

Organizator: Ośrodek Sportu i Rekreacji w Sławnie
Data: 2017-05-13
Miejsce: Sławno
Dystans: 10 km



Klasyfikacja: Święc-M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 0.07km	Finish_All 3.38km	Finish_All 6.69km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	WILCZEWSKI Krzysztof	290	MKS 'ŚWIĘC' SŁAWNO	M-30	2	00:00:04	00:00:13	00:12:21	00:24:42	00:36:59.95	00:37:04.10		3:42	16.2 (100%)
2	WILCZEWSKI Mariusz	291	MKS 'ŚWIĘC' SŁAWNO	M-30	4	00:00:04	00:00:14	00:12:38	00:25:58	00:39:25.90	00:39:30.05	+00:02:25 (6.2%)	3:56	15.2 (93.8%)
3	KRUKOWSKI Błażej	134	MKS 'ŚWIĘC' SŁAWNO	M-30	7	00:00:05	00:00:15	00:13:02	00:26:16	00:39:34.55	00:39:40.00	+00:02:34 (6.5%)	3:57	15.2 (93.8%)
4	RYGIELSKI Arkadiusz	231	MKS 'ŚWIĘC' SŁAWNO	M-18	10	00:00:04	00:00:14	00:13:49	00:29:01	00:44:04.40	00:44:08.65	+00:07:04 (16.1%)	4:24	13.6 (84.0%)
5	KURCZYK Zbigniew	143	MKS 'ŚWIĘC' SŁAWNO	M-40	28	00:00:07	00:00:22	00:15:22	00:30:45	00:46:12.90	00:46:20.45	+00:09:12 (19.9%)	4:37	13 (80.2%)
6	RÓG Bartosz	224	MKS 'ŚWIĘC' SŁAWNO	M-30	29	00:00:10	00:00:20	00:14:29	00:30:25	00:46:37.65	00:46:47.90	+00:09:37 (20.6%)	4:39	12.9 (79.6%)
7	TELESIEWICZ Henryk	269	MKS 'ŚWIĘC' SŁAWNO	M-70+	1	00:00:03	00:00:17	00:15:12	00:31:00	00:46:51.10	00:46:55.00	+00:09:51 (21.0%)	4:41	12.8 (79.0%)
8	WITKOWSKI Krzysztof	298	MKS 'ŚWIĘC' SŁAWNO	M-50	8	00:00:18	00:00:22	00:15:29	00:31:42	00:48:12.55	00:48:30.60	+00:11:12 (23.3%)	4:49	12.4 (76.5%)
9	KOZŁOWSKI Adrian	129	MKS 'ŚWIĘC' SŁAWNO	M-18	19	00:00:04	00:00:16	00:14:23	00:31:04	00:48:25.75	00:48:30.40	+00:11:25 (23.6%)	4:50	12.4 (76.5%)
10	SKIERKA Grzegorz	236	MKS 'ŚWIĘC' SŁAWNO	M-30	43	00:00:14	00:00:25	00:16:06	00:33:08	00:51:14.30	00:51:29.00	+00:14:14 (27.8%)	5:07	11.7 (72.2%)
11	BIERNAT Krzysztof	317	MKS 'ŚWIĘC' SŁAWNO	M-30	50	00:00:12	00:00:24	00:16:49	00:34:16	00:52:05.35	00:52:17.90	+00:15:05 (29.0%)	5:12	11.5 (71.0%)
12	MICHALAK Wojciech	174	MKS 'ŚWIĘC' SŁAWNO	M-40	52	00:00:03	00:00:11	00:17:16	00:35:36	00:53:42.90	00:53:46.15	+00:16:42 (31.1%)	5:22	11.2 (69.1%)
13	GOSTOMCZYK Marek	55	MKS 'ŚWIĘC' SŁAWNO	M-40	53	00:00:05	00:00:18	00:16:16	00:34:57	00:54:09.40	00:54:15.30	+00:17:09 (31.7%)	5:25	11.1 (68.5%)
14	TWOREK Józef	321	MKS 'ŚWIĘC' SŁAWNO	M-50	19	00:00:14	00:00:26	00:18:04	00:36:46	00:56:19.65	00:56:34.55	+00:19:19 (34.3%)	5:38	10.7 (66.0%)
15	KOPERSKI Jan	117	MKS 'ŚWIĘC' SŁAWNO	M-50	20	00:00:19	00:00:26	00:18:04	00:36:51	00:56:23.25	00:56:42.70	+00:19:23 (34.4%)	5:38	10.6 (65.4%)

Znaleziono 15 wynik(ów)