



# XVIII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

**Wydarzenie:** XVIII MIĘDZYNARODOWY BIEG WENEDÓW  
**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej, Gmina Miasto Koszalin  
**Data:** 2020-09-12  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: M40-49

Punkt pomiarowy: 7,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km	Lap_5 7.16km
1	<b>BORYCHOWSKI Mariusz</b>	<b>210</b>	TKKF KOSZALIN1	M40-49	00:00:13	00:04:50	00:09:24	00:14:03	00:18:48	00:23:41
2	<b>ZABORSKI Ryszard</b>	<b>200</b>	TKKF KOSZALIN	M40-49	00:00:13	00:05:02	00:10:03	00:15:14	00:20:31	00:25:51
3	<b>HOŁUB Kamil</b>	<b>49</b>	MLUKS TRZEBIATÓW	M40-49	00:00:13	00:05:09	00:10:20	00:15:44	00:21:10	00:26:34
4	<b>WITKIEWICZ Eryk</b>	<b>193</b>	1976.	M40-49	00:00:14	00:05:31	00:10:53	00:16:14	00:21:37	00:27:05
5	<b>RUDNIKOWSKI Maciej</b>	<b>150</b>	DARŁOWSKIE CHARTY / BIEGUZDROWISKOWY.PL	M40-49	00:00:14	00:05:24	00:10:47	00:16:13	00:21:39	00:27:08
6	<b>KASZUBIAK Klaudiusz</b>	<b>63</b>		M40-49	00:00:15	00:05:21	00:10:41	00:16:07	00:21:39	00:27:14
7	<b>MACKOJC Krzysztof</b>	<b>106</b>	EL-MACKOJC	M40-49	00:00:15	00:05:25	00:10:44	00:16:12	00:21:42	00:27:24
8	<b>ZYCH Paweł</b>	<b>207</b>	ALLIANZ RUNNING TEAM	M40-49	00:00:14	00:05:17	00:10:39	00:16:11	00:21:53	00:27:40
9	<b>GOLIŃSKI Łukasz</b>	<b>41</b>	3:10 TEAM ŚWIDWIN	M40-49	00:00:15	00:05:32	00:11:02	00:16:31	00:22:07	00:27:41
10	<b>WOJCIECHOWICZ Jacek</b>	<b>194</b>	WWW.STUDIOTANCAPASJA.PL	M40-49	00:00:16	00:05:34	00:11:03	00:16:38	00:22:16	00:27:58
11	<b>BIEDRZYCKI Krzysztof</b>	<b>6</b>	CW FANZA	M40-49	00:00:14	00:05:34	00:11:06	00:16:41	00:22:27	00:28:19
12	<b>LANGE Grzegorz</b>	<b>98</b>	LANGE TRI COACH	M40-49	00:00:16	00:05:35	00:11:01	00:16:33	00:22:14	00:28:23
13	<b>MICHALAK Grzegorz</b>	<b>117</b>	KARLINO BIEGAJ!	M40-49	00:00:15	00:05:35	00:11:06	00:16:48	00:22:39	00:28:31
14	<b>BURDA Robert</b>	<b>14</b>	KOSPEL	M40-49	00:00:16	00:05:39	00:11:13	00:16:57	00:22:45	00:28:36
15	<b>KOZIEŁ Paweł</b>	<b>83</b>	TRUCHCIKI	M40-49	00:00:16	00:05:51	00:11:45	00:17:48	00:23:54	00:30:03
16	<b>PĘKAŁA Piotr</b>	<b>134</b>	SOSW KOSZALIN	M40-49	00:00:22	00:06:25	00:12:18	00:18:19	00:24:25	00:30:27
17	<b>MAZUR Tomasz</b>	<b>113</b>	I LO SZCZECINEK	M40-49	00:00:16	00:05:51	00:11:46	00:17:51	00:24:05	00:30:33
18	<b>IWANIEC Dariusz</b>	<b>52</b>	TKKF KOSZALIN	M40-49	00:00:17	00:06:08	00:12:05	00:18:12	00:24:28	00:30:48
19	<b>KOZAK Grzegorz</b>	<b>82</b>	FPP	M40-49	00:00:17	00:06:07	00:12:10	00:18:25	00:24:47	00:31:14
20	<b>KWIETNIEWSKI Daniel</b>	<b>97</b>		M40-49	00:00:19	00:06:07	00:12:10	00:18:25	00:24:47	00:31:18
21	<b>URBAŃSKI Tomasz</b>	<b>181</b>		M40-49	00:00:19	00:06:21	00:12:24	00:18:47	00:25:10	00:31:34
22	<b>OLEARCZYK Arkadiusz</b>	<b>125</b>	BOBOLICKIE BRACTWO BIEGOWE	M40-49	00:00:18	00:05:52	00:11:52	00:18:11	00:24:44	00:31:54
23	<b>DERLIŃSKI Adam</b>	<b>29</b>	TORNADO KOSZALIN	M40-49	00:00:18	00:06:20	00:12:38	00:19:07	00:25:53	00:32:48
24	<b>KOBYLAK Janusz</b>	<b>70</b>	KOŁOBRZEG BIEGA	M40-49	00:00:17	00:06:17	00:12:39	00:19:20	00:26:03	00:32:50
25	<b>CZERNIAK Gracjan</b>	<b>22</b>		M40-49	00:00:21	00:06:50	00:13:18	00:19:51	00:26:21	00:33:00
26	<b>SZYMAŃSKI Piotr</b>	<b>173</b>	SZYMON TEAM	M40-49	00:00:21	00:06:55	00:13:30	00:20:03	00:26:33	00:33:08
27	<b>WIKTOROWSKI Maciej</b>	<b>191</b>		M40-49	00:00:18	00:06:18	00:12:51	00:19:41	00:26:40	00:33:40
28	<b>SAWIŃSKI Jacek</b>	<b>157</b>		M40-49	00:00:20	00:07:00	00:13:49	00:20:31	00:27:24	00:34:12

Msc	Zawodnik	Numer	Klub	Kategoria	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km	Lap_5 7.16km
29	<b>HAŁKA Arkadiusz</b>	<b>46</b>	TRUCHCIKI	M40-49	00:00:19	00:06:44	00:13:27	00:20:16	00:27:14	00:34:16
30	<b>ROGOŻA Ireneusz</b>	<b>147</b>		M40-49	00:00:21	00:06:50	00:13:33	00:20:15	00:27:15	00:34:29
31	<b>SARAPUK Piotr</b>	<b>153</b>		M40-49	00:00:22	00:07:02	00:13:43	00:20:30	00:27:10	00:34:31
32	<b>BUDZIŃSKI Paweł</b>	<b>13</b>	DRUŻYNA SZPIKU	M40-49	00:00:19	00:07:04	00:13:58	00:20:55	00:28:05	00:35:27
33	<b>PUŚCIAN Krzysztof</b>	<b>145</b>	SP MANOWO	M40-49	00:00:23	00:07:12	00:14:17	00:21:27	00:28:34	00:35:38
34	<b>ANTKOWIAK Sebastian</b>	<b>4</b>	DB - ACTIVE	M40-49	00:00:22	00:06:58	00:13:45	00:20:58	00:28:25	00:35:54
35	<b>GALICKI Robert</b>	<b>38</b>		M40-49	00:00:24	00:07:32	00:14:36	00:21:34	00:28:50	00:36:10
36	<b>KONKEL Łukasz</b>	<b>72</b>		M40-49	00:00:22	00:07:07	00:14:13	00:21:26	00:28:47	00:36:14
37	<b>CZUCZAK Tomasz</b>	<b>209</b>		M40-49	00:00:22	00:07:04	00:13:57	00:21:04	00:28:25	00:36:21
38	<b>BRZEZIŃSKI Paweł</b>	<b>12</b>		M40-49	00:00:16	00:07:02	00:14:10	00:21:30	00:28:53	00:36:29
39	<b>ŚLIWIŃSKI Rafał</b>	<b>175</b>	AQUA-MED ALEKSANDRA ŚLIWIŃSKA	M40-49	00:00:17	00:06:44	00:13:54	00:21:15	00:28:53	00:36:41
40	<b>PAWŁOWSKI Grzegorz</b>	<b>130</b>	GAMMAX	M40-49	00:00:20	00:06:45	00:13:41	00:20:59	00:28:47	00:36:49
41	<b>KAZIMIERCZAK Leszek</b>	<b>65</b>	1980.	M40-49	00:00:25	00:07:15	00:14:24	00:21:45	00:29:12	00:37:05
42	<b>HRYNIEWICZ Rafał</b>	<b>50</b>		M40-49	00:00:20	00:07:35	00:15:12	00:22:56	00:30:44	00:38:40
43	<b>KULAWIŃSKI Marek</b>	<b>94</b>		M40-49	00:00:21	00:07:59	00:15:40	00:23:19	00:31:08	00:38:57
44	<b>DIDŁUCH Jacek</b>	<b>31</b>		M40-49	00:00:23	00:07:53	00:15:26	00:23:04	00:30:57	00:39:33
45	<b>KURŁOWICZ Krzysztof</b>	<b>95</b>	OKS WWW.SZKOLNICTWO.PL	M40-49	00:00:23	00:08:08	00:15:46	00:23:06	00:31:36	00:40:02
46	<b>GARNCAREK Paweł</b>	<b>39</b>		M40-49	00:00:26	00:08:14	00:16:01	00:23:50	00:31:57	00:40:13
47	<b>SARBIEWSKI Przemysław</b>	<b>155</b>	102 BATALION OCHRONY	M40-49	00:00:25	00:09:17	00:19:17	00:29:39	00:37:48	00:46:16
48	<b>HARASYM Daniel</b>	<b>47</b>	FUNDACJA ZASTOPUJ	M40-49	00:00:23	00:08:37	00:17:41	00:27:30	00:37:59	00:49:06
49	<b>DUCHNOWSKI Dariusz</b>	<b>35</b>	BIAŁA PODLASKA	M40-49	00:00:27	00:09:23	00:18:53	00:29:03	00:39:18	00:49:14
	<b>WALEŃSKI Michał</b>	<b>183</b>	TKKF KOSZALIN	M40-49	00:00:21 DNF	00:07:03 DNF	DNF	DNF	DNF	DNF
	<b>ADRYAN Adam</b>	<b>2</b>	WATAHA ŁĄCZY NAS BIEGANIE	M40-49	00:00:23 DNF	00:07:17 DNF	00:14:46 DNF	DNF	DNF	DNF
	<b>SLUPCZEWSKI Krzysztof</b>	<b>161</b>	SDROG KOSZALIN	M40-49	00:00:16 DNF	00:05:35 DNF	00:11:20 DNF	DNF	DNF	DNF
	<b>KLONOWSKI Artur</b>	<b>69</b>		M40-49	00:00:23 DNF	00:08:08 DNF	00:15:46 DNF	00:23:33 DNF	00:33:58 DNF	DNF

Znaleziono 53 wynik(ów)