



XVIII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

Event: XVIII MIĘDZYNARODOWY BIEG WENEDÓW
Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej, Gmina Miasto Koszalin
Date: 2020-09-12
Place: Koszalin
Distance: 10 km



Classification: M-OPEN

Split point: 4,3 km

Place	Participant	Number	Club	Category	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km
1	CZERNIEWSKI Marcin	23	AML SŁUPSK	M30-39	00:00:14	00:04:50	00:09:24	00:14:03
2	BORYCHOWSKI Mariusz	210	TKKF KOSZALIN1	M40-49	00:00:13	00:04:50	00:09:24	00:14:03
3	PERLIK Tomasz	133	MTS HAMER	M30-39	00:00:13	00:04:51	00:09:29	00:14:15
4	KOZŁOWICZ Tomasz	85	OBORYGENI	M18-39	00:00:13	00:04:51	00:09:32	00:14:21
5	ZABORSKI Ryszard	200	TKKF KOSZALIN	M40-49	00:00:13	00:05:02	00:10:03	00:15:14
6	HUBERT Łukasz	51	TKKF KOSZALIN1	M30-39	00:00:13	00:05:00	00:10:02	00:15:15
7	WALCZAK Paweł	182	1989.	M30-39	00:00:14	00:05:11	00:10:20	00:15:28
8	WOJTALIK Łukasz	195	TRUCHCIKI	M30-39	00:00:14	00:05:02	00:10:14	00:15:32
9	HOŁUB Kamil	49	MLUKS TRZEBIATÓW	M40-49	00:00:13	00:05:09	00:10:20	00:15:44
10	KASZUBIAK Klaudiusz	63		M40-49	00:00:15	00:05:21	00:10:41	00:16:07
11	ZYCH Paweł	207	ALLIANZ RUNNING TEAM	M40-49	00:00:14	00:05:17	00:10:39	00:16:11
12	MACKOJĆ Krzysztof	106	EL-MACKOJĆ	M40-49	00:00:15	00:05:25	00:10:44	00:16:12
13	RUDNIKOWSKI Maciej	150	DARŁOWSKIE CHARTY / BIEGUZDROWISKOWY.PL	M40-49	00:00:14	00:05:24	00:10:47	00:16:13
14	WITKIEWICZ Eryk	193	1976.	M40-49	00:00:14	00:05:31	00:10:53	00:16:14
15	SITOWSKI Marcin	159	FC RYSIEK	M18-39	00:00:15	00:05:24	00:10:45	00:16:16
16	LASAK Konrad	99		M18-39	00:00:15	00:05:30	00:10:52	00:16:21
17	GOLIŃSKI Łukasz	41	3:10 TEAM ŚWIDWIN	M40-49	00:00:15	00:05:32	00:11:02	00:16:31
18	LANGE Grzegorz	98	LANGE TRI COACH	M40-49	00:00:16	00:05:35	00:11:01	00:16:33
19	KAWKA Adrian	64	RAKIETY	M30-39	00:00:14	00:05:20	00:10:52	00:16:37
20	WOJCIECHOWICZ Jacek	194	WWW.STUDIOTANCAPASJA.PL	M40-49	00:00:16	00:05:34	00:11:03	00:16:38
21	BIEDRZYCKI Krzysztof	6	CW FANZA	M40-49	00:00:14	00:05:34	00:11:06	00:16:41
22	ZŁOTY Wojciech	192		M18-39	00:00:15	00:05:30	00:11:01	00:16:42
23	GRZESIK Eugeniusz	44	TKKF KOSZALIN	M50-59	00:00:15	00:05:34	00:11:06	00:16:47
24	MICHALAK Grzegorz	117	KARLINO BIEGAJ!	M40-49	00:00:15	00:05:35	00:11:06	00:16:48
25	PIETRUSZKA Mikołaj	138	TĘCZA RUN	M50-59	00:00:16	00:05:36	00:11:09	00:16:53
	CZAPLIŃSKI Jacek	19		M30-39	00:00:17 DNF	00:05:44 DNF	00:11:14 DNF	00:16:55 DNF
27	BURDA Robert	14	KOSPEL	M40-49	00:00:16	00:05:39	00:11:13	00:16:57
28	KORMAN Kamil	76	8PPLOT	M18-39	00:00:15	00:05:27	00:11:04	00:16:57

Place	Participant	Number	Club	Category	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km
29	GAJLEWICZ Dominik	37	MTS HAMER	M30-39	00:00:14	00:05:28	00:11:06	00:16:58
30	WICHER Krzysztof	188	ADWOKATURA	M30-39	00:00:14	00:05:39	00:11:11	00:17:00
31	RYNDAK Mariusz	151		M50-59	00:00:15	00:05:35	00:11:13	00:17:15
32	WIECZOREK Łukasz	189	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH	M30-39	00:00:18	00:05:50	00:11:35	00:17:29
33	CHUPTYŚ Adrian	18	RUNDORFINA	M30-39	00:00:16	00:05:43	00:11:37	00:17:48
34	KOZIEŁ Paweł	83	TRUCHCIKI	M40-49	00:00:16	00:05:51	00:11:45	00:17:48
35	MAZUR Tomasz	113	I LO SZCZECINEK	M40-49	00:00:16	00:05:51	00:11:46	00:17:51
36	ZWOLIŃSKI Jan	206	TKKF KOSZALIN	M50-59	00:00:17	00:06:07	00:12:03	00:18:03
37	RUBASZNIAK Radosław	149	CSSP KOSZALIN	M30-39	00:00:19	00:06:20	00:12:09	00:18:03
38	OLEARCZYK Arkadiusz	125	BOBOLICKIE BRACTWO BIEGOWE	M40-49	00:00:18	00:05:52	00:11:52	00:18:11
39	IWANIEC Dariusz	52	TKKF KOSZALIN	M40-49	00:00:17	00:06:08	00:12:05	00:18:12
40	PEKAŁA Piotr	134	SOSW KOSZALIN	M40-49	00:00:22	00:06:25	00:12:18	00:18:19
41	SITARCZYK Damian	158	FUNDACJA ZASTOPIJ	M30-39	00:00:20	00:06:02	00:12:00	00:18:21
42	BARUTOWICZ Grzegorz	5	1981.	M30-39	00:00:17	00:06:11	00:12:12	00:18:23
43	KOZAK Grzegorz	82	FPP	M40-49	00:00:17	00:06:07	00:12:10	00:18:25
44	WEBER Paweł	186	FPP	M30-39	00:00:17	00:06:07	00:12:10	00:18:25
45	KWIETNIEWSKI Daniel	97		M40-49	00:00:19	00:06:07	00:12:10	00:18:25
46	NIEDBALSKI Oktawian	123	KAMIEŃ RYMAŃSKI	M18-39	00:00:18	00:06:10	00:12:11	00:18:31
47	KOŚCIELNIAK Robert	77	TKKF KOSZALIN	M50-59	00:00:18	00:06:12	00:12:16	00:18:32
48	MARCINIAK Maciej	109	KS POGOŃ POŁCZYŃ ZDRÓJ	M30-39	00:00:16	00:06:05	00:12:15	00:18:36
49	WERS Krzysztof	187		M30-39	00:00:19	00:06:14	00:12:22	00:18:37
50	URBAŃSKI Tomasz	181		M40-49	00:00:19	00:06:21	00:12:24	00:18:47
51	BRZEZIŃSKI Jan	11	TEAM PIOTRUŚ	M50-59	00:00:19	00:06:20	00:12:32	00:18:47
52	MIAŁASZEWSKI Przemek	120	AMBRA PL	M30-39	00:00:19	00:06:18	00:12:30	00:18:49
53	WIELGAT Łukasz	190	KB BRYZA POSTOMINO	M30-39	00:00:20	00:06:14	00:12:22	00:18:51
54	KRUPIŃSKI Krzysztof	90	E-UROLOG.EU	M50-59	00:00:19	00:06:20	00:12:36	00:18:55
55	GAWEŁ Zbigniew	40	POMERIDERS SŁUPSK	M60-69	00:00:16	00:06:18	00:12:36	00:19:01
56	DERLIŃSKI Adam	29	TORNADO KOSZALIN	M40-49	00:00:18	00:06:20	00:12:38	00:19:07
57	PETERSKI Damian	198		M18-39	00:00:19	00:06:27	00:12:43	00:19:09
58	WOŁOSZYN Daniel	196	KAMIEŃ RYMAŃSKI	M18-39	00:00:20	00:06:34	00:12:48	00:19:13
59	KAPERA Mikołaj	61	KAMIEŃ RYMAŃSKI	M18-39	00:00:19	00:06:29	00:12:46	00:19:15
60	KOBYLAK Janusz	70	KOŁOBRZEG BIEGA	M40-49	00:00:17	00:06:17	00:12:39	00:19:20
61	KUBIK Krystian	93	RUNGRYF GRYFICE	M18-39	00:00:13	00:06:00	00:12:35	00:19:24
62	SUCHANOWSKI Zygmunt	167	RESPECT LOTYŃ	M50-59	00:00:17	00:06:17	00:12:48	00:19:34
63	WIKTOROWSKI Maciej	191		M40-49	00:00:18	00:06:18	00:12:51	00:19:41
64	SKOWYRSKI Janusz	160	TKKF KOSZALIN	M50-59	00:00:19	00:06:33	00:13:00	00:19:43
65	CZERNIAK Gracjan	22		M40-49	00:00:21	00:06:50	00:13:18	00:19:51
66	MAZURSKI Paweł	115		M30-39	00:00:17	00:06:38	00:13:13	00:19:53
67	BURDZIK Michał	15	L9	M18-39	00:00:17	00:06:16	00:12:55	00:20:03
68	SZYMAŃSKI Piotr	173	SZYMON TEAM	M40-49	00:00:21	00:06:55	00:13:30	00:20:03
69	ŚWIETLIK Tomasz	177	LEO TEAM	M60-69	00:00:18	00:06:40	00:13:18	00:20:07
70	ROGOŻA Ireneusz	147		M40-49	00:00:21	00:06:50	00:13:33	00:20:15
71	HAŁKA Arkadiusz	46	TRUCHCIKI	M40-49	00:00:19	00:06:44	00:13:27	00:20:16
72	KOWALCZYK Piotr	79	FOR-REST-RUN	M30-39	00:00:19	00:06:52	00:13:29	00:20:17
73	ZAWADZKI Damian	203	KB WYGAN	M30-39	00:00:20	00:06:53	00:13:37	00:20:21

Place	Participant	Number	Club	Category	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km
74	PIECHOTA Robert	136	ROZBIEGANY KOSZALIN	M50-59	00:00:15	00:06:24	00:13:16	00:20:24
75	SZYMAŃSKI Piotr	172		M30-39	00:00:22	00:06:57	00:13:41	00:20:29
76	SARAPUK Piotr	153		M40-49	00:00:22	00:07:02	00:13:43	00:20:30
77	SAWIŃSKI Jacek	157		M40-49	00:00:20	00:07:00	00:13:49	00:20:31
78	KORDECKI Maciej	75		M18-39	00:00:23	00:06:52	00:13:33	00:20:38
79	STAWISZYŃSKI Jarosław	165	FRK	M30-39	00:00:20	00:06:52	00:13:44	00:20:44
80	KISIELIŃSKI Igor	67	TKKF KOSZALIN	M50-59	00:00:22	00:07:00	00:13:49	00:20:47
81	OLESIŃSKI Marcin	127		M18-39	00:00:23	00:07:13	00:13:54	00:20:50
	KLENIEWSKI Piotr	68	ZACHODNIOPOMORSKIE	M60-69	00:00:19 DNF	00:06:43 DNF	00:13:32 DNF	00:20:52 DNF
83	BUDZIŃSKI Paweł	13	DRUŻYNA SZPIKU	M40-49	00:00:19	00:07:04	00:13:58	00:20:55
84	ANTKOWIAK Sebastian	4	DB - ACTIVE	M40-49	00:00:22	00:06:58	00:13:45	00:20:58
85	CZESZEK Ireneusz	24	FUNDACJA ZASTOPIJ	M30-39	00:00:17	00:06:21	00:13:28	00:20:59
86	PAWŁOWSKI Grzegorz	130	GAMMAX	M40-49	00:00:20	00:06:45	00:13:41	00:20:59
87	CZARNECKI Radek	21		M30-39	00:00:22	00:06:56	00:13:42	00:21:01
88	CZUCZAK Tomasz	209		M40-49	00:00:22	00:07:04	00:13:57	00:21:04
89	BOGACKI Tomasz	9	TKKF KOSZALIN	M60-69	00:00:20	00:07:06	00:14:00	00:21:07
90	ŚLIWIŃSKI Rafał	175	AQUA-MED ALEKSANDRA ŚLIWIŃSKA	M40-49	00:00:17	00:06:44	00:13:54	00:21:15
91	NIWIŃSKI Grzegorz	124	KB TUPOT USTKA	M60-69	00:00:21	00:07:06	00:14:07	00:21:17
92	ADAMOWICZ Maciej	1	SP MIELNO	M30-39	00:00:16	00:06:38	00:13:53	00:21:18
93	WYSOCKI Arkadiusz	199		M30-39	00:00:15	00:06:19	00:13:36	00:21:26
94	KONKEL Łukasz	72		M40-49	00:00:22	00:07:07	00:14:13	00:21:26
95	KOZŁOWIECKI Waldemar	87	TKKF KOSZALIN	M60-69	00:00:21	00:07:14	00:14:11	00:21:27
96	PUŚCIAN Krzysztof	145	SP MANOWO	M40-49	00:00:23	00:07:12	00:14:17	00:21:27
97	BRZEZIŃSKI Paweł	12		M40-49	00:00:16	00:07:02	00:14:10	00:21:30
98	PIEKARZEWICZ Tomasz	137	BOBOLICKIE BRACTWO BIEGOWE	M50-59	00:00:23	00:07:19	00:14:33	00:21:32
99	JESZKE Dawid	55	KAMIEŃ RYMAŃSKI	M18-39	00:00:24	00:07:23	00:14:31	00:21:33
100	MIELCZAREK Maciej	118		M50-59	00:00:21	00:07:13	00:14:15	00:21:33
101	BODO Rafał	7	ZOKKOSZ KOSZALIN	M30-39	00:00:19	00:07:05	00:14:15	00:21:33
102	GALICKI Robert	38		M40-49	00:00:24	00:07:32	00:14:36	00:21:34
103	KAZIMIERCZAK Leszek	65	1980.	M40-49	00:00:25	00:07:15	00:14:24	00:21:45
104	WYGANOWSKI Andrzej	197	KB WYGAN	M70+	00:00:21	00:07:30	00:14:45	00:21:58
105	SZYSZKOWSKI Tomasz	174	FOR-REST-RUN	M30-39	00:00:22	00:07:09	00:14:28	00:22:04
106	MITUNIEWICZ Adrian	122		M30-39	00:00:20	00:07:22	00:14:42	00:22:14
107	PANASZEWSKI Przemysław	129		M30-39	00:00:22	00:07:25	00:14:44	00:22:15
108	JUSZCZAK Krzysztof	56		M60-69	00:00:21	00:07:19	00:14:39	00:22:16
109	SZCZYPEK Arkadiusz	169	FUNDACJA ZASTOPIJ	M30-39	00:00:19	00:07:28	00:14:54	00:22:20
110	CZAPLIŃSKI Piotr	20	FUNDACJA ZASTOPIJ	M18-39	00:00:21	00:07:47	00:15:01	00:22:28
111	ANGRYS Maciej	3	FUNDACJA ZASTOPIJ	M18-39	00:00:23	00:07:42	00:15:01	00:22:31
112	KRUPIŃSKI Adam	89	FUNDACJA ZASTOPIJ	M30-39	00:00:18	00:06:51	00:14:42	00:22:33
113	SZMYT Marcin	170	SZWAGRY BIEGAJĄ	M30-39	00:00:23	00:07:34	00:14:52	00:22:38
114	POŁOCZAŃSKI Piotr	142	SZWAGRY BIEGAJĄ	M30-39	00:00:22	00:07:41	00:15:08	00:22:44
	ZAREMBA Tomasz	201		M30-39	00:00:18 DNF	00:07:06 DNF	00:14:33 DNF	00:22:45 DNF
116	HRYNIEWICZ Rafał	50		M40-49	00:00:20	00:07:35	00:15:12	00:22:56
117	DIDŁUCH Jacek	31		M40-49	00:00:23	00:07:53	00:15:26	00:23:04
118	KURŁOWICZ Krzysztof	95	OKS WWW.SZKOLNICTWO.PL	M40-49	00:00:23	00:08:08	00:15:46	00:23:06

Place	Participant	Number	Club	Category	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km
119	DESKA Łukasz	30	WCKMED ŁÓDŹ	M18-39	00:00:20	00:07:31	00:15:08	00:23:08
120	KULAWIŃSKI Marek	94		M40-49	00:00:21	00:07:59	00:15:40	00:23:19
	KLONOWSKI Artur	69		M40-49	00:00:23 DNF	00:08:08 DNF	00:15:46 DNF	00:23:33 DNF
122	GARNCAREK Paweł	39		M40-49	00:00:26	00:08:14	00:16:01	00:23:50
123	PIETRZYK Rafał	139		M30-39	00:00:23	00:07:52	00:15:45	00:23:53
124	ZAWISKA Bartłomiej	204		M18-39	00:00:22	00:07:55	00:15:47	00:23:53
125	PRZYBYLSKI Czesław	144	HERMES ŚWIDNICA	M70+	00:00:29	00:08:00	00:15:52	00:24:00
126	KAPCIO Michał	60	KAMIEŃ RYMAŃSKI	M18-39	00:00:22	00:07:09	00:14:44	00:24:11
127	KARNICKI Zygmunt	62	TKKF KOSZALIN	M60-69	00:00:23	00:08:09	00:16:24	00:25:00
128	STRZAŁKOWSKI Patryk	166	KAMIEŃ RYMAŃSKI	M18-39	00:00:27	00:08:11	00:16:44	00:25:38
129	MARKOWSKI Andrzej	111	TKKF KOSZALIN	M60-69	00:00:22	00:08:19	00:16:53	00:25:46
130	HELLER Zdzisław	48	HERBMARATONOW.PL	M60-69	00:00:25	00:08:41	00:17:23	00:26:08
131	HARASYM Daniel	47	FUNDACJA ZASTOPIJ	M40-49	00:00:23	00:08:37	00:17:41	00:27:30
132	DUCHNOWSKI Dariusz	35	BIAŁA PODLASKA	M40-49	00:00:27	00:09:23	00:18:53	00:29:03
133	SARBIEWSKI Przemysław	155	102 BATALION OCHRONY	M40-49	00:00:25	00:09:17	00:19:17	00:29:39
	WALO Zbigniew	185		M60-69	00:00:28 DNF	00:09:47 DNF	00:20:50 DNF	00:31:56 DNF
	SOBOLEWSKI Jan	163		M18-39	00:00:17 DNF	00:05:46 DNF	DNF	DNF
	WALEŃSKI Michał	183	TKKF KOSZALIN	M40-49	00:00:21 DNF	00:07:03 DNF	DNF	DNF
	ADRYAN Adam	2	WATAHA ŁĄCZY NAS BIEGANIE	M40-49	00:00:23 DNF	00:07:17 DNF	00:14:46 DNF	DNF
	SLUPCZEWSKI Krzysztof	161	SDROG KOSZALIN	M40-49	00:00:16 DNF	00:05:35 DNF	00:11:20 DNF	DNF

Total 138 results.