



# XX BIEG WENEDÓW - 10 KM

B4SPORT

**Wydarzenie:** XX BIEG WENEDÓW  
**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2022-10-08  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 8,8 km

Msc	Zawodnik	Numer	Klub	Kategoria	Lap_1 0.75km	Lap_1 2km	Lap_1 2.75km	Lap_2 4km	Lap_1 4.75km	Lap_3 6km	Lap_1 6.75km	Lap_5 8km	Lap_5 8.75km
1	LASAK Konrad	37		M18-29	00:02:45	00:07:29	00:10:04	00:14:44	00:17:31	00:22:15	00:25:03	00:29:46	00:32:30
2	RUDNIK Krzysztof	56		M40-49	00:02:46	00:07:03	00:10:04	00:14:44	00:17:31	00:22:16	00:25:04	00:29:46	00:32:31
3	RYBARCZYK Jan	57	ŻYJ Z ENERGIA	M50-59	00:02:45	00:07:28	00:10:10	00:14:54	00:17:39	00:22:26	00:25:12	00:29:59	00:32:45
4	FEDORCZAK Łukasz	22	BIEGOLAS KOSZALIN	M30-39	00:02:47	00:07:30	00:10:18	00:15:11	00:18:01	00:22:58	00:25:50	00:30:48	00:33:39
5	MACKOJC Krzysztof	42	EL-MACKOJC	M40-49	00:02:47	00:07:31	00:10:19	00:15:11	00:18:02	00:22:06	00:25:50	00:30:48	00:33:39
6	NEJMAN Jerzy	45		M30-39	00:02:46	00:07:30	00:10:18	00:15:12	00:18:04	00:23:10	00:26:10	00:31:30	00:34:30
7	KLIMOWICZ Michał	28		M30-39	00:02:49	00:07:51	00:10:48	00:15:54	00:18:53	00:23:58	00:26:55	00:32:02	00:35:00
8	PICK Tomasz	51	BIEGOLAS KOSZALIN	M50-59	00:02:50	00:07:51	00:10:48	00:15:56	00:18:56	00:24:07	00:27:07	00:32:21	00:35:24
9	XXXXXXX Tomek	69		M30-39	00:02:49	00:07:33	00:10:28	00:15:54	00:18:55	00:23:03	00:27:27	00:33:01	00:36:15
10	KOZIEŁ Paweł	32	KĘPKA TEAM	M40-49	00:02:53	00:07:58	00:11:01	00:16:18	00:19:24	00:24:43	00:27:51	00:33:10	00:36:16
11	MAZUR Jurir	77		M40-49	00:03:08	00:05:59	00:11:05	00:14:03	00:19:16	00:22:15	00:27:33	00:30:42	00:37:00
12	MACIEJCZYK Mateusz	40		M30-39	00:02:58	00:08:24	00:11:35	00:17:11	00:20:26	00:26:05	00:29:20	00:34:50	00:38:01
13	MOSZYŃSKI Jacek	44	TKKF KOSZALIN	M50-59	00:03:07	00:08:35	00:11:51	00:17:24	00:20:42	00:26:14	00:29:30	00:35:05	00:38:20
14	KORCZYŃSKI Sławomir	29	SAPKID.PL	M30-39	00:02:59	00:08:20	00:11:31	00:17:18	00:20:37	00:26:13	00:29:32	00:35:26	00:38:52
15	SUCHANOWSKI Zygmunt	60	RESPECT LOTYŃ	M50-59	00:02:58	00:08:27	00:11:44	00:17:31	00:20:54	00:26:44	00:30:08	00:36:03	00:39:29
16	KOŚCIELNIAK Robert	75	TKKF KOSZALIN	M50-59	00:03:07	00:08:36	00:11:51	00:17:36	00:20:57	00:26:50	00:30:17	00:36:10	00:39:30
17	OLSZAK Jakub	50		M16-17	00:03:08	00:08:43	00:12:03	00:17:56	00:21:17	00:27:06	00:30:33	00:36:29	00:39:52
18	CHWALEBA Maciek	16	8PLOT	M30-39	00:03:31	00:09:13	00:12:19	00:17:53	00:21:05	00:27:07	00:30:27	00:36:36	00:39:55
19	CHUDY Henryk	14	KS OLSZEWSKI I SYNOWIE	M60-69	00:03:01	00:08:49	00:12:07	00:18:03	00:21:27	00:27:32	00:31:00	00:37:08	00:40:39
20	DZIKOŃ Rafał	21	RAFTER-RUN	M40-49	00:03:32	00:09:23	00:12:48	00:18:45	00:22:10	00:28:14	00:31:46	00:37:53	00:41:24
21	BOREJKO Łukasz	7		M30-39	00:03:20	00:09:15	00:12:36	00:18:39	00:22:09	00:28:08	00:31:36	00:37:47	00:41:26
22	BRZEZIŃSKI Paweł	9	IRONDAD	M40-49	00:03:14	00:09:08	00:12:30	00:18:41	00:22:11	00:28:18	00:31:47	00:37:56	00:41:28
23	SZMID Tomasz	63		M30-39	00:03:43	00:09:51	00:13:20	00:19:25	00:22:55	00:28:48	00:32:16	00:38:10	00:41:30
24	PIEKUTOWSKI Artur	52		M40-49	00:03:09	00:08:58	00:12:23	00:18:26	00:21:57	00:28:08	00:31:43	00:37:57	00:41:33
25	KRZEWIŃSKA Małgorzata	33	TKKF KOSZALIN	K60+	00:03:24	00:09:29	00:13:00	00:19:07	00:22:35	00:28:42	00:32:15	00:38:14	00:41:43
26	ŻYSZKIEWICZ Piotr	74	ROZBIEGANA USTKA	M50-59	00:03:41	00:09:54	00:13:26	00:19:30	00:23:05	00:29:05	00:32:34	00:38:32	00:42:00
27	ADASZYŃSKI Wiesław	1	BIEGOLASKOSZALIN	M50-59	00:02:57	00:08:50	00:12:16	00:18:27	00:22:02	00:28:24	00:32:05	00:38:17	00:42:04
28	SKOWYRSKI Janusz	58	TKKF BIEGOLAS KOSZALIN	M60-69	00:03:16	00:09:11	00:12:41	00:18:51	00:22:29	00:28:40	00:32:14	00:38:30	00:42:06

Msc	Zawodnik	Numer	Klub	Kategoria	Lap_1 0.75km	Lap_1 2km	Lap_1 2.75km	Lap_2 4km	Lap_1 4.75km	Lap_3 6km	Lap_1 6.75km	Lap_5 8km	Lap_5 8.75km
29	<b>LESZCZEŁOWSKI Piotr</b>	<b>38</b>	SHELTIES RACE	M40-49	00:03:38	00:09:38	00:13:12	00:19:16	00:22:48	00:28:58	00:32:35	00:38:50	00:42:23
30	<b>JANKOJC Dominik</b>	<b>25</b>		M40-49	00:03:25	00:09:29	00:13:02	00:19:14	00:22:51	00:29:02	00:32:40	00:38:55	00:42:32
31	<b>DĄBROWSKA Alicja</b>	<b>17</b>	TKKF KOSZALIN	K50-59	00:03:34	00:09:45	00:13:25	00:19:44	00:23:22	00:29:02	00:33:10	00:39:22	00:42:56
32	<b>STENKA Rafał</b>	<b>59</b>		M30-39	00:03:07	00:08:56	00:12:24	00:18:46	00:22:25	00:28:55	00:32:37	00:39:09	00:42:57
33	<b>SUDER-MAKSYMOWICZ Grzegorz</b>	<b>62</b>		M40-49	00:03:19	00:09:25	00:12:57	00:19:08	00:22:40	00:28:56	00:32:41	00:39:14	00:42:58
34	<b>MAZUR Mirosław</b>	<b>43</b>	TKKF KOSZALIN	M50-59	00:03:23	00:09:27	00:13:00	00:19:11	00:22:50	00:29:09	00:32:50	00:39:26	00:43:13
35	<b>CHUDZIK Zbigniew</b>	<b>15</b>	TKKF KOSZALIN	M60-69	00:03:23	00:09:34	00:13:06	00:19:23	00:23:05	00:29:29	00:33:10	00:39:42	00:43:33
36	<b>GRUNWALD Karolina</b>	<b>23</b>		K30-39	00:03:20	00:09:14	00:12:43	00:19:05	00:22:52	00:29:30	00:33:11	00:39:56	00:43:38
37	<b>ZALIŃSKA Aneta</b>	<b>70</b>	ROZBIEGANA USTKA	K40-49	00:03:44	00:10:05	00:13:45	00:19:58	00:23:36	00:30:02	00:33:41	00:40:04	00:43:49
38	<b>BUKIET Paweł</b>	<b>11</b>		M40-49	00:03:25	00:09:36	00:13:13	00:19:36	00:23:20	00:30:00	00:33:52	00:40:46	00:44:44
39	<b>KASPRZYK Bogdan</b>	<b>27</b>		M40-49	00:03:36	00:09:56	00:13:41	00:20:07	00:23:56	00:30:28	00:34:20	00:40:59	00:45:00
40	<b>WOJDA Paulina</b>	<b>66</b>		K30-39	00:03:36	00:09:55	00:13:35	00:20:14	00:24:03	00:30:44	00:34:35	00:41:27	00:45:15
41	<b>DRULIK-HOŁUB Marta</b>	<b>20</b>		K40-49	00:03:41	00:10:06	00:13:50	00:20:19	00:24:09	00:30:48	00:34:40	00:41:28	00:45:20
42	<b>BOGACKA Lucyna</b>	<b>6</b>	TKKF KOSZALIN	K60+	00:03:42	00:10:11	00:13:59	00:20:35	00:24:26	00:31:01	00:34:56	00:41:40	00:45:36
43	<b>OLSZAK Grzegorz</b>	<b>49</b>		M40-49	00:03:39	00:10:12	00:14:01	00:20:47	00:24:43	00:31:39	00:35:30	00:42:19	00:46:10
44	<b>KUROWSKI Marcin</b>	<b>36</b>	SHELTIES RACE	M40-49	00:03:56	00:10:47	00:14:39	00:21:30	00:25:19	00:32:05	00:35:54	00:42:44	00:46:39
45	<b>WYSOCZAŃSKI Daniel</b>	<b>68</b>	ROZBIEGANA USTKA	M40-49	00:03:44	00:10:19	00:14:10	00:20:52	00:24:53	00:31:48	00:35:52	00:42:47	00:46:48
46	<b>KUROWSKA Olga</b>	<b>35</b>	SHELTIES RACE	K40-49	00:03:57	00:10:48	00:14:40	00:21:31	00:25:21	00:32:06	00:35:58	00:42:50	00:46:51
47	<b>WOJCIECHOWSKA Kasia</b>	<b>65</b>		K30-39	00:03:24	00:09:59	00:13:54	00:20:57	00:24:58	00:31:53	00:35:57	00:42:48	00:46:53
48	<b>DRELISZAK Mariusz</b>	<b>19</b>	17. WOG KOSZALIN	M40-49	00:03:22	00:09:32	00:13:07	00:20:06	00:24:07	00:31:22	00:35:33	00:42:52	00:46:56
49	<b>ANTKOWIAK Joanna</b>	<b>2</b>	#BIEGAJLESZNO	K40-49	00:03:54	00:10:45	00:14:39	00:21:29	00:25:19	00:32:04	00:35:58	00:43:07	00:47:03
50	<b>MACKIW Michał</b>	<b>41</b>		M18-29	00:03:32	00:09:54	00:13:49	00:20:34	00:24:42	00:31:49	00:35:54	00:43:11	00:47:34
51	<b>ZAWISKA Anna</b>	<b>71</b>		K30-39	00:03:43	00:10:31	00:14:32	00:21:52	00:25:55	00:32:54	00:37:10	00:44:25	00:48:22
52	<b>RADZIMSKI Marcel</b>	<b>55</b>		M18-29	00:03:28	00:09:39	00:13:19	00:20:24	00:24:31	00:32:09	00:36:26	00:44:19	00:48:40
53	<b>KOZŁOWIECKI Waldemar</b>	<b>76</b>		M70+	00:03:48	00:10:48	00:14:59	00:22:06	00:26:02	00:33:10	00:37:15	00:44:39	00:48:50
54	<b>LISZTWAN Anna</b>	<b>39</b>		K30-39	00:04:03	00:11:29	00:15:37	00:22:34	00:26:31	00:33:26	00:37:26	00:44:54	00:49:11
55	<b>WYSOCKA Urszula</b>	<b>67</b>	SPORTOWE BIELICE	K30-39	00:03:39	00:10:45	00:14:49	00:22:25	00:26:37	00:34:11	00:38:31	00:46:24	00:50:44
56	<b>JUSZCZAK Krzysztof</b>	<b>26</b>		M60-69	00:03:56	00:10:55	00:15:09	00:22:34	00:26:56	00:34:30	00:38:54	00:46:24	00:50:48
57	<b>PIETRYKA Artur</b>	<b>53</b>	KARLINOBIEGAJ	M40-49	00:03:43	00:10:45	00:14:52	00:22:23	00:26:33	00:33:59	00:38:22	00:46:20	00:51:07
58	<b>BUSZAC Paweł</b>	<b>12</b>		M30-39	00:04:11	00:11:36	00:16:00	00:23:39	00:28:09	00:35:38	00:40:06	00:47:35	00:51:54
59	<b>CHRYSTOFIAK Janina</b>	<b>13</b>		K40-49	00:04:06	00:11:57	00:16:22	00:23:58	00:28:09	00:35:41	00:40:07	00:47:33	00:51:57
60	<b>PLESIEWICZ Tomasz</b>	<b>54</b>	TKKF KOSZALIN	M50-59	00:04:13	00:11:37	00:15:46	00:23:41	00:28:12	00:36:20	00:40:55	00:48:37	00:52:59
61	<b>BROWKA Anna</b>	<b>8</b>	SHELTIES RACE	K40-49	00:04:02	00:11:32	00:15:43	00:23:43	00:28:13	00:36:21	00:40:57	00:48:39	00:53:00
62	<b>SUDER-MAKSYMOWICZ Monika</b>	<b>61</b>		K40-49	00:04:15	00:11:59	00:16:28	00:24:01	00:28:32	00:36:14	00:40:58	00:48:54	00:53:24
63	<b>ŻYSZKIEWICZ Izabela</b>	<b>73</b>	ROZBIEGANA USTKA	K50-59	00:04:11	00:11:55	00:16:16	00:24:05	00:28:42	00:36:45	00:41:13	00:48:58	00:53:26
64	<b>BEDNARZ Katarzyna</b>	<b>3</b>	NESSI TEAM	K40-49	00:04:07	00:11:54	00:16:16	00:24:11	00:28:44	00:36:48	00:41:23	00:49:34	00:54:26
65	<b>KUKLIŃSKA Beata</b>	<b>34</b>	DREAM TEAM	K40-49	00:04:06	00:11:57	00:16:22	00:25:10	00:30:01	00:39:06	00:43:55	00:52:59	00:58:02
66	<b>KOSMAN Piotr</b>	<b>31</b>	EKIPA Z TARNOWA	M40-49	00:04:14	00:12:12	00:16:54	00:25:27	00:30:19	00:39:04	00:44:08	00:53:14	00:58:25
67	<b>KOSMAN Katarzyna</b>	<b>30</b>		K40-49	00:04:14	00:12:12	00:16:54	00:25:27	00:30:20	00:39:06	00:44:10	00:53:16	00:58:27
68	<b>OLCZYKOWSKI Bartosz</b>	<b>48</b>	WILLA BLANKA	M40-49	00:04:38	00:13:04	00:18:08	00:27:15	00:32:31	00:41:52	00:47:06	00:56:07	01:01:23
69		<b>100</b>		Drużyna									

Znaleziono 69 wynik(ów)