

Organizator: Ośrodek Sportu i Rekreacji w Sławnie
Data: 2016-05-14
Miejsce: Sławno
Dystans: 10 km



Klasyfikacja: M-60

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	0.07km	3.38km	6.69km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	CHUDY Henryk	40	K SOLSZEWSKI I SYNOWIE	M-60	1	00:00:16	00:12:52	00:25:48	00:38:58.40	00:38:58.40		3:53	15.4 (100%)
2	DĘGA Ryszard	58	TUPOT USTKA	M-60	2	00:00:17	00:13:52	00:27:51	00:42:01.20	00:42:01.20	+00:03:02 (7.3%)	4:12	14.3 (92.9%)
3	BONDARENKO Jan	22	BIEGAJŁO	M-60	3	00:00:21	00:15:11	00:29:53	00:44:22.75	00:44:22.75	+00:05:24 (12.2%)	4:26	13.5 (87.7%)
4	TELESIEWICZ Henryk	324	KLUB WIELKA STOPA	M-60	4	00:00:16	00:14:47	00:30:23	00:46:01.20	00:46:01.20	+00:07:02 (15.3%)	4:36	13 (84.4%)
5	STRZELECKI Zbigniew	305	KORZYBSKIE REKINY	M-60	5	00:00:25	00:15:49	00:31:22	00:46:24.75	00:46:24.75	+00:07:26 (16.0%)	4:38	12.9 (83.8%)
6	KLASA Jan	134		M-60	6	00:00:28	00:15:50	00:31:13	00:47:12.85	00:47:12.85	+00:08:14 (17.5%)	4:43	12.7 (82.5%)
7	KAZUSEK Jan	380	BRYZA POSTOMINO	M-60	7	00:00:24	00:16:22	00:32:15	00:48:26.45	00:48:26.45	+00:09:28 (19.5%)	4:50	12.4 (80.5%)
8	NOREK Ryszard	222		M-60	8	00:00:34	00:17:10	00:34:10	00:51:22.80	00:51:22.80	+00:12:24 (24.1%)	5:08	11.7 (76.0%)
9	PIETRZYCKI Andrzej	242	NIEZRZESZONY	M-60	9	00:00:32	00:17:48	00:34:52	00:51:41.05	00:51:41.05	+00:12:42 (24.6%)	5:10	11.6 (75.3%)
10	RĄCZKOWSKI Włodzimierz	12		M-60	10	00:00:35	00:17:20	00:34:40	00:51:53.55	00:51:53.55	+00:12:55 (24.9%)	5:11	11.6 (75.3%)
11	SZOKALSKI Wojciech	398		M-60	11	00:00:19	00:16:51	00:34:44	00:53:11.20	00:53:11.20	+00:14:12 (26.7%)	5:19	11.3 (73.4%)
12	POZORSKI Zbigniew	253	NIGHT RUNNERS SŁUPSK	M-60	12	00:00:23	00:17:35	00:35:42	00:54:09.55	00:54:09.55	+00:15:11 (28.0%)	5:24	11.1 (72.1%)
13	CZECH Roman	44	KB.GOCH	M-60	13	00:00:32	00:17:54	00:35:51	00:54:42.65	00:54:42.65	+00:15:44 (28.8%)	5:28	11 (71.4%)

Znaleziono 13 wynik(ów)