



# XXI BIEG RZEŹNIKA - POMIARY INDYWIDUALNE

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Wydarzenie:** X FESTIWAL BIEGU RZEŹNIKA  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2024-05-31  
**Miejsce:** Cisna  
**Dystans:** 105 km

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	Wyjście		Czas netto 105km	Czas brutto 105km	Różn	Tempo min/km	Tempo km/h	
													HC 80.1km	105km						
1	<b>MROCZEK Karolina</b>	<b>260 X</b>	BIEG LOVE LAS	K	1	02:04:43	04:02:03	04:04:15	06:46:18	10:16:50	11:51:38	12:53:52	13:11:58					9:53	6.1 (100%)	
2	<b>ŁYCZKO Anna</b>	<b>260 Y</b>	RESOVIA	K	2	02:04:44	04:02:02	04:04:15	06:46:18	10:16:47	11:51:38	12:53:53	13:11:58					+00:00:00	9:53	6.1 (100%)
3	<b>MAMALA Justyna</b>	<b>174 Y</b>	EUROCLEAR RUNNING TEAM / PAMTRANS	K	3	01:47:24	03:21:39	03:22:16	05:33:06	08:16:51	09:34:50	10:21:15						+	7:45	7.7 (126.2%)
4	<b>ZIĘBA Sabina</b>	<b>169 X</b>	SABINA I PATRYCJA	K	4	01:56:21	03:41:00	03:43:27	06:07:15	09:19:24	10:48:12	11:52:14						+	8:54	6.7 (109.8%)
5	<b>MALECKA - LEŃ Patrycja</b>	<b>169 Y</b>	SABINA I PATRYCJA	K	5	01:56:23	03:41:00	03:43:28	06:07:15	09:19:26	10:48:16	11:52:15						+	8:54	6.7 (109.8%)
6	<b>NACZYK Marta</b>	<b>307 X</b>		K	6	01:58:22	03:40:21	03:43:31	06:09:13	09:25:10	11:01:55	12:00:01						+	9:00	6.7 (109.8%)
7	<b>PŁAZIAK-KOWALSKA Magdalena</b>	<b>236 Y</b>		K	7	02:00:04	03:49:39	03:53:48	06:19:31	09:37:11	11:11:19	12:14:59						+	9:11	6.5 (106.6%)
8	<b>WASIELAK Joanna</b>	<b>117 X</b>	DABROWSKI TEAM	K	8	01:56:25	03:46:14	03:52:04	06:24:14	09:54:21	11:38:57	12:45:29						+	9:34	6.3 (103.3%)
9	<b>ŚWIĄTEK Anna</b>	<b>173 X</b>	ALPIN SPORT TEAM	K	9	02:02:49	03:53:10	03:58:16	06:32:12	10:02:05	11:48:55	12:48:05						+	9:36	6.2 (101.6%)
10	<b>RUTKOWSKA Elżbieta</b>	<b>173 Y</b>		K	10	02:02:48	03:53:11	03:58:19	06:32:10	10:02:03	11:49:19	12:48:05						+	9:36	6.2 (101.6%)
11	<b>TREFON Iwona</b>	<b>313 X</b>	LECYMY DURŚ	K	11	01:57:07	03:47:34	03:59:44	06:42:09	10:22:20	12:04:15	13:04:08						+00:10:14	9:48	6.1 (100%)
12	<b>LUTOMSKA Dorota</b>	<b>221 Y</b>	KĘSY TEAM	K	12	02:10:47	04:04:16	04:20:12	06:57:16	10:30:37	12:08:57	13:10:20						+00:16:51	9:52	6.1 (100%)
13	<b>WINIARSKA Katarzyna</b>	<b>83 X</b>		K	13	02:14:01	04:17:04	04:20:31	06:56:30	10:27:22	12:09:33	13:16:14						+00:22:29	9:57	6 (98.4%)
14	<b>ARTYM Magdalena</b>	<b>83 Y</b>		K	14	02:14:00	04:17:05	04:20:31	06:56:31	10:27:27	12:09:35	13:16:14						+00:22:29	9:57	6 (98.4%)
15	<b>JANOCHA Agnieszka</b>	<b>241 Y</b>	AMBITNI AMATORZY MYSZKÓW	K	15	02:09:59	04:02:53	04:18:53	06:54:16	10:49:47	12:40:13	13:46:20						+00:53:36	10:19	5.8 (95.1%)
16	<b>KOPCIOWSKA-WĄTROBA Joanna</b>	<b>1 Y</b>	DYNAMIT TEAM	K	16	02:07:49	04:05:52	04:13:22	07:38:43	11:13:26	13:01:57	14:00:06						+01:06:11	10:30	5.7 (93.4%)
17	<b>WODZIŃSKA Danuta</b>	<b>99 Y</b>	BIEG OPOLSKI	K	17	02:07:30	04:03:10	04:11:58	06:58:36	10:51:56	12:55:04	14:05:33						+01:11:38	10:34	5.7 (93.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Wyjście											Różn	Tempo min/km	Tempo km/h
						Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	HC 80.1km	Czas netto 105km	Czas brutto 105km				
18	<b>RYŻYŃSKA Paulina</b>	<b>160 Y</b>	BIEGAM TO CO MAŻ MI KAZAŁ	K	18	02:16:44	04:07:31	04:29:59	06:59:10	10:47:46	12:44:44	14:06:26				+01:13:42	10:34	5.7 (93.4%)	
19	<b>SYCHNIAK Agnieszka</b>	<b>165 X</b>	AKADEMIABIEGACZA.PL	K	19	02:03:34	04:03:39	04:11:32	07:00:34	10:57:24	12:56:55	14:10:03				+01:16:13	10:37	5.6 (91.8%)	
20	<b>ZDUŃCZYK Paulina</b>	<b>165 Y</b>	AKADEMIABIEGACZA.PL	K	20	02:03:32	04:03:38	04:11:30	07:00:32	10:57:24	12:56:56	14:10:03				+01:16:13	10:37	5.6 (91.8%)	
21	<b>SERAFIN-GORSZKOWSKA Paulina</b>	<b>161 X</b>	AW- SZYBCIEJ- TEAM	K	21	02:10:14	04:05:35	04:13:33	07:43:16	11:41:21	13:22:23	14:33:03				+01:39:57	10:54	5.5 (90.2%)	
22	<b>MORAS Daria</b>	<b>161 Y</b>		K	22	02:10:12	04:05:34	04:13:32	07:43:16	11:41:00	13:22:24	14:33:03				+01:39:57	10:54	5.5 (90.2%)	
23	<b>MIŁOŃ Aleksandra</b>	<b>182 Y</b>		K	23	02:13:23	04:20:19	04:24:42	07:23:23	11:34:01	13:29:45	14:37:42				+01:44:04	10:58	5.5 (90.2%)	
24	<b>KALETA Karolina</b>	<b>120 X</b>		K	24	02:05:00	04:02:25	04:18:51	06:59:53	11:03:18	13:19:38	14:39:43				+01:45:53	10:59	5.5 (90.2%)	
25	<b>FERENC-SZMUC Edyta</b>	<b>147 X</b>	KUDOWIANKA RUN	K	25	02:09:53	04:16:23	04:29:42	07:21:44	11:26:16	13:31:59	14:40:43				+01:47:49	11:00	5.5 (90.2%)	
26	<b>GALUCH Agnieszka</b>	<b>147 Y</b>		K	26	02:09:54	04:16:23	04:29:43	07:21:47	11:26:20	13:31:59	14:40:43				+01:47:49	11:00	5.5 (90.2%)	
27	<b>KOZAK Kinga</b>	<b>2 Y</b>	EKIPA	K	27	02:00:07	03:59:46	04:20:27	06:58:28	11:14:34	13:42:32	14:43:32				+01:49:49	11:02	5.4 (88.5%)	
28	<b>SZYMAŃSKA Agata</b>	<b>72 X</b>		K	28	02:22:31	04:28:56	04:40:30	07:31:58	11:23:30	13:29:42	14:45:37				+01:53:04	11:04	5.4 (88.5%)	
29	<b>RABIEJ-OLSZEWSKA Hanna</b>	<b>246 X</b>	SOBASTEAM	K	29	02:07:47	04:07:08	04:20:58	07:17:59	11:26:26	13:31:49	14:48:20				+01:54:36	11:06	5.4 (88.5%)	
30	<b>GRABOWSKA-LESISZ Aneta</b>	<b>253 X</b>		K	30	02:19:31	04:28:48	04:39:25	07:39:43	11:39:06	13:40:41	14:54:42				+02:01:24	11:11	5.4 (88.5%)	
31	<b>KOCOŃ Monika</b>	<b>248 Y</b>		K	31	02:22:11	04:34:36	04:41:27	07:41:22	11:40:32	13:34:41	14:56:34				+02:03:06	11:12	5.4 (88.5%)	
32	<b>WAŁDOWSKA Anna</b>	<b>248 X</b>		K	32	02:22:12	04:34:36	04:41:26	07:41:22	11:40:32	13:34:42	14:56:34				+02:03:06	11:12	5.4 (88.5%)	
33	<b>RATAJCZAK Dorota</b>	<b>308 Y</b>		K	33	02:20:43	04:31:21	04:59:17	07:55:59	12:01:30	14:01:44	15:05:38				+02:12:11	11:19	5.3 (86.9%)	
34	<b>ZALEWSKA Kamila</b>	<b>222 X</b>	SUT-STRASZYN ULTRA TEAM	K	34	02:10:39	04:06:24	04:11:18	06:52:06	11:28:55	13:14:50	15:07:42				+02:14:13	11:20	5.3 (86.9%)	
35	<b>ŻAK Barbara</b>	<b>201 X</b>	JURA TEAM	K	35	02:15:54	04:24:53	04:37:44	07:36:30	11:48:28	13:53:38	15:11:35				+02:18:07	11:23	5.3 (86.9%)	
36	<b>BARAN Marta</b>	<b>201 Y</b>	JURA TEAM	K	36	02:15:50	04:24:53	04:37:45	07:36:28	11:48:23	13:53:34	15:11:37				+02:18:10	11:23	5.3 (86.9%)	
37	<b>ASZYK Dagmara</b>	<b>113 Y</b>		K	37	02:23:44	04:30:33	05:02:23	08:06:20	12:17:40	14:04:18	15:14:19				+02:21:37	11:25	5.2 (85.2%)	
38	<b>MYNC Angelika</b>	<b>37 Y</b>	HTF LUDWIK SIKORSKI	K	38	02:25:51	04:38:25	04:54:05	07:50:01	11:57:29	14:02:27	15:17:16				+02:24:13	11:27	5.2 (85.2%)	
39	<b>KLEJNOWSKA-KAMIŃSKA Ilona</b>	<b>255 Y</b>		K	39	02:32:18	04:44:46	04:49:05	07:53:37	12:05:23	14:08:46	15:17:17				+02:24:17	11:27	5.2 (85.2%)	
40	<b>GORAJ-PRZYBYLSKA Dorota</b>	<b>74 Y</b>		K	40	02:31:44	04:44:46	05:19:04	08:16:01	12:18:14	14:10:01	15:18:29				+02:26:02	11:28	5.2 (85.2%)	
41	<b>KOZIOŁ Ewa</b>	<b>259 Y</b>	KB SOBÓTKA	K	41	02:21:57	04:31:37	05:00:59	07:52:04	12:06:33	14:09:45	15:19:13				+02:25:38	11:29	5.2 (85.2%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Wyjście												Tempo min/km	Tempo km/h
						15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	80.1km	105km	105km	Różn			
42	<b>ROZNEBSKA</b> Dagmara	<b>259 X</b>	KB SOBÓTKA	K	42	02:21:56	04:31:38	05:00:59	07:52:04	12:06:36	14:09:16	15:19:14					+02:25:40	11:29	5.2 (85.2%)
43	<b>STACHERA</b> Aleksandra	<b>268 Y</b>		K	43	02:15:36	04:19:12	04:45:20	07:48:56	12:03:29	14:10:07	15:23:41					+02:30:52	11:32	5.2 (85.2%)
44	<b>RZECZYCKA</b> Małgorzata	<b>82 X</b>		K	44	02:15:48	04:20:52	04:40:33	07:42:57	12:04:00	14:15:39	15:29:32					+02:35:44	11:37	5.2 (85.2%)
45	<b>KSIĄŻEK</b> Ilona	<b>39 Y</b>	RAKIETA BIEGA TEAM	K	45	02:25:02	04:37:16	04:53:30	08:02:20	12:11:55	14:08:12	15:31:17					+02:37:33	11:38	5.2 (85.2%)
46	<b>SIWIEC</b> Ewa	<b>39 X</b>	RAKIETA BIEGA TEAM	K	46	02:25:05	04:37:17	04:53:32	08:02:20	12:11:55	14:08:12	15:31:17					+02:37:33	11:38	5.2 (85.2%)
47	<b>PODRAZA</b> Kludia	<b>126 Y</b>	PĘDZĄCE ŚLIMAKI	K	47	02:14:39	04:16:06	04:27:58	07:25:35	11:50:27	14:07:56	15:32:18					+02:38:52	11:39	5.1 (83.6%)
48	<b>WASZKUĆ</b> Małgorzata	<b>11 Y</b>	BIEGNĘ ŻEBY BARTEK MÓGŁ BIEGAĆ	K	48	02:15:28	04:21:32	04:35:47	07:39:44	11:58:18	14:12:59	15:34:25					+02:40:37	11:40	5.1 (83.6%)
49	<b>OPENCHOWSKA</b> Monika	<b>67 Y</b>	PODIUM	K	49	02:20:54	04:29:31	05:00:37	08:09:41	12:21:02	14:28:24	15:39:25					+02:45:33	11:44	5.1 (83.6%)
50	<b>ŻUK</b> Wiktoria	<b>77 X</b>	#HENTTEAM	K	50	02:25:30	04:38:16	04:53:00	07:44:03	12:08:38	14:24:13	15:46:51					+02:54:04	11:50	5.1 (83.6%)
51	<b>ŻUK</b> Agata	<b>77 Y</b>	#HENTTEAM	K	51	02:25:31	04:38:15	04:53:00	07:44:02	12:08:41	14:24:14	15:46:51					+02:54:04	11:50	5.1 (83.6%)
52	<b>LECH</b> Agnieszka	<b>227 Y</b>	#ROGOZINSKITEAM	K	52	02:32:32	04:47:14	05:05:26	08:05:50	12:28:27	14:30:51	15:46:58					+02:53:13	11:50	5.1 (83.6%)
53	<b>STEFANIUK</b> Marzena	<b>210 X</b>		K	53	02:34:57	04:51:49	04:58:57	08:03:13	12:35:46	14:40:10	15:48:50					+02:56:20	11:51	5.1 (83.6%)
54	<b>WNOROWSKA</b> Magdalena	<b>41 X</b>		K	54	02:37:55	04:52:08	05:06:10	08:06:15	12:30:24	14:40:52	15:50:14					+02:57:08	11:52	5.1 (83.6%)
55	<b>KOCZUR</b> Kamila	<b>41 Y</b>		K	55	02:37:55	04:52:07	05:06:10	08:06:15	12:30:25	14:40:53	15:50:14					+02:57:08	11:52	5.1 (83.6%)
56	<b>STUWE</b> Beata	<b>69 Y</b>	PRO366	K	56	02:19:55	04:32:35	04:51:05	07:54:14	12:17:36	14:33:46	15:52:05					+02:58:19	11:54	5 (82.0%)
57	<b>MELER</b> Ula	<b>76 X</b>	INON TEAM	K	57	02:27:04	04:39:41	05:19:19	08:17:48	12:47:40	14:47:54	15:52:37					+02:59:29	11:54	5 (82.0%)
58	<b>STANISZEWSKA</b> Joanna	<b>36 Y</b>	SPC	K	58	02:30:46	04:40:47	04:54:50	07:56:08	12:58:02	14:45:04	15:53:12					+02:59:20	11:54	5 (82.0%)
59	<b>RĄB</b> Agnieszka	<b>70 Y</b>	OBA Z GLIWIC	K	59	02:36:04	04:57:12	05:23:29	08:33:05	12:54:18	14:48:47	15:54:22					+03:01:40	11:55	5 (82.0%)
60	<b>STUDNIK</b> Agnieszka	<b>277 X</b>	HURAGAN LIGOTA	K	60	02:28:00	04:43:26	04:58:04	08:01:18	12:14:03	14:23:09	15:54:24					+03:01:03	11:55	5 (82.0%)
61	<b>MALISIEWICZ</b> Anna	<b>244 Y</b>		K	61	02:36:40	04:54:17	05:22:43	08:22:39	12:45:06	14:47:31	15:55:24					+03:02:47	11:56	5 (82.0%)
62	<b>PANEK</b> Aleksandra	<b>244 X</b>		K	62	02:36:38	04:54:15	05:22:44	08:22:39	12:45:07	14:47:30	15:55:25					+03:02:47	11:56	5 (82.0%)
63	<b>SŁOMCZYŃSKA</b> Karolina	<b>242 X</b>		K	63	02:14:41	04:20:06	04:39:43	07:34:44	12:15:07	14:45:31	15:55:34					+03:02:03	11:56	5 (82.0%)
64	<b>KADE</b> Manuela	<b>100 X</b>		K	64	02:27:54	04:45:09	04:50:04	07:56:07	12:30:33	14:37:22	15:55:52					+03:02:55	11:56	5 (82.0%)
65	<b>NOWICKA</b> Katarzyna	<b>58 X</b>		K	65	02:37:23	04:58:11	05:12:23	08:12:48	12:40:10	14:48:44	15:56:03					+03:02:29	11:57	5 (82.0%)
66	<b>GÓRNY</b> Magdalena	<b>53 Y</b>	KB SUPERMARATOŃCZYK	K	66	02:27:11	04:39:13	05:01:55	08:06:32	12:28:31	14:39:56	15:56:24					+03:02:45	11:57	5 (82.0%)
67	<b>PIOTROWSKA</b> Anna	<b>127 X</b>	SPARTANIE DZIECIOM	K	67	02:29:45	04:47:23	05:05:58	08:10:35	12:34:07	14:46:25	16:11:12					+03:18:15	12:08	4.9 (80.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Wyjście												Różn	Tempo min/km	Tempo km/h
						Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	HC 80.1km	Czas netto 105km	Czas brutto 105km					
68	<b>RAFAŁ Eliza</b>	<b>311 Y</b>		K	68	02:27:05	04:45:46	05:03:58	08:18:43	12:46:33	14:50:34	16:13:28				+03:20:21	12:10	4.9 (80.3%)		
69	<b>LANGE Beata</b>	<b>311 X</b>		K	69	02:27:04	04:45:45	05:04:00	08:18:42	12:46:34	14:50:34	16:13:28				+03:20:21	12:10	4.9 (80.3%)		
70	<b>PIWOŃSKA Ada</b>	<b>218 X</b>	INTERAKTYWNI KROSTOSZOWICE	K	70	02:25:30	04:47:29	05:08:57	08:19:35	13:04:11	15:15:37	16:26:28				+03:33:14	12:19	4.9 (80.3%)		
71	<b>SUCHARZEWSKA Aneta</b>	<b>9 X</b>		K	71	02:25:07	04:34:55	04:56:05	07:50:36	12:38:08	15:08:21	16:28:08				+03:34:24	12:21	4.9 (80.3%)		
72	<b>KUKLIK Ewelina</b>	<b>312 Y</b>	SFORA BMK	K	72	02:32:52	04:47:37	05:11:53	08:18:19	12:43:11	15:05:22	16:28:38				+03:34:50	12:21	4.9 (80.3%)		
73	<b>SZARKOWSKA-LUDEW Katarzyna</b>	<b>312 X</b>	SFORA BMK	K	73	02:32:52	04:47:37	05:11:53	08:18:21	12:43:25	15:05:30	16:28:38				+03:34:50	12:21	4.9 (80.3%)		
74	<b>GRACZYK Magdalena</b>	<b>286 Y</b>	TORTUGA TEAM	K	74	02:37:07	04:57:39	05:20:57	08:35:10	13:17:08	15:27:56	16:32:48				+03:40:09	12:24	4.8 (78.7%)		
75	<b>WIĘCH Kinga</b>	<b>144 Y</b>		K	75	02:40:39	04:53:53	05:08:54	08:08:37	12:56:39	15:12:08	16:33:30				+03:39:54	12:25	4.8 (78.7%)		
76	<b>TYMOSIAK Kamila</b>	<b>17 Y</b>		K	76	02:27:00	04:38:57	05:10:56	08:20:50	12:56:32	15:16:11	16:35:24				+03:41:56	12:26	4.8 (78.7%)		
77	<b>JANIK Izabella</b>	<b>280 X</b>	KT ŻYWIEC	K	77	02:37:50	05:03:18	05:19:13	08:37:50	13:16:24	15:21:58	16:35:25				+03:42:01	12:26	4.8 (78.7%)		
78	<b>ŁAKOMA Małgorzata</b>	<b>198 X</b>	AKTYWNI UZALEŻNIAMY PŁOCK	K	78	02:32:11	04:48:21	05:15:10	08:23:42	13:04:24	15:26:26	16:40:35				+03:47:37	12:30	4.8 (78.7%)		
79	<b>ANACZKOWSKA Kamila</b>	<b>213 Y</b>		K	79	02:34:56	05:00:31	05:17:09	08:40:37	13:26:23		16:40:43				+03:48:03	12:30	4.8 (78.7%)		
80	<b>SZCZEPANIAK Agnieszka</b>	<b>176 Y</b>		K	80	02:31:14	04:52:53	05:07:31	08:19:06	13:16:13	15:28:37	16:43:18				+03:50:23	12:32	4.8 (78.7%)		
81	<b>BRZozowska Teresa</b>	<b>166 X</b>		K	81	02:32:10	04:52:16	05:07:06	08:13:49	12:59:28	15:27:19	16:44:18				+03:50:43	12:33	4.8 (78.7%)		
82	<b>ŁUSZCZ Magdalena</b>	<b>54 Y</b>	SILESIA MARATHON CLUB	K	82	02:34:21	05:00:37	05:20:10	08:39:00	13:14:53	15:30:35	16:45:00				+03:51:37	12:33	4.8 (78.7%)		
83	<b>KSEPKO Renata</b>	<b>49 X</b>	UBS	K	83	02:32:47	04:57:14	05:14:42	08:39:25	13:23:01	15:43:58	16:50:51				+03:56:56	12:38	4.7 (77.0%)		
84	<b>CAŁUS Jolanta</b>	<b>49 Y</b>	UBS	K	84	02:32:48	04:57:14	05:14:37	08:39:25	13:23:01	15:44:05	16:50:51				+03:56:56	12:38	4.7 (77.0%)		
85	<b>KUNKEL Anna</b>	<b>271 X</b>		K	85	02:33:55	05:00:17	05:11:13	08:24:36	13:10:13	15:33:15	16:51:36				+03:58:37	12:38	4.7 (77.0%)		
86	<b>DYR Dorota</b>	<b>271 Y</b>	KASZUBSKI KLUB SPORTOWY SFORA	K	86	02:33:33	05:00:17	05:11:18	08:24:38	13:10:06	15:34:21	16:51:36				+03:58:37	12:38	4.7 (77.0%)		
87	<b>CHLEBDA Zofia</b>	<b>281 Y</b>		K	87	02:54:14	05:44:45	06:05:43	09:58:03			16:52:10				+03:59:31	12:39	4.7 (77.0%)		
88	<b>MACIONCZYK Julita</b>	<b>141 X</b>		K	88	02:12:21	04:29:25	05:15:05	08:46:44	13:34:57	15:55:15	16:57:57				+04:04:14	12:43	4.7 (77.0%)		
89	<b>RZEŹNICZEK Anna</b>	<b>79 Y</b>		K	89	02:35:04	04:59:57	05:19:23	08:47:13	13:47:55	15:55:33	16:58:31				+04:05:13	12:43	4.7 (77.0%)		
90	<b>LACH Agnieszka</b>	<b>276 Y</b>		K	90	02:35:20	05:04:12	05:25:21	08:57:38	13:45:51	15:50:46	16:58:38				+04:05:05	12:43	4.7 (77.0%)		
91	<b>PATEREK Agata</b>	<b>129 X</b>		K	91	02:39:54	05:08:15	05:24:01	08:58:05	13:55:14	15:59:58	17:12:31				+04:19:46	12:54	4.6 (75.4%)		
92	<b>WASYLISZYN Bernadetta</b>	<b>129 Y</b>		K	92	02:39:55	05:08:15	05:24:02	08:58:07	13:55:15	15:59:59	17:12:32				+04:19:46	12:54	4.6 (75.4%)		

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Wyjście							Różn	Tempo min/km	Tempo km/h
						Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km			
93	<b>OLESIŃSKA Joanna</b>	<b>172 Y</b>	DRUŻYNA JEDYNKI	K	93	02:40:33	05:11:31	05:23:01	08:55:31	13:50:57	15:56:48	17:16:29	+04:23:02	12:57	4.6 (75.4%)
94	<b>GAŁECKA Dagmara</b>	<b>84 X</b>		K	94	02:51:49	05:27:36	05:39:04	09:02:51	13:51:20		17:16:56	+04:23:52	12:57	4.6 (75.4%)
95	<b>GAŁECKA - ZIÓŁKOWSKA Kinga</b>	<b>84 Y</b>		K	95	02:51:49	05:27:36	05:39:06	09:02:51	13:51:21	16:01:22	17:16:57	+04:23:53	12:57	4.6 (75.4%)
96	<b>OSIŃSKA Agnieszka</b>	<b>86 X</b>	KGHM ZG RUN	K	96	02:34:52	05:05:41	05:37:24	08:57:28	13:52:59	16:03:05	17:22:52	+04:30:06	13:02	4.6 (75.4%)
97	<b>OWCZAREK Izabela</b>	<b>86 Y</b>	KGHM ZG RUN	K	97	02:34:50	05:05:42	05:37:23	08:57:28	13:52:57	16:03:04	17:22:53	+04:30:06	13:02	4.6 (75.4%)
98	<b>LARA Natalia</b>	<b>51 X</b>	WARRIORS ŁÓDŹ	K	98	02:40:13	05:08:43	05:23:49	08:56:43	13:54:11	16:02:57	17:27:11	+04:34:20	13:05	4.6 (75.4%)
99	<b>GUMIELA Katarzyna</b>	<b>207 Y</b>	STW BAŁTYK GDYNIA	K	99	02:37:47	05:06:09	05:27:52	09:01:27	13:58:27	16:09:44	17:30:03	+04:36:25	13:07	4.6 (75.4%)
100	<b>GOŁĘDZINOWSKA Marzena</b>	<b>187 Y</b>	AKADEMIABIEGACZA.PL	K	100	02:25:44	04:43:05	05:14:23	08:47:44	13:50:13	16:06:09	17:36:18	+04:42:30	13:12	4.5 (73.8%)
101	<b>KUBALA Zuzanna</b>	<b>178 Y</b>		K	101	02:36:36	05:02:41	05:30:38	08:55:40	14:10:02	16:24:59	17:43:42	+04:49:58	13:17	4.5 (73.8%)
102	<b>MAŁCZAK Magdalena</b>	<b>75 Y</b>	IRON TEAM	K	102	02:36:01	05:10:50	05:31:54	09:00:38	13:55:00	16:10:04	17:49:23	+04:56:39	13:22	4.5 (73.8%)
103	<b>SITEK Magdalena</b>	<b>31 X</b>	ZABIEGANI CZĘSTOCHOWA	K	103	02:35:10	05:15:56	05:32:55	09:10:39	14:02:41	16:24:26	17:51:26	+04:58:00	13:23	4.5 (73.8%)
104	<b>MAŁACHOWSKA Izabela</b>	<b>8 Y</b>		K	104	02:39:13	05:12:31	05:38:00	09:12:36	14:10:46	16:16:34	17:58:44	+05:05:46	13:29	4.4 (72.1%)
105	<b>DREWICZ Kinga</b>	<b>155 Y</b>	PSSE ŻAGAŃ	K	105	02:29:16	04:49:37	05:22:10	09:03:12	14:09:48	16:26:20	17:58:51	+05:05:44	13:29	4.4 (72.1%)
106	<b>MAGNOWSKA Zaneta</b>	<b>265 Y</b>		K	106	02:30:27	04:42:01	05:16:43	08:29:39	13:38:57	16:14:10	18:10:23	+05:17:47	13:37	4.4 (72.1%)
107	<b>SARAPUK Gabrysia</b>	<b>64 Y</b>	TKKF KOSZALIN	K	107	02:31:10	04:58:56	05:36:14	09:11:46	14:25:18	16:32:19	18:19:30	+05:26:09	13:44	4.4 (72.1%)
108	<b>CHMIELEWSKA Sylwia</b>	<b>195 Y</b>	BBL LEGNICA	K	108	02:41:17	05:16:53	05:25:05	09:10:21	14:16:43	16:38:05	18:32:37	+05:39:12	13:54	4.3 (70.5%)
109	<b>MARCINIAK Anna</b>	<b>195 X</b>	BBL LEGNICA	K	109	02:41:19	05:16:50	05:25:04	09:10:19	14:16:42	16:38:07	18:32:37	+05:39:12	13:54	4.3 (70.5%)
110	<b>KRZEMPEK Bogusława</b>	<b>27 Y</b>	ULTRA BESKID SPORT	K	110	02:53:29	05:25:35	05:40:58	09:20:32	14:18:51	16:36:20	18:32:38	+05:38:43	13:54	4.3 (70.5%)
111	<b>ADAMUS Katarzyna</b>	<b>27 X</b>	ULTRA BESKID SPORT	K	111	02:53:27	05:25:34	05:40:57	09:20:30	14:18:48	16:36:21	18:32:38	+05:38:43	13:54	4.3 (70.5%)
112	<b>KAMIŃSKA Ewa</b>	<b>10 X</b>	SPRINTEX TEAM	K	112	02:36:22	05:07:32	05:38:56	09:27:51	14:41:17	17:15:25	18:46:30	+05:53:50	14:04	4.3 (70.5%)
113	<b>SZYMANIK Anna</b>	<b>283 Y</b>		K	113	02:39:35	05:05:06	05:23:09	09:02:40	14:35:08	16:59:29	18:47:22	+05:54:27	14:05	4.3 (70.5%)
114	<b>SZYMANIK Lidia</b>	<b>283 X</b>		K	114	02:39:32	05:05:04	05:23:09	09:02:37	14:35:05	16:59:30	18:47:22	+05:54:27	14:05	4.3 (70.5%)
115	<b>RESEMAN Sylwia</b>	<b>171 X</b>	POLIPACK TEAM GWE	K	115	02:52:20	05:44:37	05:56:08	09:45:18	14:36:05	17:15:36	18:50:40	+05:57:50	14:08	4.2 (68.9%)
116	<b>TADLA Izabela</b>	<b>122 Y</b>	#NOLIMITS	K	116	02:31:41	04:52:07	05:07:00	08:48:49	13:52:21	16:42:15	18:57:30	+06:05:04	14:13	4.2 (68.9%)
117	<b>SUŁUJA Jagoda</b>	<b>288 Y</b>		K	117	02:24:07	04:36:00	05:02:54	08:12:11	13:48:54	17:05:35	18:57:36	+06:04:53	14:13	4.2 (68.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak	Cisna I	Cisna II	Smerek	Roztoki	Liszna	Finish	Wyjście	Czas	Czas	Różn	Tempo	Tempo
						15.4km	32.1km	32.2km	49km	67.5km	74.7km	80km	HC	netto	brutto		min/km	km/h
	<b>KOCOT Magda</b>	<b>111 Y</b>				K	02:41:32 DNF	05:17:11 DNF	05:36:01 DNF	09:32:28 DNF	14:37:06 DNF	17:20:51 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>PODWYSOCKA Dominika</b>	<b>60 Y</b>	SUT STRASZYN			K	02:30:50 DNF	04:58:59 DNF	05:30:11 DNF	09:01:03 DNF	14:29:22 DNF	17:21:30 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>MARCINIAK Lidia</b>	<b>44 Y</b>	BIEGOWE WIÓRKI			K	02:48:58 DNF	05:25:37 DNF	05:44:51 DNF	09:36:26 DNF	14:37:08 DNF	17:35:38 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>FUCZIK Małgorzata</b>	<b>240 Y</b>				K	02:03:19 DNF	03:56:44 DNF	03:58:42 DNF	06:19:36 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>CHOMIAK Katarzyna</b>	<b>292 Y</b>	BIEGAJ W JEDLINIE			K	02:21:28 DNF	04:37:24 DNF	04:52:15 DNF	08:16:31 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>KAMIŃSKA Kamila</b>	<b>15 X</b>	IRON TEAM			K	02:31:42 DNF	05:08:00 DNF	05:30:41 DNF	09:32:19 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>KWAŚNIOK Magdalena</b>	<b>103 X</b>				K	02:53:18 DNF	05:37:53 DNF	05:49:35 DNF	09:37:01 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>KRYSTEK Beata</b>	<b>153 Y</b>	STS BIEGATON MIKOŁÓW			K	02:46:03 DNF	05:22:53 DNF	05:42:52 DNF	09:53:43 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>ŚMIGIELSKA Arleta</b>	<b>223 Y</b>				K	02:58:13 DNF	05:53:24 DNF	06:03:48 DNF	10:43:11 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>CIENIUSZEK Izabella</b>	<b>114 X</b>	DIRTY RUNNERS			K	02:27:50 DNF	04:49:38 DNF	05:01:17 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>JOŃCZYK-ZIĘBA Ewa</b>	<b>177 X</b>	META NADARZYN			K	03:02:09 DNF	05:13:23 DNF	05:36:04 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>ADAMSKA Karolina</b>	<b>61 X</b>	1ON1 TEAM			K	02:42:34 DNF	05:40:04 DNF	05:50:52 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>BANAŚ Katarzyna</b>	<b>110 X</b>				K	02:54:30 DNF	05:53:47 DNF	06:03:59 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>KAPITSA Yuliya</b>	<b>57 X</b>				K	02:14:17 DNF	04:16:22 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>GIENIEC-CZUBA Róża</b>	<b>71 Y</b>				K	02:28:11 DNF	04:47:18 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>ADAMCZYK Ilona</b>	<b>91 X</b>	KB BIAŁA PODLASKA			K	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>KUBECKA Anna</b>	<b>115 X</b>				K	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)

Znaleziono 134 wynik(ów)