



# XXI BIEG RZEŹNIKA - POMIARY INDYWIDUALNE

B4SPORT

Wydarzenie:  
Organizator:  
Data:  
Miejsce:  
Dystans:

X FESTIWAL BIEGU RZEŹNIKA  
Fundacja Bieg Rzeźnika  
2024-05-31  
Cisna  
105 km

B4SPORT  
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	Wyjście HC 80.1km	Czas netto 105km	Czas brutto 105km	Różn	Tempo min/km	Tempo km/h
1	<b>TAJCHMAN Jarosław</b>	<b>216 X</b>	AKADEMIA BIEGACZA MATYLYDA KOWAL	M	1	01:42:13	03:11:27	03:14:19	05:16:06	08:11:27	09:33:23	10:16:40	10:56:47	<b>16:09:00.80</b>	<b>16:09:03.20</b>		9:13	6.5 (100%)
2	<b>PUC Krystian</b>	<b>216 Y</b>	ŁYDA MUSI PODAWAĆ	M	2	01:42:12	03:11:26	03:14:19	05:16:02	08:11:29	09:33:26	10:16:40	10:56:45	<b>16:09:02.80</b>	<b>16:09:04.70</b>	+00:00:01 (0.0%)	9:13	6.5 (100%)
3	<b>WÓJCIK Piotr</b>	<b>63 X</b>	ŻÓRAWSKI TEAM ULTRA	M	3	01:55:40	03:33:25	03:39:21	06:05:10	09:20:45	10:54:36	11:53:23	12:02:23	<b>16:15:05.55</b>	<b>16:15:11.50</b>	+00:06:08 (0.6%)	9:17	6.5 (100%)
4	<b>CHWEDCZUK Robert</b>	<b>63 Y</b>	ŻÓRAWSKI TEAM ULTRA	M	4	01:55:39	03:33:26	03:39:29	06:05:10	09:20:40	10:54:39	11:53:23	12:02:25	<b>16:15:05.65</b>	<b>16:15:11.60</b>	+00:06:08 (0.6%)	9:17	6.5 (100%)
5	<b>JĘDRZEJKO Dominik</b>	<b>220 X</b>	BIEGAM SOBIE	M	5	01:55:53	03:45:10	03:51:12	06:24:55	10:11:55	11:52:07	12:53:43	13:14:31	<b>17:48:34.95</b>	<b>17:48:38.55</b>	+01:39:35 (9.3%)	10:10	5.9 (90.8%)
6	<b>LOSKA Piotr</b>	<b>220 Y</b>	HURAGAN LIGOTA	M	6	01:57:51	03:45:09	03:50:35	06:24:58	10:11:55	11:52:27	12:53:37	13:14:31	<b>17:48:35.70</b>	<b>17:48:38.70</b>	+01:39:35 (9.3%)	10:10	5.9 (90.8%)
7	<b>JASTRZEMBSKI Mateusz</b>	<b>170 X</b>		M	7	01:55:35	03:41:09	03:47:56	06:33:05	10:02:47	11:53:19	12:59:31	13:14:30	<b>17:48:33.50</b>	<b>17:48:38.95</b>	+01:39:35 (9.3%)	10:10	5.9 (90.8%)
8	<b>STACHURA Damian</b>	<b>85 Y</b>		M	8	01:54:29	03:43:59	03:51:29	06:27:29	09:54:14	11:50:02	12:58:46	13:05:52			+02:09:08	9:48	6.1 (93.8%)
9	<b>CEBULA Grzegorz</b>	<b>85 X</b>		M	9	01:54:28	03:43:59	03:51:30	06:27:34	09:54:14	11:51:02	12:58:46	13:05:53			+02:09:09	9:48	6.1 (93.8%)
10	<b>PODGÓRSKI Bogusz</b>	<b>105 X</b>		M	10	01:43:20	03:10:53	03:18:12	05:18:47	07:55:29		10:15:54				+	7:41	7.8 (120.0%)
11	<b>MIŚ Zbigniew</b>	<b>105 Y</b>		M	11	01:43:21	03:10:53	03:18:14	05:18:47	07:55:31		10:15:54				+	7:41	7.8 (120.0%)
12	<b>SZYMAŃSKI Paweł</b>	<b>310 Y</b>	FIZJOBIEGACZE SZCZECIN	M	12	01:42:13	03:08:43	03:11:38	05:19:52	07:58:15		10:20:51				+00:04:14	7:45	7.7 (118.5%)
13	<b>KĘPKA Adrian</b>	<b>310 X</b>	DARŁOWSKIE CHARTY	M	13	01:42:13	03:08:43	03:11:39	05:16:12	07:58:20		10:20:51				+00:04:14	7:45	7.7 (118.5%)
14	<b>UZNAŃSKI Piotr</b>	<b>174 X</b>	PAMTRANS	M	14	01:47:23	03:21:37	03:23:02	05:33:08	08:16:53	09:34:53	10:21:15				+00:04:35	7:45	7.7 (118.5%)
15	<b>LEWANDOWSKI Miłosz</b>	<b>16 Y</b>	PODIUM - ULTRA STYL ŻYCIA	M	15	01:39:00	03:06:41	03:08:58	05:20:29	08:22:12	09:57:18	11:00:58				+00:44:17	8:15	7.3 (112.3%)
16	<b>HANULAK Paweł</b>	<b>16 X</b>	PODIUM - ULTRA STYL ŻYCIA	M	16	01:39:01	03:06:41	03:08:59	05:20:22	08:22:09	09:57:27	11:00:58				+00:44:18	8:15	7.3 (112.3%)
17	<b>MAZUR Sławomir</b>	<b>175 X</b>	KARPAT-BUD	M	17	01:48:57	03:29:10	03:34:03	05:58:33	09:02:28	10:29:54	11:30:39				+01:14:02	8:37	6.9 (106.2%)
18	<b>KUDŁA Szymon</b>	<b>175 Y</b>	KARPAT-BUD	M	18	01:48:57	03:29:11	03:34:03	05:58:33	09:02:31	10:29:57	11:30:39				+01:14:02	8:37	6.9 (106.2%)
19	<b>MATEŃKA Kamil</b>	<b>89 Y</b>	PACMAN RUNNING TEAM	M	19	02:02:16	03:44:50	03:46:20	06:06:18	09:03:44	10:28:19	11:47:10				+01:30:35	8:50	6.8 (104.6%)
20	<b>STOŃ Wojciech</b>	<b>89 X</b>	PACMAN RUNNING TEAM	M	20	02:02:15	03:44:51	03:46:18	06:06:19	09:03:48	10:28:17	11:47:11				+01:30:35	8:50	6.8 (104.6%)
21	<b>KUBIT Piotr</b>	<b>149 X</b>		M	21	01:54:21	03:31:53	03:36:48	06:06:14	09:24:40	10:54:19	11:49:06				+01:32:40	8:51	6.8 (104.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	Wyjście	Czas	Czas	Różn	Tempo	Tempo
													HC 80.1km	netto 105km	brutto 105km		min/km	km/h
22	<b>BOGACZYK Krzysztof</b>	<b>149 Y</b>		M	22	01:54:22	03:31:54	03:36:48	06:06:13	09:24:36	10:54:22	11:49:06				+01:32:40	8:51	6.8 (104.6%)
23	<b>NIEDZIELA Marcin</b>	<b>26 X</b>		M	23	02:01:38	03:47:34	03:53:18	06:19:11	09:35:57	11:02:09	11:55:12				+01:38:46	8:56	6.7 (103.1%)
24	<b>FEDORCZAK Jacek</b>	<b>26 Y</b>		M	24	02:01:39	03:47:33	03:53:18	06:19:21	09:36:10	11:02:11	11:55:12				+01:38:46	8:56	6.7 (103.1%)
25	<b>CZERWIŃSKI Łukasz</b>	<b>217 Y</b>		M	25	01:51:58	03:33:10	03:39:00	06:05:58	09:28:52	11:06:46	11:59:56				+01:43:24	8:59	6.7 (103.1%)
26	<b>MAZIARZ Artur</b>	<b>217 X</b>		M	26	01:51:57	03:33:10	03:39:00	06:05:59	09:28:50	11:06:44	11:59:57				+01:43:26	8:59	6.7 (103.1%)
27	<b>PAWLICA Paweł</b>	<b>307 Y</b>		M	27	01:58:27	03:40:23	03:43:34	06:09:16	09:25:17	11:01:57	12:00:01				+01:43:25	9:00	6.7 (103.1%)
28	<b>WYROBA Wojciech</b>	<b>236 X</b>		M	28	02:00:02	03:49:38	03:53:49	06:19:29	09:37:06	11:11:16	12:14:59				+01:58:24	9:11	6.5 (100%)
29	<b>BOCHNIAK Jan</b>	<b>200 Y</b>	SPORTOWE PUŁAWY	M	29	01:52:55	03:29:00	03:35:56	06:01:27	09:23:17	11:09:31	12:23:30				+02:07:11	9:17	6.5 (100%)
30	<b>RYBAK Przemysław</b>	<b>200 X</b>	SPORTOWE PUŁAWY	M	30	01:52:55	03:29:01	03:36:09	06:01:36	09:23:36	11:09:26	12:23:31				+02:07:12	9:17	6.5 (100%)
31	<b>WOŁKOWYCKI Paweł</b>	<b>264 Y</b>		M	31	01:55:32	03:45:22	03:53:15	06:20:44	09:53:53	11:34:29	12:38:25				+02:22:09	9:28	6.3 (96.9%)
32	<b>CHAJDĄS Mateusz</b>	<b>264 X</b>		M	32	01:55:31	03:45:18	03:53:15	06:20:36	09:53:54	11:34:29	12:38:25				+02:22:09	9:28	6.3 (96.9%)
33	<b>MYŚLIWIEC Robert</b>	<b>193 X</b>	WILD&FREE	M	33	01:52:55	03:33:26	03:41:09	06:13:41	09:54:59	11:39:23	12:44:58				+02:28:26	9:33	6.3 (96.9%)
34	<b>WIĄCEK Łukasz</b>	<b>193 Y</b>	IRS BOKS KRAKÓW	M	34	01:52:57	03:33:25	03:41:07	06:13:40	09:55:00	11:40:00	12:44:58				+02:28:26	9:33	6.3 (96.9%)
35	<b>GRZOMBA Łukasz</b>	<b>117 Y</b>	ULTRA WAY	M	35	01:56:24	03:46:14	03:52:03	06:24:11	09:54:19	11:39:27	12:45:28				+02:29:05	9:34	6.3 (96.9%)
36	<b>ROHAN Łukasz</b>	<b>232 Y</b>	PRZEMYSKI KLUB BIEGACZA	M	36	01:58:39	03:46:43	03:49:56	06:35:00	10:05:47	11:51:11	12:47:53				+02:31:13	9:35	6.3 (96.9%)
37	<b>KOSTERKIEWICZ Marcin</b>	<b>232 X</b>	#TRENUJKOSTEREM	M	37	01:58:39	03:46:43	03:49:56	06:35:02	10:05:48	11:51:09	12:47:54				+02:31:14	9:35	6.3 (96.9%)
38	<b>KUMANEK Bartłomiej</b>	<b>211 Y</b>	GÓRKI	M	38	01:59:35	03:44:34	03:53:04	06:19:47	09:53:01	11:39:20	12:48:37				+02:32:34	9:36	6.2 (95.4%)
39	<b>KOLONKO Stanisław</b>	<b>211 X</b>	GÓRKI	M	39	01:59:37	03:44:34	03:53:04	06:19:46	09:53:04	11:39:19	12:48:38				+02:32:34	9:36	6.2 (95.4%)
40	<b>CITUK Grzegorz</b>	<b>181 X</b>	42K PRO/VIKING TEAM	M	40	02:02:45	03:50:31	04:01:28	06:36:50	10:09:05	11:51:59	12:51:03				+02:35:18	9:38	6.2 (95.4%)
41	<b>WALASIK Jarosław</b>	<b>181 Y</b>	42K PRO TEAM	M	41	02:03:21	03:51:31	04:01:28	06:36:51	10:09:22	11:52:02	12:51:03				+02:35:18	9:38	6.2 (95.4%)
42	<b>ROTER Tomasz</b>	<b>230 X</b>	NRSL	M	42	01:55:51	03:34:40	03:47:49	06:13:30	09:41:17	11:29:11	12:57:40				+02:41:14	9:43	6.2 (95.4%)
43	<b>FILIP Łukasz</b>	<b>230 Y</b>	NRSL	M	43	01:55:52	03:34:41	03:47:57	06:13:37	09:41:22	11:29:11	12:57:40				+02:41:15	9:43	6.2 (95.4%)
44	<b>RUSEK Robert</b>	<b>170 Y</b>		M	44	01:55:37	03:41:10	03:47:57	06:33:13	10:02:49	11:53:20	12:59:32				+02:42:54	9:44	6.2 (95.4%)
45	<b>GRZAŚ Rafał</b>	<b>313 Y</b>	BIEGI W ROGOŹNIKU	M	45	01:57:09	03:47:33	03:59:44	06:42:12	10:22:24	12:04:16	13:04:08				+02:47:30	9:48	6.1 (93.8%)
46	<b>KUBERA Paweł</b>	<b>306 Y</b>		M	46	01:53:54	03:37:40	03:46:18	06:22:01	10:16:58	12:06:34	13:04:17				+02:47:49	9:48	6.1 (93.8%)
47	<b>HEJZNER Arkadiusz</b>	<b>306 X</b>		M	47	01:53:56	03:37:41	03:46:19	06:22:03	10:17:01	12:06:38	13:04:18				+02:47:49	9:48	6.1 (93.8%)
48	<b>NAPARTY Zbigniew</b>	<b>221 X</b>	KĘSY TEAM	M	48	02:10:48	04:04:17	04:20:11	06:57:16	10:30:38	12:08:56	13:10:20				+02:54:07	9:52	6.1 (93.8%)
49	<b>RACZAK Maciej</b>	<b>138 Y</b>		M	49	01:58:07	03:49:23	03:56:25	06:38:01	10:20:21	12:10:15	13:10:52				+02:54:26	9:53	6.1 (93.8%)
50	<b>DWORNICZAK Łukasz</b>	<b>138 X</b>		M	50	01:58:08	03:49:23	03:56:25	06:38:10	10:20:27	12:10:16	13:10:52				+02:54:26	9:53	6.1 (93.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	Wyjście	Czas	Czas	Różn	Tempo min/km	Tempo km/h
													HC 80.1km	netto 105km	brutto 105km			
51	<b>WIERZBIŃSKI Kamil</b>	<b>305 X</b>		M	51	02:10:22	04:00:12	04:10:46	06:44:26	10:24:26	12:16:36	13:20:44				+03:04:51	10:00	6 (92.3%)
52	<b>MALICKI Paweł</b>	<b>305 Y</b>		M	52	02:10:24	04:00:13	04:10:45	06:45:50	10:24:27	12:16:45	13:20:44				+03:04:51	10:00	6 (92.3%)
53	<b>KOŻUCH Marcin</b>	<b>256 Y</b>		M	53	02:08:38	04:06:01	04:20:08	07:06:15	10:44:05	12:28:38	13:25:36				+03:09:20	10:04	6 (92.3%)
54	<b>WARZECHA Bogusław</b>	<b>256 X</b>	PANKURA	M	54	02:08:39	04:06:02	04:20:09	07:06:20	10:44:06	12:28:41	13:25:36				+03:09:20	10:04	6 (92.3%)
55	<b>FUDAŁA Michał</b>	<b>235 Y</b>		M	55	01:58:49	03:49:15	03:56:23	06:23:35	10:20:58	12:21:11	13:32:23				+03:16:00	10:09	5.9 (90.8%)
56	<b>FUDAŁA Patrycjusz</b>	<b>235 X</b>		M	56	01:58:51	03:49:17	03:56:24	06:23:35	10:21:05	12:21:14	13:32:24				+03:16:00	10:09	5.9 (90.8%)
57	<b>MICHAŁSKI Arkadiusz</b>	<b>266 Y</b>	NOWY STYL RUNNING TEAM	M	57	02:15:49	04:07:53	04:18:21	06:53:25	10:40:56	12:33:22	13:40:48				+03:24:44	10:15	5.8 (89.2%)
58	<b>NIŻNIK Marcin</b>	<b>266 X</b>	NOWY STYL RUNNING TEAM	M	58	02:15:48	04:07:53	04:18:21	06:53:26	10:40:57	12:33:22	13:40:48				+03:24:44	10:15	5.8 (89.2%)
59	<b>PĘDOŁA Piotr</b>	<b>241 X</b>	AMBITNI AMATORZY MYSZKÓW	M	59	02:09:59	04:02:52	04:18:53	06:54:21	10:49:33	12:40:12	13:46:22				+03:30:55	10:19	5.8 (89.2%)
60	<b>LOREK Łukasz</b>	<b>159 Y</b>		M	60	02:07:51	04:05:34	04:34:25	07:16:14	10:52:38	12:45:39	13:51:18				+03:34:40	10:23	5.8 (89.2%)
61	<b>KIJEK Andrzej</b>	<b>159 X</b>		M	61	02:07:52	04:05:34	04:34:25	07:16:12	10:52:37	12:45:11	13:51:19				+03:34:41	10:23	5.8 (89.2%)
62	<b>KRÓL Maciej</b>	<b>192 Y</b>		M	62	02:07:55	04:02:07	04:09:19	06:53:34	10:44:02	12:45:14	13:57:14				+03:40:35	10:27	5.7 (87.7%)
63	<b>KLARECKI Adrian</b>	<b>192 X</b>		M	63	02:07:56	04:02:07	04:09:21	06:53:34	10:44:04	12:45:16	13:57:15				+03:40:36	10:27	5.7 (87.7%)
64	<b>SOLARZ Jerzy</b>	<b>157 Y</b>		M	64	02:04:42	04:00:46	04:24:10	07:02:36	10:51:51	12:49:18	13:58:39				+03:42:07	10:28	5.7 (87.7%)
65	<b>TWARDOCHLEB Marcin</b>	<b>157 X</b>		M	65	02:04:41	04:00:45	04:24:10	07:02:38	10:51:52	12:49:19	13:58:39				+03:42:06	10:28	5.7 (87.7%)
66	<b>BUĆKO Marcin</b>	<b>1 X</b>	DYNAMIT TEAM	M	66	02:07:47	04:05:51	04:13:22	07:38:45	11:13:18	13:02:07	14:00:05				+03:43:27	10:30	5.7 (87.7%)
67	<b>KRZEMIŃSKI Tomasz</b>	<b>204 X</b>		M	67	02:06:41	04:05:21	04:19:21	07:05:03	11:02:50	13:00:44	14:02:43				+03:46:49	10:32	5.7 (87.7%)
68	<b>PASZKOWSKI Piotr</b>	<b>204 Y</b>	BAND OF BROTHERS	M	68	02:06:43	04:05:21	04:19:23	07:05:04	11:02:52	13:00:44	14:02:43				+03:46:49	10:32	5.7 (87.7%)
69	<b>SANOCKI Janusz</b>	<b>267 Y</b>	NOWY STYL RUNNING TEAM	M	69	02:15:10	04:07:54	04:26:48	07:02:54	10:56:34	12:53:16	14:05:16				+03:49:11	10:33	5.7 (87.7%)
70	<b>BŁĄŻEJOWSKI Dariusz</b>	<b>267 X</b>	NOWY STYL RUNNING TEAM	M	70	02:15:10	04:07:54	04:26:48	07:02:54	10:56:31	12:53:01	14:05:17				+03:49:12	10:33	5.7 (87.7%)
71	<b>HAJDUGA Łukasz</b>	<b>99 X</b>	WIECZORNE BIEGANIE W OPOLU	M	71	02:07:30	04:03:10	04:11:57	06:58:35	10:51:51	12:55:56	14:05:33				+03:48:55	10:34	5.7 (87.7%)
72	<b>RYZHYNISKYI Vitalii</b>	<b>160 X</b>	GRZĄDZIELTEAM	M	72	02:16:43	04:07:31	04:29:58	06:59:09	10:47:44	12:44:43	14:06:25				+03:50:58	10:34	5.7 (87.7%)
73	<b>POSTUPALSKI Michał</b>	<b>128 Y</b>	RUNPASSION.PL TEAM	M	73	02:10:58	04:06:07	04:16:29	06:54:13	10:57:20	12:58:45	14:07:09				+03:50:50	10:35	5.7 (87.7%)
74	<b>NEUFELD Marcin</b>	<b>128 X</b>	RUNPASSION.PL TEAM	M	74	02:10:56	04:06:06	04:16:28	06:54:12	10:57:22	12:58:45	14:07:09				+03:50:50	10:35	5.7 (87.7%)
75	<b>BARTKOWIAK Michał</b>	<b>282 Y</b>		M	75	02:23:22	04:24:47	04:49:26	07:33:19	11:22:29	13:12:00	14:07:48				+03:51:48	10:35	5.7 (87.7%)
76	<b>DYBIŻBAŃSKI Wojciech</b>	<b>282 X</b>		M	76	02:23:21	04:24:47	04:49:26	07:33:18	11:22:31	13:12:03	14:07:48				+03:51:48	10:35	5.7 (87.7%)
77	<b>GELIOS Maciej</b>	<b>300 X</b>	BIEGAMY BO LUDZKOŚĆ NAS WKURWIA ... & KWIDZYN RUN.	M	77	02:17:06	04:15:52	04:27:29	07:09:09	10:58:23	13:01:40	14:08:16				+03:52:20	10:36	5.7 (87.7%)
78	<b>FIGURA Marcin</b>	<b>300 Y</b>	BIEGAMY BO LUDZKOŚĆ NAS WKURWIA ... & KWIDZYN RUN.	M	78	02:17:06	04:15:52	04:27:29	07:09:08	10:58:23	13:01:42	14:08:17				+03:52:20	10:36	5.7 (87.7%)
79	<b>SZCZEPAŃSKI Adam</b>	<b>301 X</b>		M	79	01:57:16	04:00:18	04:04:51	06:49:00	10:50:37	12:57:20	14:18:22				+04:01:50	10:43	5.6 (86.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	Wyjście	Czas	Czas	Różn	Tempo min/km	Tempo km/h
													HC 80.1km	netto 105km	brutto 105km			
80	<b>TRUSZKOWSKI Damian</b>	<b>301 Y</b>		M	80	01:57:15	04:00:19	04:05:05	06:49:06	10:50:33	12:56:54	14:18:23				+04:01:51	10:43	5.6 (86.2%)
81	<b>PIASEK Piotr</b>	<b>269 X</b>	TRIUNLIMITED	M	81	02:24:04	04:28:56	04:38:04	07:29:57	11:27:16	13:23:50	14:26:11				+04:10:25	10:49	5.5 (84.6%)
82	<b>CZAPLIŃSKI Michał</b>	<b>269 Y</b>	TRIUNLIMITED	M	82	02:24:03	04:28:56	04:38:04	07:29:56	11:27:13	13:23:51	14:26:11				+04:10:25	10:49	5.5 (84.6%)
83	<b>REICHERT Łukasz</b>	<b>7 Y</b>		M	83	02:30:06	04:37:30	05:00:41	07:48:56	11:35:27	13:25:59	14:28:18				+04:12:21	10:51	5.5 (84.6%)
84	<b>LATOS Marcin</b>	<b>7 X</b>	TRAIL IS OUR WAY	M	84	02:30:07	04:37:31	05:00:41	07:48:56	11:35:28	13:26:01	14:28:18				+04:12:21	10:51	5.5 (84.6%)
85	<b>BARAN Kamil</b>	<b>21 Y</b>	KB & JK	M	85	02:14:31	04:15:11	04:30:43	07:18:05	11:23:17	13:18:30	14:28:25				+04:12:05	10:51	5.5 (84.6%)
86	<b>KARDASZ Jacek</b>	<b>21 X</b>		M	86	02:14:27	04:15:10	04:30:44	07:18:02	11:23:17	13:18:32	14:28:25				+04:12:05	10:51	5.5 (84.6%)
87	<b>PIWOŃSKI Adam</b>	<b>237 X</b>	GÓRA BIEGA	M	87	02:07:32	04:08:00	04:28:16	07:27:59	11:34:05	13:28:13	14:30:02				+04:13:42	10:52	5.5 (84.6%)
88	<b>GIZICKI Wojciech</b>	<b>237 Y</b>		M	88	02:07:58	04:08:00	04:28:33	07:28:02	11:34:17	13:28:13	14:30:03				+04:13:42	10:52	5.5 (84.6%)
89	<b>DZIOPA Dariusz</b>	<b>125 X</b>		M	89	02:00:28	03:54:36	04:12:22	07:00:44	11:18:09	13:15:37	14:35:40				+04:19:31	10:56	5.5 (84.6%)
90	<b>KAWCZYŃSKI Radosław</b>	<b>125 Y</b>		M	90	02:00:26	03:54:34	04:12:20	07:00:42	11:18:13	13:16:05	14:35:40				+04:19:32	10:56	5.5 (84.6%)
91	<b>POGORZELSKI Mariusz</b>	<b>81 Y</b>		M	91	02:22:59	04:33:14	04:48:18	07:45:11	11:47:56	13:36:23	14:35:41				+04:20:28	10:56	5.5 (84.6%)
92	<b>BASIAK Michał</b>	<b>81 X</b>		M	92	02:22:58	04:33:14	04:48:16	07:45:10	11:47:55	13:36:24	14:35:41				+04:20:28	10:56	5.5 (84.6%)
93	<b>MILKOWSKI Dawid</b>	<b>146 X</b>		M	93	02:19:19	04:18:33	04:37:38	07:29:57	11:44:15	13:38:34	14:37:04				+04:20:30	10:57	5.5 (84.6%)
94	<b>PILCH Patryk</b>	<b>146 Y</b>		M	94	02:19:18	04:18:34	04:37:37	07:29:44	11:44:02	13:39:32	14:37:04				+04:20:31	10:57	5.5 (84.6%)
95	<b>STEC Tomasz</b>	<b>182 X</b>	ORANGE POLSKA	M	95	02:13:24	04:20:21	04:24:45	07:23:23	11:34:02	13:29:46	14:37:42				+04:21:21	10:58	5.5 (84.6%)
96	<b>STARZYCKI Przemysław</b>	<b>234 X</b>	CHOOSE YOURSELF	M	96	02:06:19	04:07:44	04:24:32	07:16:49	11:22:28	13:26:04	14:39:28				+04:23:07	10:59	5.5 (84.6%)
97	<b>ORZECHOWSKI Jacek</b>	<b>234 Y</b>	CHOOSE YOURSELF	M	97	02:06:21	04:07:45	04:24:35	07:16:52	11:23:16	13:26:09	14:39:28				+04:23:07	10:59	5.5 (84.6%)
98	<b>GAŁKOWSKI Krzysztof</b>	<b>73 X</b>	KB SUPERMARATOŃCZYK	M	98	02:03:25	04:02:51	04:17:21	07:09:25	11:10:03	13:28:46	14:39:33				+04:23:10	10:59	5.5 (84.6%)
99	<b>PATERKA Marek</b>	<b>73 Y</b>	KB SUPERMARATOŃCZYK	M	99	02:03:33	04:02:55	04:17:21	07:09:26	11:10:00	13:28:47	14:39:33				+04:23:10	10:59	5.5 (84.6%)
100	<b>KALETA Dawid</b>	<b>120 Y</b>		M	100	02:05:00	04:02:26	04:18:50	06:59:54	11:03:17	13:19:39	14:39:43				+04:23:09	10:59	5.5 (84.6%)
101	<b>KANTOROWSKI Piotr</b>	<b>270 Y</b>		M	101	02:13:16	04:11:58	04:37:17	07:26:38	11:30:58	13:35:45	14:39:47				+04:23:21	10:59	5.5 (84.6%)
102	<b>SPŁAWSKI Michał</b>	<b>270 X</b>	MSERWIS.PL	M	102	02:13:15	04:11:57	04:37:18	07:26:33	11:30:57	13:35:46	14:39:48				+04:23:21	10:59	5.5 (84.6%)
103	<b>STROMIDŁO Sebastian</b>	<b>13 X</b>	BR W STRONĘ ULTRA PODCAST	M	103	02:30:36	04:38:12	04:55:02	07:42:04	11:38:59	13:36:10	14:42:02				+04:26:47	11:01	5.4 (83.1%)
104	<b>ZIELIŃSKI Tomasz</b>	<b>13 Y</b>	BR W STRONĘ ULTRA PODCAST	M	104	02:30:37	04:38:12	04:55:03	07:42:02	11:39:01	13:36:12	14:42:02				+04:26:46	11:01	5.4 (83.1%)
105	<b>LEWTAK Marcin</b>	<b>2 X</b>	EKIPA/9TKA RUNNING TEAM	M	105	02:00:14	03:59:52	04:20:27	06:58:33	11:16:00	13:42:34	14:43:33				+04:27:06	11:02	5.4 (83.1%)
106	<b>BONECKI Sylwester</b>	<b>72 Y</b>	K.S. META	M	106	02:22:32	04:28:59	04:40:31	07:31:58	11:23:31	13:29:43	14:45:37				+04:30:21	11:04	5.4 (83.1%)
107	<b>ŁOŚ Wojciech</b>	<b>199 Y</b>		M	107	02:16:34	04:11:36	04:46:52	07:25:32	11:26:47	13:16:53	14:46:01				+04:30:44	11:04	5.4 (83.1%)
108	<b>KUSZYŃSKI Michał</b>	<b>199 X</b>		M	108	02:16:35	04:11:35	04:45:03	07:25:32	11:26:47	13:16:54	14:46:01				+04:30:44	11:04	5.4 (83.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	Wyjście	Czas	Czas	Różn	Tempo min/km	Tempo km/h
													HC 80.1km	netto 105km	brutto 105km			
109	IWANOWSKI Przemysław	246 Y		M	109	02:07:47	04:07:06	04:20:57	07:17:51	11:26:24	13:31:49	14:48:20				+04:31:53	11:06	5.4 (83.1%)
110	HRAB Wojciech	95 X	NIGHT RUNNERS / BIEGAJĄCE KREZOŁE	M	110	02:07:08	04:11:57	04:25:40	07:16:56	11:31:54	13:39:43	14:50:03				+04:33:59	11:07	5.4 (83.1%)
111	ŚWIERCZYŃSKI Kacper	95 Y	STAJNIA CROSSFIT	M	111	02:07:08	04:11:58	04:25:41	07:17:02	11:32:01	13:39:44	14:50:03				+04:33:59	11:07	5.4 (83.1%)
112	MANDZIUK Grzegorz	252 X	ORT ŁOMIANKI	M	112	02:22:57	04:31:47	04:50:32	07:48:33	11:52:24	13:47:20	14:54:30				+04:38:12	11:10	5.4 (83.1%)
113	BRZOZOWSKI Karol	252 Y	ORT ŁOMIANKI	M	113	02:22:57	04:31:46	04:50:31	07:48:30	11:52:26	13:47:19	14:54:31				+04:38:12	11:10	5.4 (83.1%)
114	WILK Daniel	253 Y		M	114	02:19:32	04:28:48	04:39:25	07:39:44	11:39:05	13:40:45	14:54:42				+04:38:40	11:11	5.4 (83.1%)
115	CHWAŁA Artur	314 X		M	115	02:24:56	04:32:23	04:49:55	07:42:01	11:45:36	13:47:52	14:55:37				+04:39:28	11:11	5.4 (83.1%)
116	SZUST Marek	104 Y		M	116	02:13:39	04:15:29	04:34:51	07:30:05	11:38:39	13:39:03	14:56:11				+04:40:37	11:12	5.4 (83.1%)
117	PASZKIEWICZ Gery	104 X		M	117	02:13:39	04:15:28	04:34:51	07:30:05	11:38:42	13:39:04	14:56:12				+04:40:38	11:12	5.4 (83.1%)
118	PÓŁTORAK Krzysztof	314 Y	MIŚKI	M	118	02:25:27	04:32:54	04:50:24	07:42:38	11:46:17	13:48:26	14:56:12				+04:39:29	11:12	5.4 (83.1%)
119	HANISZEWSKI Mateusz	32 Y	AW SZYBCIEJ TEAM	M	119	02:21:23	04:22:41	04:45:04	07:31:42	11:40:44	13:51:29	14:56:28				+04:40:51	11:12	5.4 (83.1%)
120	STAWIARZ Paweł	32 X	AW SZYBCIEJ TEAM	M	120	02:21:21	04:22:42	04:45:04	07:31:45	11:40:54	13:51:31	14:56:29				+04:40:52	11:12	5.4 (83.1%)
121	KŁAKULAK Robert	191 X		M	121	02:15:06	04:19:15	04:19:37	07:12:17	11:50:28	13:54:32	14:58:03				+04:42:39	11:13	5.3 (81.5%)
122	BARANOWSKI Andrzej	191 Y		M	122	02:15:16	04:19:15	04:19:38	07:12:18	11:50:14	13:54:34	14:58:04				+04:42:39	11:13	5.3 (81.5%)
123	MORCINEK Marcin	298 Y		M	123	02:25:11	04:30:20	04:46:40	07:41:21	11:51:00	13:48:22	14:59:10				+04:43:38	11:14	5.3 (81.5%)
124	GÓRSKI Tomasz	298 X		M	124	02:25:08	04:30:18	04:46:39	07:41:21	11:51:03	13:48:30	14:59:11				+04:43:39	11:14	5.3 (81.5%)
125	WINIAREK Leszek	50 X		M	125	02:17:15	04:16:47	04:30:45	07:27:53	11:45:28	13:46:37	15:01:44				+04:46:00	11:16	5.3 (81.5%)
126	GŁĘBOCKI Przemek	50 Y		M	126	02:17:13	04:16:49	04:30:45	07:27:53	11:45:25	13:46:38	15:01:44				+04:46:00	11:16	5.3 (81.5%)
127	KOWALCZYK Piotr	183 X	FOR-REST-RUN	M	127	02:27:52	04:38:01	04:49:31	07:48:58	11:55:50	13:50:10	15:02:41				+04:47:05	11:17	5.3 (81.5%)
128	KIELAR Łukasz	183 Y	FOR-REST-RUN	M	128	02:27:50	04:38:01	04:49:31	07:48:55	11:55:53	13:50:18	15:02:42				+04:47:06	11:17	5.3 (81.5%)
129	STĄNCZAK Łukasz	250 Y	NAPRZÓD MŁOCINY BAT	M	129	02:19:50	04:26:35	04:43:22	07:43:20	11:50:19	13:52:06	15:04:33				+04:49:10	11:18	5.3 (81.5%)
130	MICHALCZYK Tomasz	250 X	NAPRZÓD MŁOCINY BAT	M	130	02:19:49	04:26:35	04:43:18	07:43:27	11:50:19	13:52:36	15:04:33				+04:49:10	11:18	5.3 (81.5%)
131	RATAJCZAK Paweł	308 X		M	131	02:20:34	04:31:22	04:59:18	07:55:58	12:01:26	14:01:45	15:05:38				+04:49:28	11:19	5.3 (81.5%)
132	LUTY Mariusz	222 Y	KĘSY TEAM	M	132	02:10:40	04:06:24	04:11:19	06:52:07	11:28:56	13:14:51	15:07:42				+04:51:30	11:20	5.3 (81.5%)
133	SZAROWICZ Fabian	118 Y	GORLICE BIKE	M	133	02:06:42	04:05:12	04:37:23	07:27:46	11:55:20	13:59:51	15:09:01				+04:53:02	11:21	5.3 (81.5%)
134	BATORY Marek	118 X	GORLICE BIKE	M	134	02:06:40	04:05:12	04:37:23	07:27:45	11:55:19	14:00:16	15:09:02				+04:53:02	11:21	5.3 (81.5%)
135	KRUSZYŃSKI Tomek	188 X		M	135	02:22:18	04:39:47	05:03:02	08:04:11	12:04:09	14:04:47	15:10:17				+04:54:16	11:22	5.3 (81.5%)
136	BEŁCZYKOWSKI Zbigniew	188 Y		M	136	02:22:20	04:39:46	05:03:04	08:04:13	12:04:17	14:04:49	15:10:18				+04:54:18	11:22	5.3 (81.5%)
137	PIELECHA Rafał	48 X		M	137	02:21:13	04:27:46	04:52:50	07:43:45	11:56:55	14:00:45	15:12:16				+04:57:08	11:24	5.3 (81.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	Wyjście	Czas	Czas	Różn	Tempo min/km	Tempo km/h
													HC 80.1km	netto 105km	brutto 105km			
138	MARUT Artur	48 Y		M	138	02:21:15	04:27:45	04:52:51	07:43:50	11:56:57	14:00:47	15:12:16				+04:57:07	11:24	5.3 (81.5%)
139	GAŁKA Robert	164 Y		M	139	02:20:52	04:28:16	04:57:05	07:53:20	11:55:56	14:01:28	15:13:07				+04:57:19	11:24	5.3 (81.5%)
140	WEJMAN Dariusz	164 X		M	140	02:20:53	04:28:16	04:57:04	07:53:17	11:55:54	14:01:30	15:13:07				+04:57:19	11:24	5.3 (81.5%)
141	OGNIEWSKI Marcin	5 Y		M	141	02:03:14	04:03:44	04:23:34	07:24:02	11:43:36	13:56:54	15:14:02				+04:57:36	11:25	5.3 (81.5%)
142	MICHAŁOWSKI Piotr	5 X		M	142	02:03:20	04:03:46	04:23:35	07:24:10	11:43:42	13:56:56	15:14:03				+04:57:36	11:25	5.3 (81.5%)
143	GERING Mariusz	113 X		M	143	02:23:46	04:30:33	05:02:23	08:06:21	12:17:40	14:04:19	15:14:20				+04:58:53	11:25	5.2 (80.0%)
144	BRODECKI Artur	56 Y	BIEGOLAS KOSZALIN	M	144	02:19:33	04:27:31	04:47:50	07:45:28	11:56:52	14:01:15	15:15:03				+04:58:50	11:26	5.2 (80.0%)
145	IWANIEC Dariusz	56 X	BIEGOLAS KOSZALIN	M	145	02:19:36	04:27:34	04:47:38	07:45:32	11:56:55	14:02:02	15:15:04				+04:58:50	11:26	5.2 (80.0%)
146	DYLIK Marcin	37 X	HTF LUDWIK SIKORSKI	M	146	02:25:49	04:38:26	04:54:07	07:50:01	11:57:29	14:02:27	15:17:16				+05:01:29	11:27	5.2 (80.0%)
147	KAMIŃSKI Mariusz	255 X		M	147	02:32:18	04:44:46	04:49:05	07:53:37	12:05:22	14:07:55	15:17:17				+05:01:33	11:27	5.2 (80.0%)
148	DZIEDZIC Krzysztof	74 X		M	148	02:31:43	04:44:46	05:19:03	08:16:00	12:18:15	14:10:00	15:18:28				+05:03:18	11:28	5.2 (80.0%)
149	MACIEJEWSKI Łukasz	205 X		M	149	02:11:41	04:16:20	04:33:03	07:29:15	11:50:39	14:03:30	15:21:56				+05:06:01	11:31	5.2 (80.0%)
150	KOBYŁKA Marek	205 Y		M	150	02:11:40	04:16:20	04:33:04	07:29:16	11:50:39	14:02:10	15:21:57				+05:06:01	11:31	5.2 (80.0%)
151	LISKIEWICZ Hubert	268 X		M	151	02:15:34	04:19:13	04:45:20	07:48:53	12:03:25	14:10:27	15:23:41				+05:08:09	11:32	5.2 (80.0%)
152	RZECZYCKI Dariusz	82 Y		M	152	02:15:47	04:20:52	04:40:34	07:42:59	12:04:46	14:15:39	15:29:32				+05:13:00	11:37	5.2 (80.0%)
153	PALCZYŃSKI Krzysztof	25 Y		M	153	02:16:07	04:22:19	04:45:15	07:39:12	11:57:02	14:28:25	15:30:38				+05:14:12	11:37	5.2 (80.0%)
154	KLAMA Maciej	25 X	KKM	M	154	02:16:07	04:22:18	04:45:16	07:39:15	11:58:17	14:28:26	15:30:38				+05:14:11	11:37	5.2 (80.0%)
155	JEZIORSKI Zbigniew	143 X		M	155	02:21:04	04:35:30	04:58:25	08:04:35	12:16:08	14:24:17	15:31:12				+05:14:57	11:38	5.2 (80.0%)
156	BOGUMIŁOW Marcin	143 Y	DZIK Z SŁUPSKA	M	156	02:21:04	04:35:32	04:58:26	08:04:36	12:16:16	14:24:17	15:31:12				+05:14:57	11:38	5.2 (80.0%)
157	PASTOR Kamil	66 Y	#DOUBLETRIPLEQUADRO	M	157	02:19:05	04:17:25	04:54:06	07:43:22	12:03:53	14:18:08	15:31:36				+05:16:21	11:38	5.2 (80.0%)
158	ILCZUK Paweł	66 X	#DOUBLETRIPLEQUADRO	M	158	02:19:06	04:17:25	04:54:07	07:43:23	12:03:55	14:18:31	15:31:37				+05:16:22	11:38	5.2 (80.0%)
159	STASIOWSKI Paweł	126 X	PĘDZĄCE ŚLIMAKI	M	159	02:14:38	04:16:07	04:27:58	07:25:39	11:50:25	14:07:47	15:32:18				+05:16:09	11:39	5.1 (78.5%)
160	ZAWADKA Darek	215 X		M	160	02:23:41	04:30:27	04:42:07	07:46:41	12:04:34	14:25:37	15:33:19				+05:17:44	11:39	5.1 (78.5%)
161	MALKA Marcin	215 Y		M	161	02:23:40	04:30:29	04:42:06	07:46:43	12:04:41	14:25:37	15:33:19				+05:17:44	11:39	5.1 (78.5%)
162	SURDEL Dawid	11 X	BIEGNĘ ŻEBY BARTEK MÓGŁ BIEGAĆ	M	162	02:15:29	04:21:31	04:35:46	07:39:40	11:57:50	14:12:57	15:34:24				+05:17:53	11:40	5.1 (78.5%)
163	DUSZCZAK Radosław	245 X	GANG_KOTA	M	163	02:31:38	04:46:01	05:05:10	08:00:59	12:09:26	14:19:17	15:35:15				+05:20:04	11:41	5.1 (78.5%)
164	ŻOŁNIERZ Tomasz	245 Y		M	164	02:31:37	04:46:00	05:05:11	08:01:01	12:09:28	14:19:19	15:35:15				+05:20:04	11:41	5.1 (78.5%)
165	PYTKO Jacek	33 Y	1ON1 TEAM	M	165	02:35:12	04:56:11	05:14:25	08:22:35	12:28:50	14:27:02	15:37:19				+05:21:48	11:42	5.1 (78.5%)
166	KIEGLER Bogumił	33 X	1ON1 TEAM	M	166	02:35:13	04:56:13	05:14:25	08:22:33	12:28:49	14:27:03	15:37:19				+05:21:47	11:42	5.1 (78.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat									Wyjście	Czas	Czas	Różn	Tempo	Tempo
						15.4km	Cisna I	Cisna II	Smerek	Roztoki	Liszna	Finish	HC	netto	brutto	min/km		km/h	
167	<b>ŁUSZCZAK Mirosław</b>	<b>257 Y</b>		M	167	02:05:02	03:59:46	04:39:04	07:39:14	12:33:45	14:42:34	15:37:28				+05:21:32	11:43	5.1 (78.5%)	
168	<b>MISZKURKA Maciej</b>	<b>257 X</b>		M	168	02:05:03	03:59:48	04:39:03	07:39:17	12:35:00	14:42:34	15:37:28				+05:21:32	11:43	5.1 (78.5%)	
169	<b>WITALEC Sebastian</b>	<b>67 X</b>	PODIUM	M	169	02:20:49	04:29:31	05:00:38	08:09:40	12:21:03	14:28:19	15:39:25				+05:22:50	11:44	5.1 (78.5%)	
170	<b>DEJAS Tomasz</b>	<b>294 X</b>		M	170	02:14:46	04:28:42	04:46:42	08:07:16	12:17:44	14:19:20	15:40:13				+05:24:26	11:45	5.1 (78.5%)	
171	<b>KOSTKA Sebastian</b>	<b>294 Y</b>	RACIOKI	M	171	02:14:48	04:28:44	04:46:41	08:07:17	12:17:48	14:19:23	15:40:13				+05:24:27	11:45	5.1 (78.5%)	
172	<b>NOWACKI Michał</b>	<b>148 Y</b>	BANICI ULTRA	M	172	02:29:26	04:36:35	05:02:22	08:06:39	12:25:56	14:32:45	15:41:19				+05:25:35	11:45	5.1 (78.5%)	
173	<b>ZIMNIEWICZ Jacek</b>	<b>148 X</b>		M	173	02:29:25	04:36:33	05:02:21	08:06:56	12:25:59	14:32:45	15:41:19				+05:25:36	11:45	5.1 (78.5%)	
174	<b>MAJCHRZAK Jacek</b>	<b>93 Y</b>	KOŚCIAN TEAM	M	174	02:23:02	04:34:53	05:00:10	08:14:58	12:25:04	14:32:06	15:43:02				+05:26:32	11:47	5.1 (78.5%)	
175	<b>WOJTKOWIAK Paweł</b>	<b>93 X</b>		M	175	02:23:04	04:34:54	05:00:11	08:15:00	12:25:14	14:32:25	15:43:02				+05:26:33	11:47	5.1 (78.5%)	
176	<b>SMYL Łukasz</b>	<b>203 X</b>		M	176	02:21:41	04:21:31	04:35:19	07:22:05	11:54:06	14:18:06	15:46:09				+05:30:57	11:49	5.1 (78.5%)	
177	<b>ZAJDA Michał</b>	<b>203 Y</b>		M	177	02:21:40	04:21:32	04:35:19	07:22:06	11:53:26	14:05:12	15:46:10				+05:30:57	11:49	5.1 (78.5%)	
178	<b>LECH Michał</b>	<b>227 X</b>	#ROGOZINSKITEAM	M	178	02:32:33	04:47:13	05:05:25	08:05:55	12:28:31	14:30:34	15:46:58				+05:30:29	11:50	5.1 (78.5%)	
179	<b>BABIARZ Andrzej</b>	<b>210 Y</b>		M	179	02:34:58	04:51:48	04:58:57	08:03:12	12:35:46	14:40:09	15:48:49				+05:33:36	11:51	5.1 (78.5%)	
180	<b>DACHNO Marek</b>	<b>197 Y</b>	KONIE WOJCIECHÓW	M	180	02:14:19	04:15:30	04:30:16	07:34:46	12:15:00	14:27:29	15:50:31				+05:34:16	11:52	5 (76.9%)	
181	<b>MAJEWSKI Jarek</b>	<b>197 X</b>	KONIE WOJCIECHÓW	M	181	02:14:19	04:15:31	04:30:16	07:34:45	12:15:01	14:27:30	15:50:32				+05:34:16	11:52	5 (76.9%)	
182	<b>KOZIEŁ Krzysztof</b>	<b>69 X</b>		M	182	02:19:56	04:32:35	04:51:05	07:54:11	12:17:35	14:33:46	15:52:05				+05:35:36	11:54	5 (76.9%)	
183	<b>PAWŁOWSKI Tomasz</b>	<b>180 Y</b>		M	183	02:23:10	04:29:32	04:51:02	07:44:21	12:14:13	14:31:06	15:52:08				+05:36:36	11:54	5 (76.9%)	
184	<b>OPIŃSKI Łukasz</b>	<b>180 X</b>		M	184	02:23:11	04:29:33	04:51:04	07:44:19	12:14:16	14:31:06	15:52:08				+05:36:36	11:54	5 (76.9%)	
185	<b>WYSMOLIŃSKI Piotr</b>	<b>214 X</b>		M	185	02:35:32	04:47:09	05:06:55	08:03:18	12:39:20	14:40:44	15:52:11				+05:36:53	11:54	5 (76.9%)	
186	<b>CIEŚLA Patryk</b>	<b>96 X</b>		M	186	02:30:13	04:42:54	04:55:17	07:53:00	12:22:44	14:37:29	15:52:36				+05:37:16	11:54	5 (76.9%)	
187	<b>MENDRA Adam</b>	<b>96 Y</b>		M	187	02:30:14	04:42:55	04:55:17	07:53:01	12:22:55	14:37:29	15:52:36				+05:37:17	11:54	5 (76.9%)	
188	<b>BARTCZAK Dariusz</b>	<b>76 Y</b>	IRON TEAM	M	188	02:27:04	04:39:41	05:19:19	08:17:47	12:47:40	14:47:54	15:52:38				+05:36:45	11:54	5 (76.9%)	
189	<b>RĄB Łukasz</b>	<b>70 X</b>	OBA Z GLIWIC	M	189	02:36:02	04:57:11	05:23:29	08:33:03	12:54:17	14:48:47	15:54:21				+05:38:56	11:55	5 (76.9%)	
190	<b>TROJANOWSKI Artur</b>	<b>277 Y</b>	CARBON SILESIA SPORT	M	190	02:28:01	04:43:25	04:58:05	08:01:19	12:14:05	14:23:10	15:54:24				+05:38:20	11:55	5 (76.9%)	
191	<b>HULBÓJ Sebastian</b>	<b>226 X</b>	WKS B	M	191	02:28:23	04:36:38	04:53:56	07:53:53	12:24:53	14:36:32	15:54:53				+05:39:38	11:56	5 (76.9%)	
192	<b>CISŁO Wojciech</b>	<b>226 Y</b>		M	192	02:28:24	04:36:39	04:53:58	07:53:54	12:24:58	14:36:33	15:54:53				+05:39:38	11:56	5 (76.9%)	
193	<b>HAŁABIS Krzysztof</b>	<b>303 Y</b>	IRON TEAM	M	193	02:21:19	04:25:55	04:45:04	07:41:51	12:25:43	14:48:57	15:55:30				+05:40:04	11:56	5 (76.9%)	
194	<b>NAŁĘCZ Adam</b>	<b>303 X</b>	IRON TEAM	M	194	02:21:20	04:25:55	04:45:06	07:42:01	12:26:26	14:48:57	15:55:30				+05:40:04	11:56	5 (76.9%)	
195	<b>LEWKOWSKI Aleksander</b>	<b>55 Y</b>	BIEGAJ Z URSUSEM	M	195	02:09:45	04:08:13	04:23:42	07:34:31	12:08:41	14:36:29	15:55:34				+05:39:49	11:56	5 (76.9%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat									Wyjście	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	HC 80.1km	netto 105km	brutto 105km				
196	SKOLIMOWSKI Jakub	242 Y		M	196	02:14:42	04:20:07	04:39:42	07:34:45	12:15:09	14:45:32	15:55:34				+05:39:20	11:56	5 (76.9%)	
197	KASPERSKI Grzegorz	55 X	ANTONTEAM	M	197	02:09:46	04:08:13	04:23:40	07:34:20	12:08:49	14:36:28	15:55:35				+05:39:49	11:56	5 (76.9%)	
198	ŻMUDA Michał	100 Y		M	198	02:27:51	04:45:07	04:50:03	07:56:06	12:29:29	14:37:23	15:55:51				+05:40:11	11:56	5 (76.9%)	
199	MAJDA Łukasz	167 X	KLUB BIEGACZA SOBÓTKA	M	199	02:10:57	04:06:00	04:17:29	07:02:07	11:35:53	14:15:28	15:55:59				+05:39:43	11:56	5 (76.9%)	
200	ADAMUS Rafał	167 Y	REDBARBERS RUNNING TEAM	M	200	02:10:58	04:06:01	04:17:30	07:02:06	11:35:57	14:15:55	15:55:59				+05:39:43	11:56	5 (76.9%)	
201	DUBILIS Mateusz	58 Y		M	201	02:37:22	04:58:10	05:12:24	08:12:44	12:40:12	14:48:42	15:56:02				+05:39:46	11:57	5 (76.9%)	
202	GÓRNY Przemysław	53 X	KB SUPERMARATOŃCZYK	M	202	02:27:10	04:39:14	05:01:54	08:06:34	12:28:33	14:39:57	15:56:24				+05:40:01	11:57	5 (76.9%)	
203	SAWCZYN Tomasz	131 X	DBS	M	203	02:02:40	04:02:56	04:22:50	07:27:37	11:55:42	14:16:05	16:01:35				+05:45:06	12:01	5 (76.9%)	
204	ŚLIWIŃSKI Jacek	131 Y		M	204	02:02:42	04:02:57	04:22:51	07:27:36	11:55:46	14:16:37	16:01:35				+05:45:06	12:01	5 (76.9%)	
205	RAKOWSKI Krzysztof	139 Y	RUNNERSI	M	205	02:12:02	04:17:46	04:50:12	07:59:10	12:32:16	14:53:34	16:02:27				+05:46:22	12:01	5 (76.9%)	
206	MITER Damian	139 X	RUNNERSI	M	206	02:12:03	04:17:45	04:50:12	07:59:08	12:32:17	14:53:34	16:02:27				+05:46:22	12:01	5 (76.9%)	
207	SOJKA Adam	19 Y	FASTER THAN BEAR	M	207	02:30:49	04:44:15	05:02:15	08:05:17	12:39:43	14:51:06	16:04:25				+05:48:34	12:03	5 (76.9%)	
208	KOWALSKI Krzysztof	19 X	FASTER THAN BEAR	M	208	02:30:48	04:44:14	05:02:16	08:05:17	12:39:42	14:51:08	16:04:25				+05:48:33	12:03	5 (76.9%)	
209	NAWROCKI Przemysław	208 X		M	209	02:19:55	04:32:23	04:39:46	08:12:12	12:57:03	14:57:02	16:05:12				+05:48:50	12:03	5 (76.9%)	
210	NAWROCKI Szymon	208 Y		M	210	02:19:56	04:32:26	04:39:46	08:12:12	12:57:03		16:05:12				+05:48:50	12:03	5 (76.9%)	
211	NIEDŹWIECKI Paweł	47 X	DYNOWSCY BIEGACZE	M	211	02:27:48	04:36:15	05:00:45	08:10:13	12:38:42	14:51:08	16:08:58				+05:52:24	12:06	5 (76.9%)	
212	KACZOR Lech	47 Y	PODIUM	M	212	02:27:47	04:36:15	05:00:44	08:10:13	12:38:42		16:08:58				+05:52:24	12:06	5 (76.9%)	
213	NOWAK Wiktor	127 Y	SPARTANIE DZIECIOM	M	213	02:29:45	04:47:22	05:05:58	08:10:34	12:34:07	14:46:24	16:11:11				+05:55:32	12:08	4.9 (75.4%)	
214	BRAZULEWICZ Bartosz	229 Y		M	214	02:29:39	04:37:49	04:59:11	08:01:10	12:35:21	14:50:47	16:12:03				+05:56:17	12:09	4.9 (75.4%)	
215	MAZERSKI Grzegorz	229 X		M	215	02:29:40	04:37:50	04:59:11	08:01:11	12:35:25	14:50:49	16:12:03				+05:56:17	12:09	4.9 (75.4%)	
216	ŁATWIŃSKI Mateusz	38 Y		M	216	02:30:47	04:45:48	05:00:38	08:09:08	12:34:39	14:49:46	16:12:08				+05:56:06	12:09	4.9 (75.4%)	
217	ŁATWIŃSKI Łukasz	38 X		M	217	02:30:47	04:45:49	05:00:38	08:09:09	12:34:38	14:49:42	16:12:09				+05:56:07	12:09	4.9 (75.4%)	
218	GNATOWICZ Krzysztof	258 X	KW ZIELONA GÓRA	M	218	02:22:59	04:41:03	05:02:49	08:11:00	12:40:16	14:59:25	16:12:59				+05:56:48	12:09	4.9 (75.4%)	
219	GAUDYN Hubert	258 Y	KW ZIELONA GÓRA	M	219	02:22:38	04:41:03	05:02:47	08:10:59	12:39:23	14:59:24	16:13:00				+05:56:48	12:09	4.9 (75.4%)	
220	ZAJKOWSKI Mariusz	279 X	STAJNIA BALONA	M	220	02:31:22	04:47:03	05:12:23	08:17:22	12:57:03	15:05:59	16:14:16				+05:58:03	12:10	4.9 (75.4%)	
221	ŚLEPIAK Adam	279 Y	STAJNIA BALONA	M	221	02:31:21	04:47:01	05:12:24	08:17:22	12:57:04	15:06:00	16:14:16				+05:58:03	12:10	4.9 (75.4%)	
222	CHOMIUK Paweł	274 X		M	222	02:27:47	04:51:54	05:07:59	08:13:17	12:43:57	14:53:06	16:16:08				+05:59:31	12:12	4.9 (75.4%)	
223	MECHTA Sebastian	274 Y		M	223	02:27:46	04:51:51	05:07:58	08:13:24	12:44:29	14:53:08	16:16:09				+05:59:31	12:12	4.9 (75.4%)	
224	LITWINIUK Robert	97 X		M	224	02:24:27	04:36:03	04:59:29	08:20:18	12:46:11	15:00:49	16:17:54				+06:01:40	12:13	4.9 (75.4%)	



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak	Cisna I	Cisna II	Smerek	Roztoki	Liszna	Finish	Wyjście	Czas	Czas	Różn	Tempo	Tempo	
													HC	netto	brutto				
						15.4km	32.1km	32.2km	49km	67.5km	74.7km	80km	80.1km	105km	105km				
225	<b>NAWROCKI Jacek</b>	<b>97 Y</b>		M	225	02:24:26	04:36:04	04:59:32	08:20:17	12:46:08	15:03:11	16:17:54				+06:01:40	12:13	4.9 (75.4%)	
226	<b>OLSZEWSKI Łukasz</b>	<b>59 X</b>	ROZBIEGANE DZIAŁDOWO	M	226	02:24:16	04:29:29	04:49:04	07:46:41	12:29:20	14:58:36	16:19:01				+06:03:28	12:14	4.9 (75.4%)	
227	<b>WALEROWSKI Piotr</b>	<b>59 Y</b>	ROZBIEGANE DZIAŁDOWO	M	227	02:24:15	04:29:30	04:49:05	07:46:43	12:29:18	14:58:45	16:19:02				+06:03:28	12:14	4.9 (75.4%)	
228	<b>DYSZKIEWICZ Grzegorz</b>	<b>158 Y</b>	ULTRA KUTNO	M	228	02:18:58	04:30:32	04:54:30	07:53:30	12:30:04	15:03:24	16:21:00				+06:05:43	12:15	4.9 (75.4%)	
229	<b>DYSZKIEWICZ Tomasz</b>	<b>158 X</b>	ULTRA KUTNO	M	229	02:18:59	04:30:31	04:54:31	07:53:27	12:30:00	15:03:26	16:21:00				+06:05:43	12:15	4.9 (75.4%)	
230	<b>GAWLAK Tomasz</b>	<b>295 X</b>		M	230	02:14:18	04:16:22	05:26:29	08:08:30	12:52:26	15:06:39	16:21:33				+06:05:24	12:16	4.9 (75.4%)	
231	<b>OLEARCZYK Arkadiusz</b>	<b>295 Y</b>	BIEGOLAS KOSZALIN	M	231	02:22:34	05:09:37	05:26:32	08:08:43	12:52:48	15:07:29	16:21:36				+06:05:24	12:16	4.9 (75.4%)	
232	<b>OLSZEWSKI Marcin</b>	<b>209 Y</b>		M	232	02:29:21	04:42:48	05:06:32	08:08:59	12:56:08	15:07:15	16:21:58				+06:06:50	12:16	4.9 (75.4%)	
233	<b>OLSZEWSKI Daniel</b>	<b>209 X</b>		M	233	02:29:22	04:42:48	05:06:32	08:09:00	12:56:11	15:07:16	16:21:58				+06:06:51	12:16	4.9 (75.4%)	
234	<b>DOBRZYŃSKI Michał</b>	<b>231 Y</b>		M	234	02:32:10	04:40:30	05:04:06	08:02:48	12:41:51	15:04:43	16:23:01				+06:07:18	12:17	4.9 (75.4%)	
235	<b>DOBROWOLSKI Maciej</b>	<b>231 X</b>		M	235	02:32:11	04:40:31	05:04:07	08:02:48	12:41:53	15:04:44	16:23:01				+06:07:18	12:17	4.9 (75.4%)	
236	<b>ROGE Michał</b>	<b>124 Y</b>		M	236	02:28:43	04:35:06	04:51:14	08:01:31	12:43:19	15:00:00	16:24:06				+06:08:55	12:18	4.9 (75.4%)	
237	<b>OLEJNIK Marcin</b>	<b>124 X</b>	12TRI	M	237	02:28:46	04:35:03	04:51:14	08:01:31	12:43:19	15:00:01	16:24:06				+06:08:55	12:18	4.9 (75.4%)	
238	<b>PLEWKA Paweł</b>	<b>251 X</b>	SZCZYTKOWICE W BIEGU	M	238	02:30:35	04:47:05	05:14:36	08:32:46	13:05:20	15:12:22	16:24:15				+06:08:27	12:18	4.9 (75.4%)	
239	<b>HELMECKI Dariusz</b>	<b>251 Y</b>	PRO-RUN WROCŁAW	M	239	02:30:32	04:47:13	05:14:36	08:32:51	13:05:16	15:13:29	16:24:16				+06:08:27	12:18	4.9 (75.4%)	
240	<b>ŁĘTOWSKI Mariusz</b>	<b>52 Y</b>		M	240	02:35:14	04:57:24	05:06:54	08:28:11	13:01:58	15:11:27	16:25:22				+06:09:15	12:19	4.9 (75.4%)	
241	<b>JAZ Krzysztof</b>	<b>52 X</b>		M	241	02:35:15	04:57:26	05:06:57	08:28:12	13:01:59	15:11:28	16:25:22				+06:09:15	12:19	4.9 (75.4%)	
242	<b>PILNY Karol</b>	<b>218 Y</b>	EKO-OKNA RUNNERS	M	242	02:25:31	04:47:28	05:08:58	08:19:34	13:04:11	15:17:06	16:26:22				+06:10:25	12:19	4.9 (75.4%)	
243	<b>LEWANDOWSKI Rafał</b>	<b>90 X</b>	SPC	M	243	02:28:25	04:52:19	05:01:15	08:25:39	13:03:47	15:14:47	16:26:29				+06:09:54	12:19	4.9 (75.4%)	
244	<b>PODLASZEWSKI Jacek</b>	<b>90 Y</b>	SPC	M	244	02:28:26	04:52:20	05:01:16	08:25:41	13:03:45	15:14:49	16:26:29				+06:09:54	12:19	4.9 (75.4%)	
245	<b>URBAN Damian</b>	<b>140 Y</b>	GOLD CREW - SAMURAI	M	245	02:16:18	04:36:17	04:56:51	08:14:54	13:02:59	15:17:51	16:27:44				+06:11:20	12:20	4.9 (75.4%)	
246	<b>DELEKTA Mateusz</b>	<b>140 X</b>		M	246	02:16:19	04:36:17	04:56:52	08:14:55	13:02:58	15:17:52	16:27:44				+06:11:20	12:20	4.9 (75.4%)	
247	<b>ROSTEK Robert</b>	<b>9 Y</b>	SPORT TEAM	M	247	02:24:49	04:34:55	04:56:04	07:50:38	12:38:04	15:08:20	16:28:09				+06:11:41	12:21	4.9 (75.4%)	
248	<b>ILYIN Alexander</b>	<b>151 Y</b>		M	248	02:20:25	04:49:13	04:55:43	08:10:59	13:12:42	15:17:44	16:28:11				+06:11:34	12:21	4.9 (75.4%)	
249	<b>ZBYLUT Konrad</b>	<b>168 Y</b>		M	249	02:34:57	04:48:04	05:04:24	08:06:01	12:43:12	15:03:39	16:28:14				+06:12:43	12:21	4.9 (75.4%)	
250	<b>DĄBROWSKI Mateusz</b>	<b>168 X</b>		M	250	02:34:57	04:48:05	05:04:26	08:06:02	12:43:13	15:03:42	16:28:15				+06:12:43	12:21	4.9 (75.4%)	
251	<b>JANOWSKI Michał</b>	<b>179 Y</b>		M	251	02:24:16	04:39:59	05:05:59	08:17:52	12:54:51	15:17:43	16:32:19				+06:16:12	12:24	4.8 (73.8%)	
252	<b>POŁCZYŃSKI Paweł</b>	<b>179 X</b>		M	252	02:24:18	04:40:01	05:05:59	08:17:55	12:54:53	15:17:07	16:32:20				+06:16:12	12:24	4.8 (73.8%)	
253	<b>ŁAKOMY Michał</b>	<b>130 X</b>		M	253	02:24:10	04:36:17	05:07:30	08:21:06	12:56:30	15:10:59	16:32:32				+06:16:32	12:24	4.8 (73.8%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	Wyjście	Czas	Czas	Różn	Tempo	Tempo
													HC 80.1km	netto 105km	brutto 105km		min/km	km/h
254	<b>WALKOWIAK Bartosz</b>	<b>130 Y</b>		M	254	02:24:11	04:36:18	05:07:30	08:21:07	12:56:33	15:11:00	16:32:32				+06:16:32	12:24	4.8 (73.8%)
255	<b>GRACZYK Marcin</b>	<b>286 X</b>	TORTUGA TEAM	M	255	02:37:07	04:57:38	05:20:55	08:35:09	13:17:09	15:27:59	16:32:48				+06:17:26	12:24	4.8 (73.8%)
256	<b>TIČINOVIĆ Daniel</b>	<b>144 X</b>		M	256	02:40:39	04:53:53	05:08:53	08:08:38	12:56:38	15:12:08	16:33:31				+06:17:11	12:25	4.8 (73.8%)
257	<b>SENDOBRY Artur</b>	<b>40 X</b>		M	257	02:23:50	04:35:40	04:49:48	08:23:51	13:09:36	15:14:18	16:34:15				+06:17:38	12:25	4.8 (73.8%)
258	<b>ŁAWNIK Piotr</b>	<b>40 Y</b>		M	258	02:23:49	04:35:40	04:49:49	08:23:53	13:09:35	15:14:19	16:34:15				+06:17:38	12:25	4.8 (73.8%)
259	<b>POCZTA Jacek</b>	<b>224 Y</b>	FOUR RUNNER KROTOSZYN	M	259	02:17:52	04:28:27	05:09:03	08:13:11	13:12:32	15:28:11	16:34:54				+06:19:27	12:26	4.8 (73.8%)
260	<b>ORNATOWSKI Adam</b>	<b>224 X</b>	RUN_MAJSTER	M	260	02:17:51	04:28:27	05:09:04	08:13:11	13:12:20	15:28:12	16:34:54				+06:19:26	12:26	4.8 (73.8%)
261	<b>TYMOSIAK Mateusz</b>	<b>17 X</b>		M	261	02:27:01	04:38:58	05:10:57	08:20:49	12:56:34	15:16:13	16:35:24				+06:19:13	12:26	4.8 (73.8%)
262	<b>TOMASZEK Jarosław</b>	<b>280 Y</b>	KT ŻYWIEC	M	262	02:37:49	05:03:18	05:19:13	08:37:50	13:16:22	15:21:59	16:35:24				+06:19:17	12:26	4.8 (73.8%)
263	<b>KUCZAWSKI Mikołaj</b>	<b>189 Y</b>	GULO GULO CLUB POLAND	M	263	02:33:12	04:47:42	05:00:47	08:16:58	12:56:06	15:25:10	16:37:36				+06:22:17	12:28	4.8 (73.8%)
264	<b>MORAWSKI Maciej</b>	<b>189 X</b>	GULO GULO CLUB POLAND	M	264	02:33:12	04:47:41	05:00:49	08:16:56	12:56:07	15:25:08	16:37:37				+06:22:17	12:28	4.8 (73.8%)
265	<b>NOWOMIEJSKI Marcin</b>	<b>297 Y</b>	RAKIETA BIEGA TEAM	M	265	02:22:08	05:19:08	05:27:19	08:22:23	13:05:50	15:21:49	16:38:01				+06:21:36	12:28	4.8 (73.8%)
266	<b>ROKITA Paweł</b>	<b>297 X</b>	RAKIETA BIEGA TEAM	M	266	02:22:08	05:19:08	05:27:19	08:22:22	13:05:49	15:21:50	16:38:02				+06:21:36	12:28	4.8 (73.8%)
267	<b>WOJTCZAK Michał</b>	<b>142 X</b>		M	267	02:32:11	04:51:13	05:20:24	08:34:47	13:06:17	15:29:48	16:38:11				+06:22:23	12:28	4.8 (73.8%)
268	<b>BARAŃSKI Ernest</b>	<b>142 Y</b>		M	268	02:32:10	04:51:14	05:20:28	08:34:53	13:06:39	15:29:57	16:38:11				+06:22:24	12:28	4.8 (73.8%)
269	<b>JAKUBCZAK Bartłomiej</b>	<b>137 Y</b>		M	269	02:17:18	04:31:34	05:02:29	08:06:43	12:58:36	15:27:10	16:38:13				+06:21:54	12:28	4.8 (73.8%)
270	<b>ŁUKASIAK Sylwester</b>	<b>137 X</b>		M	270	02:17:23	04:31:36	05:02:30	08:06:42	12:58:43	15:27:10	16:38:13				+06:21:54	12:28	4.8 (73.8%)
271	<b>IZYDORSKI Marcin</b>	<b>136 Y</b>		M	271	02:27:18	04:46:50	05:18:50	08:35:42	13:20:52	15:27:54	16:38:41				+06:22:19	12:29	4.8 (73.8%)
272	<b>SKRZEK Marcin</b>	<b>136 X</b>		M	272	02:27:18	04:46:50	05:18:51	08:35:42	13:20:52	15:27:54	16:38:41				+06:22:19	12:29	4.8 (73.8%)
273	<b>KONIKIEWICZ Kamil</b>	<b>35 Y</b>	ŻÓRAWSKI TEAM	M	273	02:32:41	04:43:58	05:02:07	08:10:20	13:07:15	15:27:28	16:39:44				+06:23:45	12:29	4.8 (73.8%)
274	<b>GADOMSKI Radosław</b>	<b>35 X</b>	PKO BP/ŻÓRAWSKI TEAM	M	274	02:32:42	04:43:51	05:02:06	08:10:23	13:04:15	15:27:31	16:39:44				+06:23:45	12:29	4.8 (73.8%)
275	<b>DĄBKOWSKI Tomasz</b>	<b>198 Y</b>	AKTYWNIIE UZALEŻNIAMY PŁOCK	M	275	02:32:10	04:48:20	05:15:10	08:23:40	13:04:26	15:26:25	16:40:35				+06:24:53	12:30	4.8 (73.8%)
276	<b>WYSMOLIŃSKI Rafał</b>	<b>213 X</b>		M	276	02:34:53	05:00:05	05:17:08	08:40:19	13:24:11		16:40:42				+06:25:19	12:30	4.8 (73.8%)
277	<b>MANUSZAK Przemysław</b>	<b>45 Y</b>		M	277	02:24:25	04:51:05	05:15:05	08:42:18	13:28:22	15:38:53	16:42:42				+06:26:22	12:32	4.8 (73.8%)
278	<b>PRUS Piotr</b>	<b>45 X</b>		M	278	02:24:23	04:51:05	05:15:04	08:42:20	13:28:23	15:38:53	16:42:42				+06:26:23	12:32	4.8 (73.8%)
279	<b>MINUTH Łukasz</b>	<b>112 Y</b>		M	279	02:40:54	05:08:13	05:26:43	08:38:38	13:14:19	15:30:20	16:42:50				+06:27:10	12:32	4.8 (73.8%)
280	<b>TORBICKI Arkadiusz</b>	<b>112 X</b>		M	280	02:40:52	05:08:12	05:26:42	08:38:58	13:14:23	15:30:21	16:42:50				+06:27:10	12:32	4.8 (73.8%)
281	<b>ZIEMKIEWICZ Michał</b>	<b>293 X</b>	BIEGACZE KLECZEW	M	281	02:31:59	04:45:47	05:08:11	08:20:23	13:23:58	15:36:11	16:43:11				+06:27:51	12:32	4.8 (73.8%)
282	<b>ŁUCZAK Tomasz</b>	<b>293 Y</b>	KB MARATON TUREK	M	282	02:32:02	04:45:47	05:08:11	08:20:22	13:24:01	15:36:12	16:43:12				+06:27:51	12:32	4.8 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	Wyjście	Czas	Czas	Różn	Tempo	Tempo
													HC 80.1km	netto 105km	brutto 105km		min/km	km/h
283	<b>ŁUKASZEWSKI Przemysław</b>	<b>176 X</b>	PODIUM	M	283	02:31:07	04:52:53	05:07:30	08:19:04	13:16:09	15:28:36	16:43:18				+06:27:39	12:32	4.8 (73.8%)
284	<b>GODZISZ Konrad</b>	<b>289 X</b>	-	M	284	02:23:25	04:43:18	05:23:56	08:46:32	13:41:29	15:38:52	16:43:36				+06:28:26	12:32	4.8 (73.8%)
285	<b>DANILCZUK Grzegorz</b>	<b>289 Y</b>	-	M	285	02:23:25	04:43:21	05:23:55	08:46:34	13:41:28	15:38:53	16:43:36				+06:28:26	12:32	4.8 (73.8%)
286	<b>POLCZYK Adam</b>	<b>18 Y</b>	SREBRNE MIASTO TARNOWSKIE GÓRY	M	286	02:30:06	04:51:30	05:11:41	08:19:32	13:09:24	15:34:19	16:44:15				+06:28:24	12:33	4.8 (73.8%)
287	<b>SIKORA Mariusz</b>	<b>18 X</b>	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M	287	02:30:07	04:51:30	05:11:40	08:19:31	13:09:21	15:34:19	16:44:16				+06:28:24	12:33	4.8 (73.8%)
288	<b>FUDAŁA Piotr</b>	<b>166 Y</b>		M	288	02:32:10	04:52:16	05:07:06	08:13:52	12:59:27	15:27:20	16:44:17				+06:28:00	12:33	4.8 (73.8%)
289	<b>NAGALSKI Mateusz</b>	<b>3 Y</b>	EAZYMUT.PL	M	289	02:27:29	04:46:30	04:55:45	08:11:29	13:00:37	15:24:05	16:44:27				+06:28:15	12:33	4.8 (73.8%)
290	<b>GAWRYSZEWSKI Michał</b>	<b>3 X</b>	EAZYMUT.PL	M	290	02:27:29	04:46:30	04:55:45	08:11:27	13:00:36	15:24:10	16:44:28				+06:28:15	12:33	4.8 (73.8%)
291	<b>ŁUSZCZ Zbigniew</b>	<b>54 X</b>	SILESIA MARATHON CLUB	M	291	02:34:22	05:00:35	05:20:09	08:39:00	13:14:50	15:30:34	16:44:58				+06:28:53	12:33	4.8 (73.8%)
292	<b>WYNIMKO Marcin</b>	<b>34 X</b>		M	292	02:13:46	04:22:17	04:46:43	07:54:19	13:03:03	15:38:32	16:45:58				+06:30:09	12:34	4.8 (73.8%)
293	<b>JELENIIEWSKI Paweł</b>	<b>34 Y</b>		M	293	02:13:47	04:22:16	04:46:43	07:54:11	13:03:08	15:38:56	16:46:01				+06:30:12	12:34	4.8 (73.8%)
294	<b>KUDREJ Grzegorz</b>	<b>219 X</b>		M	294	02:46:28	05:15:04	05:48:08	09:01:37	13:31:50	15:36:41	16:46:15				+06:30:39	12:34	4.8 (73.8%)
295	<b>WÓJCICKI Damian</b>	<b>219 Y</b>	PARKRUN OGRÓD SASKI, LUBLIN	M	295	02:46:30	05:15:03	05:48:09	09:01:35	13:32:48	15:36:43	16:46:15				+06:30:39	12:34	4.8 (73.8%)
296	<b>JULKE Sławomir</b>	<b>92 X</b>		M	296	02:27:29	04:45:36	05:05:35	08:21:16			16:46:44				+06:31:24	12:35	4.8 (73.8%)
297	<b>TRYT Maciej</b>	<b>92 Y</b>		M	297	02:27:30	04:45:37	05:05:35	08:07:57	12:46:06	15:12:13	16:46:45				+06:31:25	12:35	4.8 (73.8%)
298	<b>SZYPROWSKI Jarosław</b>	<b>162 Y</b>	SPORT GENERATION	M	298	02:28:20	04:46:33	05:11:03	08:36:25	13:22:27	15:33:58	16:47:52				+06:31:37	12:35	4.8 (73.8%)
299	<b>SZYMANIK Paweł</b>	<b>46 Y</b>		M	299	02:32:32	05:00:45	05:20:41	08:44:45	13:26:15	15:29:39	16:47:53				+06:31:33	12:35	4.8 (73.8%)
300	<b>BARWICKI Marcin</b>	<b>46 X</b>		M	300	02:32:33	05:00:44	05:20:34	08:44:45	13:26:13	15:29:40	16:47:53				+06:31:33	12:35	4.8 (73.8%)
301	<b>MROZIŃSKI Marcin</b>	<b>162 X</b>	SPORT GENERATION	M	301	02:28:20	04:46:33	05:11:03	08:36:26	13:22:27	15:33:58	16:47:53				+06:31:38	12:35	4.8 (73.8%)
302	<b>KORDUS Wojciech</b>	<b>278 Y</b>		M	302	02:37:02	04:56:11	05:18:51	08:29:22	13:15:04	15:30:14	16:48:36				+06:32:44	12:36	4.8 (73.8%)
303	<b>TOKARSKI Michał</b>	<b>278 X</b>		M	303	02:37:00	04:56:10	05:18:51	08:29:22	13:15:03	15:30:15	16:48:36				+06:32:44	12:36	4.8 (73.8%)
304	<b>JANIK Paweł</b>	<b>272 Y</b>		M	304	02:23:39	04:24:06	04:52:01	07:44:04	11:59:34	13:39:30	16:49:12				+06:32:29	12:36	4.8 (73.8%)
305	<b>KMIOTEK Marek</b>	<b>272 X</b>		M	305	02:22:30	04:24:08	04:52:01	07:44:28	12:49:10	15:34:57	16:49:12				+06:32:30	12:36	4.8 (73.8%)
306	<b>MACIOŁ Sebastian</b>	<b>101 Y</b>		M	306	02:39:57	04:57:23	05:22:12	08:24:28	13:29:52	15:45:52	16:50:20				+06:34:46	12:37	4.8 (73.8%)
307	<b>ŻŁOBIŃSKI Tomasz</b>	<b>101 X</b>		M	307	02:40:00	04:57:24	05:22:12	08:24:28	13:29:47	15:45:51	16:50:21				+06:34:45	12:37	4.8 (73.8%)
308	<b>CZAJ Artur</b>	<b>121 X</b>		M	308	02:30:29	04:55:36	05:18:10	08:33:55	13:38:01	15:43:38	16:50:46				+06:35:35	12:38	4.7 (72.3%)
309	<b>WOSZCZYŃSKI Grzegorz</b>	<b>121 Y</b>		M	309	02:30:28	04:55:35	05:18:11	08:33:44	13:37:57	15:43:51	16:50:46				+06:35:35	12:38	4.7 (72.3%)
310	<b>GRZEŚKOWIAK Maciej</b>	<b>24 Y</b>		M	310	02:19:29	04:35:19	05:09:20	08:26:42	13:28:26	15:46:48	16:51:04				+06:35:06	12:38	4.7 (72.3%)
311	<b>RZEPECKI Artur</b>	<b>24 X</b>		M	311	02:19:26	04:35:14	05:09:20	08:26:28	13:25:56	15:46:51	16:51:04				+06:35:06	12:38	4.7 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	Wyjście	Czas	Czas	Różn	Tempo min/km	Tempo km/h
													HC 80.1km	netto 105km	brutto 105km			
312	<b>CZECH Marcin</b>	<b>281 X</b>		M	312	02:54:08	05:44:42	06:05:39	09:57:48	14:04:03	15:54:00	16:52:09				+06:36:47	12:39	4.7 (72.3%)
313	<b>LISAK Krzysztof</b>	<b>299 Y</b>		M	313	02:36:14	05:09:19	05:32:54	08:59:04	13:39:45	15:47:02	16:53:57				+06:38:13	12:40	4.7 (72.3%)
314	<b>SOKOŁOWSKI Artur</b>	<b>299 X</b>	TEAM ZABIEGANEDNI	M	314	02:36:14	05:09:21	05:32:55	08:59:06	13:39:47	15:47:02	16:53:58				+06:38:13	12:40	4.7 (72.3%)
315	<b>SUDAKOWSKI Tomasz</b>	<b>273 X</b>	RAWA TIM ZAWSZE SLIM	M	315	02:32:23	04:48:36	05:18:54	08:28:32	13:22:30	15:44:32	16:54:49				+06:38:46	12:41	4.7 (72.3%)
316	<b>SUDAKOWSKI Bartłomiej</b>	<b>273 Y</b>	FOTOCOCO.PL	M	316	02:32:23	04:48:36	05:18:54	08:28:31	13:22:31	15:44:32	16:54:49				+06:38:46	12:41	4.7 (72.3%)
317	<b>KUREK Andrzej</b>	<b>254 X</b>	KUREK TEAM	M	317	02:30:51	04:57:50	05:14:30	08:43:24	13:36:04	15:46:57	16:55:12				+06:38:46	12:41	4.7 (72.3%)
318	<b>DAWINDZIAK Damian</b>	<b>254 Y</b>		M	318	02:30:55	04:57:50	05:14:31	08:43:22	13:35:58	15:46:58	16:55:13				+06:38:47	12:41	4.7 (72.3%)
319	<b>SWOBODA Jarosław</b>	<b>156 X</b>	EXTREMALNI RZEŹNICY NA RELAKSIE	M	319	02:22:12	04:34:27	04:59:57	08:06:31	13:08:59	15:47:10	16:56:31				+06:40:30	12:42	4.7 (72.3%)
320	<b>RENKIEL Tomasz</b>	<b>156 Y</b>	KLUB SENIORA PARADISO	M	320	02:22:10	04:34:18	05:00:00	08:06:31	13:08:50	15:47:07	16:56:32				+06:40:29	12:42	4.7 (72.3%)
321	<b>WOLANIN Tomasz</b>	<b>304 Y</b>		M	321	02:44:21	05:29:20	05:35:52	09:11:34		11:25:28	16:57:13				+06:41:58	12:42	4.7 (72.3%)
322	<b>PASZKIEL Artur</b>	<b>304 X</b>		M	322	02:44:24	05:29:21	05:35:48	09:11:36	13:44:41	15:47:28	16:57:14				+06:41:58	12:42	4.7 (72.3%)
323	<b>PISZER Michał</b>	<b>141 Y</b>		M	323	02:12:16	04:29:25	05:15:02	08:46:43	13:34:45	15:55:17	16:57:58				+06:41:31	12:43	4.7 (72.3%)
324	<b>RZEPIŃSKI Łukasz</b>	<b>79 X</b>		M	324	02:35:04	04:59:58	05:19:23	08:47:13	13:47:55	15:55:32	16:58:33				+06:42:31	12:43	4.7 (72.3%)
325	<b>KUPIŃSKI Cezary</b>	<b>276 X</b>		M	325	02:35:14	05:04:13	05:25:19	08:57:37	13:45:49	15:50:45	16:58:38				+06:42:22	12:43	4.7 (72.3%)
326	<b>LIZIK Waldemar</b>	<b>12 X</b>	TRI POWER TAEM	M	326	02:18:18	04:38:51	04:59:00	08:20:47	13:19:27	15:53:34	16:59:01				+06:42:36	12:44	4.7 (72.3%)
327	<b>KUJAWA Mirosław</b>	<b>12 Y</b>	TRI POWER TAEM	M	327	02:18:21	04:38:51	04:59:01	08:20:53	13:19:28	15:53:35	16:59:02				+06:42:38	12:44	4.7 (72.3%)
328	<b>PAŁUBSKI Andrzej</b>	<b>87 Y</b>		M	328	02:32:00	04:56:11	05:22:49	08:36:57	13:42:43	15:56:52	17:06:18				+06:50:19	12:49	4.7 (72.3%)
329	<b>MISZAŁSKI Henryk</b>	<b>87 X</b>		M	329	02:31:59	04:56:32	05:22:48	08:38:11	13:43:55	15:56:54	17:06:18				+06:50:19	12:49	4.7 (72.3%)
330	<b>KOŚCIELNIAK Robert</b>	<b>107 X</b>	TKKF KOSZALIN	M	330	02:21:56	04:48:55	05:36:15	09:07:30	13:53:51	16:03:40	17:12:07				+06:56:02	12:54	4.7 (72.3%)
331	<b>PYZIK Tomasz</b>	<b>172 X</b>	DRUŻYNA JEDYNKI	M	331	02:40:33	05:11:28	05:23:01	08:55:30	13:50:55	15:56:46	17:16:28				+07:00:19	12:57	4.6 (70.8%)
332	<b>ANIELAK Mateusz</b>	<b>28 Y</b>		M	332	02:32:27	04:51:48	05:20:15	08:33:18	13:29:51	15:48:04	17:17:19				+07:02:07	12:57	4.6 (70.8%)
333	<b>WIŚNIEWSKI Bartosz</b>	<b>28 X</b>		M	333	02:32:29	04:51:49	05:20:19	08:33:16	13:29:47	15:48:06	17:17:19				+07:02:07	12:57	4.6 (70.8%)
334	<b>KWAŚNIAK Emil</b>	<b>51 Y</b>	WARRIORS ŁÓDŹ	M	334	02:40:13	05:08:44	05:23:49	08:56:41	13:54:12	16:02:55	17:27:11				+07:11:37	13:05	4.6 (70.8%)
335	<b>RUSINEK Łukasz</b>	<b>29 Y</b>	NOCNY BÓR TEAM	M	335	02:25:07	04:36:07	04:55:59	07:56:06	12:34:45	15:41:32	17:27:36				+07:11:03	13:05	4.6 (70.8%)
336	<b>ZAMORSKI Krzysztof</b>	<b>29 X</b>	ZAWADZKA TEAM, NOCNY BÓR TEAM	M	336	02:25:05	04:36:07	04:55:58	07:56:04	12:34:04	15:41:41	17:27:37				+07:11:03	13:05	4.6 (70.8%)
337	<b>GUMIELA Piotr</b>	<b>207 X</b>	STW BAŁTYK GDYNIA	M	337	02:37:44	05:06:08	05:27:52	09:01:09	13:57:25	16:09:43	17:30:02				+07:13:41	13:07	4.6 (70.8%)
338	<b>SZCZYKUTOWICZ Maciej</b>	<b>233 X</b>	POP GYM	M	338	02:27:56	04:49:40	05:19:05	08:46:53	13:53:03	16:06:22	17:31:43				+07:15:48	13:08	4.6 (70.8%)
339	<b>CZARNECKI Bartosz</b>	<b>233 Y</b>	POP GYM	M	339	02:27:58	04:49:40	05:19:04	08:46:53	13:53:04	16:06:07	17:31:46				+07:15:51	13:08	4.6 (70.8%)
340	<b>DZIADURA Damian</b>	<b>302 Y</b>	KOPALNIA MOCY TARNOBRZEG	M	340	02:32:08	04:51:49	05:10:48	08:50:50	13:46:16	16:05:43	17:32:05				+07:16:52	13:09	4.6 (70.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat									Wyjście	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	HC 80.1km	netto 105km	brutto 105km				
341	<b>PLACHA Piotr</b>	<b>302 X</b>	KOPALNIA MOCY TARNOBRZEG	M	341	02:32:07	04:51:50	05:10:47	08:50:50	13:46:20	16:05:44	17:32:05				+07:16:52	13:09	4.6 (70.8%)	
342	<b>KÜCHLER Paweł</b>	<b>4 X</b>	JARBUD	M	342	02:30:18	04:49:38	05:17:56	08:37:52	13:39:41	16:07:59	17:35:55				+07:19:54	13:11	4.5 (69.2%)	
343	<b>GÓRNIAK Jarosław</b>	<b>4 Y</b>	JARBUD	M	343	02:30:19	04:49:39	05:17:56	08:37:50	13:39:43	16:07:59	17:35:55				+07:19:54	13:11	4.5 (69.2%)	
344	<b>SZELEST Dariusz</b>	<b>187 X</b>	PIETRZYK RUNNING TEAM	M	344	02:25:47	04:43:04	05:14:30	08:47:49	13:50:14	16:06:09	17:36:18				+07:19:46	13:12	4.5 (69.2%)	
345	<b>STASIUK Arkadiusz</b>	<b>6 X</b>	NAPĘDZANY ROSOŁEM!	M	345	02:17:47	04:34:17	04:48:15	08:33:02	13:50:34	16:08:49	17:41:54				+07:25:56	13:16	4.5 (69.2%)	
346	<b>SZCZEKUTOWICZ Adrian</b>	<b>6 Y</b>	NAPĘDZANY CUKREM!	M	346	02:17:47	04:34:18	04:48:15	08:32:59	13:50:29	16:08:50	17:41:55				+07:25:56	13:16	4.5 (69.2%)	
347	<b>MAŁEK Krzysztof</b>	<b>190 Y</b>		M	347	02:31:26	04:50:02	05:19:29	08:35:33	13:43:44	16:23:13	17:42:28				+07:26:59	13:16	4.5 (69.2%)	
348	<b>KOSZAŁKA Marcin</b>	<b>190 X</b>		M	348	02:31:25	04:50:04	05:19:28	08:35:29	13:43:31	16:23:15	17:42:28				+07:26:59	13:16	4.5 (69.2%)	
349	<b>OLESEK Krzysztof</b>	<b>202 Y</b>		M	349	02:34:02	05:01:17	05:26:12	09:00:51	14:01:29	16:18:23	17:42:29				+07:26:33	13:16	4.5 (69.2%)	
350	<b>KUBALA Wojciech</b>	<b>178 X</b>		M	350	02:36:35	05:02:42	05:30:39	08:55:44	14:11:09	16:25:01	17:43:43				+07:27:15	13:17	4.5 (69.2%)	
351	<b>MAŁOCHA Piotr</b>	<b>119 Y</b>		M	351	02:42:16	05:13:40	05:36:38	09:03:43	13:55:22	16:08:08	17:46:41				+07:30:29	13:20	4.5 (69.2%)	
352	<b>HOŁYSZ Daniel</b>	<b>119 X</b>		M	352	02:42:16	05:13:40	05:36:37	09:03:44	13:55:24	16:08:08	17:46:41				+07:30:29	13:20	4.5 (69.2%)	
353	<b>ŁĘGOWSKI Michał</b>	<b>75 X</b>	IRON TEAM	M	353	02:36:02	05:10:51	05:31:53	09:00:39	13:54:59	16:10:03	17:49:24				+07:33:56	13:22	4.5 (69.2%)	
354	<b>SITEK Szymon</b>	<b>31 Y</b>		M	354	02:35:11	05:15:55	05:32:55	09:10:39	14:02:43	16:24:24	17:51:26				+07:35:16	13:23	4.5 (69.2%)	
355	<b>SULINSKI VEL SULEWSKI Piotr</b>	<b>88 Y</b>		M	355	02:32:07	05:15:26	05:15:38	08:46:49	13:57:26	16:21:36	17:58:28				+07:42:59	13:28	4.5 (69.2%)	
356	<b>SZTANDERSKI Lukasz</b>	<b>88 X</b>		M	356	02:32:06	05:15:27	05:15:38	08:47:05	13:57:23	16:21:37	17:58:28				+07:42:58	13:28	4.5 (69.2%)	
357	<b>SZYL Marek</b>	<b>8 X</b>	RUNNERS TEAM QUIBL	M	357	02:39:11	05:12:34	05:37:59	09:12:29	14:10:50	16:16:38	17:58:43				+07:43:02	13:29	4.4 (67.7%)	
358	<b>SIEMASZKO Daniel</b>	<b>155 X</b>		M	358	02:28:41	05:00:42	05:22:10	09:03:11	14:09:51	16:26:18	17:58:51				+07:43:00	13:29	4.4 (67.7%)	
359	<b>KOENIG Krzysztof</b>	<b>30 Y</b>		M	359	02:34:33	05:07:38	05:27:37	09:02:43	14:08:28	16:32:52	18:03:32				+07:47:54	13:32	4.4 (67.7%)	
360	<b>FURMAN Paweł</b>	<b>30 X</b>	HURAGAN LIGOTA	M	360	02:34:32	05:07:38	05:27:37	09:02:42	14:08:26	16:33:20	18:03:32				+07:47:54	13:32	4.4 (67.7%)	
361	<b>MYGA Sylwester</b>	<b>275 Y</b>		M	361	02:35:24	05:00:52	05:10:30	08:53:47	14:05:23	16:25:40	18:06:15				+07:51:01	13:34	4.4 (67.7%)	
362	<b>MAZURKIEWICZ Mariusz</b>	<b>275 X</b>		M	362	02:35:26	05:00:55	05:10:31	08:53:48	14:05:40	16:25:41	18:06:16				+07:51:01	13:34	4.4 (67.7%)	
363	<b>RZESZUTEK Jacek</b>	<b>265 X</b>		M	363	02:30:25	04:42:00	05:16:42	08:29:36	13:38:58	16:14:11	18:10:22				+07:55:03	13:37	4.4 (67.7%)	
364	<b>WOCHNIAK Michał</b>	<b>80 X</b>	WARRIORS ŁÓDŹ	M	364	02:37:43	05:00:45	05:13:23	08:55:15	14:18:11	16:24:04	18:14:19				+07:58:38	13:40	4.4 (67.7%)	
365	<b>GUZEK Kamil</b>	<b>80 Y</b>	WARRIORS ŁÓDŹ	M	365	02:37:43	05:00:46	05:13:23	08:55:18	14:18:19	16:24:04	18:14:19				+07:58:38	13:40	4.4 (67.7%)	
366	<b>KUDELA Marek</b>	<b>185 Y</b>		M	366	02:31:34	04:58:20	05:28:47	08:53:13	13:52:35	16:59:48	18:16:02				+08:00:44	13:42	4.4 (67.7%)	
367	<b>WASILEWSKI Marcin</b>	<b>185 X</b>		M	367	02:31:35	04:58:20	05:29:17	08:53:13	13:52:35	16:59:50	18:16:12				+08:00:54	13:42	4.4 (67.7%)	
368	<b>SOBİŁO Marek</b>	<b>135 Y</b>		M	368	03:05:46	05:50:52	05:53:29	09:41:34	14:30:05	16:44:58	18:19:05				+08:03:05	13:44	4.4 (67.7%)	
369	<b>MARKULAK Marcin</b>	<b>135 X</b>		M	369	03:05:47	05:50:52	05:53:39	09:41:36	14:30:07	16:44:58	18:19:09				+08:03:10	13:44	4.4 (67.7%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	Wyjście	Czas	Czas	Różn	Tempo min/km	Tempo km/h
													HC 80.1km	netto 105km	brutto 105km			
370	SARAPUK Piotr	64 X		M	370	02:31:08	04:58:55	05:36:17	09:11:48	14:25:17	16:32:21	18:19:31				+08:03:25	13:44	4.4 (67.7%)
371	CZEKAJ Krzysztof	109 Y		M	371	02:40:53	05:12:55	05:27:17	09:01:16	14:25:13	16:42:30	18:37:02				+08:20:37	13:57	4.3 (66.2%)
372	STACHOWIAK Damian	109 X	CR	M	372	02:40:58	05:12:53	05:27:19	09:01:23	14:25:18	16:45:44	18:37:03				+08:20:38	13:57	4.3 (66.2%)
373	MYSZKIER Mariusz	22 Y		M	373	02:34:52	05:00:02	05:28:00	08:59:20	14:14:55	16:45:12	18:45:38				+08:30:21	14:04	4.3 (66.2%)
374	JELINSKI Jaroslaw	22 X		M	374	02:34:53	05:00:00	05:27:58	08:59:21	14:15:00	16:45:13	18:45:38				+08:30:21	14:04	4.3 (66.2%)
375	ZWARDON Rafał	10 Y	SPRINTEX TEAM	M	375	02:36:19	05:07:33	05:38:56	09:27:50	14:41:12	17:15:24	18:46:28				+08:31:07	14:04	4.3 (66.2%)
376	ŁACIAK Jakub	68 Y	SPRINTEX TEAM	M	376	02:36:10	05:07:31	05:36:53	09:27:46	14:41:03	17:15:12	18:46:29				+08:31:06	14:04	4.3 (66.2%)
377	KASTELIK Dariusz	68 X	SPRINTEX TEAM	M	377	02:36:10	05:07:33	05:36:53	09:27:46	14:41:01	17:15:11	18:46:30				+08:31:06	14:04	4.3 (66.2%)
378	OLEJKO Radosław	171 Y	POLIPACK TEAM GWE	M	378	02:52:20	05:44:37	05:56:08	09:45:23	14:36:03	17:15:39	18:50:41				+08:35:07	14:08	4.2 (64.6%)
379	SIKORA Mateusz	122 X	#NOLIMITS	M	379	02:31:40	04:52:08	05:06:58	08:48:50	13:52:23	16:42:14	18:57:29				+08:42:19	14:13	4.2 (64.6%)
380	SUŁUJA Jakub	287 Y	POLSKA	M	380	02:24:12	04:36:00	05:02:53	08:12:12	13:48:52	17:05:37	18:57:35				+08:42:09	14:13	4.2 (64.6%)
381	JABŁCZYŃSKI Paweł	225 Y		M	381	02:50:35	05:25:43	05:49:58	09:28:11	14:42:36	17:32:01	19:29:38				+09:14:12	14:37	4.1 (63.1%)
382	HORN Rafał	225 X		M	382	02:50:38	05:25:52	05:49:56	09:28:13	14:42:04	17:32:03	19:29:40				+09:14:14	14:37	4.1 (63.1%)
	MARKS Piotr	102 X		M		02:56:43 DNF	05:42:15 DNF	05:52:08 DNF	09:28:26 DNF	14:13:10 DNF	16:30:27 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GUZIK Tomasz	102 Y		M		02:56:45 DNF	05:42:16 DNF	05:52:09 DNF	09:28:28 DNF	14:13:12 DNF	16:30:27 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PARANDYK Krystian	111 X	META NADARZYN	M		02:41:33 DNF	05:17:10 DNF	05:36:04 DNF	09:32:27 DNF	14:37:07 DNF	17:21:27 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PODWYSOCKI Wojciech	60 X	SUT STRASZYN	M		02:30:49 DNF	04:58:58 DNF	05:30:09 DNF	09:01:04 DNF	14:29:26 DNF	17:21:30 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PŁOCIENICZAK Jacek	44 X	BIEGOWE WIÓRKI	M		02:48:56 DNF	05:25:36 DNF	05:44:52 DNF	09:36:26 DNF	14:37:07 DNF	17:35:37 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MAZUR Michał	247 X		M		02:13:46 DNF	04:12:20 DNF	04:27:14 DNF	07:18:40 DNF	11:40:04 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	LEWANDA Piotr	247 Y		M		02:13:45 DNF	04:12:20 DNF	04:27:15 DNF	07:18:43 DNF	11:40:10 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PETRYNA Paweł	14 Y	MOVIE BEATS RUNNING TEAM	M		02:16:20 DNF	04:16:28 DNF	04:44:38 DNF	07:48:27 DNF	12:42:02 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KOWALEWSKI Krzysztof	14 X	MOVIE BEATS RUNNING TEAM	M		02:16:22 DNF	04:16:28 DNF	04:44:38 DNF	07:48:17 DNF	12:42:03 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WILK Błażej	36 X	SPC	M		02:30:47 DNF	04:40:47 DNF	04:54:50 DNF	07:56:08 DNF	12:58:05 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BABUSKA Lukasz	151 X		M		02:20:16 DNF	04:49:11 DNF	04:55:53 DNF	08:19:14 DNF	13:12:47 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	OLSZEWSKI Jaroslaw	42 X		M		02:18:55 DNF	04:32:55 DNF	04:45:57 DNF	08:21:22 DNF	13:41:19 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	OLSZEWSKI Filip	42 Y		M		02:18:59 DNF	04:32:54 DNF	04:45:58 DNF	08:21:21 DNF	13:41:28 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	POPEK Bartosz	288 X		M		02:23:43 DNF	04:35:51 DNF	05:02:45 DNF	08:12:11 DNF	13:53:49 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	STREIT Dawid	240 X		M		02:03:19 DNF	03:56:43 DNF	03:58:41 DNF	06:19:37 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GRZESZAK Rafał	114 Y	DIRTY RUNNERS	M		02:27:50 DNF	04:49:38 DNF	05:01:15 DNF	07:31:48 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	Wyjście HC 80.1km	Czas netto 105km	Czas brutto 105km	Różn	Tempo min/km	Tempo km/h
	<b>TĘCZA Dariusz</b>	<b>292 X</b>	BIEGAJ W JEDLINIE	M		02:21:26 DNF	04:37:25 DNF	04:52:14 DNF	08:16:29 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>RAMOTOWSKI Marcin</b>	<b>116 X</b>		M		02:22:32 DNF	04:40:12 DNF	05:08:23 DNF	08:22:46 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>TYSZKA Dariusz</b>	<b>116 Y</b>		M		02:23:02 DNF	04:40:27 DNF	05:08:24 DNF	08:23:08 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GŁOWACKI Krzysztof</b>	<b>145 Y</b>	SZAKALE BAŁUT ŁÓDŹ	M		02:08:17 DNF	04:19:01 DNF	04:26:26 DNF	08:32:11 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WÓJCIK Adrian</b>	<b>145 X</b>	SZAKALE BAŁUT ŁÓDŹ	M		02:08:18 DNF	04:19:05 DNF	04:26:14 DNF	08:32:25 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WRÓBEL Tomasz</b>	<b>134 X</b>	MATNER TEAM	M		02:28:18 DNF	04:44:33 DNF	05:09:17 DNF	09:11:10 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>RUTKOWSKI Artur</b>	<b>134 Y</b>		M		02:28:16 DNF	04:44:32 DNF	05:09:17 DNF	09:11:17 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>HARNIK Michal</b>	<b>296 X</b>	KOPALNIA MOCY	M		02:32:45 DNF	05:12:57 DNF	05:34:13 DNF	09:27:13 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KONDEK Dominik</b>	<b>296 Y</b>	KOPALNIA MOCY	M		02:32:41 DNF	05:12:59 DNF	05:34:12 DNF	09:27:15 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CIESINSKI Łukasz</b>	<b>15 Y</b>	IRON TEAM	M		02:31:44 DNF	05:08:02 DNF	05:30:43 DNF	09:32:20 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WÓJCIK Kamil</b>	<b>177 Y</b>	META NADARZYN	M		02:52:48 DNF	05:13:24 DNF	05:36:05 DNF	09:32:32 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DRZEWIECKI Mateusz</b>	<b>133 X</b>		M		02:30:33 DNF	04:57:30 DNF	05:33:09 DNF	09:34:47 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MIZERA Dawid</b>	<b>133 Y</b>		M		02:30:33 DNF	04:57:33 DNF	05:33:08 DNF	09:34:55 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KWAŚNIOK Rafał</b>	<b>103 Y</b>		M		02:53:19 DNF	05:37:53 DNF	05:49:36 DNF	09:37:02 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DACZYŃSKI Michał</b>	<b>153 X</b>	VEGE RUNNERS	M		02:46:01 DNF	05:22:55 DNF	05:42:52 DNF	09:53:46 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KALINOWSKI Arkadiusz</b>	<b>239 Y</b>		M		02:33:17 DNF	05:07:27 DNF	05:24:52 DNF	09:54:55 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JAFISZOW Michał</b>	<b>239 X</b>		M		02:33:16 DNF	05:07:26 DNF	05:24:53 DNF	09:54:55 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JANCZAREK Łukasz</b>	<b>309 Y</b>		M		02:43:53 DNF	05:31:09 DNF	05:51:24 DNF	10:00:25 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>RYSZCZYK Adam</b>	<b>309 X</b>		M		02:44:06 DNF	05:31:08 DNF	05:50:33 DNF	10:00:35 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GAWEŁ Krzysztof</b>	<b>249 X</b>	ANIELSKI ORSZAK	M		02:29:32 DNF	05:05:35 DNF	05:55:03 DNF	10:05:21 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KUNICKI Robert</b>	<b>249 Y</b>	ANIELSKI ORSZAK	M		02:29:32 DNF	05:05:35 DNF	05:55:04 DNF	10:05:21 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KAJEWSKI Rafał</b>	<b>223 X</b>		M		02:58:13 DNF	05:53:26 DNF	06:03:47 DNF	10:43:08 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>FUS Maciej</b>	<b>212 Y</b>		M		02:13:59 DNF	04:12:14 DNF	04:19:45 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WOŁOSZYN Artur</b>	<b>212 X</b>		M		02:14:00 DNF	04:12:15 DNF	04:19:47 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CZYNSZAK Krystian</b>	<b>202 X</b>		M		02:34:01 DNF	05:01:17 DNF	05:26:13 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PNIEWSKI Rafał</b>	<b>61 Y</b>	1ON1 TEAM	M		02:42:35 DNF	05:40:04 DNF	05:50:50 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GÓRNY Adam</b>	<b>110 Y</b>		M		02:54:28 DNF	05:53:48 DNF	06:04:04 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ORŁOWSKI Jakub</b>	<b>285 Y</b>	KOBRA	M		02:30:55 DNF	06:08:53 DNF	06:13:47 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PACIOREK Hubert</b>	<b>285 X</b>	KOBRA	M		02:36:43 DNF	06:08:54 DNF	06:13:48 DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Wyjście											Różn	Tempo min/km	Tempo km/h
						Żebrak 15.4km	Cisna I 32.1km	Cisna II 32.2km	Smerek 49km	Roztoki 67.5km	Liszna 74.7km	Finish 80km	HC 80.1km	netto 105km	brutto 105km				
	<b>CZUBA Paweł</b>	<b>71 X</b>		M		02:28:12 DNF	04:47:18 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>MATYJASEK Zbigniew</b>	<b>107 Y</b>	TKKF KOSZALIN	M		02:21:55 DNF	04:48:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>BĄK Bogdan</b>	<b>62 Y</b>		M		02:44:03 DNF	04:55:34 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>KUKIEŁA Tomasz</b>	<b>57 Y</b>	BIEGOLAS KOSZALIN	M		02:22:35 DNF	05:09:26 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>KLEPACKI Maciej</b>	<b>123 X</b>		M		02:48:53 DNF	05:33:09 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>TOKARSKI Leszek</b>	<b>123 Y</b>		M		02:48:46 DNF	05:33:10 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>MAJKA Dariusz</b>	<b>163 Y</b>		M		02:59:08 DNF	06:10:44 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>WIELGOSZ Mariusz</b>	<b>163 X</b>		M		02:59:07 DNF	06:10:45 DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>POPEK Maciej</b>	<b>287 X</b>	POLSKA	M		02:23:51 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>ŚWIĄTEK Paweł</b>	<b>65 X</b>		M		02:28:00 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>KWIECIEŃ Marcin</b>	<b>65 Y</b>		M		02:28:14 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>WYSMOLIŃSKI Jan</b>	<b>214 Y</b>		M		02:35:30 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>OLEJARNIK Daniel</b>	<b>98 X</b>		M		02:36:09 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>JAKUBOWICZ Daniel</b>	<b>98 Y</b>		M		02:36:25 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>NOWICKI Jarosław</b>	<b>62 X</b>		M		02:44:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>KUTNIK Mirosław</b>	<b>91 Y</b>		M		DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		
	<b>WRÓBEL Tomasz</b>	<b>115 Y</b>		M		DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)		

Znaleziono 444 wynik(ów)