



# XVIII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

**Wydarzenie:** XVIII MIĘDZYNARODOWY BIEG WENEDÓW  
**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej, Gmina Miasto Koszalin  
**Data:** 2020-09-12  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km	Lap_5 7.16km	Lap_6 8.58km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>GRZESIK Eugeniusz</b>	<b>44</b>	TKKF KOSZALIN	M50-59	1	00:00:15	00:05:34	00:11:06	00:16:47	00:22:35	00:28:32	00:34:30	<b>00:40:10.00</b>		4:01	14.9 (100%)
2	<b>PIETRUSZKA Mikołaj</b>	<b>138</b>	TECZA RUN	M50-59	2	00:00:16	00:05:36	00:11:09	00:16:53	00:22:44	00:28:36	00:34:33	<b>00:40:20.45</b>	+00:00:10 (0.4%)	4:02	14.9 (100%)
3	<b>RYNDAK Mariusz</b>	<b>151</b>		M50-59	3	00:00:15	00:05:35	00:11:13	00:17:15	00:23:28	00:29:42	00:36:00	<b>00:41:53.30</b>	+00:01:43 (4.1%)	4:11	14.3 (96.0%)
4	<b>ZWOLIŃSKI Jan</b>	<b>206</b>	TKKF KOSZALIN	M50-59	4	00:00:17	00:06:07	00:12:03	00:18:03	00:24:05	00:30:12	00:36:17	<b>00:42:18.30</b>	+00:02:08 (5.1%)	4:13	14.2 (95.3%)
5	<b>BRZEZIŃSKI Jan</b>	<b>11</b>	TEAM PIOTRUŚ	M50-59	5	00:00:19	00:06:20	00:12:32	00:18:47	00:25:04	00:31:26	00:37:45	<b>00:43:46.10</b>	+00:03:36 (8.2%)	4:22	13.7 (91.9%)
6	<b>KOŚCIELNIAK Robert</b>	<b>77</b>	TKKF KOSZALIN	M50-59	6	00:00:18	00:06:12	00:12:16	00:18:32	00:25:02	00:31:42	00:38:15	<b>00:44:20.65</b>	+00:04:10 (9.4%)	4:26	13.5 (90.6%)
7	<b>KRUPIŃSKI Krzysztof</b>	<b>90</b>	E-UROLOG.EU	M50-59	7	00:00:19	00:06:20	00:12:36	00:18:55	00:25:26	00:31:57	00:38:25	<b>00:44:27.45</b>	+00:04:17 (9.7%)	4:26	13.5 (90.6%)
8	<b>SKOWYRSKI Janusz</b>	<b>160</b>	TKKF KOSZALIN	M50-59	8	00:00:19	00:06:33	00:13:00	00:19:43	00:26:30	00:33:31	00:40:27	<b>00:47:09.35</b>	+00:06:59 (14.8%)	4:42	12.7 (85.2%)
9	<b>SUCHANOWSKI Zygmunt</b>	<b>167</b>	RESPECT LOTYŃ	M50-59	9	00:00:17	00:06:17	00:12:48	00:19:34	00:26:33	00:33:37	00:40:43	<b>00:47:41.90</b>	+00:07:31 (15.8%)	4:46	12.6 (84.6%)
10	<b>PIECHOTA Robert</b>	<b>136</b>	ROZBIEGANY KOSZALIN	M50-59	10	00:00:15	00:06:24	00:13:16	00:20:24	00:27:38	00:34:56	00:42:23	<b>00:49:07.25</b>	+00:08:57 (18.2%)	4:54	12.2 (81.9%)
11	<b>PIEKARZEWICZ Tomasz</b>	<b>137</b>	BOBOLICKIE BRACtwo BIEGOWE	M50-59	11	00:00:23	00:07:19	00:14:33	00:21:32	00:28:41	00:35:45	00:42:58	<b>00:49:46.40</b>	+00:09:36 (19.3%)	4:58	12.1 (81.2%)
12	<b>KISIELIŃSKI Igor</b>	<b>67</b>	TKKF KOSZALIN	M50-59	12	00:00:22	00:07:00	00:13:49	00:20:47	00:27:53	00:35:22	00:43:28	<b>00:50:24.65</b>	+00:10:14 (20.3%)	5:02	11.9 (79.9%)
13	<b>MIELCZAREK Maciej</b>	<b>118</b>		M50-59	13	00:00:21	00:07:13	00:14:15	00:21:33	00:29:01	00:36:39	00:44:28	<b>00:52:06.10</b>	+00:11:56 (22.9%)	5:12	11.5 (77.2%)

Znaleziono 13 wynik(ów)