

XXI BIEG WENEDÓW - 10KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Event: XXI Bieg Wenedów
Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Date: 2023-06-25
Place: Koszalin
Distance: 10 km



Classification: M-50

Place	Participant	Number	Club	Category	MCat	2km	4km	6km	8km	Net time 10km	Gap	Pace min/km	Pace km/h
1	MACKOJĆ Krzysztof	38	EL-MACKOJĆ	M-50	1	00:08:10	00:16:28	00:25:03	00:33:35	00:41:52.80		4:11	14.3 (100%)
2	GRZESIK Eugeniusz	18	TKKF KOSZALIN	M-50	2	00:08:39	00:17:46	00:27:05	00:36:29	00:45:33.00	+00:03:40 (8.1%)	4:33	13.2 (92.3%)
3	MOSZYŃSKI Jacek	44	TKKF KOSZALIN	M-50	3	00:09:42	00:19:33	00:29:31	00:39:34	00:49:44.35	+00:07:51 (15.8%)	4:58	12.1 (84.6%)
4	KISIELIŃSKI Igor	26		M-50	4	00:09:59	00:20:06	00:30:49	00:41:58	00:53:16.75	+00:11:23 (21.4%)	5:19	11.3 (79.0%)
5	BARTKOWIAK Wojciech	4		M-50	5	00:09:48	00:20:19	00:31:15	00:42:24	00:53:20.95	+00:11:28 (21.5%)	5:20	11.3 (79.0%)
6	HAMULAK Dariusz	20	BIAŁOGARD BIEGA	M-50	6	00:10:27	00:21:12	00:32:09	00:43:09	00:54:04.25	+00:12:11 (22.5%)	5:24	11.1 (77.6%)
7	DĄBROWSKI Grzegorz	9	MNC NE	M-50	7	00:10:34	00:21:41	00:33:02	00:44:22	00:55:40.05	+00:13:47 (24.8%)	5:34	10.8 (75.5%)
8	KUROWSKI Marcin	34		M-50	8	00:12:56	00:25:05	00:36:35	00:47:55	00:58:13.25	+00:16:20 (28.1%)	5:49	10.3 (72.0%)

Total 8 results.