

Organizator: Ośrodek Sportu i Rekreacji w Sławnie
Data: 2017-05-13
Miejsce: Sławno
Dystans: 10 km



Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 0.07km	Finish_All 3.38km	Finish_All 6.69km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KULCZYK Jerzy	332		M-50	1	00:00:03	00:00:14	00:12:01	00:24:07	00:36:10.75	00:36:13.90		3:37	16.6 (100%)
2	SZAMREJ Wojciech	256		M-50	2	00:00:07	00:00:16	00:13:46	00:28:38	00:43:15.35	00:43:22.70	+00:07:04 (16.4%)	4:19	13.9 (83.7%)
3	CZAJA Andrzej	22	UKS EKONOMIK MARATOŃCZYK LĘBORK	M-50	3	00:00:05	00:00:18	00:14:02	00:28:41	00:43:32.95	00:43:38.10	+00:07:22 (16.9%)	4:21	13.8 (83.1%)
4	RUTKOWSKI Ryszard	228	RUTKOWSKI TEAM	M-50	4	00:00:06	00:00:17	00:13:48	00:29:01	00:44:24.50	00:44:31.00	+00:08:13 (18.5%)	4:26	13.5 (81.3%)
5	WILIŃSKI Marek	292	K.B. SPRINT ŚWIDWIN	M-50	5	00:00:06	00:00:21	00:15:32	00:31:14	00:46:39.95	00:46:46.85	+00:10:29 (22.5%)	4:40	12.9 (77.7%)
6	MAJCHRZAK Dariusz	161	CPSP USTKA	M-50	6	00:00:06	00:00:19	00:14:48	00:30:38	00:47:13.65	00:47:20.05	+00:11:02 (23.4%)	4:43	12.7 (76.5%)
7	ŚWIETLIK Tomasz	267		M-50	7	00:00:22	00:00:26	00:15:39	00:31:36	00:47:46.85	00:48:09.40	+00:11:36 (24.3%)	4:46	12.6 (75.9%)
8	WITKOWSKI Krzysztof	298	MKS 'ŚWIĘC' SŁAWNO	M-50	8	00:00:18	00:00:22	00:15:29	00:31:42	00:48:12.55	00:48:30.60	+00:12:01 (25.0%)	4:49	12.4 (74.7%)
9	SKOWYRSKI Janusz	238	TKKF KOSZALIN	M-50	9	00:00:08	00:00:20	00:15:33	00:32:30	00:49:13.70	00:49:22.60	+00:13:02 (26.5%)	4:55	12.2 (73.5%)
10	KUBIŃSKI Rafał	139	NIGHT RUNNERS SŁUPSK	M-50	10	00:00:10	00:00:21	00:16:00	00:32:56	00:50:14.00	00:50:24.80	+00:14:03 (28.0%)	5:01	11.9 (71.7%)
11	KRUSZYŃSKI Stanisław	135	RUNNERSWALDE DARŁOWO	M-50	11	00:00:18	00:00:25	00:17:12	00:34:08	00:50:30.40	00:50:48.80	+00:14:19 (28.4%)	5:03	11.9 (71.7%)
12	SZCZEPANIAK Jacek	257	KORZYBSKIE REKINY	M-50	12	00:00:12	00:00:23	00:15:41	00:33:02	00:50:51.40	00:51:03.90	+00:14:40 (28.9%)	5:05	11.8 (71.1%)
13	MEGIER Wojtek	169		M-50	13	00:00:10	00:00:23	00:17:20	00:35:16	00:52:43.00	00:52:53.90	+00:16:32 (31.4%)	5:16	11.4 (68.7%)
14	ZAWADA Andrzej	306	WYBRZEŻE OBJAZDA	M-50	14	00:00:12	00:00:22	00:16:24	00:35:35	00:52:58.60	00:53:10.85	+00:16:47 (31.7%)	5:17	11.3 (68.1%)

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15	WOLAŃSKI Mariusz	299		M-50	15	00:00:09	00:00:21	00:16:57	00:34:57	00:53:04.10	00:53:13.50	+00:16:53 (31.8%)	5:18	11.3 (68.1%)
16	LAMPKOWSKI Krzysztof	145		M-50	16	00:00:08	00:00:22	00:16:14	00:34:47	00:53:34.20	00:53:42.85	+00:17:23 (32.5%)	5:21	11.2 (67.5%)
17	MRUGALSKI Stanisław	184		M-50	17	00:00:27	00:00:26	00:18:28	00:36:38	00:54:50.65	00:55:18.25	+00:18:39 (34.0%)	5:29	10.9 (65.7%)
18	KRÓLIKOWSKI Andrzej	133		M-50	18	00:00:20	00:00:26	00:18:11	00:36:32	00:55:05.55	00:55:26.15	+00:18:54 (34.3%)	5:30	10.9 (65.7%)
19	TWOREK Józef	321	MKS 'ŚWIĘC' SŁAWNO	M-50	19	00:00:14	00:00:26	00:18:04	00:36:46	00:56:19.65	00:56:34.55	+00:20:08 (35.8%)	5:38	10.7 (64.5%)
20	KOPERSKI Jan	117	MKS 'ŚWIĘC' SŁAWNO	M-50	20	00:00:19	00:00:26	00:18:04	00:36:51	00:56:23.25	00:56:42.70	+00:20:12 (35.8%)	5:38	10.6 (63.9%)
21	MARCZAK Andrzej	330		M-50	21	00:00:09	00:00:23	00:18:48	00:38:06	00:57:37.40	00:57:46.75	+00:21:26 (37.2%)	5:45	10.4 (62.7%)
22	BALCERZAK Bogdan	4	ZSM DARŁOWO	M-50	22	00:00:21	00:00:26	00:19:12	00:38:51	00:58:30.70	00:58:51.75	+00:22:19 (38.2%)	5:51	10.3 (62.0%)
23	GÓRNIAK Stanisław	56		M-50	23	00:00:09	00:00:25	00:19:05	00:38:59	00:58:58.70	00:59:08.40	+00:22:47 (38.7%)	5:53	10.2 (61.4%)
24	JAROCKI Tomasz	85		M-50	24	00:00:25	00:00:27	00:24:18	00:49:27	01:15:00.10	01:15:25.15	+00:38:49 (51.8%)	7:30	8 (48.2%)

Znaleziono 24 wynik(ów)