



**Organizator:** Ośrodek Sportu i Rekreacji w Sławnie  
**Data:** 2024-06-29  
**Miejsce:** Sławno  
**Dystans:** 5 km

## XX BIEG 12 MOSTÓW

B4SPORT



Klasyfikacja: OPEN -M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Miasto	Powiat	Gmina	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>ROSIAK Damian</b>	<b>68</b>	KB SPOKO SŁAWNO	Powiat - M	1	Tak	Tak		<b>00:17:24.70</b>		3:28	17.2 (100%)
2	<b>HUBERT Łukasz</b>	<b>23</b>	7PRO SIÓDMIAK TEAM/BIEGOLAS	OPEN -M	1				<b>00:17:58.88</b>	+00:00:33 (3.1%)	3:35	16.7 (97.1%)
3	<b>CHMIELEWSKI Tomasz</b>	<b>12</b>		OPEN -M	2				<b>00:18:58.98</b>	+00:01:34 (8.3%)	3:47	15.8 (91.9%)
4	<b>CHOLEWIŃSKI Artur</b>	<b>13</b>	BBL SŁUPSK	OPEN -M	3				<b>00:19:02.77</b>	+00:01:38 (8.6%)	3:48	15.8 (91.9%)
5	<b>WITKIEWICZ Eryk</b>	<b>94</b>	KB 10 BIAŁOGARD, FIGA	OPEN -M	4				<b>00:19:07.41</b>	+00:01:42 (8.9%)	3:49	15.7 (91.3%)
6	<b>KRYGOWSKI Mateusz</b>	<b>46</b>	BEST BEASTS	Powiat - M	2	Tak	Tak		<b>00:19:10.07</b>	+00:01:44 (9.1%)	3:50	15.7 (91.3%)
7	<b>BAKALARZ Adam</b>	<b>39</b>		OPEN -M	5				<b>00:19:12.27</b>	+00:01:49 (9.5%)	3:50	15.6 (90.7%)
8	<b>MAJROWSKI Mariusz</b>	<b>57</b>		OPEN -M	6				<b>00:19:22.36</b>	+00:01:58 (10.1%)	3:52	15.5 (90.1%)
9	<b>CZUPA Oskar</b>	<b>1</b>		Powiat - M	3	Tak	Tak		<b>00:19:23.81</b>	+00:02:00 (10.3%)	3:52	15.5 (90.1%)
10	<b>JĘDRZEJEWSKI Łukasz</b>	<b>29</b>		Powiat - M	4		Tak		<b>00:19:38.51</b>	+00:02:14 (11.4%)	3:55	15.3 (89.0%)
11	<b>JABŁOŃSKI Tomasz</b>	<b>24</b>	KB SPOKO SŁAWNO	Powiat - M	5	Tak	Tak		<b>00:19:42.47</b>	+00:02:17 (11.6%)	3:56	15.2 (88.4%)
12	<b>SZOPIŃSKI Tomasz</b>	<b>78</b>	KB BRYZA POSTOMINO	Powiat - M	6		Tak		<b>00:19:47.01</b>	+00:02:23 (12.0%)	3:57	15.2 (88.4%)
13	<b>CZAJKA Maciej</b>	<b>16</b>		OPEN -M	7				<b>00:19:55.34</b>	+00:02:32 (12.7%)	3:59	15.1 (87.8%)
14	<b>KULCZYK Jerzy</b>	<b>47</b>		OPEN -M	8				<b>00:19:59.58</b>	+00:02:34 (12.9%)	3:59	15 (87.2%)
15	<b>WALCZAK Oskar</b>	<b>89</b>	KB SPOKO SŁAWNO	Powiat - M	7	Tak	Tak		<b>00:20:03.09</b>	+00:02:39 (13.2%)	4:00	15 (87.2%)
16	<b>WOJTKIEWICZ Mateusz</b>	<b>97</b>	KB 'DZIESIĄTKA' BIAŁOGARD	OPEN -M	9				<b>00:20:07.92</b>	+00:02:43 (13.5%)	4:01	14.9 (86.6%)
17	<b>ULBRYCH Marcin</b>	<b>87</b>	JEST LEPIEJ RUN TEAM	OPEN -M	10				<b>00:20:37.21</b>	+00:03:11 (15.4%)	4:07	14.6 (84.9%)
18	<b>BRZOZOWSKI Piotr</b>	<b>8</b>	AKTYWNI POSTOMINO	Powiat - M	8	Tak	Tak		<b>00:20:44.04</b>	+00:03:20 (16.1%)	4:08	14.5 (84.3%)
19	<b>PIOTRKOWSKI Tomasz</b>	<b>100</b>	STOPA SŁUPSK AKTYWNA FABRYKA	OPEN -M	11				<b>00:20:57.24</b>	+00:03:34 (17.0%)	4:11	14.3 (83.1%)
20	<b>SZOPIŃSKI Patryk</b>	<b>79</b>	DARŁOVIA DARŁOWO	Powiat - M	9		Tak		<b>00:21:00.02</b>	+00:03:35 (17.1%)	4:12	14.3 (83.1%)
21	<b>SADOWSKI Paweł</b>	<b>71</b>	STOPA SŁUPSK	OPEN -M	12				<b>00:21:04.71</b>	+00:03:42 (17.5%)	4:12	14.2 (82.6%)
22	<b>JÓŻWIK Adam</b>	<b>30</b>	MPGKIM SŁAWNO	Powiat - M	10	Tak	Tak		<b>00:21:08.85</b>	+00:03:45 (17.7%)	4:13	14.2 (82.6%)
23	<b>NOWAKOWSKI Maciej</b>	<b>62</b>	AML SŁUPSK	OPEN -M	13				<b>00:21:06.89</b>	+00:03:47 (17.8%)	4:13	14.2 (82.6%)
24	<b>KONECKI Dariusz</b>	<b>37</b>	KB SPOKO SŁAWNO	Powiat - M	11	Tak	Tak		<b>00:21:19.98</b>	+00:03:57 (18.5%)	4:15	14.1 (82.0%)
25	<b>WITKOWSKI Dawid</b>	<b>95</b>	KBSPOKOSŁAWNO	Gmina - M	1	Tak	Tak	Tak	<b>00:21:22.57</b>	+00:03:57 (18.5%)	4:16	14 (81.4%)
26	<b>PISARENOK Adam</b>	<b>63</b>	RABARBAROWE GUMISIE	OPEN -M	14				<b>00:21:27.64</b>	+00:04:06 (19.0%)	4:17	14 (81.4%)
27	<b>KOWALCZYK Marcin</b>	<b>44</b>	CZARNI SŁUPSK	OPEN -M	15				<b>00:21:33.90</b>	+00:04:11 (19.4%)	4:18	13.9 (80.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Miasto	Powiat	Gmina	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
28	<b>TOMCZYK Mateusz</b>	<b>84</b>	KB SPOKO SŁAWNO	Gmina - M	2		Tak	Tak	<b>00:21:43.52</b>	+00:04:19 (19.9%)	4:20	13.8 (80.2%)
29	<b>KOZDRA Piotr</b>	<b>45</b>	KB SPOKO SŁAWNO	Powiat - M	12	Tak	Tak		<b>00:22:08.79</b>	+00:04:45 (21.4%)	4:25	13.6 (79.1%)
30	<b>LEŚNIEWSKI Tomasz</b>	<b>53</b>		OPEN -M	16				<b>00:22:09.93</b>	+00:04:47 (21.5%)	4:25	13.5 (78.5%)
31	<b>ANTOSIK Gr</b>	<b>20</b>		OPEN -M	17				<b>00:22:19.99</b>	+00:04:55 (22.0%)	4:27	13.4 (77.9%)
32	<b>CHUDY Henryk</b>	<b>14</b>	KS OLSZEWSKI I SYNOWIE	Gmina - M	3		Tak	Tak	<b>00:22:32.17</b>	+00:05:09 (22.8%)	4:30	13.3 (77.3%)
33	<b>LEGIERSKI Andrzej</b>	<b>52</b>	WOLF TEAM SŁAWNO	Powiat - M	13	Tak	Tak		<b>00:22:30.99</b>	+00:05:11 (22.9%)	4:30	13.3 (77.3%)
34	<b>ZWOLIŃSKI Jan</b>	<b>3</b>	TKKF KOSZALIN	OPEN -M	18				<b>00:22:53.14</b>	+00:05:31 (24.0%)	4:34	13.1 (76.2%)
35	<b>KARGUL Jacek</b>	<b>33</b>		OPEN -M	19				<b>00:22:58.20</b>	+00:05:35 (24.2%)	4:35	13.1 (76.2%)
36	<b>TURCZYN Tomasz</b>	<b>86</b>		Powiat - M	14	Tak	Tak		<b>00:23:07.18</b>	+00:05:44 (24.7%)	4:37	13 (75.6%)
37	<b>MOSZYŃSKI Jacek</b>	<b>60</b>	TKKF KOSZALIN	OPEN -M	20				<b>00:23:09.29</b>	+00:05:47 (24.9%)	4:37	13 (75.6%)
38	<b>STENKA Rafał</b>	<b>74</b>		OPEN -M	21				<b>00:23:05.82</b>	+00:05:49 (25.0%)	4:37	13 (75.6%)
39	<b>TREDER Marian</b>	<b>85</b>	TEAM TREDER	OPEN -M	22				<b>00:23:31.28</b>	+00:06:09 (26.1%)	4:42	12.8 (74.4%)
40	<b>BAJTEK Przemysław</b>	<b>4</b>		Powiat - M	15	Tak	Tak		<b>00:23:35.25</b>	+00:06:21 (26.7%)	4:43	12.7 (73.8%)
41	<b>TOMCZAK Dominik</b>	<b>83</b>	W.P.K SŁOŃ TEAM	OPEN -M	23				<b>00:23:42.18</b>	+00:06:23 (26.8%)	4:44	12.7 (73.8%)
42	<b>ŚWIERCZ Jacek</b>	<b>81</b>	BYLEDOBIEC ANIN	OPEN -M	24				<b>00:24:01.66</b>	+00:06:40 (27.6%)	4:48	12.5 (72.7%)
43	<b>JĘDRZEJCZYK Mateusz</b>	<b>27</b>		Powiat - M	16		Tak		<b>00:24:06.93</b>	+00:06:48 (28.1%)	4:49	12.4 (72.1%)
44	<b>RYBAK Paweł</b>	<b>67</b>		Powiat - M	17	Tak	Tak		<b>00:24:20.94</b>	+00:06:57 (28.5%)	4:52	12.3 (71.5%)
45	<b>GOSTOMCZYK Krzysztof</b>	<b>21</b>	KB SPOKO SŁAWNO	Gmina - M	4	Tak	Tak	Tak	<b>00:24:44.42</b>	+00:07:20 (29.6%)	4:56	12.1 (70.3%)
46	<b>KAMELSKI Piotr</b>	<b>31</b>	KB SPOKO SŁAWNO	Powiat - M	18	Tak	Tak		<b>00:24:39.29</b>	+00:07:23 (29.7%)	4:55	12.2 (70.9%)
47	<b>BOJARYN Marcin</b>	<b>6</b>	RADA MIEJSKA W SŁAWNIE	Powiat - M	19	Tak	Tak		<b>00:24:58.09</b>	+00:07:41 (30.6%)	4:59	12 (69.8%)
48	<b>JĘDRASZCZYK Kamil</b>	<b>26</b>	WWW.LIMO300C.COM	Powiat - M	20	Tak	Tak		<b>00:25:03.04</b>	+00:07:42 (30.6%)	5:00	12 (69.8%)
49	<b>NARBUT Łukasz</b>	<b>61</b>		Powiat - M	21	Tak	Tak		<b>00:25:08.98</b>	+00:07:51 (31.0%)	5:01	11.9 (69.2%)
50	<b>DZIADOWIEC Piotr</b>	<b>18</b>		OPEN -M	25				<b>00:25:16.52</b>	+00:07:57 (31.3%)	5:03	11.9 (69.2%)
51	<b>KONOPKA Łukasz</b>	<b>40</b>		Powiat - M	22		Tak		<b>00:25:33.34</b>	+00:08:17 (32.2%)	5:06	11.7 (68.0%)
52	<b>KANIOWSKI Jacek</b>	<b>32</b>	W.P.K SŁOŃ TEAM USTKA	Powiat - M	23	Tak	Tak		<b>00:25:41.35</b>	+00:08:24 (32.5%)	5:08	11.7 (68.0%)
53	<b>KWAŚNIAK Zdzisław</b>	<b>50</b>	PRO DYSTANS	OPEN -M	26				<b>00:26:20.65</b>	+00:09:04 (34.2%)	5:16	11.4 (66.3%)
54	<b>RÓG Bartosz</b>	<b>69</b>		Powiat - M	24	Tak	Tak		<b>00:26:19.32</b>	+00:09:04 (34.2%)	5:15	11.4 (66.3%)
55	<b>SZAFIRSKI Marek</b>	<b>77</b>	BIEGAM BO LUBIĘ - SŁUPSK	OPEN -M	27				<b>00:26:44.73</b>	+00:09:29 (35.2%)	5:20	11.2 (65.1%)
56	<b>GÓRECKI Patryk</b>	<b>22</b>		OPEN -M	28				<b>00:26:56.00</b>	+00:09:41 (35.7%)	5:23	11.1 (64.5%)
57	<b>NOREK Ryszard</b>	<b>7</b>		OPEN -M	29				<b>00:27:00.98</b>	+00:09:46 (35.9%)	5:24	11.1 (64.5%)
58	<b>JAWORSKI Robert</b>	<b>25</b>	KB BRYZA POSTOMINO	Powiat - M	25		Tak		<b>00:27:53.90</b>	+00:10:38 (37.8%)	5:34	10.8 (62.8%)
59	<b>DESZCZ Radosław</b>	<b>17</b>	CZARNI SŁUPSK	OPEN -M	30				<b>00:28:00.24</b>	+00:10:39 (37.9%)	5:36	10.7 (62.2%)
60	<b>RECKI Adam</b>	<b>66</b>		Powiat - M	26	Tak	Tak		<b>00:28:27.77</b>	+00:11:06 (38.9%)	5:41	10.5 (61.0%)
61	<b>WIECZOREK Jacek</b>	<b>92</b>		Powiat - M	27	Tak	Tak		<b>00:28:22.83</b>	+00:11:08 (38.9%)	5:40	10.6 (61.6%)
62	<b>TELESIEWICZ Henryk</b>	<b>82</b>	KB SPOKO	Powiat - M	28	Tak	Tak		<b>00:28:48.50</b>	+00:11:29 (39.7%)	5:45	10.4 (60.5%)
63	<b>BIŃCZYK Piotr</b>	<b>5</b>	BINIOL DREAM TEAM	Powiat - M	29	Tak	Tak		<b>00:28:58.08</b>	+00:11:40 (40.1%)	5:47	10.4 (60.5%)
64	<b>KURAK Jakub</b>	<b>49</b>		OPEN -M	31				<b>00:32:21.10</b>	+00:15:00 (46.2%)	6:28	9.3 (54.1%)
65	<b>KOT Krystian</b>	<b>41</b>	SKSK PIEKŁO PÓŁNOCY	OPEN -M	32				<b>00:35:50.46</b>	+00:18:29 (51.4%)	7:10	8.4 (48.8%)
66	<b>ANGROT Marcin</b>	<b>2</b>		OPEN -M	33				<b>00:38:04.62</b>	+00:20:47 (54.3%)	7:36	7.9 (45.9%)
67	<b>SANTAREK Wojciech</b>	<b>72</b>		OPEN -M	34				<b>00:42:48.80</b>	+00:37:09 (68.0%)	8:33	7 (40.7%)
68	<b>WAŚ Krzysztof</b>	<b>91</b>		OPEN -M	35				<b>00:55:30.28</b>	+00:38:12 (68.6%)	11:06	5.4 (31.4%)

Znaleziono 68 wynik(ów)