

Organizator: Ośrodek Sportu i Rekreacji w Sławnie
Data: 2016-05-14
Miejsce: Sławno
Dystans: 10 km



Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	0.07km	3.38km	6.69km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KOZŁOWSKI Jerzy	152	GTS CZ. DĄBRÓWKA	M-50	1	00:00:13	00:13:14	00:26:40	00:40:32.85	00:40:32.85		4:03	14.8 (100%)
2	WILKOWSKI Wojciech	350	SSI AKTYWNI DAMNICA	M-50	2	00:00:19	00:13:48	00:27:37	00:41:22.70	00:41:22.70	+00:00:49 (2.0%)	4:08	14.5 (98.0%)
3	NAGÓREK Krzysztof	218	TUPOT USTKA	M-50	3	00:00:14	00:13:53	00:27:48	00:41:32.45	00:41:32.45	+00:00:59 (2.4%)	4:09	14.4 (97.3%)
4	BŁASZCZYK Tadeusz	19		M-50	4	00:00:19	00:13:57	00:28:03	00:42:04.05	00:42:04.05	+00:01:31 (3.6%)	4:12	14.3 (96.6%)
5	DANIŁOW Andrrij	396		M-50	5	00:00:13	00:14:47	00:29:07	00:42:39.55	00:42:39.55	+00:02:06 (5.0%)	4:15	14.1 (95.3%)
6	CZAJA Andrzej	42	UKS"EKONOMIK-MARATOŃCZYK"ŁĘBORK	M-50	6	00:00:14	00:13:52	00:28:21	00:44:02.50	00:44:02.50	+00:03:29 (7.9%)	4:24	13.6 (91.9%)
7	PIŁCZYŃSKI Zbigniew	108		M-50	7	00:00:20	00:14:30	00:29:21	00:44:07.10	00:44:07.10	+00:03:34 (8.1%)	4:24	13.6 (91.9%)
8	KUBIŃSKI Rafał	163	ALLIANZ RUNNING TEAM	M-50	8	00:00:20	00:14:13	00:29:06	00:44:28.35	00:44:28.35	+00:03:55 (8.8%)	4:26	13.5 (91.2%)
9	WITKOWSKI Krzysztof	355	MKS ŚWIĘC SM WYBRZEŻE SŁAWNO	M-50	9	00:00:19	00:14:53	00:30:05	00:45:10.10	00:45:10.10	+00:04:37 (10.2%)	4:31	13.3 (89.9%)
10	ŚWIETLIK Tomasz	322		M-50	10	00:00:22	00:15:37	00:31:13	00:46:38.20	00:46:38.20	+00:06:05 (13.1%)	4:39	12.9 (87.2%)
11	SZYMCZEWSKI Dariusz	318		M-50	11	00:00:27	00:16:02	00:32:17	00:48:01.40	00:48:01.40	+00:07:28 (15.6%)	4:48	12.5 (84.5%)
12	SCHWARZ Ludwik	397		M-50	12	00:00:18	00:16:32	00:32:38	00:48:25.30	00:48:25.30	+00:07:52 (16.3%)	4:50	12.4 (83.8%)
13	KRUSZYŃSKI Stanisław	160	DARŁOWOBIEGA	M-50	13	00:00:35	00:16:30	00:32:47	00:48:53.10	00:48:53.10	+00:08:20 (17.1%)	4:53	12.3 (83.1%)
14	MALINOWSKI Adam	189	MKS ŚWIĘC SŁAWNO	M-50	14	00:00:21	00:16:22	00:33:32	00:50:27.65	00:50:27.65	+00:09:54 (19.6%)	5:02	11.9 (80.4%)
15	RUTKOWSKI Ryszard	272		M-50	15	00:00:20	00:16:43	00:33:43	00:50:32.45	00:50:32.45	+00:09:59 (19.8%)	5:03	11.9 (80.4%)

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16	KOPERSKI Jan	141	MKS ŚWIĘC SŁAWNO	M-50	16	00:00:27	00:16:32	00:33:41	00:50:41.90	00:50:41.90	+00:10:09 (20.0%)	5:04	11.8 (79.7%)
17	TWOREK Józef	330	ŚWIĘC SŁAWNO	M-50	17	00:00:19	00:16:40	00:33:45	00:50:55.65	00:50:55.65	+00:10:22 (20.4%)	5:05	11.8 (79.7%)
18	KAWECKI Józef	130		M-50	18	00:00:23	00:17:53	00:35:40	00:53:37.15	00:53:37.15	+00:13:04 (24.4%)	5:21	11.2 (75.7%)
19	BUTOWICZ Adam	35		M-50	19	00:00:29	00:18:23	00:37:03	00:55:54.30	00:55:54.30	+00:15:21 (27.5%)	5:35	10.7 (72.3%)
20	JAROCKI Tomasz	109		M-50	20	00:00:14	00:17:50	00:36:51	00:56:06.25	00:56:06.25	+00:15:33 (27.7%)	5:36	10.7 (72.3%)
21	JANOWICZ Jerzy	395		M-50	21	00:00:12	00:16:20				+00:03:05	4:49	12.4 (83.8%)

Znaleziono 21 wynik(ów)