



XXII BIEG ŚWIĘCÓW

B4SPORT

Organizator: Ośrodek Sportu i Rekreacji w Sławnie
Data: 2018-05-19
Miejsce: Sławno
Dystans: 10 km



Klasyfikacja: M-60

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | First_All 0.07km | End_All 3.38km | End_All 6.69km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|------------|-------------------------------|-----------|------|---------------------|-------------------|-------------------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 1 | CHUDY Henryk | 627 | | M-60 | 1 | 00:00:19 | 00:13:31 | 00:27:15 | 00:41:07.40 | 00:41:07.40 | | 4:06 | 14.6 (100%) |
| 2 | NAGÓREK Krzysztof | 754 | | M-60 | 2 | 00:00:17 | 00:13:44 | 00:27:42 | 00:41:34.30 | 00:41:34.30 | +00:00:26 (1.1%) | 4:09 | 14.4 (98.6%) |
| 3 | STRZELECKI Zbigniew | 810 | KORZYBSKIE REKINY | M-60 | 3 | 00:00:28 | 00:15:41 | 00:30:59 | 00:46:05.60 | 00:46:05.60 | +00:04:58 (10.8%) | 4:36 | 13 (89.0%) |
| 4 | GAWEŁ Zbigniew | 648 | MIASTO SŁUPSK | M-60 | 4 | 00:00:19 | 00:15:27 | 00:30:56 | 00:46:08.70 | 00:46:08.70 | +00:05:01 (10.9%) | 4:36 | 13 (89.0%) |
| 5 | KLASA Jan | 873 | UG CZARNA DĄBRÓWKA | M-60 | 5 | 00:00:37 | 00:16:15 | 00:32:25 | 00:49:05.75 | 00:49:05.75 | +00:07:58 (16.2%) | 4:54 | 12.2 (83.6%) |
| 6 | MALINOWSKI Adam | 734 | MKS 'ŚWIĘC' SŁAWNO | M-60 | 6 | 00:00:28 | 00:16:26 | 00:32:57 | 00:49:46.60 | 00:49:46.60 | +00:08:39 (17.4%) | 4:58 | 12.1 (82.9%) |
| 7 | KAZUSEK Jan | 690 | KB BRYZA POSTOMINO | M-60 | 7 | 00:00:29 | 00:16:49 | 00:33:47 | 00:51:18.75 | 00:51:18.75 | +00:10:11 (19.9%) | 5:07 | 11.7 (80.1%) |
| 8 | RĄCZKOWSKI Włodzimierz | 785 | FUNDACJA DZIEDZICTWO - SŁAWNO | M-60 | 8 | 00:00:43 | 00:17:29 | 00:34:37 | 00:51:52.05 | 00:51:52.05 | +00:10:44 (20.7%) | 5:11 | 11.6 (79.5%) |
| 9 | STANIASZEK Bogusław | 884 | TUPOT USTKA | M-60 | 9 | 00:00:35 | 00:19:44 | 00:37:48 | 00:54:05.60 | 00:54:05.60 | +00:12:58 (24.0%) | 5:24 | 11.1 (76.0%) |
| 10 | CZECH Roman | 631 | KLUB BIEGACZA GOCH BYTÓW | M-60 | 10 | 00:00:37 | 00:19:45 | 00:38:33 | 00:57:08.95 | 00:57:08.95 | +00:16:01 (28.0%) | 5:42 | 10.5 (71.9%) |
| 11 | ŁAKOMSKI Janusz | 729 | | M-60 | 11 | 00:00:39 | 00:19:21 | 00:38:38 | 00:57:11.75 | 00:57:11.75 | +00:16:04 (28.1%) | 5:43 | 10.5 (71.9%) |
| 12 | KOPERSKI Jan | 699 | | M-60 | 12 | 00:00:41 | 00:18:43 | 00:38:07 | 00:57:53.40 | 00:57:53.40 | +00:16:46 (29.0%) | 5:47 | 10.4 (71.2%) |
| 13 | HELLER Zdzisław | 664 | NIEZRZESZONY | M-60 | 13 | 00:00:40 | 00:20:17 | 00:40:55 | 01:01:11.85 | 01:01:11.85 | +00:20:04 (32.8%) | 6:07 | 9.8 (67.1%) |

Znaleziono 13 wynik(ów)