



# XVIII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

B4SPORT

**Event:** XVIII MIĘDZYNARODOWY BIEG WENEDÓW  
**Organiser:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej, Gmina Miasto Koszalin  
**Date:** 2020-09-12  
**Place:** Koszalin  
**Distance:** 10 km



Classification: M60-69

Place	Participant	Number	Club	Category	MCat	Dobieg 0.08km	Lap_1 1.48km	Lap_2 2.9km	Lap_3 4.32km	Lap_4 5.74km	Lap_5 7.16km	Lap_6 8.58km	Net time 10km	Gap	Pace min/km	Pace km/h
1	<b>GAWEŁ Zbigniew</b>	<b>40</b>	POMERIDERS SŁUPSK	M60-69	1	00:00:16	00:06:18	00:12:36	00:19:01	00:25:31	00:32:12	00:38:57	<b>00:45:40.40</b>		4:34	13.1 (100%)
2	<b>ŚWIETLIK Tomasz</b>	<b>177</b>	LEO TEAM	M60-69	2	00:00:18	00:06:40	00:13:18	00:20:07	00:26:57	00:33:47	00:40:39	<b>00:47:20.80</b>	+00:01:40 (3.5%)	4:44	12.7 (96.9%)
3	<b>BOGACKI Tomasz</b>	<b>9</b>	TKKF KOSZALIN	M60-69	3	00:00:20	00:07:06	00:14:00	00:21:07	00:28:18	00:35:30	00:42:51	<b>00:49:54.35</b>	+00:04:13 (8.5%)	4:59	12 (91.6%)
4	<b>NIWIŃSKI Grzegorz</b>	<b>124</b>	KB TUPOT USTKA	M60-69	4	00:00:21	00:07:06	00:14:07	00:21:17	00:28:34	00:35:52	00:43:21	<b>00:50:45.10</b>	+00:05:04 (10.0%)	5:04	11.8 (90.1%)
5	<b>KOZŁOWIECKI Waldemar</b>	<b>87</b>	TKKF KOSZALIN	M60-69	5	00:00:21	00:07:14	00:14:11	00:21:27	00:28:59	00:36:47	00:44:52	<b>00:53:04.10</b>	+00:07:23 (13.9%)	5:18	11.3 (86.3%)
6	<b>JUSZCZAK Krzysztof</b>	<b>56</b>		M60-69	6	00:00:21	00:07:19	00:14:39	00:22:16	00:30:03	00:38:09	00:46:19	<b>00:54:27.85</b>	+00:08:47 (16.1%)	5:26	11 (84.0%)
7	<b>MARKOWSKI Andrzej</b>	<b>111</b>	TKKF KOSZALIN	M60-69	7	00:00:22	00:08:19	00:16:53	00:25:46	00:34:40	00:43:47	00:52:45	<b>01:01:03.30</b>	+00:15:22 (25.2%)	6:06	9.8 (74.8%)
8	<b>KARNICKI Zygmunt</b>	<b>62</b>	TKKF KOSZALIN	M60-69	8	00:00:23	00:08:09	00:16:24	00:25:00	00:33:54	00:42:57	00:52:06	<b>01:01:06.10</b>	+00:15:25 (25.3%)	6:06	9.8 (74.8%)
9	<b>HELLER Zdzisław</b>	<b>48</b>	HERBMARATONOW.PL	M60-69	9	00:00:25	00:08:41	00:17:23	00:26:08	00:35:08	00:44:09	00:53:23	<b>01:02:23.45</b>	+00:16:43 (26.8%)	6:14	9.6 (73.3%)
	<b>WALO Zbigniew</b>	<b>185</b>		M60-69		00:00:28 DNF	00:09:47 DNF	00:20:50 DNF	00:31:56 DNF	00:43:10 DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)
	<b>KLENIEWSKI Piotr</b>	<b>68</b>	ZACHODNIOPOMORSKIE	M60-69		00:00:19 DNF	00:06:43 DNF	00:13:32 DNF	00:20:52 DNF	DNF	DNF	DNF	<b>DNF</b>		-	- (0.0%)

Total 11 results.