

# XXI BIEG WENEDÓW - 10KM

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Wydarzenie:** XXI Bieg Wenedów  
**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2023-06-25  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2km	4km	6km	8km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>METLICKA Wiktoria</b>	<b>42</b>	ULKS TALEX BORZYTUCHOM	K-18	1	00:08:38	00:17:24	00:26:14	00:35:12	<b>00:44:07.90</b>		4:24	13.6 (100%)
2	<b>DOMOWICZ Ewelina</b>	<b>10</b>		K-30	1	00:08:39	00:17:27	00:26:35	00:35:55	<b>00:45:20.15</b>	+00:01:12 (2.7%)	4:32	13.2 (97.1%)
3	<b>KONKEL Agnieszka</b>	<b>29</b>		K-30	2	00:08:47	00:17:46	00:27:02	00:36:37	<b>00:46:14.30</b>	+00:02:06 (4.6%)	4:37	13 (95.6%)
4	<b>STEFAŃSKA Małgorzata</b>	<b>55</b>	-	K-40	1	00:09:04	00:18:21	00:27:44	00:37:13	<b>00:46:27.25</b>	+00:02:19 (5.0%)	4:38	12.9 (94.9%)
5	<b>DRABKOWSKA Agnieszka</b>	<b>11</b>		K-40	2	00:09:29	00:19:17	00:29:22	00:39:30	<b>00:49:32.65</b>	+00:05:24 (10.9%)	4:57	12.1 (89.0%)
6	<b>DĄBROWSKA Alicja</b>	<b>8</b>	TKKF KOSZALIN	K-50	1	00:10:01	00:20:14	00:30:32	00:40:40	<b>00:50:23.35</b>	+00:06:15 (12.4%)	5:02	11.9 (87.5%)
7	<b>KRZEWIŃSKA Małgorzata</b>	<b>31</b>	TKKF KOSZALIN	K-60	1	00:09:44	00:19:52	00:30:14	00:40:46	<b>00:51:24.55</b>	+00:07:16 (14.2%)	5:08	11.7 (86.0%)
8	<b>GEDROWICZ Aleksandra</b>	<b>15</b>		K-30	3	00:09:52	00:20:23	00:31:17	00:42:08	<b>00:52:47.85</b>	+00:08:39 (16.4%)	5:16	11.4 (83.8%)
9	<b>WIĘSEK Natalia</b>	<b>62</b>	ULTRA WAY TEAM	K-30	4	00:10:14	00:21:15	00:32:22	00:43:45	<b>00:54:56.40</b>	+00:10:48 (19.7%)	5:29	10.9 (80.1%)
10	<b>KUBIAK Katarzyna</b>	<b>32</b>		K-40	3	00:09:53	00:20:27	00:31:41	00:43:22	<b>00:55:02.55</b>	+00:10:54 (19.8%)	5:30	10.9 (80.1%)
11	<b>SUCHODOLSKA Aleksandra</b>	<b>56</b>		K-30	5	00:10:54	00:21:58	00:33:36	00:45:23	<b>00:56:57.30</b>	+00:12:49 (22.5%)	5:41	10.5 (77.2%)
12	<b>NIEWIŃSKA SĘK Monika</b>	<b>45</b>		K-40	4	00:10:28	00:21:35	00:33:08	00:45:00	<b>00:56:58.00</b>	+00:12:50 (22.5%)	5:41	10.5 (77.2%)
13	<b>BOGACKA Lucyna</b>	<b>6</b>	TKKF KOSZALIN	K-60	2	00:11:13	00:22:44	00:34:36	00:46:42	<b>00:58:48.50</b>	+00:14:40 (25.0%)	5:52	10.2 (75.0%)
14	<b>SŁUPECKA Aneta</b>	<b>54</b>		K-30	6	00:11:47	00:23:48	00:38:04	00:51:43	<b>01:04:19.15</b>	+00:20:11 (31.4%)	6:25	9.3 (68.4%)
15	<b>OLESZKIEWICZ Magdalena</b>	<b>46</b>		K-18	2	00:11:47	00:23:49	00:38:04	00:51:43	<b>01:04:19.45</b>	+00:20:11 (31.4%)	6:25	9.3 (68.4%)
16	<b>SUDER-MAKSYMOWICZ Monika</b>	<b>57</b>		K-40	5	00:12:46	00:25:53	00:39:33	00:53:45	<b>01:07:31.85</b>	+00:23:23 (34.6%)	6:45	8.9 (65.4%)
17	<b>MAKSYLEWICZ Daniela</b>	<b>39</b>		K-18	3	00:12:21	00:26:21	00:40:17	00:54:49	<b>01:09:10.50</b>	+00:25:02 (36.2%)	6:55	8.7 (64.0%)
18	<b>PEŁKA Iwona</b>	<b>72</b>		K-50	2	00:12:47	00:26:02	00:40:19	00:55:50	<b>01:10:01.10</b>	+00:25:53 (37.0%)	7:00	8.6 (63.2%)

Znaleziono 18 wynik(ów)