

**Organizator:** Ośrodek Sportu i Rekreacji w Sławnie  
**Data:** 2017-05-13  
**Miejsce:** Sławno  
**Dystans:** 10 km



Klasyfikacja: K-Powiat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 0.07km	Finish_All 3.38km	Finish_All 6.69km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>ŁAGUTKO Kamila</b>	<b>154</b>	ŻYJ Z ENERGIA	K-30	4	00:00:05	00:00:17	00:13:40	00:27:57	<b>00:42:32.30</b>	<b>00:42:37.50</b>		4:15	14.1 (100%)
2	<b>DOMITRZ Katarzyna</b>	<b>30</b>	ŻYJ Z ENERGIA	K-30	9	00:00:07	00:00:21	00:15:26	00:31:48	<b>00:47:21.85</b>	<b>00:47:29.05</b>	+00:04:49 (10.2%)	4:44	12.7 (90.1%)
3	<b>HARBUTIAK Monika</b>	<b>66</b>	ŻYJ Z ENERGIA	K-18	3	00:00:06	00:00:17	00:16:29	00:33:44	<b>00:50:05.10</b>	<b>00:50:11.40</b>	+00:07:32 (15.1%)	5:00	12 (85.1%)
4	<b>LASKA Agnieszka</b>	<b>146</b>	MKS 'ŚWIĘC' SŁAWNO	K-40	5	00:00:10	00:00:20	00:16:34	00:33:24	<b>00:50:15.40</b>	<b>00:50:25.75</b>	+00:07:43 (15.4%)	5:01	11.9 (84.4%)
5	<b>MIKINKA Magdalena</b>	<b>177</b>		K-30	13	00:00:11	00:00:21	00:16:53	00:34:16	<b>00:51:36.10</b>	<b>00:51:47.30</b>	+00:09:03 (17.6%)	5:09	11.6 (82.3%)
6	<b>ZIELENIEWICZ Weronika</b>	<b>310</b>		K-18	6	00:00:04	00:00:17	00:15:56	00:33:58	<b>00:52:20.95</b>	<b>00:52:25.60</b>	+00:09:48 (18.7%)	5:14	11.5 (81.6%)
7	<b>JĘDRUSZCZAK Izabela</b>	<b>91</b>		K-30	16	00:00:19	00:00:25	00:17:16	00:34:44	<b>00:52:26.15</b>	<b>00:52:45.30</b>	+00:09:53 (18.9%)	5:14	11.4 (80.9%)
8	<b>ANTOSIK Grażyna</b>	<b>3</b>	KS OLSZEWSKI I SYNOWIE	K-30	17	00:00:12	00:00:23	00:16:42	00:34:29	<b>00:52:26.65</b>	<b>00:52:38.75</b>	+00:09:54 (18.9%)	5:14	11.4 (80.9%)
9	<b>MACHŁAJ Sonia</b>	<b>158</b>		K-18	7	00:00:13	00:00:23	00:16:30	00:34:48	<b>00:52:53.20</b>	<b>00:53:06.60</b>	+00:10:20 (19.6%)	5:17	11.3 (80.1%)
10	<b>KOŚLA Sara</b>	<b>122</b>	ZSP1 SŁUPSK	K-18	8	00:00:02	00:00:17	00:16:35	00:35:44	<b>00:52:54.70</b>	<b>00:52:57.50</b>	+00:10:22 (19.6%)	5:17	11.3 (80.1%)
11	<b>ROMAN Sylwia</b>	<b>222</b>	MKS 'ŚWIĘC' SŁAWNO	K-40	8	00:00:14	00:00:22	00:16:46	00:34:57	<b>00:52:58.00</b>	<b>00:53:12.10</b>	+00:10:25 (19.7%)	5:17	11.3 (80.1%)
12	<b>KONKEL Joanna</b>	<b>114</b>	MKS 'ŚWIĘC' SŁAWNO	K-50	4	00:00:15	00:00:24	00:17:36	00:35:33	<b>00:54:11.70</b>	<b>00:54:27.20</b>	+00:11:39 (21.5%)	5:25	11.1 (78.7%)
13	<b>MAZIEC Magdalena</b>	<b>167</b>		K-30	19	00:00:15	00:00:26	00:17:56	00:36:14	<b>00:54:13.75</b>	<b>00:54:29.25</b>	+00:11:41 (21.6%)	5:25	11.1 (78.7%)
14	<b>MAZIEC Beata</b>	<b>166</b>		K-30	20	00:00:15	00:00:26	00:17:57	00:36:15	<b>00:54:14.15</b>	<b>00:54:29.30</b>	+00:11:41 (21.6%)	5:25	11.1 (78.7%)

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15	<b>MICHNO Joanna</b>	<b>175</b>		K-30	21	00:00:10	00:00:24	00:17:41	00:35:59	<b>00:54:34.50</b>	<b>00:54:45.45</b>	+00:12:02 (22.1%)	5:27	11 (78.0%)
16	<b>STOJEWSKA Katarzyna</b>	<b>247</b>	JA_BEZ_SILNA	K-18	11	00:00:11	00:00:23	00:17:15	00:36:02	<b>00:55:01.55</b>	<b>00:55:12.75</b>	+00:12:29 (22.7%)	5:30	10.9 (77.3%)
17	<b>BUZE Małgorzata</b>	<b>18</b>	KS OLSZEWSKI I SYNOWIE	K-40	12	00:00:11	00:00:23	00:17:57	00:36:27	<b>00:55:07.00</b>	<b>00:55:18.80</b>	+00:12:34 (22.8%)	5:30	10.9 (77.3%)
17	<b>KACZMAREK Marta</b>	<b>94</b>		K-30	23	00:00:11	00:00:23	00:18:07	00:36:38	<b>00:55:07.30</b>	<b>00:55:18.80</b>	+00:12:35 (22.8%)	5:30	10.9 (77.3%)
19	<b>ZYCH Dorota</b>	<b>313</b>		K-40	13	00:00:11	00:00:23	00:18:07	00:36:38	<b>00:55:08.05</b>	<b>00:55:19.05</b>	+00:12:35 (22.8%)	5:30	10.9 (77.3%)
20	<b>PLATH-KOPERSKA Krystyna</b>	<b>211</b>		K-50	6	00:00:19	00:00:26	00:18:04	00:36:52	<b>00:56:23.00</b>	<b>00:56:42.65</b>	+00:13:50 (24.6%)	5:38	10.6 (75.2%)
21	<b>MIECZKOWSKA Małgorzata</b>	<b>176</b>	ŻYJ Z ENERGIA	K-30	28	00:00:22	00:00:26	00:19:05	00:38:29	<b>00:58:05.40</b>	<b>00:58:27.45</b>	+00:15:33 (26.8%)	5:48	10.3 (73.0%)
22	<b>KONARSKA Joanna</b>	<b>110</b>		K-18	12	00:00:16	00:00:25	00:19:11	00:39:09	<b>00:58:42.20</b>	<b>00:58:58.70</b>	+00:16:09 (27.5%)	5:52	10.2 (72.3%)
23	<b>KONARSKA Monika</b>	<b>111</b>		K-18	13	00:00:16	00:00:26	00:19:11	00:39:09	<b>00:58:42.60</b>	<b>00:58:59.10</b>	+00:16:10 (27.5%)	5:52	10.2 (72.3%)
24	<b>KOROLCZUK Karolina</b>	<b>120</b>		K-30	29	00:00:14	00:00:25	00:19:11	00:39:24	<b>00:58:48.40</b>	<b>00:59:02.40</b>	+00:16:16 (27.7%)	5:52	10.2 (72.3%)
25	<b>MODLISZEWSKA-BAJTEK Joanna</b>	<b>181</b>	BANK SPÓŁDZIELCZY W SŁAWNIE	K-30	30	00:00:12	00:00:29	00:19:13	00:39:26	<b>00:58:50.45</b>	<b>00:59:02.45</b>	+00:16:18 (27.7%)	5:53	10.2 (72.3%)
26	<b>ŚWIEBODA Alicja</b>	<b>266</b>		K-30	31	00:00:13	00:00:25	00:19:31	00:39:17	<b>00:58:58.90</b>	<b>00:59:12.85</b>	+00:16:26 (27.9%)	5:53	10.2 (72.3%)
27	<b>MAJ Agnieszka</b>	<b>159</b>		K-30	32	00:00:17	00:00:26	00:19:30	00:39:34	<b>00:59:23.45</b>	<b>00:59:41.40</b>	+00:16:51 (28.4%)	5:56	10.1 (71.6%)
28	<b>ORDAK Iwona</b>	<b>195</b>		K-30	33	00:00:21	00:00:27	00:19:20	00:39:03	<b>00:59:38.00</b>	<b>00:59:59.80</b>	+00:17:05 (28.7%)	5:57	10.1 (71.6%)
29	<b>TKACZ-KRAŻKO Ewa</b>	<b>271</b>		K-18	14	00:00:17	00:00:25	00:19:21	00:39:28	<b>00:59:53.30</b>	<b>01:00:10.30</b>	+00:17:21 (29.0%)	5:59	10 (70.9%)
30	<b>BONISŁAWSKA Małgorzata</b>	<b>319</b>	ZUZA&ZOSIA	K-30	34	00:00:21	00:00:26	00:19:26	00:40:01	<b>01:01:45.40</b>	<b>01:02:07.30</b>	+00:19:13 (31.1%)	6:10	9.7 (68.8%)
31	<b>LASKA Hanna</b>	<b>147</b>		K-18	15	00:00:15	00:00:27	00:20:58	00:44:27	<b>01:09:05.25</b>	<b>01:09:20.40</b>	+00:26:32 (38.4%)	6:54	8.7 (61.7%)
32	<b>KRAWCZUK-KIEŁB Anna</b>	<b>132</b>	ŻYJ Z ENERGIA	K-40	21	00:00:21	00:00:28	00:24:01	00:49:09	<b>01:14:44.00</b>	<b>01:15:05.90</b>	+00:32:11 (43.1%)	7:28	8 (56.7%)
	<b>ZBYSZYŃSKA Joanna</b>	<b>307</b>		K-18		DNF	00:00:25 DNF	00:20:41 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>RUBACHA Agata</b>	<b>226</b>		K-18		DNF	00:00:22 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 34 wynik(ów)