



XXII BIEG WENEDÓW - 10KM

B4SPORT
INTELLIGENT ENERGY SPORTS

Event: XXII Bieg Wenedów
Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Date: 2024-05-25
Place: Koszalin
Distance: 10 km



Classification: M-30

Place	Participant	Number	Club	Category	MCat	Start time	1.5km	3.2km	4.9km	6.6km	8.3km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	SZYMAŃSKI Łukasz	51	ZALEWSKI PERFORMANCE ACADEMY/BP POBIEROWO	M-30	1	00:00:00	00:05:18	00:11:36	00:17:58	00:24:28	00:31:05	00:37:43.00	00:37:43.00		3:46	15.9 (100%)
2	PIENIAWSKI Mateusz	42		M-30	2	00:00:00	00:05:47	00:12:43	00:19:50	00:27:13	00:34:38	00:41:53.05	00:41:53.05	+00:04:10 (10.0%)	4:11	14.3 (89.9%)
3	SAWICKI Marcin	46		M-30	3	00:00:00	00:06:13	00:13:30	00:20:47	00:28:13	00:35:32	00:42:31.85	00:42:31.85	+00:04:48 (11.3%)	4:15	14.1 (88.7%)
4	FLORCZYK Wojtek	12		M-30	4	00:00:00	00:06:05	00:13:34	00:21:05	00:28:42	00:36:07	00:43:33.30	00:43:33.30	+00:05:50 (13.4%)	4:21	13.8 (86.8%)
5	SILSKI Michał	47	LESZCZE	M-30	5	00:00:00	00:06:55	00:14:36	00:22:34	00:30:42	00:39:03	00:47:23.45	00:47:23.45	+00:09:40 (20.4%)	4:44	12.7 (79.9%)
6	SIUDOWSKI Robert	48		M-30	6	00:00:00	00:06:02	00:13:46	00:21:55	00:30:39	00:39:07	00:47:50.70	00:47:50.70	+00:10:07 (21.2%)	4:47	12.5 (78.6%)
7	BARTEL Mateusz	3	#ZABIEGANINOCA	M-30	7	00:00:00	00:06:25	00:14:17	00:22:34	00:31:11	00:40:12	00:48:47.05	00:48:47.05	+00:11:04 (22.7%)	4:52	12.3 (77.4%)
8	WIĘSEK Artur	64		M-30	8	00:00:00	00:07:59	00:17:22	00:27:03	00:36:59	00:47:55	00:57:58.75	00:57:58.75	+00:20:15 (34.9%)	5:47	10.4 (65.4%)

Total 8 results.