



XX BIEG WENEDÓW - 10 KM

B4SPORT

Wydarzenie: XX BIEG WENEDÓW
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2022-10-08
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 8,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Lap_1 0.75km	Lap_1 2km	Lap_1 2.75km	Lap_2 4km	Lap_1 4.75km	Lap_3 6km	Lap_1 6.75km	Lap_5 8km
1	RUDNIK Krzysztof	56		M40-49	00:02:46	00:07:03	00:10:04	00:14:44	00:17:31	00:22:16	00:25:04	00:29:46
2	LASAK Konrad	37		M18-29	00:02:45	00:07:29	00:10:04	00:14:44	00:17:31	00:22:15	00:25:03	00:29:46
3	RYBARCZYK Jan	57	ŻYJ Z ENERGIA	M50-59	00:02:45	00:07:28	00:10:10	00:14:54	00:17:39	00:22:26	00:25:12	00:29:59
4	MAZUR Jurir	77		M40-49	00:03:08	00:05:59	00:11:05	00:14:03	00:19:16	00:22:15	00:27:33	00:30:42
5	FEDORCZAK Łukasz	22	BIEGOLAS KOSZALIN	M30-39	00:02:47	00:07:30	00:10:18	00:15:11	00:18:01	00:22:58	00:25:50	00:30:48
6	MACKOJĆ Krzysztof	42	EL-MACKOJĆ	M40-49	00:02:47	00:07:31	00:10:19	00:15:11	00:18:02	00:22:06	00:25:50	00:30:48
7	NEJMAN Jerzy	45		M30-39	00:02:46	00:07:30	00:10:18	00:15:12	00:18:04	00:23:10	00:26:10	00:31:30
8	KLIMOWICZ Michał	28		M30-39	00:02:49	00:07:51	00:10:48	00:15:54	00:18:53	00:23:58	00:26:55	00:32:02
9	PICK Tomasz	51	BIEGOLAS KOSZALIN	M50-59	00:02:50	00:07:51	00:10:48	00:15:56	00:18:56	00:24:07	00:27:07	00:32:21
10	XXXXXXXX Tomek	69		M30-39	00:02:49	00:07:33	00:10:28	00:15:54	00:18:55	00:23:03	00:27:27	00:33:01
11	KOZIEŁ Paweł	32	KĘPKA TEAM	M40-49	00:02:53	00:07:58	00:11:01	00:16:18	00:19:24	00:24:43	00:27:51	00:33:10
12	MACIEJCZYK Mateusz	40		M30-39	00:02:58	00:08:24	00:11:35	00:17:11	00:20:26	00:26:05	00:29:20	00:34:50
13	MOSZYŃSKI Jacek	44	TKKF KOSZALIN	M50-59	00:03:07	00:08:35	00:11:51	00:17:24	00:20:42	00:26:14	00:29:30	00:35:05
14	KORCZYŃSKI Sławomir	29	SAPKID.PL	M30-39	00:02:59	00:08:20	00:11:31	00:17:18	00:20:37	00:26:13	00:29:32	00:35:26
15	SUCHANOWSKI Zygmunt	60	RESPECT LOTYŃ	M50-59	00:02:58	00:08:27	00:11:44	00:17:31	00:20:54	00:26:44	00:30:08	00:36:03
16	KOŚCIELNIAK Robert	75	TKKF KOSZALIN	M50-59	00:03:07	00:08:36	00:11:51	00:17:36	00:20:57	00:26:50	00:30:17	00:36:10
17	OLSZAK Jakub	50		M16-17	00:03:08	00:08:43	00:12:03	00:17:56	00:21:17	00:27:06	00:30:33	00:36:29
18	CHWALEBA Maciek	16	8PPLOT	M30-39	00:03:31	00:09:13	00:12:19	00:17:53	00:21:05	00:27:07	00:30:27	00:36:36
19	CHUDY Henryk	14	KS OLSZEWSKI I SYNOWIE	M60-69	00:03:01	00:08:49	00:12:07	00:18:03	00:21:27	00:27:32	00:31:00	00:37:08
20	BOREJKO Łukasz	7		M30-39	00:03:20	00:09:15	00:12:36	00:18:39	00:22:09	00:28:08	00:31:36	00:37:47
21	DZIKOŃ Rafał	21	RAFTER-RUN	M40-49	00:03:32	00:09:23	00:12:48	00:18:45	00:22:10	00:28:14	00:31:46	00:37:53
22	BRZEZIŃSKI Paweł	9	IRONDAD	M40-49	00:03:14	00:09:08	00:12:30	00:18:41	00:22:11	00:28:18	00:31:47	00:37:56
23	PIEKUTOWSKI Artur	52		M40-49	00:03:09	00:08:58	00:12:23	00:18:26	00:21:57	00:28:08	00:31:43	00:37:57
24	SZMID Tomasz	63		M30-39	00:03:43	00:09:51	00:13:20	00:19:25	00:22:55	00:28:48	00:32:16	00:38:10
25	KRZEWIŃSKA Małgorzata	33	TKKF KOSZALIN	K60+	00:03:24	00:09:29	00:13:00	00:19:07	00:22:35	00:28:42	00:32:15	00:38:14
26	ADASZYŃSKI Wiesław	1	BIEGOLASKOSZALIN	M50-59	00:02:57	00:08:50	00:12:16	00:18:27	00:22:02	00:28:24	00:32:05	00:38:17
27	SKOWYRSKI Janusz	58	TKKF BIEGOLAS KOSZALIN	M60-69	00:03:16	00:09:11	00:12:41	00:18:51	00:22:29	00:28:40	00:32:14	00:38:30
28	ŻYSZKIEWICZ Piotr	74	ROZBIEGANA USTKA	M50-59	00:03:41	00:09:54	00:13:26	00:19:30	00:23:05	00:29:05	00:32:34	00:38:32

Msc	Zawodnik	Numer	Klub	Kategoria	Lap_1 0.75km	Lap_1 2km	Lap_1 2.75km	Lap_2 4km	Lap_1 4.75km	Lap_3 6km	Lap_1 6.75km	Lap_5 8km
29	LESZCZEŁOWSKI Piotr	38	SHELTIES RACE	M40-49	00:03:38	00:09:38	00:13:12	00:19:16	00:22:48	00:28:58	00:32:35	00:38:50
30	JANKOJĆ Dominik	25		M40-49	00:03:25	00:09:29	00:13:02	00:19:14	00:22:51	00:29:02	00:32:40	00:38:55
31	STENKA Rafał	59		M30-39	00:03:07	00:08:56	00:12:24	00:18:46	00:22:25	00:28:55	00:32:37	00:39:09
32	SUDER-MAKSYMOWICZ Grzegorz	62		M40-49	00:03:19	00:09:25	00:12:57	00:19:08	00:22:40	00:28:56	00:32:41	00:39:14
33	DĄBROWSKA Alicja	17	TKKF KOSZALIN	K50-59	00:03:34	00:09:45	00:13:25	00:19:44	00:23:22	00:29:02	00:33:10	00:39:22
34	MAZUR Mirosław	43	TKKF KOSZALIN	M50-59	00:03:23	00:09:27	00:13:00	00:19:11	00:22:50	00:29:09	00:32:50	00:39:26
35	CHUDZIK Zbigniew	15	TKKF KOSZALIN	M60-69	00:03:23	00:09:34	00:13:06	00:19:23	00:23:05	00:29:29	00:33:10	00:39:42
36	GRUNWALD Karolina	23		K30-39	00:03:20	00:09:14	00:12:43	00:19:05	00:22:52	00:29:30	00:33:11	00:39:56
37	ZALIŃSKA Aneta	70	ROZBIEGANA USTKA	K40-49	00:03:44	00:10:05	00:13:45	00:19:58	00:23:36	00:30:02	00:33:41	00:40:04
38	BUKIET Paweł	11		M40-49	00:03:25	00:09:36	00:13:13	00:19:36	00:23:20	00:30:00	00:33:52	00:40:46
39	KASPRZYK Bogdan	27		M40-49	00:03:36	00:09:56	00:13:41	00:20:07	00:23:56	00:30:28	00:34:20	00:40:59
40	WOJDA Paulina	66		K30-39	00:03:36	00:09:55	00:13:35	00:20:14	00:24:03	00:30:44	00:34:35	00:41:27
41	DRULIK-HOŁUB Marta	20		K40-49	00:03:41	00:10:06	00:13:50	00:20:19	00:24:09	00:30:48	00:34:40	00:41:28
42	BOGACKA Lucyna	6	TKKF KOSZALIN	K60+	00:03:42	00:10:11	00:13:59	00:20:35	00:24:26	00:31:01	00:34:56	00:41:40
43	OLSZAK Grzegorz	49		M40-49	00:03:39	00:10:12	00:14:01	00:20:47	00:24:43	00:31:39	00:35:30	00:42:19
44	KUROWSKI Marcin	36	SHELTIES RACE	M40-49	00:03:56	00:10:47	00:14:39	00:21:30	00:25:19	00:32:05	00:35:54	00:42:44
45	WYSOCZAŃSKI Daniel	68	ROZBIEGANA USTKA	M40-49	00:03:44	00:10:19	00:14:10	00:20:52	00:24:53	00:31:48	00:35:52	00:42:47
46	WOJCIECHOWSKA Kasia	65		K30-39	00:03:24	00:09:59	00:13:54	00:20:57	00:24:58	00:31:53	00:35:57	00:42:48
47	KUROWSKA Olga	35	SHELTIES RACE	K40-49	00:03:57	00:10:48	00:14:40	00:21:31	00:25:21	00:32:06	00:35:58	00:42:50
48	DRELISZAK Mariusz	19	17. WOG KOSZALIN	M40-49	00:03:22	00:09:32	00:13:07	00:20:06	00:24:07	00:31:22	00:35:33	00:42:52
49	ANTKOWIAK Joanna	2	#BIEGAJLESZNO	K40-49	00:03:54	00:10:45	00:14:39	00:21:29	00:25:19	00:32:04	00:35:58	00:43:07
50	MACKIW Michał	41		M18-29	00:03:32	00:09:54	00:13:49	00:20:34	00:24:42	00:31:49	00:35:54	00:43:11
51	RADZIMSKI Marcel	55		M18-29	00:03:28	00:09:39	00:13:19	00:20:24	00:24:31	00:32:09	00:36:26	00:44:19
52	ZAWISKA Anna	71		K30-39	00:03:43	00:10:31	00:14:32	00:21:52	00:25:55	00:32:54	00:37:10	00:44:25
53	KOZŁOWIECKI Waldemar	76		M70+	00:03:48	00:10:48	00:14:59	00:22:06	00:26:02	00:33:10	00:37:15	00:44:39
54	LISZTWAN Anna	39		K30-39	00:04:03	00:11:29	00:15:37	00:22:34	00:26:31	00:33:26	00:37:26	00:44:54
55	PIETRYKA Artur	53	KARLINOBIEGAJ	M40-49	00:03:43	00:10:45	00:14:52	00:22:23	00:26:33	00:33:59	00:38:22	00:46:20
56	JUSZCZAK Krzysztof	26		M60-69	00:03:56	00:10:55	00:15:09	00:22:34	00:26:56	00:34:30	00:38:54	00:46:24
57	WYSOCKA Urszula	67	SPORTOWE BIELICE	K30-39	00:03:39	00:10:45	00:14:49	00:22:25	00:26:37	00:34:11	00:38:31	00:46:24
58	CHRYSTOFIAK Janina	13		K40-49	00:04:06	00:11:57	00:16:22	00:23:58	00:28:09	00:35:41	00:40:07	00:47:33
59	BUSZAC Paweł	12		M30-39	00:04:11	00:11:36	00:16:00	00:23:39	00:28:09	00:35:38	00:40:06	00:47:35
60	PLESIEWICZ Tomasz	54	TKKF KOSZALIN	M50-59	00:04:13	00:11:37	00:15:46	00:23:41	00:28:12	00:36:20	00:40:55	00:48:37
61	BROWKA Anna	8	SHELTIES RACE	K40-49	00:04:02	00:11:32	00:15:43	00:23:43	00:28:13	00:36:21	00:40:57	00:48:39
62	SUDER-MAKSYMOWICZ Monika	61		K40-49	00:04:15	00:11:59	00:16:28	00:24:01	00:28:32	00:36:14	00:40:58	00:48:54
63	ŻYSZKIEWICZ Izabela	73	ROZBIEGANA USTKA	K50-59	00:04:11	00:11:55	00:16:16	00:24:05	00:28:42	00:36:45	00:41:13	00:48:58
64	BEDNARZ Katarzyna	3	NESSI TEAM	K40-49	00:04:07	00:11:54	00:16:16	00:24:11	00:28:44	00:36:48	00:41:23	00:49:34
65	KUKLIŃSKA Beata	34	DREAM TEAM	K40-49	00:04:06	00:11:57	00:16:22	00:25:10	00:30:01	00:39:06	00:43:55	00:52:59
66	KOSMAN Piotr	31	EKIPA Z TARNOWA	M40-49	00:04:14	00:12:12	00:16:54	00:25:27	00:30:19	00:39:04	00:44:08	00:53:14
67	KOSMAN Katarzyna	30		K40-49	00:04:14	00:12:12	00:16:54	00:25:27	00:30:20	00:39:06	00:44:10	00:53:16
68	OLCZYKOWSKI Bartosz	48	WILLA BLANKA	M40-49	00:04:38	00:13:04	00:18:08	00:27:15	00:32:31	00:41:52	00:47:06	00:56:07
69		100		Drużyna								

Znaleziono 69 wynik(ów)