
2	KRYNICKA GRZYB Małgorzata	91		K30-39	2	00:00:17	00:06:02	00:12:00	00:18:10	00:24:27	00:30:51	00:37:15	<b>00:43:19.70</b>	+00:00:51 (2.0%)	4:20	13.8 (97.9%)
3	KONKEL Agnieszka	71	MTS HAMER	K30-39	3	00:00:17	00:06:12	00:12:21	00:18:46	00:25:25	00:32:08	00:39:05	<b>00:45:34.20</b>	+00:03:06 (6.8%)	4:33	13.2 (93.6%)
4	OLESIŃSKA Patrycja	126		K30-39	4	00:00:22	00:07:11	00:13:55	00:20:45	00:27:39	00:34:48	00:42:07	<b>00:49:20.95</b>	+00:06:52 (13.9%)	4:56	12.2 (86.5%)
5	GRUNWALD Karolina	42		K30-39	5	00:00:23	00:07:31	00:14:34	00:21:33	00:28:49	00:36:09	00:43:37	<b>00:50:21.35</b>	+00:07:53 (15.7%)	5:02	11.9 (84.4%)
6	MAZIEC Beata	112		K30-39	6	00:00:26	00:07:33	00:14:54	00:22:19	00:29:51	00:37:22	00:44:46	<b>00:51:43.90</b>	+00:09:15 (17.9%)	5:10	11.6 (82.3%)
7	SŁUPECKA Aneta	162		K30-39	7	00:00:30	00:07:34	00:14:55	00:22:20	00:29:53	00:37:24	00:44:54	<b>00:52:01.30</b>	+00:09:33 (18.4%)	5:12	11.5 (81.6%)
8	POLETAJEW Wiktoria	141		K30-39	8	00:00:25	00:07:44	00:15:21	00:22:49	00:30:27	00:38:10	00:45:20	<b>00:53:19.60</b>	+00:10:51 (20.4%)	5:19	11.3 (80.1%)
9	LISOWSKA Monika	104		K30-39	9	00:00:26	00:07:51	00:15:20	00:23:00	00:30:47	00:38:57	00:46:55	<b>00:54:38.45</b>	+00:12:10 (22.3%)	5:27	11 (78.0%)
10	SAWICKA-WERS Urszula	156		K30-39	10	00:00:23	00:07:53	00:16:05	00:24:52	00:33:49	00:42:58	00:52:05	<b>01:00:29.55</b>	+00:18:01 (29.8%)	6:02	9.9 (70.2%)
	MIERZEJEWSKA Karolina	119		K30-39		00:00:22 DNF	00:08:32 DNF	00:18:07 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)

Total 11 results.